



**ISIBANI NEWSLETTER**  
June—December 2010

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**FROM THE CEO'S OFFICE**

The year 2011 is almost behind's. For South Africans, it has been an exceptional year filled with excitement and lots of activities as we captured the attention of the world cup. Hlabisa Hospital had a very good year despite the challenges. It is vital at this time to think of the blessings that one receives and thankful to the almighty.

The year has been tough but we have been sustained by prayer and holding on doing ones best dispute the budgeting constrains.

The awareness days and events stepped this year showed how much we can do together. This reminds of a saying which says "Alone I can do so little but together, we can do so much" Thank you very much for the team spirit and cooperation this year.

The Operational Managers and the Sectional Heads have worked so hard to keep their teams together. The Management committee commends you all for the good work that you have done despite the challenges in the year 2010.

"May his coming bring you joy and peace during this time!!" May God bless you all during this festive season whilst you enjoy the holidays with your families.

May the holidays give you time to relax. May you also come back rejuvenated and ready to venture in to the new year. **WJSHJNG YOU MERRY**

**CHRISTMAS AND A PROSPERJOUS NEW YEAR.**

*"Happy people plan actions, they don't plan re-sults." Denis Waitley*



# CHRISTMAS CAME EARLIER IN PEDIATRIC WARD



December is the month of happiness, families are usually together and some who are studying, working or away from home for some other reasons prepare themselves to spend some times for Christmas with their families. Students wanted to share something with children who were admitted in the hospital for their Christmas as some could not be with their families at home due to their health status.

“Blessed is the hand that gives than those that receives” that were the words from lodger mothers who were in hospital during December time.

On the 2nd of December 2010, Hlabisa Nursing Campus students donated money in order to do

Christmas for children admitted in Pieds ward (B- ward). They bought all “nice and goods” including toys for them to enjoy. It’s not Christmas if there is not cake, sweets and drinks. Lodger mothers were not left aside as they also received their x-mas lunch and cakes. They also sang Christmas songs with lighted candles for all other patients admitted in the wards Two children that were abandoned were given clothes as they are children of the hospital.



# KUYAQHUBEKA UKUSOKWA KWABESILISA NGOHLELO LWEZEMPILO



*Abafana ababezosoka emtholampilo kwaMsane bevusa igeji eyayisiwile ngamapapa.*

Injabulo yayibhalwe emehlweni kubafana ababezosoka emtholampilo wakwaMsane kumlandela eminye imikhankaso eyayenziwe kwezinye izindawo zamakhosi okubalwa kuwo indawo yaseMgeza, Madwaleni nakwezinye. Abanye babehamba bephelekelwa abazali kanti abanye babezihambela ngabodwana. Umnumzane uMngomezulu okunguyena ohlela nohamba Phambili kuloluhlelo lokusoka wayengabambeki naye wayezibambe ngezakhe izandla.

“Usuku lomhlaka 03 December usuku engingasoze ngalukhohlwa ngoba yilona suku engaba “yindoda ngalo” Kuyaye kuthiwe ubudoda abukhululwa kodwa thina sithi ubudoda budlula kwa HCT. Lawa ngamazwi ayeshiwo yilaba ababezosoka basho nokusho ukuthi lomkhankaso uzonciphisa ngempela amathuba okubhebhethekisa igciwane lesandulela ngculazi ngengculazi uqobo lwayo. Wayesebenze ngempela uMnu. Mngomezulu

Ngoba yonke imibuzo eqondene nezimfundiso zabo neziyalo ngaphambi kokusuka babeyiphendula injengoba injalo futhi bekwazi kahle ukuthi ukusoka lokhu akusho ukuthi umuntu ngeke atheleleka ngegcwane uma yena engazinakekeli futhi engazivikeli. Ngalolusuku kwakunodokotela ababesuka nakwezinye izibhedlela ukuzolekelela kwazise phela “izandla ziyagezana”

Ngenxa yokuthi babebaningi futhi abahlengikazi nabo bangabazali banikela ngokudla ukuze abafana laba bangabe sebedikibaliswa yindlala.



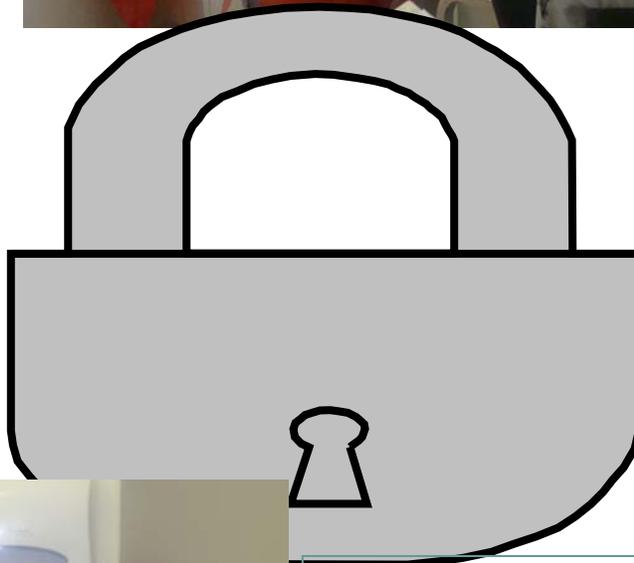
uMnu. Mngomezulu R/N esizana no dokotela besoka

Ngemuva kokusoka, abafana babefundiswa ngendlela yokuziphatha nangendlela yokuzihlanza ukuze bengekubhibha kumbe bazithole benzilonda namatotoloji angapholi.

Ababesuka ezindaweni ezikude bona babehanjiswa ngenxa yokuthi akuhambeki uma uqeda ukuhlinzwa. Baningi abasebenzi ababebambe iqhaza ngokuzinikela ngalolusuku. “Uma kukhona oseqalile ngakwezocansi, kuzofanele ake ame alinde...kufanele nivale ozibhu ukuze nizohlale niphephile nizigade”



**U- Vuyo osebenza kwa Infection, prevention and control efundisa ngendlela yokugeza neyokugcina itotoloji lihlanzekile ukuze lingabhibhi.**



**Omunye wabazali owayebephelekezele indodana yakhe ezosokwa nojabulele ukuvuselelwa kwalelisiko ngendlela ephephile ngokwezempilo .**

**Esithombeni esisesandleni sokudla, abamile u Mrs Mkhithi ongumhlengikazi kanye no Mrs Dlamini ongumathiloni ababehalalisela abafana ekubeni ngamadoda bebakhuthaza futhi nokuthi baziphathe kahle emveni kokusoka. “Uma nenze njengoba nifundisiwa, niyoba ngobaba bemizi yenu abaqotho”**



# INKONZO YOKUBUYISANA EMUVA KWESITELEKA



**Sasingasekho isikhathi sama “yeyeye” wonke umuntu ecela uxolo ezisondeza naseNkosini**

“Usithethelele amacala ethu njengoba nathi sibathethelela abasonayo, ungasingenisi ekulingweni kodwa usikhulule koku-kubi...” Ngemuva kokungaboni ngaso linye Phakathi kukamqashi nobaqashwa (abasebenzi nohulumeni), kwagcina abasebenzi sebebeke phansi amathuluzi ngenxa yokungenyuselwa amaholo ngendlela ababefisa ngayo. Isibhedlela sakwa Hlabisa naso saba ngesinye sezibhedlela esangenela isiteleka. Kwathi lapho isiteleka sesiphelile, kwaba nenkonzo yokubuyisana Phakathi kwabaphathi besibhedlela nabasebenzi.

Lenkonzo yaba ngomhlaka 22 September 2010 khona kwaHlabisa esibhedlela. Abaphathi, abasebenzi, umfundisi wesibhedlela kanye nabanye abefundisi babekhona ukuzothamela lenkonzo. Okwakwenzeka ngesikhathi sesiteleka kwakungekhona ukuthi abasebenzi balwa nomqashi

Kodwa kwaba ukungaboni ngaso linye. Umculo nendumiso, yiyona eyayenza wonke umuntu akhohlwe ngokwenzeka kuqhutshekwe nomsebenzi abantu abawuzela esibhedlela. Abefundisi babekhulekela ubumbano kubasebenzi nabaphathi ukuze kuzosizakala umphakathi esingawo. Isikhathi sama “yeyeye” sesedlule, akuthelelwane amanzi kuxolelwane. Wonke umuntu wazisondeza eNkosini ecela intethelelo nokusebenzisana okuhle.



**Izithudeni zazingezinye zababecula ngalolusuku**

# IMFUNDO AYIKHULELWA



Abafundi bakwa-Abert bayaziqhenya ngemfundo yabo.

Abafundi bakwa-Abert becula bezilungiselela ukuya oThungulu nothisa babo

“Umuntu ufunda aze afe”, lokhu kufakazelwa abasebenzi iningi labo elisebenza emikhakheni yokuhlaza igceke nezindlu eminyangweni kahulumeni. Kwathi uma kuvela ithuba lokuba nabo bazithuthukise ngokwemfundo, abazange bachithe isikhathi, abanye babo bazimisele ukufunda baze bafike kumatikulatsheni.

Abanye babo baqala ukusebenza bengakwazi ngisho ukubhala igama kodwa namhlanje usebhala indaba yonke ngolimi lwaphesheya, isingisi phela. Kunezinsuku evikini abaya ngazo emakilasini nothisa babo beyofunda. Abagcini ngokufunda kodwa baphinde babhale nezivivinyo okuyizona ezihlukanisa inhloko nesixhanti (abaphasile nabangaphumelelanga.

Kuyaye kuthi njalo ngonyaka bonke abafundi baka-Abert bomnyango kahulumeni kuzo zonke izindawo okuyinfundo bahlangane kube noNgqongqoshe ukubakhuthaza ngemfundo nalapho bafike bathole khona ugqozi lokufunda. Ngonyaka ka 2010

babehlangene Othungulu zingu 20 September 2010 eSikhawini College. Ngalolosuku abafundi bakwaHlabisa babegqoke umfaniswano bezilungiselele ngomculo wabo kusukela kwelibhidiswayo, umbholo kanye nelokushukuma. Bafika ekuseni besalinde ukuhamba bacula, umbhidi engazibekile phansi okungumama uButhelezi oneminyaka engama 63 owangembhidi kusukela besengoNompilo.

“Ubumnandi obabulaphaya, nababengafundi babuya basijoyina, ngakhuthazeka kakhulu lapha othungulu sesibona abanye abaneminyaka engama +/- 80 beyokhuluma ngesingisi Phambili kugcwele ihholo besho nokusho ukuthi ukusebenza wazi ngisho ukuipeni..”.



baqala bengakbamba

“Ihhee.... Ukuba ngafika kudala ngabe ngikude kabi, futhi ngabe nginguMabhalane ngoba ngikuthanda kabi ukubhala. “Ngiyaye ngithi uma ngifunda ngitadisha ekhaya zihleke izingane, ngizitshele ukuthi mina ngizophasa nginedlule, ubobuka amabhuku ami ubone ukuthi ngiphasa kanjani...” kuqhuba yena umama uButhelezi osezofunda u Level 4.

## 16 DAYS OF ACTIVISM = 366 DAYS OF NO VIOLENCE AGAINST WOMEN AND CHILDREN ABUSE

During this campaign, all health workers played an very crucial role in educating communities about the rights and children rights. The walk against women and children abuse started from the hospital on 14 December 2010 from



WALK TO HLABISA TOWN, SINGING SONGS WITH VIOLENT MESSAGES



OPD to Hlabisa town where the message was delivered to people. Drawing and messages was the story tellers by itself. These event could not be successful without the involvement of the events committee and other stakeholders such as municipality and SAPS.

Mrs DR Khumalo a psychiatric nurse who is working with abused children and women, delivered a speech on how and what to be done when people are abused including women and children. All types of abuse were mentioned and call centre numbers were given to community.



Health workers with their written messages and Mrs Khumalo delivering message to people in town.

# HLABISA HIV COUNSELLING AND TESTING (HCT) SITE LAUNCHED

The Africa Centre, in collaboration with the local Department of Health, launched an HIV Counselling and Testing (HCT) site in Hlabisa town on the 16<sup>th</sup> September 2010. The event was graced by the presence of the



Honourable Mayor of Hlabisa Municipality, Cllr B.B Ntombela, who officiated the opening of the centre by cutting the ribbon as the symbol that the site was then open for the public. This was then followed by the unveiling of the HCT centre billboard depicting all services offered. He was very excited and said he hoped that the facility would assist the community of Hlabisa and its surroundings as it is situated in the Mtubatuba-Nongoma commercial corridor. “I wish to express my appreciation for the effort put by all of you into this project”, said the Mayor. Due to other official commitments, His Worship could not attend the rest of the function. It is worth mentioning that the HCT site is placed

in the centre of Hlabisa town where it is easily accessible, even for those who hail from remote places.



The Hlabisa Hospital Manager, Mrs Zungu, officially opened the site launch and explained that this project was done in line with the call made by the President of South Africa, Jacob Zuma, to encourage people to test and know their HIV status so they could get help promptly where necessary. She further urged the community to take the responsibility to know their HIV status and seek help if they tested positive since

this was underpinned by the Hlabisa Sub-district HCT slogan “*I am responsible, You are responsible, We are responsible, Hlabisa is responsible*”. The Africa Centre ART Programme Leader, Ms Thulare, reiterated Mrs Zungu’s words and went on to say that the President also encouraged pregnant women to go to health centres early enough so that they could access help early. “Every one of us should be responsible and get tested for HIV” said Ms Thulare. She then encouraged those who are negative to stay negative and to act responsibly so that they do not get infected. Ms Thulare also made a call to extend services to farm workers, miners, prisoners so that they also get help. Finally, she said there is an ever-growing need to take the opportunity to use areas like taxi ranks where there are a lot of people already.

Other speakers included the Hlabisa Hospital TB Co-ordinator, Mr Mazibuko, who talked about TB and the importance of going to health centres once a person is not feeling well. The Gateway Clinic Sister-in-Charge, Ms Mlotshwa, addressed chronic illnesses and the importance of testing for illnesses like sugar diabetes, high blood pressure, epilepsy, asthma and arthritis/osteoporosis. She said clients should be patient and allow health workers to test them, because they could not get treatment without being tested first. That was the only way a health worker would know what kind of treatment to recommend for a client.

## Rural Doctor of the Year -2010



**Rural Doctor of the year Dr. E.M. Kekana**

Hlabisa hospital is challenged by the scarcity of doctors as it is situated in rural areas therefore doctors doesn't stay long. Dr Kekana has been able to recruit and sustain more doctors to work in Hlabisa which is now better than before. Hope these doctors will stay and enjoy to be at Hlabisa since the infrastructure has improved within the hospital. Doctors have decent accommodation flats which was also a challenge. Congratulations to Dr Kekana for being the **Rural Doctor Of the Year**.

### FROM THE PRO'S OFFICE

The year 2010 has been an exceptional year filled with excitement and lots of activities. South Africa captured the attention of the world by hosting the 2010 FIFA World cup and the hospital was ready to assist as many people were in the country.

Hlabisa hospital worked tirelessly to serve the lives of people. I would like to thank the support from the Management and all staff members including the clinics. This office received complaints and lot of compliments which is an indication that community is educated on their rights and responsibilities which also helps us to improve gaps to excel where there is a shortfall. Complaints, suggestions and compliments are always welcomed in this office as we are committed to put the people first. People are also encouraged to use suggestion

boxes as one of the communication we use to communicate with the community. I believe "the best time to plant a seed and grow a tree was 20 years ago; the second best time is now."

Congratulations to staff members who got married and others got promotions which is a great achievement in life. Our sincere condolences to all our staff members who didn't make it during the year and others lose their loved ones, God is always there. All the best in 2011

