



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

FORTNAPIER HOSPITAL

FORTNAPIER

NEWS

STAY INFORMED

SEPTEMBER 2018

NATIONAL HEALTH PORTFOLIO COMMITTEE VISIT FORTNAPIER HOSPITAL

On the 14 August 2018 Fort Napier hospital was visited by the National Health Portfolio Committee. The aim of the visit was to do an oversight inspections and to ensure that the hospital is performing its function as prescribed. The visit began with a briefing at main boardroom of the hospital where the acting CEO Mrs. TN Ngcobo gave a brief Profile of the hospital, services offered, achievements and challenges. The committee and hospital management then proceeded to laundry bay where the chairperson of the committee interacted with some of the workers and the laundry manager, who gave a brief background on their challenges and successes. Some of the issues that were highlighted was the shortage of staff and old unusable laundry equipment. The committee and management then proceeded to the forensic wards, Where the committee gained a better understand on the individual that were housed in those facility. A referral procedure between DOJ and FNH was explained by the ward Operation Manager and the Psychiatrist. A few other wards and the occupational therapy department were visited - the day ending with committee and management visiting female wards and interacting with workers.



FNH MANAGEMENT AND PORTFOLIO COMMITTEE MEMBERS



ACTING CEO INTERACTING WITH PORTFOLIO MEMBER



WOMENS DAY P2



HERITAGE DAY P3



FAMILY DAY P4

National Women's Day

On the 30 August 2018 Fort Napier hospital celebrated the National women's Day .The theme being all black and a bright Doek, the Fort Napier women took up placards and marched from the Stores to the 9c hall where the event took place. A full program was set down for the day advocating women's issues .



Fortnapier women celebrating women's day

Three female speakers from different organization were invited , some were to speak on women abuse and the others on women empowerment eg women in business .



Guest speaker for the day

South Africa has the world's highest rate of female homicide (femicide) by an intimate partner, with a woman being killed every six hours by her partner.

The overall femicide rate was about 25 deaths per 100 000. In average 50,3 % of cases the perpetrator was found to be an intimate partner.

About nine femicides per 100 000 involved females aged 14 and older.

Almost 61 percent of femicides took place at the women's homes.
. 33 percent were killed with a firearm About 11 percent of the perpetrators died after the murder, most commonly by suicide.



The ladies have lunch

The day ended with women of Fort Napier being encouraged to report women abuse and not to remain silent against femicide .

Celebrating Our Heritage

South Africa has been famously referred to as the rainbow nation because it is made up of so many diverse cultures and religions.

Contained within South Africa's borders are Zulu, Xhosa, Pedi, Tswana, Ndebele, Khoisan, Hindu, Muslim, and Afrikaner people to name but a few. All of these people are united by calling South Africa home, and therefore their lives all contribute to forming a part of the country's heritage, identity and culture. Understanding that South Africa is composed of all these various influences is essential to help South Africans understand and respect each other and to learn from each other's cultural practice



Staff dressed in their traditional attire



Fort Napier staff member dressed in their traditional attire

On the 27 September 2018 Fort Napier hospital hosted its heritage day at the fort yard with a wonder line up of activities. All wards and departments were invited to provide food and submit a stage play item. Sure enough department and ward did not disappoint. Wards and departments were afforded the opportunity to come up to the podium and introduce their stalls and foods they had prepared.

MHCUs performed varying items ranging from Zulu dance to poetry. The day ended with all employee supporting the wards and departments by buying the foods they were selling. All the monies that were generated by the wards and departments went towards the patients Christmas parties.

Family Day Function

Psychosocial support is an integral part for patient with mental disorders . It helps individuals and communities to heal the psychological wounds and rebuild social structures after an emergency or a critical event. It can help change people into active survivors rather than passive victims.

Early and adequate psychosocial support can:

- prevent distress and suffering developing into something more severe
- help people cope better and become reconciled to everyday life
- help beneficiaries to resume their normal lives
- meet community-identified needs

On 23 September 2018 ,Ward 5 held its family day function where all the families of MHCUs were invited to a day of information sharing. The MDT spoke so profoundly on the importance of family support . Encouraging family to come and visit their loved one so as to ensure quicker emotional and psychological stability. The different speakers shared a wide of range of expertise eg from how patients should take their medication to their psychological wellbeing and importance of family support

The day ended with gumboot dance and choral music items .The families were joined by their loved ones to enjoy a meal together



MDT MEMEBERS ABOUT GIVE THEIR PRESENTATION



FAMILY MEMEBERS OF MHCUs ATTENDING THE FAMILY DAY



ENTERTAINMENT BY STAFF MEMEBERS—GUMBOOT DANCE

Fort Napier hospital bid farewell to Mrs. NXABA



On the 23 August 2018 Fort Napier hospital bid farewell to Mrs. N. Nxaba. Mrs. N Nxaba has taken the position as Chief Executive Officer at Edendale Hospital. A farewell celebration was held at 9C HALL , All staff were included in wishing her well on her new adventure. She has served Fort Napier diligently for all the years she has been here . She will be dearly missed.

A WELL DERSERVED SPONSORSHIP FROM SANLAM

Fort Napier would like to thank Sanlam for donating a soccer and netball kits for staff . The hospital is greatly appreciative as this will go a long in encouraging staff to involve themselves wellness and fitness . Thank you again to Sanlam for the fruitful relationship that has been formed .



FNH Management with the Sanlam sponsor



FNH staff already geared up

NHI UPDATE - FOR THE INTERNAL & EXTERNAL STAKE HOLDER ENGAGEMENT



Acting CEO Mrs TN Ngcobo - Conducting the NHI workshop facilitation .



The National Health Insurance Bill fundamental priority is to provide universal health care to all people living in South Africa. The Bill was published in the Government Gazette , paving the way for the Department of Health to set up an NHI fund that will purchase healthcare services on behalf of the population. It is the first piece of enabling legislation for realising the government's ambitions for introducing universal healthcare to all.

Government plans to introduce universal healthcare that is free at the point of delivery for everyone, based on the social solidarity principles of those who can afford to do so will subsidise those who cannot. NHI will pool funds that are contributed by all South Africans, according to their means, and will provide everyone with access to public and private sector providers

Fort Napier Hospital management played its role by inviting all relevant stakeholders both internal and external to provide them updates on the NHI Bill . The workshop took place over two days where ,the staff of Fort Napier were workshopped followed by external partners. Both the acting CEO Mrs TN Ngcobo and Matron Elize Nolte facilitated the workshop . All our partners were given the NHI Bill and MEDICAL Aid scheme booklet at the end of the workshop for their own perusal



FNH Medical Manager Dr Mbhele addressing some of the questions

ACKNOWLEDGEMENTS



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