



Jan 2007 — Jun 2007

The Fort News

National Office Visits FNH

On the 7th of February 2007, we were honored when we were visited by delegates from the National office. Purpose of the visit was for the institution to identify problems and challenges we currently facing as a Psychiatric institution, share

information, general concerns as a Psychiatric institution , guidance and recommendations on how certain things should be done. Delegates from National Office were :- Mr. S. Phakathi, Ms. N. Sibanyoni,



Team visiting wards

Ms. E.N. Mulutsi, from Head Office we had Dr. King and our own District Manager (Ms. Zuma).

We thank you for the support from all staff in the institution and all our neighboring hospitals.

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Meet the Board Members

On the 22nd of January 2007, management held their very first meeting with the Board members it was an exciting step for all as everyone is committed to work for the institution. Mr. D. Luthuli from the Minis-

ters office was elected as a Chairperson. Other Members are :- Rev. V.J. Mchunu, Dr. A.L. Steward, Mr. T.T. Buthelezi, Ms. E.T. Sikhakhane, Mr. N.G. Chonco, Mr. V.D.P. Wilson, Mr. J de Goede, Ms. K. Maharaj and

Mr. E.A. Antony.

The main purpose of Board is to provide support and governance, Acting as ambassadors to the community, Ensure Hospital Management is responsible to community needs, overseeing management of the Hospital and also quality assurance.

Fort Napier Hospital Flea Market

On Thursday 19 April the Occupational Therapy Department held a flea market. There were many craft items for sale. These were made by the patients involved in the vocational rehabilitation programme at the hospital. Amongst these were pillows; standard pillows, continental pillows and scatter cushions; there were table cloths, ironing board covers, door stoppers, and much much more. Other wards and staff members also contributed such things as spiced fish, 2nd hand cloth-



Games played by staff and patients

ing, boiled mielies and vetkoek.

For the first time games were introduced and patients and staff were able to participate in these for a variety of great prizes.

Games such as “Loop the hoop ‘n score”, “Fishing for prizes”, and “Hit the rat” were played. Keeping with the theme of Easter for the month of April there was also an Easter Egg treasure map, where could buy a plot of ‘land’ in the hopes of finding one of the delicious Easter Egg prizes up for



Easter Egg—Treasure Map

grabs.

Another highlight was the raffle, in which a fruit basket and a huge chocolate bunny were the prizes. The fruit basket was won by Olive from the laundry, and the chocolate rabbit by Mbali, Health and Safety officer.



Chocolate Rabbit

Thank you to CUBED for their generous donation of novelty Easter Eggs; Parklane Spar for the 5 boxes of marshmallow eggs and 180 Bibo cool drinks; to Mini Market for the fruit basket; and ABI Ltd for the caps, t-shirts & water bottles. These made fantastic prizes which really completed our competition corner to the delight of all who took part.



The day was enjoyed by all involved and we look forward to many more successful events such as this.

HONORING STAFF

“Perseverance and doing my job out of love is what keeps me going”, Those are the words from Ms. T.M. Ngubane a General Assistant in ward 3A who has been here for over 10 years...Her supervisor informed the *Fort News* about her excellent

working performance ,not abusing her leave days , responsible , dedicated and carrying in general. Keep up the good work. You have inspired most of us.



Ms. T.M. Ngubane

Talent Show

Once again we had a fabulous event, On Thursday the 28th of June the patients (and staff) were given the opportunity to get up on stage and share their talent for the audience. There was singing, dancing, musical instruments and even modeling. Congratulations to all those who participated .

Well done to the Occupational

who did a fantastic job of organizing the event. Also to all patients and staff (including management) who supported the show, a big **THANK YOU!**



Bacula kahle naba abantu—Great talent indeed!!!



Arlene, Bhavna, Cathrine, Chriselda, Claire (O.T. Students and Staff)

Therapists students from UDW



Amazing performance

STAFF TRAINING

Continued professional development is an important aspect in ensuring that health workers are kept up to date with the development in the health sector. To meet this demand , Fort Napier Hospital has a training section that arranges and delivers in-service training for nurses and other categories in the hospital. The programme for 2007 started

in May and topics that were discussed included Conflict

Management , Consumer Education Quality Assurance and Infection control, A lot is still to come during the course of the year ..Watch this space..



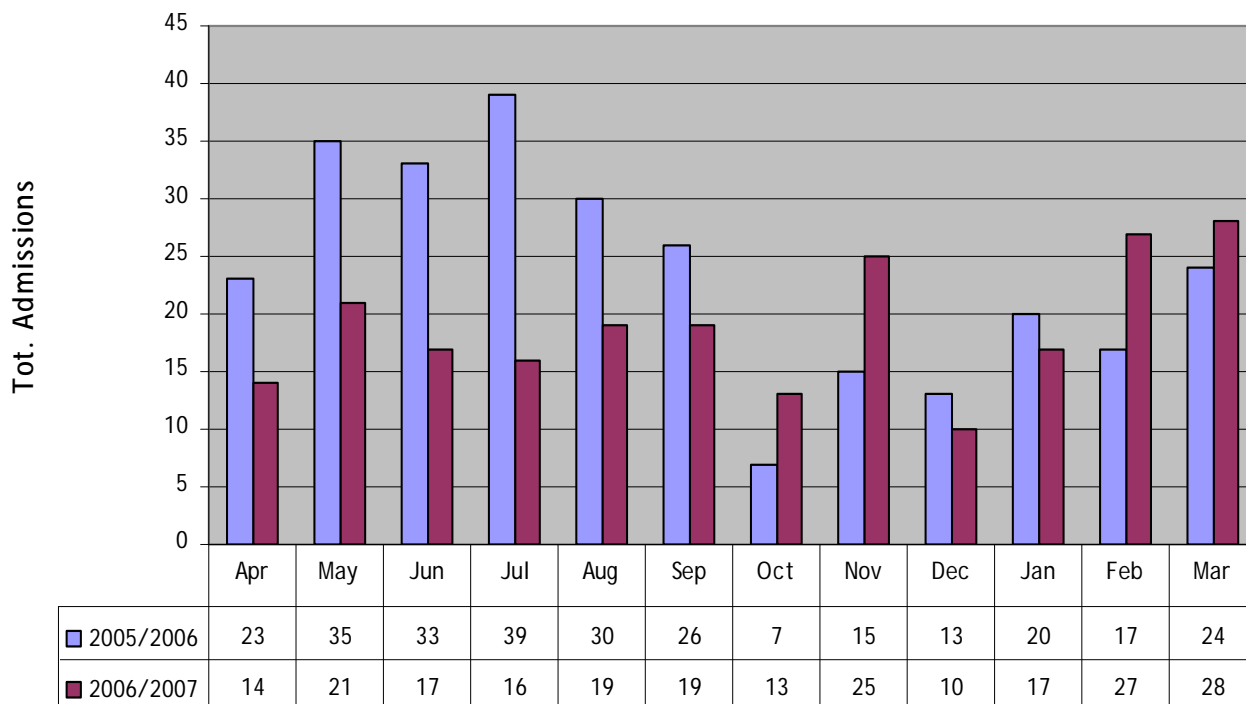
Mr. D.Z. Ngubane –Doing a presentation

For more information please contact Mr. Mthunzi Ntombela on ext 2175

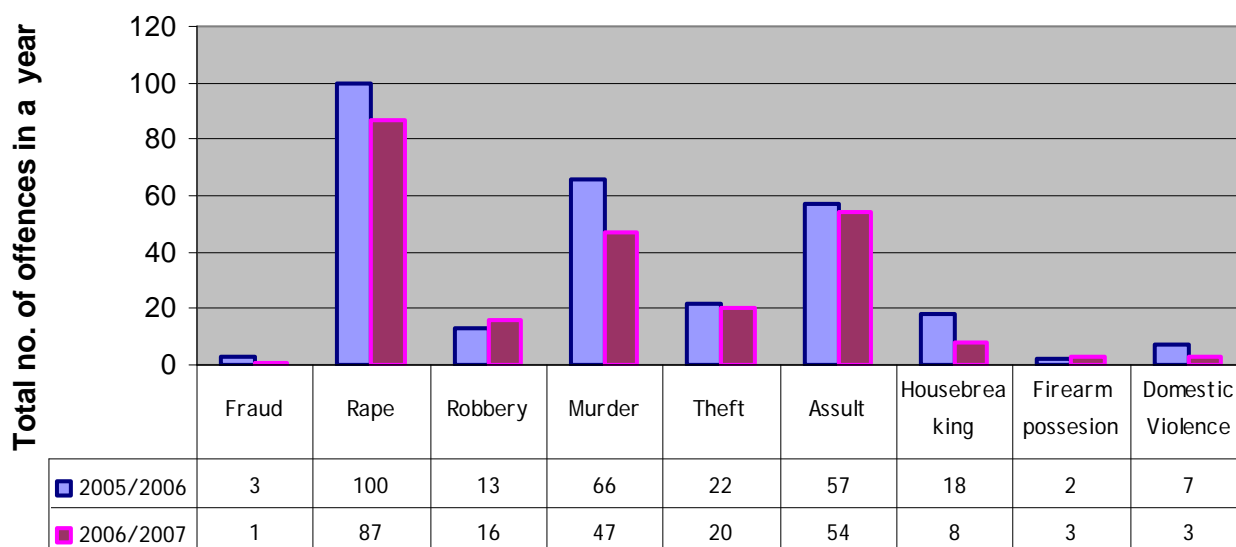
Statistics

Statistics if used effective can play a very important role in an institution as it provides information that can help with setting relevant objectives/standards such as budget allocation and improved service delivery.

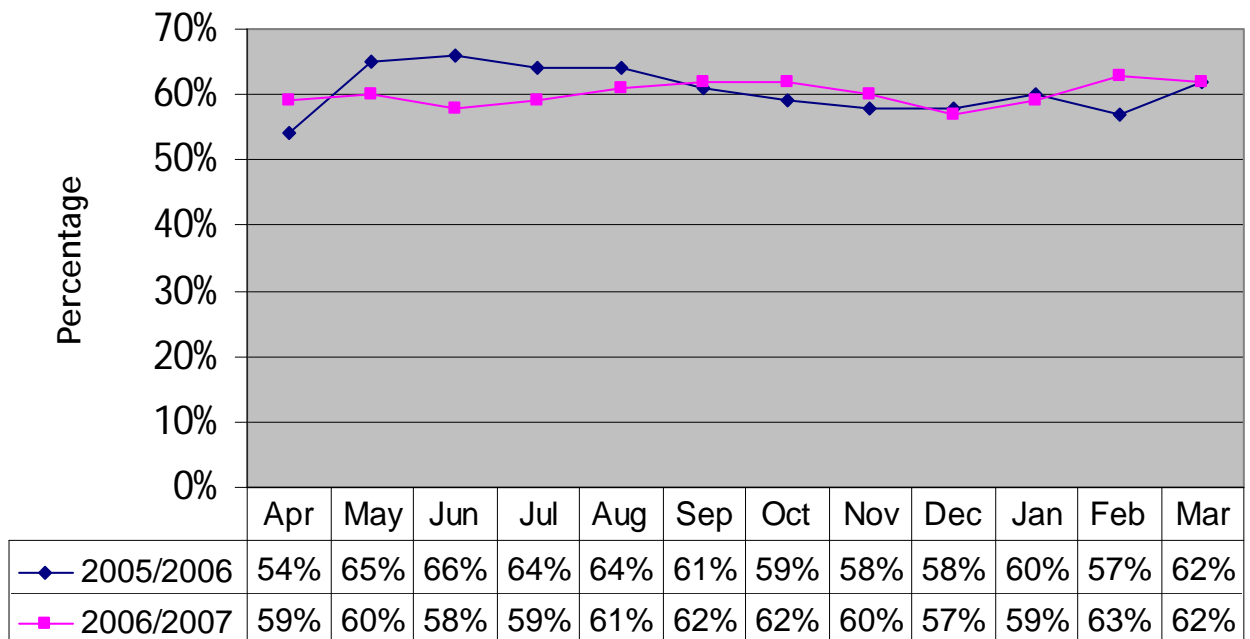
Forensic Admissions April 2005-Mar 2007



ADMISSIONS vs OFFENCES April 2005-Mar 2007

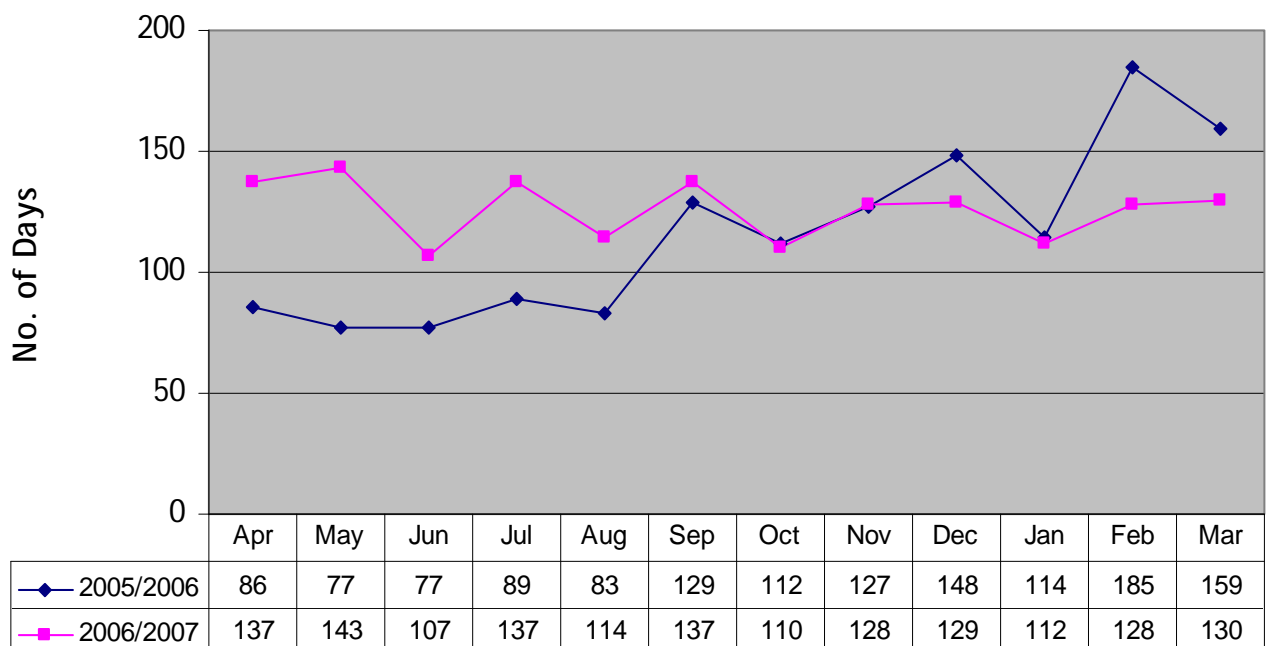


Bed Occupancy Rate
April 2005-March 2007

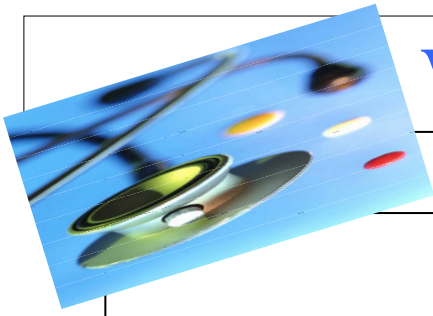


Bed Occupancy Rate—The number of patient days expressed in percentage during the reporting period .

Average Length of Stay
April 2005-March 2007



Average Length of stay – Number of days that an average patients spends in a hospital before discharge. *Please Note:* The no. of days is longer as compared to district hospitals it's because in a psychiatric institution patients are admitted for a very long term before they can be discharged .



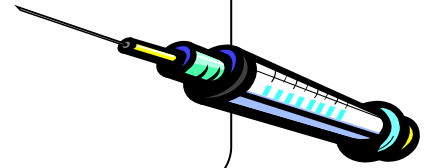
Wellness Clinic

Opening Soon

Doing it for the good health of our staff . The clinic will be fully functional soon (Notices to be sent out) .The following services will be provided :- Family planning, Immunization for Hepatitis B, Treatment of Minor ailment, Monitoring of chronic diseases treatment, Voluntary Counselling and Testing.

Please make use of this service because it's for you...

For more information: Sr. Mzimela @ ext 2157



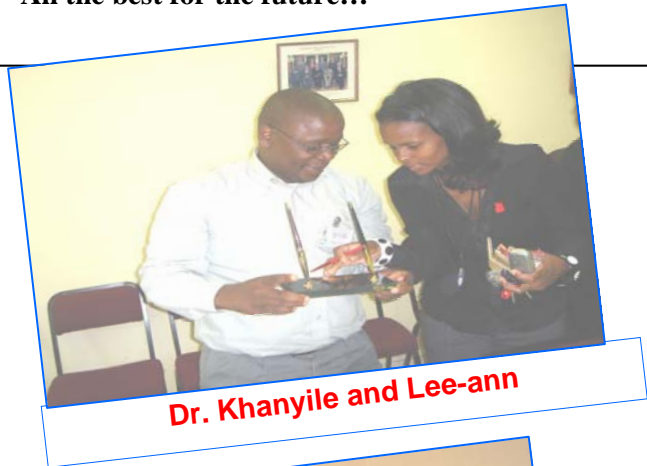
Farewell

As sad as it was we had to say our Goodbyes... Dr. Khanyile had been with us for few months acting as a Hospital Manager , Mr. Neuman our Pharmacy Manager has been with the institution for more than 20 years. Your services and all the skills we gained from you is well appreciate. We thank you for the skills and knowledge we gained from you ~~~

All the best for the future!!!



Mrs. Pitout presenting a gift to Dr. Khanyile



Dr. Khanyile and Lee-ann



Dr. Jogessar (Hospital Manager) presenting a gift to Mr. Neuman



Lee-ann on her farewell leaving for greener pastures...You have made your mark Girl. Keep the spirit going..

Fort Napier Hospital

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Something to
Ponder...

He who seeks for applause only
from without has all his happi-
ness in another's keeping...

There is no help for you outside
of yourself. You are the creator
of the universe.....Explore.....
Experience..... Live.

Social Club

- If you can't beat them you might as well just join the club.
- All employees are encouraged to join the social club from all departments
- The aim is promote the spirit of togetherness and fundraising at the same time.
- At a very small fee we can organize trips, events, parties, farewell's and also contribute towards those who have lost their loved one's
- For more information the main man you can contact is :
Mr. Mmeli Mbongwa –Ward 9A ext 2128

I would like to thank everyone for the contributions in making this magazine a success, it is all well appreciated...till next time...Editor—Nobuhle Ndawonde (FIO)