Quality Improvement Project: Improving Mx of Bedsores

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Quality improvement cycle

1. Choose a topic
2. Form a team
3. Set standards
4. Gather data
5. Assess current practice
6. Develop and implement a plan
7. Evaluate
Choose a topic…

Prevention of “bedsores”…

- Patients with Cerebral Vascular Accident
- Confused patients
- Very ill patients
- Bedbound patients
Form a team...

The formation of a Team...

- The participation of all the clinical staff from “G” Ward formed the Team.
- A Team Leader was appointed.
- Duties were delegated to the relevant team members.
Set standards...

Our Goals were...

- To prevent bedsores.
- To protect the mattresses and linen from being wet and damp all the time.
- To promote a hygienically friendly environment in our ward.
Gather data...

Carried out an in-house case study...

- Approximately 70% of the patients in the ward wear Adult Incontinent Pads.
  - Resulting in a large volume of patients skin becoming moist.
  - A large volume of linen and Adult Incontinent Pads were being utilised.
  - Staff were required more frequently to assist patients.
Develop and implement a plan…

Methods developed and used to eradicate / minimise the problem…

- Application of the Uri sheath and Urine bag.
  - Snr. staff assessed patients that required the use of the Uri sheath and Urine bag.
  - Junior staff delegated with the tasks.
  - Snr. staff would empower, monitor and evaluate the procedure regularly.
Evaluate...

Outcome of the new method being used...

- Patients skin are clean and dry.
- No patients developed break-in-skin or bedsores.
- Lesser Adult Incontinent Pads and linen is being used.
- Mattresses are clean and dry.
- Ward is odour free and dry.
- Staff is now available to perform other tasks.
Thank You!