

Emmaus News

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VOLUME 1, ISSUE 1

JUNE / JULY 2006

EMMAUS HOSPITAL

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Meet our CEO SGG Khawula



Emmaus hospital has come a long way to what it is today. I would like to thank our staff members who are working tirelessly to serve the community even though we don't have much. I welcome all new employees who has joined us this year since January up to June we hope your stay will be along and fruitful one. A suggestion box for employees has been introduced. Management would like to hear your views on different issues and new ideas of what you think should be implemented to improve service delivery which is very good. We are receiv-

ing numerous compliments from the community which we serve about our excellent service especially Gateway clinic, keep it up your efforts are much appreciated. Later this year we will reward well performing individuals and departments, don't tier now press harder until you get your reward on Quality day. As you are aware wellness program was launched on 21 June 2006 for your benefit make use of this service it is still to be improved as we are hoping to launch Weigh loss club, Aerobics classes and Athletic club soon. It was a great day when this program was launched and much excitement was shown stay in shape and get rid of that unneeded fat. EAP program will be also available in the clinics in a short while. Practitioners are still to be identified and trained. Community service therapists and doctors who joined us this year are doing a great job thank you

ARV Clinic visited by Mayor and Hospital board members

ARV Clinic was visited by the Mayor of Ukhahlamba Municipality Councilor VR Mlotshwa and Hospital Board members on 10 May 2006 to congratulate them on their achievement.. On this day the clinic was reaching a milestone as patient number 500 was enrolled to the ARV programme. This clinic started in April 2005 with few patients. It took 13 months to reach this milestone. Dr Gaede commented that starting this ARV clinic was a bit slow and rocky with a few disasters and organ-

izational botches but it is running smoothly now. Every week 10-15 people are entering the program. We are in the process of rolling ARV out to most of the clinics. This will be done to reach people who are having difficulties in coming to the hospital. The adherence to ARV's is very good with only few people struggling and dropping out. For many people starting ARV's has been a journey of facing fear, denial and uncertainty, finding new strength and direction in life. For others it has been a life changing event,

way beyond the medical of reconstituting the immune system . Most of people have made decision about their social lives careers and have aimed to achieve their long planned goals. One women quit her waitress job to finish her matric for greener pastures in near future, staff members become excited and motivated by this. This is a place filled with laughter for patients and staff. "this is how health care services should be said Dr Gaede who is in charge for this clinic.

HIV Awareness Campaign at Busingatha Clinic



Guest speaker: Mrs Sithole addressing the crowds

Busingatha clinic is one of five catchments area which is situated at Emazizini. On 22 May 2006 this clinic hosted an HIV Awareness campaign aided by Mpilonhle Project. The community and school children in the area came in numbers which made a day a success. Lot of activities were done on this day, besides entertainment mostly provided by school children which was quite exciting to see how talented those kids are there were speeches by different people. Mrs

Sithole from Mpilonhle was a guest speaker of the day and she educated the community on ARV's she explained in details how the program works and what should be done by a person enrolled on these drugs to see the effect.. One of the buddy (organization of people living with HIV virus) moved the public almost to tears when addressing the crowds disclosing of her HIV status and introduced the buddy team . She told the community that when diagnosed with a virus it is not a life

sentence a person can leave healthy, happily and long thereafter. Sister Hlongwana motivated the public to visit the clinic and check as to know their status. They were told the VCT service is available in the clinic. Also the community was encouraged to join support groups to uplift their spirits and unload their burdens to other people who understand. They were told that Mpilonhle projects has a support group the community must utilize it to the maximum.

Dietician on the move

If It's about nutrition ask your Dietician.

Bronwyn Bruton



The Dietetics department was begun in 2005 by Ms Philippa Spence who did a wonderful job and was instrumental in the awarding of Baby Friendly status in September 2005. 2006 brought the arrival of the first community service Dietician Ms Bronwyn Bruton. She commented that It has been challenge to develop record keeping systems, and promote the services offered. However it was extremely rewarding as there has been increase in patients who visit the Dietician. Counseling on chronic conditions is given and patients are assessed for their eligi-

bility to receive supplements. Number of ARV patients receive nutrition support which is vital in enhancing the immune system. Inpatients are regularly seen, Condition vary from burns to gastroenteritis, TB HIV malnutrition , to dysphagia and cancer, as well as feeding of premature infants and assisting mothers on feeding choices. Dietician services are also given to clinics on monthly basis, improved response has also been noticed at these facilities. Health talks are given to all patients who have been referred by the doctor and those from Diabetic and Hy-

pertensive clinic where group talks are provided about the correct way of managing these conditions through diet. The next project for the Dietetics department is to establish a vegetable garden on the hospital property. This will benefit needy patients and will be a place where psychiatric patients can use their gardening talents. Dietetics is a growing field and the public are beginning to realize how vital nutrition is for health and prevention of disease. Make use of the dietician's services, whether it is for training of staff on nutrition, advice on diet for patients or enteral feeding for identified patients. If its about nutrition ,ask your dietician.

Sbongiseni the good Samaritan

Good Samaritan



This is Sbongiseni Dlamini he works in Human Resource Department. One day while he was taking a break from work he went out for a short drive. On his way he met people with flat tyre who happen to be visitors to our lovely country from UK- Derby. Sbongiseni assisted

them in changing the wheel. They sent us a message of thanks and requested that we find him and thanked him on their behalf that we did. Sbongiseni practices Batho Pele Principles not just in the working environment every where he goes. Kuhle lokho qhubeka ukwenze njalo

"Many thanks for tracing Sibongiseni for me. He certainly displayed "Batho Pele principles", and we continue to thank God for him in our prayers.

Later in June we will look at your website and see if the newsletter is there."

Kind regards

Chris Hodder

Letter of thanks

Awarded for being a Baby friendly institution



In 2005 September Emmaus hospital was assessed if it qualifies as a Baby friendly institution. After assessment it was clear that we are baby friendly compliant. When the department was given awards in

Pure joy after hard-work.

Senior Management with Dr Mhlongo

regards to this project we were also nominated. A baby friendly plaque and certificate was awarded to us. We were more than honored to host this day at Emmaus in Uthukela District. In implementing this project breastfeeding education was given to mothers encouraging them to feed since is an effective way to ensure that the child is protected against allergies, diarrhea and respiratory

infections. It also helps the mother to bond with the child. Dr Mhlongo gave a keynote address stating that children are our future they should be well taken care of.

The breastfeeding team (trainers and co coordinators) had worked very hard to reach that point. Even today the hospital is still baby friendly compliant and improvements have been done to this project to make it more effective. We are ready for our next assessment

Quote

"No Person can be a great leader unless he takes genuine joy in the successes of those under him This is the greatest glory of all"

W A Nance

New projects completed

We have done number of things for quality improvement.

Our hospital has received 42 new beds and we are still waiting for 57 more.

In female ward window Curtains and bed screens have been fitted.

New security gates in Maternity and Paediatric ward were installed.

Staff restroom in OPD is currently under renovations.

Maternity ward has newly been painted and shower curtains put up.

Various departments received different medical equipment

Laundry new linen has been received and new stock control measures implemented to ensure there is enough at all times.



This is newly renovated Paediatric ward decorated with pictures donated by Epworth Primary school in Pietermaritzburg.

What a walk !!! Wellness Program launch

On 21 June 2006 staff members engaged on 6km walk from Bergville T junction to the hospital. On this day wellness programme was launched. After the long and hard walk we gathered in the Chapel for the second session of the day. The Guest speaker was Mrs TJ Ramogasi from Head Office Occupation Health & Safety. She highlighted that the wellness

clinic consist of four programmes:-

- * Gender focal point
- * HIV in the workplace
- * Occupational Health and EAP. During her speech she emphasized on people's values, Emotions, attitude, Behavior and wellness of the mind. She further requested that these programmes must be used to full capacity. The staff were informed on activities

on the pipe line, Weigh loss club, Aerobics classes, and athletic club. These will be initiated to keep all our employees in good shape. Dietician, Dentist and Therapist will be doing staff consultations.



Management on the lead



From Editors Desk

Wow! our first newsletter in years is now out . So many people were asking me when are they going to see their magazine. From iNtungwa to all of you, I hope you will enjoy reading this piece of information. if you want your story to appear in our next issue please forward to the PRO or call me in EXT 8298. I would like to thank all those who have contributed to this first issue nenze njalo nangomso. I would like to thank all those who forwarded suggested names for this newsletter. The selected name & the person will be featured on the next issue. Nginibonga nonke



These are our undisputed teams they are hard to beat ask most hospitals they can testify.

To our new appointees guys we still need more players and the tournament is around the corner. U Couch ukhala ngokuthi anizi kuma practices. I know you are all busy but please try and make time. This also goes for choir members your participation is highly requested. Asikwazi ukungawini sinama chorista agcwele igceke of which I'm one of them. Even those who are vocal wounded are invited to join the choir we have special remedy for them. For more information. Contact; Lizwi Makhaye Netball and Soccer—8289
BG Hlongwane : Choir coordinator - 8223

Kwakhule kwethu kikiki !!!



Mr SGG Khawula our own Hospital Manager tying the knot with Mabongi. We wish you all the best Mphathi. Umphathe kahle u Mrs.



Vuyi Shelembe doing the step with her Husband Mr Shozi. Nihlalisane kahle eshadweni wenu bo.



Zinhle Maduna has just bought her starter pack

New Appointments

- SW Mtshali— ENA
- TP Ndaba— ENA
- LM Nqubuka— ENA
- WP Rooi—ENA
- NP Miya—Clinic support personel
- Sphile Hlongwane—Supply Officer
- Sabelo Hlongwane—Supply Officer
- T Malinga— Nursing assistant
- ZKX Kheswa— Nursing Assistant

Basandulele ukuya ekhaya

- * PT Hlongwane
- * BB Dlamini
- * NC Hadebe

What a loss, they will be sadly missed by all of us. uNkulunkulu alonde imin-deni yabo aphilise namanxeba. Imphe-fumulo yabo ilale ngokuthula