

2020 Health Awareness Calendar

January

SunSmart Skin Cancer Awareness Month (1 December to 31 January)

4 **World Braille Day**
26 **World Leprosy Day**

February

Healthy Lifestyle Awareness Month
Reproductive Health Month
Environmental Health Awareness Month

4 **World Cancer Day**
10 **International Epilepsy Day**
10-16 **National Epilepsy Week**
10-16 **Pregnancy Awareness Week**
10-16 **STI / Condom Week**
11Feb-20 March **Human papillomavirus (HPV) vaccination first round**
21 **Healthy Lifestyle Awareness Day**

March

TB Awareness Month
3 **World Hearing Day**
3 **World Birth Defects Day**
8 **International Women's Day**
8-14 **World Glaucoma Week**
4-10 **World Salt Awareness Week**
12 **World Kidney Day**
20 **World Head Injury Awareness Day**
21 **Human Rights Day**
21 **World Down Syndrome Day**
24 **World TB Day**

April

Health Awareness Month

2	World Autism Awareness Day
7	World Health Day
17	World Haemophilia Day
20-26	African Vaccination Week
25	World Malaria Day

May

Anti-tobacco Campaign Month

Burns Awareness Month

International Multiple Sclerosis Month

5	World Hand Hygiene Day
5	International Midwives Day
3-10	Hospice Week
6-12	National Burns Awareness Week
8	World Red Cross Day
10	Global Move for Health Day
12	International Awareness Day for Chronic Immunological and Neurological Diseases
12	International Nurses Day
15 May -15 Jun	Go Turquoise for the Elderly Campaign
17	World Hypertension Day
31 May- 7 Jun	National Child Protection Week
28	International Day of Action for Women's Health
31	World No Tobacco Day

June

Men's Health Month

National Blood Donor Month

National Youth Month

Go Turquoise for the Elderly Campaign

1	International Children's Day
5	World Environment Day
7	National Cancer Survivors Day
1-7	World Heart Rhythm Week
14	World Blood Donor Day
15	World Elder Abuse Awareness Day
16	Youth Day
22-28	SANCA Drug Awareness Week
25	World Vitiligo Day
26	International Day against Drug Abuse and Illicit Trafficking

July

Mental Illness Awareness Month

6-10	Corporate Wellness Week
11	World Population Day
18	Nelson Mandela International Day
28	World Hepatitis Day

August

Bone Marrow Stem Cell Donation and Leukaemia Awareness Month (15 August to 15 October)

National Women's Month

Organ Donor Month

Child Health Month

1-7	World Breastfeeding Week
1-7	CANSA Care Week
3-9	Rheumatic Fever and Rheumatic Heart Disease Awareness Week
11 Aug-18 Sept	HPV vaccination second round
8-14	Polio Awareness Week
9	National Women's Day
12	International Youth Day
26-31	African Traditional Medicine Week
31	African Traditional Medicine Day

September

Albinism Awareness Month

Bone Marrow Stem Cell Donation and Leukaemia Awareness Month (15 August to 15 October)

Cervical Cancer Awareness Month

Childhood Cancer Awareness Month

Eye Care Awareness Month (23 September to 18 October)

Muscular Dystrophy Awareness Month

Heart Awareness Month

National Month of Deaf People

National Oral Health Month

Pharmacy Month

7-11	National Kidney Awareness Week
9	International Foetal Alcohol Syndrome Day
10	International Gynaecological Health Day
14	National Attention Deficit Hyperactivity Disorder Day
18	National Sunflower Day

21	World Alzheimer's Day
21-27	World Retina Week
25	World Pharmacist Day
26	World Environmental Health Day
26	World Contraception Day
28	World Rabies Day
28	World Retina Day
29	World Heart Day

October

Attention Deficit Hyperactivity Disorder Month

Bone Marrow Stem Cell Donation and Leukaemia Awareness Month (15 August to 15 October)

Eye Care Awareness Month (21 September to 18 October)

Breast Cancer Awareness Month

Mental Health Awareness Month

1	International Day of Older Persons
7-11	Back Care Awareness Week
9-19	National Nutrition Week
9-19	National Obesity Week
10	World Mental Health Day
10	World Sight Day
10	World Hospice and Palliative Care Day
12	World Arthritis Day
12-16	School Health Week
12-20	World Bone and Joint Week
11-17	National Case Management Week
13	International Day for Natural Disaster Reduction
14-16	Rotary Family Health Day Outreach Campaign
15	Global Handwashing Day
16	World Food Day
16	World Spine Day
16	World Restart A Heart
17	World Trauma Day
17	International Day for the Eradication of Poverty
17	National Emergency Medical Services Day
20	National Down Syndrome Day
20	World Osteoporosis Day
20-26	International Lead Poisoning Prevention Week
21	Global Iodine Deficiency Disorders Prevention Day
24	World Polio Day
28 Oct to 3 Nov	National Stroke Week
29	World Stroke Day
30	Africa Food and Nutrition Security Day

November

Quality Month

Red Ribbon Month

- 3 Nov-3 Dec **Disability Rights Awareness Month**
- 2-6 **SADC Malaria Week**
- 6 **SADC Malaria Day**
- 7 **National Children’s Day**
- 8 **World Radiography Day**
- 12 **World Quality Day**
- 16-22 **World Antibiotic Awareness Week**
- 14 **World Diabetes Day**
- 17 **World Prematurity Day**
- 25 **International Day for the Elimination of Violence against Women**
- 25 Nov-10 Dec **16 Days of Activism for No Violence Against Women and Children**

December

Prevention of Injuries Month
SunSmart Skin Cancer Awareness Month (1 December to 31 January)

- 1 **World AIDS Day**
- 3 **International Day of Persons with Disabilities**
- 5 **International Volunteer Day**
- 9 **World Patient Safety Day**
- 10 **International Human Rights Day**
- 12 **Universal Health Coverage Day**