



2022 Health Awareness Calendar

January 2022

SunSmart Skin Cancer Awareness Month	
4	World Braille Day
23	World Leprosy Day

February 2022

Healthy Lifestyle Awareness Month	
Reproductive Health Month	
Environmental Health Awareness Month	
4	World Cancer Day
14	International Epilepsy Day
8-14	National Epilepsy Week
10-16	Pregnancy Awareness Week
12-16	STI\Condom Week
2 Feb - 31 Mar	Human papillomavirus (HPV) vaccination first round
18	Health Lifestyle Awareness Day

March 2022

TB Awareness Month	
3	World Hearing Day
3	World Birth Defects Day
4	World Obesity Day
6-12	World Glaucoma Week
8	International Women's Day
14-20	World Salt Awareness Week
10	World Kidney Day
12	World Glaucoma Day
20	World Head Injury Awareness Day
21	Human Rights Day
21	World Down Syndrome Day
24	World TB Day

April 2022

Health Awareness Month	
2	World Autism Awareness Day
7	World Health Day
17	World Haemophilia Day
24-30	African Vaccination Week
25	World Malaria Day

May 2022

Anti-tobacco Campaign Month	
Burns Awareness Month	
International Multiple Sclerosis Month	
1-7	Hospice Week
5	World Hand Hygiene Day
5	International Midwives Day
6-12	National Burns Awareness Week
8	World Red Cross Day
10	Global Move for Health Day
12	International Awareness Day for Chronic Immunological and Neurological Diseases
12	International Nurses Day
15 May-15 Jun	Go Turquoise for the Elderly Campaign
17	World Hypertension Day
28	International Day of Action for Women's Health
29 May- 5 June	Child Protection Week
31	World No Tobacco Day

June 2022

Men's Health Month		
National Blood Donor Month		
National Youth Month		
Go Turquoise for	Go Turquoise for the Elderly Campaign	
1	International Children's Day	
5	World Environment Day	
5	National Cancer Survivors Day	
7-13	World Heart Rhythm Week	
14	World Blood Donor Day	
15	World Elder Abuse Awareness Day	
16	Youth Day	
20-26	SANCA Drug Awareness Week	
25	World Vitiligo Day	
26	International Day against Drug Abuse and Illicit Trafficking	

July 2022

Mental Illness Awareness Month	
4-8	Corporate Wellness Week
11	World Population Day
18	Nelson Mandela International Day
28	World Hepatitis Day

August 2022

Bone Marrow Stem Cell Donation and Leukaemia Awareness Month (15 August to 15 October)		
National Women's Month		
Organ Donor Month		
Child Heath Month		
1-7	World Breastfeeding Week	
1-7	Rheumatic Fever and Rheumatic Heart Disease Awareness Week	
7-13	Polio Awareness Week	
9	National Women's Day	
12	International Youth Day	
26-31	African Traditional Medicine Week	
31	African Traditional Medicine Day	

September 2022

Albinism Awareness Month		
Bone Marrow Stem Cell Donation and Leukaemia Awareness Month (15 August to 15 October)		
Cervical Cancer Awareness Month		
Childhood Canc	Childhood Cancer Awareness Month	
Eye Care Aware	ness Month (20 September to 17 October)	
Muscular Dystrophy Awareness Month		
Heart Awareness	s Month	
National Month of	of Deaf People	
National Oral He	alth Month	
Pharmacy Month		
1 Sept – 31 Oct	Human papillomavirus (HPV) vaccination second round	
5-9	National Kidney Awareness Week	
9	International Foetal Alcohol Syndrome Day	
10	International Gynaecological Health Day	
14	National Attention Deficit Hyperactivity Disorder Day	
16	Sunflower Day	
17	World Patient Safety Day	
19-25	World Retina Week	
21	World Alzheimer's Day	
24	World Retina Day	
25	World Pharmacist Day	
26	World Environmental Health Day	
26	World Contraception Day	
28	World Rabies Day	
29	World Heart Day	

October 2022

Attention Deficit Hyperactivity Disorder Month Bone Marrow Stem Cell Donation and Leukaemia Awareness Month (15 August to 15 October) Eye Care Awareness Month (21 September to 18 October) Breast Cancer Awareness Month
Eye Care Awareness Month (21 September to 18 October)
Breast Cancer Awareness Month
Mental Health Awareness Month
1 International Day of Older Persons
4-8 Back Care Awareness Week
8 World Hospice and Palliative Care Day
9-15 National Nutrition Week
9-15 National Case Management Week (final confirmation will only be in January 2022 about this date)
10 World Mental Health Day
10-14 School Health Week
12 World Arthritis Day
12-20 World Bone and Joint Week
13 International Day for Natural Disaster Reduction
13 World Sight Day
15 Global Handwashing Day
16 World Food Day
16 World Spine Day
16 World Restart A Heart Day
17 World Trauma Day
17 International Day for the Eradication of Poverty
17 National Emergency Medical Services Day
20 National Down Syndrome Day
20 World Osteoporosis Day
21 Global lodine Deficiency Disorders Prevention Day
24 World Polio Day
23-29 International Lead Poisoning Prevention Week
28 Oct-3 Nov National Stroke Week
29 World Stroke Day
30 Africa Food and Nutrition Security Day

November 2022

Quality Month	Quality Month	
Red Ribbon Month		
Disability Rights	Disability Rights Awareness Month (3 November to 3 December)	
2-4	Rotary Family Health Day Outreach Campaign	
5	National Children's Day	
6	SACD Malaria Day	
8	World Radiography Day	
10	World Quality Day	
14	World Diabetes Day	
17	World Prematurity Day	
18-24	World Antimicrobial Awareness Week	
25	International Day for the Elimination of Violence against Women	
25 Nov-10 Dec	16 Days of Activism for No Violence Against Women and Children	

December 2022

Prevention of Injuries Month	
SunSmart Skin Cancer Awareness Month (1 December to 31 January)	
1	World AIDS Day
3	International Day of Persons with Disabilities
5	International Volunteer Day
10	International Human Rights Day
12	Universal Health Coverage Day