



**health**

Department:  
Health  
REPUBLIC OF SOUTH AFRICA



## 2021 Health Awareness Calendar

### January 2021

**SunSmart Skin Cancer Awareness Month**

4                      World Braille Day  
24                     World Leprosy Day

### February 2021

**Healthy Lifestyle Awareness Month**  
**Reproductive Health Month**  
**Environmental Health Awareness Month**

4                      World Cancer Day  
8                      International Epilepsy Day  
8-14                 National Epilepsy Week  
10-16                Pregnancy Awareness Week  
12-16                STI\Condom Week  
15 Feb–26 Mar    Human papillomavirus (HPV) vaccination first round  
19                     Health Lifestyle Awareness Day

### March 2021

**TB Awareness Month**

3                      World Hearing Day  
3                      World Birth Defects Day  
7-13                 World Glaucoma Week  
8                      International Women’s Day  
10-16                World Salt Awareness Week  
11                     World Kidney Day  
12                     World Glaucoma Day  
20                     World Head Injury Awareness Day  
21                     Human Rights Day  
21                     World Down Syndrome Day  
24                     World TB Day

## April 2021

### Health Awareness Month

|       |                            |
|-------|----------------------------|
| 2     | World Autism Awareness Day |
| 7     | World Health Day           |
| 17    | World Haemophilia Day      |
| 19-25 | African Vaccination Week   |
| 25    | World Malaria Day          |

## May 2021

### Anti-tobacco Campaign Month

### Burns Awareness Month

### International Multiple Sclerosis Month

|                |   |
|----------------|---|
| 3-10           | Hospice Week  |
| 5              | World Hand Hygiene Day  |
| 5              | International Midwives Day  |
| 6-12           | National Burns Awareness Week   |
| 8              | World Red Cross Day   |
| 10             | Global Move for Health Day  |
| 12             | International Awareness Day for Chronic Immunological and Neurological Diseases |
| 12             | International Nurses Day  |
| 15 May-15 June | Go Turquoise for the Elderly Campaign   |
| 17             | World Hypertension Day  |
| 28             | International Day of Action for Women's Health                                  |
| 31 May-7 June  | Child Protection Week   |
| 31             | World No Tobacco Day  |

## June 2021

Men's Health Month  
National Blood Donor Month  
National Youth Month  
Go Turquoise for the Elderly Campaign

|       |  |
|-------|--|
| 1     | International Children's Day                                 |
| 5     | World Environment Day  |
| 6     | National Cancer Survivors Day                                |
| 7-13  | World Heart Rhythm Week                                      |
| 14    | World Blood Donor Day  |
| 15    | World Elder Abuse Awareness Day                              |
| 16    | Youth Day  |
| 21-27 | SANCA Drug Awareness Week                                    |
| 25    | World Vitiligo Day   |
| 26    | International Day against Drug Abuse and Illicit Trafficking |

## July 2021

Mental Illness Awareness Month

|     |                                  |
|-----|----------------------------------|
| 5-9 | Corporate Wellness Week          |
| 11  | World Population Day             |
| 18  | Nelson Mandela International Day |
| 28  | World Hepatitis Day              |

## August 2021

Bone Marrow Stem Cell Donation and Leukaemia Awareness Month (15 August to 15 October)  
National Women's Month  
Organ Donor Month  
Child Health Month

|               |  |
|---------------|--|
| 1-6           | World Breastfeeding Week                                   |
| 1-7           | CANSA Care Week  |
| 2-8           | Rheumatic Fever and Rheumatic Heart Disease Awareness Week |
| 8-14          | Polio Awareness Week (TBC)                                 |
| 9             | National Women's Day                                       |
| 12            | International Youth Day                                    |
| 16 Aug-23 Sep | HPV vaccination second round                               |
| 26-31         | African Traditional Medicine Week                          |
| 31            | African Traditional Medicine Day                           |

## September 2021

**Albinism Awareness Month**

**Bone Marrow Stem Cell Donation and Leukaemia Awareness Month (15 August to 15 October)**

**Cervical Cancer Awareness Month**

**Childhood Cancer Awareness Month**

**Eye Care Awareness Month (20 September to 17 October)**

**Muscular Dystrophy Awareness Month**

**Heart Awareness Month**

**National Month of Deaf People**

**National Oral Health Month**

**Pharmacy Month**

|              |  |
|--------------|--|
| <b>6-10</b>  | <b>National Kidney Awareness Week</b>                        |
| <b>9</b>     | <b>International Foetal Alcohol Syndrome Day</b>             |
| <b>10</b>    | <b>International Gynaecological Health Day</b>               |
| <b>14</b>    | <b>National Attention Deficit Hyperactivity Disorder Day</b> |
| <b>17</b>    | <b>World Patient Safety Day</b>                              |
| <b>17</b>    | <b>Sunflower Day</b>   |
| <b>20-26</b> | <b>World Retina Week</b>                                     |
| <b>21</b>    | <b>World Alzheimer's Day</b>                                 |
| <b>25</b>    | <b>World Pharmacist Day</b>                                  |
| <b>26</b>    | <b>World Environmental Health Day</b>                        |
| <b>26</b>    | <b>World Contraception Day</b>                               |
| <b>28</b>    | <b>World Rabies Day</b>                                      |
| <b>29</b>    | <b>World Heart Day</b>                                       |
| <b>29</b>    | <b>World Retina Day</b>                                      |

## October 2021

**Attention Deficit Hyperactivity Disorder Month**

**Bone Marrow Stem Cell Donation and Leukaemia Awareness Month (15 August to 15 October)**

**Eye Care Awareness Month (21 September to 18 October)**

**Breast Cancer Awareness Month**

**Mental Health Awareness Month**

|                 |   |
|-----------------|---|
| 1               | International Day of Older Persons                |
| 7-10            | Backcare Awareness Week                           |
| 9-15            | National Nutrition Week                           |
| 9               | World Hospice and Palliative Care Day             |
| 10              | World Mental Health Day                           |
| 10-16           | National Case Management Week                     |
| 11-15           | School Health Week                                |
| 12              | World Arthritis Day                               |
| 12-20           | World Bone and Joint Week                         |
| 13              | International Day for Natural Disaster Reduction  |
| 13-15           | Rotary Family Health Day Outreach Campaign        |
| 14              | World Sight Day                                   |
| 15              | Global Handwashing Day                            |
| 15-19           | National Obesity Week                             |
| 16              | World Food Day                                    |
| 16              | World Spine Day                                   |
| 16              | World Restart A Heart Day                         |
| 17              | World Trauma Day                                  |
| 17              | International Day for the Eradication of Poverty  |
| 17              | National Emergency Medical Services Day           |
| 20              | National Down Syndrome Day                        |
| 20              | World Osteoporosis Day                            |
| 21              | Global Iodine Deficiency Disorders Prevention Day |
| 24              | World Polio Day                                   |
| 24-30           | International Lead Poisoning Prevention Week      |
| 28 Oct to 3 Nov | National Stroke Week                              |
| 29              | World Stroke Day                                  |
| 30              | Africa Food and Nutrition Security Day            |

## November 2021

Quality Month

Red Ribbon Month

|               |   |
|---------------|---|
| 1-5           | SADC Malaria Week   |
| 3 Nov – 3 Dec | Disability Rights Awareness Month                               |
| 4-10          | National Cardiopulmonary Resuscitation (CPR) Week               |
| 6             | National Children's Day   |
| 6             | SADC Malaria Day  |
| 8             | World Radiography Day   |
| 11            | World Quality Day   |
| 14            | World Diabetes Day  |
| 17            | World Prematurity Day   |
| 18-24         | World Antimicrobial Awareness Week                              |
| 25            | International Day for the Elimination of Violence against Women |
| 25 Nov-10 Dec | 16 Days of Activism for No Violence Against Women and Children  |

## December 2021

Prevention of Injuries Month

SunSmart Skin Cancer Awareness Month (1 December to 31 January)

|      |  |
|------|--|
| 1    | World AIDS Day                                 |
| 3    | International Day of Persons with Disabilities |
| 4-11 | International Volunteer Day                    |
| 10   | International Human Rights Day                 |
| 12   | Universal Health Coverage Day                  |