



health

Department:
Health

PROVINCE OF KWAZULU-NATAL

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Up &
Close.
Pg3



Usher Memorial celebrated Arts and Culture

On Thursday the 24 March 2011, E.G & Usher Memorial Hospital held an Arts launch which was an initiative to embrace our cultural diversity and also to celebrate World TB Day.

The Program Director for the day was Mr. Zwane from Stores. There was a variety of entertainment available, Kokstad Primary School dance learners started the event with the ancient beautiful Griqua Dance in their beautiful Griqua attire. They were followed by our very own Mrs. B Mqokozo and her two daughters, who touched our hearts in song, with their angelic

voices. Mr Ngcobo gave us a short explanation on the purpose of the day with an addition of words of wisdom, based on cultural preservation. Mr Sabelo Ncwane (PRO) theatrically showed us how Zulu men conjure tactics to impress women, with the help of Miss Thabethe. Mr Ncwane also gave us a description of the Zulu tribe and its numerous kings, with an exhibition of singing, dancing, stick-fighting and ululation, with the help of other culturally proud staff members.

The committee is planning a bombshell come September the Heritage Month.



Mr B.E. Cele from admitting in his full isiZulu Attire

Embracing Cultural Preservation!!

The motivational speaker of the day was the hospital CEO, Mrs. Thekiso, who did not just motivate on cultural preservation and appreciation but also on staff wellness. She encouraged the hospital staff to be more active, to join the hospitals wellness

campaign exercise and also to part take in recreational activities. She proved her integrity by saying she too, is willing to play netball. She then encouraged staff to take the opportunity to be screened for TB and tested for HIV as the equipment was there.



Mrs. Thekiso(CEO) gave the keynote of the Day

ARTS LAUNCH IN PICTURES



1. Bongeka Mqokozo and the daughters giving sweet melodies, 2. Izaga from the Zulu group, 3. Choral Music group, 4. The power of music by Bongeka and Mandla, 5. Zasha ku Mr Cele of admitting, 6. *Ukwengcweka* by Mr Cele and Mr Ncwane (PRO)

Up and Close with Khaya Ngcobo(SSMO)

Mr Khaya Ngcobo was born on the 7 of May in 1972 in a small place called Table Mountain near Cato Ridge in Kwa-Zulu Natal. He is the last born in a family of six. He attended Phangindawo Primary School until 1986. He then moved on to study grade 8 and 9 at Nhlanhla Yabebhuze High School and moved to Ngangezwe High School to do grade 10 and 11. His last school attended was Nogunjwa High School where he completed grade 11 and 12.

In 1995 he studied B Juries (faculty of law) at the University of South Africa (UNISA) via the Durban Campus. From 1984 to 1996 he worked at a grass root farm. The grass root farm owner taught him a lot, or rather, he (Mr Ngcobo) learnt a lot. The owner worked harder than his employees which in turn made Mr Ngcobo realize, and I quote, "being a boss does not mean that you should sit back and watch other people work." At that time, he worked at Rainbow Chicken on weekends.

In 1997 he worked at John Griffin auctioneers as their fleet supervisor. Unfortunately the company got liquidated in 1999. Along the years he gained his experience at St Andrews Hospital as the Laundry Manager, Murchison Hospital as their Assistant Catering Manager and at the City Hospital, as the Laundry Assistant Manager. Unlike many people, Mr Ngcobo's first day at was not filled with fear and anxiety, he was extremely curious and ready to learn a lot. He started working at E.G & Usher Memorial Hospital in 2008. This extroverted gentleman currently resides in Kokstad, due to work, but goes home on weekends to his family. He is a loving husband and a father of four children, two girls and two boys. He wishes, one day, to continue studying law and become a qualified lawyer. His ultimate lifetime goals are to accumulate wealth so not to struggle once he reaches old age, to give back to the community through means of opening a Non Governmental Organization (NGO) and also to leave a legacy for his family. After all, he is a peoples person and adores them too, he said, "the smile on peoples faces triggers my smile." The person that he is at home is the person he is at work, and those are qualities of a person with real integrity. (compiled by **Athi Dube**)



Traditional Man Mr Khaya Ngcobo (SSMO) in his full Nazareth Attire

NEW MARKET PRIMARY HAS MOVED FOR THE HEALTH

School Health Service of E.G. and Usher Memorial Hospital promoted cooperative governance when teaming up with other departments to promote "Moving For Your Health". The event took place at New Market Primary School in Franklin. The event started by a 6 kilometer walk from the main road to the school. Banners displaying messages against drug abuse were lifted to pass the message. The departments who took part were KZN Health, SASSA, Education, Social Development, Agriculture and TB Care NGO who is partnering KZNDOH.

Speaking on behalf of the school Mr Khobo who is the school principal outlined the poor conditions and the lack of resources to the school. He expressed his joy for the event to the held in his school. All speakers dwell in drugs, unhealthy eating, lack of exercising and domestic violence as the main reason for unhealthy lifestyle. Games like short run, ugqabhu, ukuxentsa were done. Educational drama left many audience shocked after seeing the talent by the learners. Mr Mkhize who is the ward manager thanked everybody who made the contribution to ensure that the event is a success. The Public Relations Office wishes to thank the PHC school nurse team, other departments and TB Care for making the event a success. (pictures on the next page.....)

MOVE FOR YOUR HEALTH IN FLASH LIGHT



1. Hesmari (Dietician), Sr Mazwi (QA Manager), Dr Govender(Dentist) and K Vilaytam(OT) made a huge contribution to the learners. 2. Learners from New Market doing ukuxhentsa. 3. Bahle Bagezile abantwana, 4. Drama performance by the learners, Learners listened attentively to the speeches, Physiotherapy (Ms Sunduzwayo) enjoyed ugqabhu with the learners.

Asihleke , umuthi wamahhala

UTHISHA OWAYETHANDA UTSHWALA

Lothisha wayebuthanda utshwala futhi nezingane zakhe sezimbonile. Kwathi uma kufika ukhisimusi izingane zesikole sakhe zamthengela ipresent. Zayifaka kukhalibhothi zayigoqa kahle. Zamnika.

Uma eyibuka lepresent wayibona iconsa okumhlophe wacabanga ismirnoff. Wathi eseyiphethe wayelokhu ethatha ngomunwe lokhu okuconsayo ecabanga ukuthi ugologo. Wakwenza indlela yonke ecikwa ukungadakwa , esejahe ukufika ekhaya avule iphasela lakhe ukuze azitike ngo"gologo" Esefikile ekhaya wabiza ingane yakhe ukuba

imlethele ingilazi ukuze asuse ukoma. Uma evula ipasela lakhe leli ekade eliphuza ngomunwe liconsa. Wathuka woma uma ethola ukuthi kuphuma umdlwane WENJA.

Kwezwakala umama wakwakhe ethi " UBOPHUZ'UBHEKE KUSEMHLABENI LAPHA"

SISAHLEKA BO.....

UMHLOLI UVAKASHELA ESKOLENI

Umdloli wvakashela eskoleni esithize. Uthe esalindle EHHOVISI, uthishanhlolo wathi ezinganeni kuzofika umhloli anifundise amadeegrees of comparison. Uma esho igama anojobelela ngo "er niqhubeke nijobelele "est" Isibonelo etatazela " Uma ethi good , anothi GOODER GOODEST" ?????? Wangena umhloli wesifazane wathi " MORNING CLASS" LASUKUMA ICLASS LATHI KAKHULU" MORNINGER, MORNINGEST". Athuke umhloli athi " WHAT" zathatha khona izingane " WHATER , WHATEST" Abone umhloli ukuthi izingane zinenkinga athi " CLASS ,WHAT'S WRONG, zathatha " WRONGER , WRONGEST", Acasuke " ARE YOU MAD? Zathatha " MADDER , MADDEST" Avele acikeke akhale athi " HHI , HHI....., zathatha " HHI, HHIER , HHIEST. UKUCRAMER !!!!!!!!!!!!!!!!!!!!!!!

IZAGA ZESIMANJE

1. GUGA STHEBE AKUSAHLATSHWA LAYIKHAYA
2. ITHI INGAHAMBA IDLE AMACONFLAKES NEYORGHUT
3. INGANE ENGAKHALI IFELA KWI PRAMER
4. GUGA MZIMBA NGIYOHOLA IMPESHENI
5. UFUNDA UZE WAZI NO FACBOOK NO-TWITTER
6. UBUHLE BENDODA IMOTO YAYO NAMATHENDA AYO
7. SOBOHLA UMA USUPHUZE I-ENO
8. AKUSOKA LINGENAMOTO, NECREDIT CARD
9. INDLELA IBUZWA KWI TOUR GUIDE NE MAP

CEO'S CORNER

WARM welcome to this 12th edition of EzaseUsher. The year 2011 has already gone halfway and the hospital is progressing. The challenges are still there for everyone to see but working together we can do more.

HOSPITAL DEVELOPMENTS

The gross shortage of Doctors was a serious problem in the institution, thanks to Dr Onanuga our Medical Manager for recruiting doctors so well. We are able to limit waiting time in places like OPD and ARV clinics. We are still continuing to recruit more doctors so that we will send a doctor at Greater Kokstad Clinic every day

7 to 7. Hopefully if get more pharmacists we will be able to send one pharmacist also to the clinic.

DISCIPLINE IN THE INSTITUTION

This has been another serious challenge in this institution. After getting Labour Relations Officer this has improved drastically. Staff discipline contributes a lot to efficient service delivery and we still continue to improve our staff attitude. The office PRO's office will continue to run Batho Pele Training as part of improving staff attitude.

Lastly lets work together to improve the lives of Kokstad citizens. GOD BLESS



MRS N.C. THEKISO(CEO)

Kokstad new Mayor promises hard work

Monday the 30th of May 2011 marked the milestone for Kokstad residents when the town hall packed to witness the inauguration of the council. Cllr Nosisa Jojozi was elected as the new Mayor of Kokstad replacing Cllr Mbulelo Sithole.

Cllr Jojozi was straight to the point when she pledged the hard work from all councillors and officials to make Kokstad more attractive to the

investors. " Working together with councillors including opposition parties we can fight all challenges in Kokstad. We can make miracles right now but given 100 days we will make the difference" she said.

Cllr Jojozi will be deputized by Cllr Bheki Mtolo and Cllr Zolani Mhlongo was elected as the new Speaker of the council. The Hospital welcomes them and hope for a good working relationship.



New Kokstad Mayor Her Worship Cllr Nosisa Jojozi

EDITORIAL CORNER

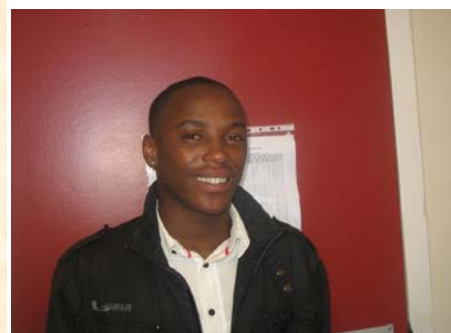
Winter is fast approaching Kokstad and snowing has started to be witnessed in most surrounding places. The cold weather has also started to be felt so indoda kumele ifak' ijazi manje.

Let me welcome Athi Dube who is doing an in-service training in Public Relations and he looks so eager to learn. Lets hope his stay will be fruitful for him and the institution. He has contributed a lot in this publication. So welcome boy.

The CEO has spoke about hospital de-

velopments and forgot other important development that our Greater Kokstad clinic is now opening 7 days a week including public holidays. This signifies our undying commitment to the people of Kokstad.

Lastly it is worth noting the dedication that is shown by the staff in making sure that service is rendered despite minimal resources. Cheers **Sabelo Ncwane (PRO)**



Athi Dube (PRO Trainee

KITCHEN CORNER

The Winter has already started and Kokstad is already chilling. May I introduce this new column called the Kitchen corner so whoever is willing to share his or her recipes with us is welcome to this column in future editions.

For today may I introduce the GAME BILTONG AND BLUE CHEESE SOUP. Obviously it's cold so the soup is one of the solutions to fight winter especially on this side of chilly KZN.

HOW DO YOU MAKE IT

Ingredients

- 250ml(1cup) game biltong, shredded.
- 500g broccoli
- 750ml(3cups) cream

- 100g blue cheese
- Freshly ground black pepper

METHOD

1. In a saucepan, bring biltong, broccoli and vegetable stock to boil. Remove from stove and place broccoli in a blender. Blend until smooth.
2. Return to stove, add cream and cheese, and season with pepper. Garnish with shredded biltong and serve.



GAME BILTONG AND BLUE CHEESE SOUP.

WE CAN SAVE HOSPITAL BUDGET..ITS POSSIBLE!!!

The Provincial Treasurer has been issuing circulars on stringent cost cutting measures trying to control expenditure. While looking around the institution I realize that minor things like leaking taps, telephone expenditure and photocopying.

Taps that are leaking for months contributes a lot in water bill. This can be preventable at all costs. The use of private calls and cell phone are also a serious issue that need a serious attention. Staff has been using speed dials unnecessarily, calling you on weekends for unnecessary discussion.

I really welcome the decision by Mr Ngcobo (SSMO) to close some of the speed dials to curb telephone expenditure. I hope we will have peaceful leaves. Photocopying unnecessary documents is also a challenge. Why don't we do recycling? Mr Shaun Bull once suggested this but it wasn't done.

All the above mentioned cost drivers are seen as minor cases but if calculate for the year, they eat a lot to the little budget that we have. Everyone should sensitize themselves and have collective wisdom to stop whatever action that leads to these costs. I

cannot exclude myself from this.

All the above suggestions are possible and can be done diligently. Collective efforts like monitoring tools to monitor photocopying and telephone expenditure. As for telephone expenditure it should includes switchboard operators. They also need to be monitored carefully. Workshops should take leaking water issue seriously. Anyway this is my opinion.

Sabelo Ncwane (PRO)

NEW APPOINTMENTS



NTOMBIFUTHI DIKO
CEO'S SECRETARY(PROMOTION)



BULELWA MAKALUZA
DATA CAPTURER



SR N. MAZWI : MANAGER
QUALITY ASSURANCE



ZAMIKHAYALAKUBO DOTYENI
HRD OFFICER(PROMOTION)



SIYABONGA NGCOBO
TRANSPORT OFFICER



SNOTHI MKHIZE
LAUNDRY MANAGER



STHABISO ZWANE
SUPPLY CHAIN MANAGEMENT OFFICER



LORNA NOMNGANGA
TB ASSISTANT

OTHER APPOINTMENTS

1. **MISS MAIZY XAKI(LINEN ORDERLY)**
2. **MISS NOYALEKA MGI-JIMA(LINEN ORDERLY)**
3. **SR MTENGWANE (GATEWAY OPERATIONAL MANAGER)**
4. **MS NOMTHI MAJOLA (STAFF NURSEPHC)**
5. **MR JOHN FORDS (LABOUR RELATIONS ..TRANSFER)**

WELCOME

EGUM BID FAREWELL TO THE LEGEND

On Friday the 20th of May 2010 the hospital bid farewell to the legend Sr Swaartbooi who was the Operational Manager for Crisis Centre. Sr Dolly Swaartbooi has retired after serving more than 20 years in the institution. She left the good image of the institution and has established good relationship with the NGOs and other Sister Department like SAPS. Mr Mtshali from SAPS described Sr Swaartbooi as a dedicated nurse who loved her job wholeheartedly. He encouraged the Crisis Centre staff to continue where Sr Swaartbooi left.

The hospital management also expressed their gratitude towards Sr Swaartbooi. Matron Mazwana said "We wish that nowadays nurses should follow the example of older nurses who were so dedicated to their work" Other veteran Sr Jwaqu of D-ward reminded Sr Swaartbooi about their younger days when they were joining the field of nursing. On thanking the institution Sr Swaartbooi expressed her thanks to the Management and staff who made possible for to do her work diligently. "I am so sad to leave my staff behind but the time has come for me to rest and spend my quality time with my children and grandchildren. They have missed granny so much" she said.



1. Sr Swaartbooi saying her farewell message to the staff.
2. Sr Swaartbooi receiving her token of appreciation from the staff.
3. Another veteran Sr Jwaqu saying her last words to other legend.

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