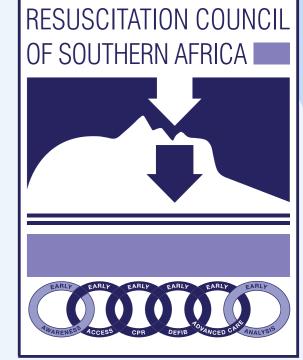


2015

# **BASIC LIFE SUPPORT FOR HEALTHCARE PROVIDERS**









Reassess continuously

No Pulse or not sure
Pulse rate <60 in children and infants</li>

#### • Adult: every 6 seconds

- Child: every 5 seconds
- Infant: every 4 seconds

Reassess continuously

## **Start Compressions**

Compress the chest fast (almost 2 per second) Push hard / Ensure full chest recoil / Minimize interruptions

## **Breaths**

Attempt 2 breaths at 1 breath/second (with O<sub>2</sub> if available) after every 30 compressions

Adult ratio 30:2 | Children/Infants 30:2 (2-rescuer 15:2)

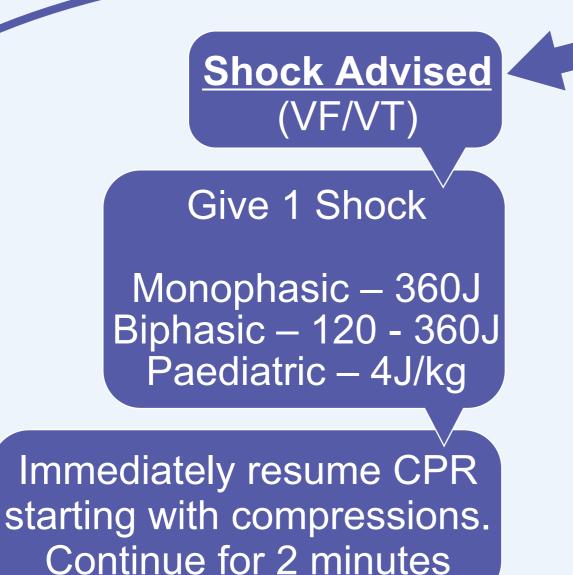
Continue until AED / Defib arrives

Attach AED / Defib immediately

If unable to perform breaths, do continuous compressions until equipment arrives

ANALYSE

RHYTHM



No Shock Advised (PEA/Asystole)

> If signs of life present monitor and provide post ROSC care

• If absent - continue CPR

Immediately resume CPR starting with compressions. Continue for 2 minutes

#### www.resuscitationcouncil.co.za