



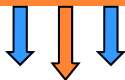
HLENGIMPULO NEWS

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Inside this issue

March– May 2008



Update with Finance & System Manager	1
Editorial	2
Orphans Project	3
Quality/Infection Programmes Update	4
Vitamin A campaign Health Corner	5
Procurement Update	6
New Appointments	7
Miscellaneous	8

SNIPPETS IN PICTURES



UPDATES FROM



It is really hard to believe we are approaching the mid of the year 2008 .

Challenges?

There will always be challenges to improve service delivery . Space is one of our biggest challenge and our facility is expanding.

Achievements

Although Hlengisizwe has not been commissioned , we are offering the same services that most Community Health Centre are offering. Within a short space of time management worked vigorously to ensure that Hlengisizwe Community Health Centre provides optimal services to our clients such as: Active Bid Committees ,Active Cash Flow Committee.

Capturing and Authorizing of payments

Active Asset / Disposable Management team.

The procuring of goods / services to 5 PHC clinics is done at Hlengisizwe.

We have an adequate fleet of vehicles.

80% of departments have computers and access to Intranet, etc.

Co-ordinated Transport Services for patients that are referred to level I and II hospitals.

Equipment:

Improvement in Infrastructure Hlengisizwe and Clinics (new consulting rooms and park homes)

There has been a significant progress to transform Hlengisizwe from a PHC clinic to a 24 hours Community Health Centre. The following are some of the

- improvements:
- Benches without backrest has been replaced with Pascoe chairs.
 - Cubicles at reception area for patients privacy.
 - Converting patients waiting areas into offices / consulting rooms.
 - Water dispensers for patients.
 - Converting foyer into patients waiting area.
 - Converting old incinerator into bulk storage for SCM.
 - Upgraded telephone management system.
 - Accommodation and limited space for the expansion of services will always be a challenge to management.

Staff

My components are critically short staff and motivation to create additional post has been submitted and the matter is receiving attention. We appeal to our patients and the community to be patient with my staff at the reception , we are doing our very best to ensure that there is minimum delay in obtaining patients records. We are monitoring the waiting time .

Intranet to all PHC clinic and Hlengisizwe CHC

All our PHC clinics now have access to Intranet and application are currently being processed to allow VCT to get CD4 results via the intranet.

Generator

The frequent power failure / load shedding is having an impact at our facility. We are waiting for the generator that was approved last year.

Future plan in this 2008 financial



Mr. P.K Padayachee: Hlengisizwe CHC Finance & Systems Manager

- year**
- Management is working round the clock with Ingonyama Trust to obtain three plots of vacant land that is next to our facility. We want to relocate our ARV and TB clinics to this vacant plot when we are given this land. We have a serious problem with parking for visitors, staff and some of this land will be used for parking. We are also looking at building accommodation for scarce skills staff in our multi year plan so that we can attract the services of these staff members. We have many projects to improve the infrastructure , the budget does not allow us to achieve our objectives.
- Some of the projects that we have requested in our Maintenance Plan for 2008-2009 has been approved and will be funded by Ethekwini District Office.
- Concrete prefab fencing within the perimeter of the facility.
 - Installation of Water tank due to continuous water disruption.
- Improvement to the patients waiting area.
- We will continue to strive for the excellent results.

EDITORS NOTE



A warm welcome to Hlengimpilo News readers and colleagues.

New financial year has since advanced it is now time to look back and ask ourselves what the sweat and hard work of last year meant to us? Not forgetting the challenges that we have come across of . We have set targets and goal that we need to reach this year, doing that we have reviewed our strategic plan and operational plan in order to accomplish our set targets.

In this issue we are going to get updates in some core department in the institution. Since Hlengisizwe has transformed and operate as a fully functional CHC, most of the structures are in place and staff strive for the best to deliver excellent service , though we are looking forward to be commission as a fully CHC.

Involvement of all internally and externally stakeholders has took this institution to the higher level. By also viewing comments and compliments that we receive through our suggestions box we can say there is a high improvement in some arrears.

Structures like Quality Improvement and Infection Control has attest a huge achievements, viewing the surveys that are conducted quarterly and it has proven by the results and improvement of the institution.

This year Quality will focus on patient and quality care, we are also looking forward to some of the activities this year like open and quality day

at Hlengisizwe CHC and all the activities will involve our stakeholders.

We all know and do not underestimate the challenges faced by our department, but we daily feel there's a need to honestly do Almighty work, because everyday people come for help, sick and in pain but at the end of the day they return home with hope and gratitude" Indeed we have the work and dedication sometimes with limited resources" **POWER TO UNITY"**

Let us work together and show more respect to each other mostly to our patients and be Batho Pele Ambassadors" and a **BIG THANK YOU** to staff who strive for best result.

Let me take this opportunity to thank and express my gratitude to management and all staff that contributed in this issue.

Thank You

Sibongile Tshabalala

Famous Quote

- "If you judge people, you have no time to love them."
Mother Terressa
- "Knowledge has to be improved, challenged, and increased constantly, or it vanishes".
Peter Drucker
- "Leaders don't create followers, they create more leaders".
Tom Peter

CHARLES MEMORIAL PRIMARY SCHOOL ORPHAN'S WERE GIVEN HOPE

The 03rd April 2008 was the day children from Charles Memorial School will never forget, that was proved by the packed hall where joyful children were singing and you could tell by their endless smiles that they were happy.

Ntshongweni clinic together with Golvenor Textile and Enforce Security have proclaimed hope for orphans at Charles Memorial Primary. The whole idea was to share information about the ever increasing number of orphans in the area, thus moving responsibilities to all relevant stakeholders, such as government and private sector.

"If you are a child the thing you should think about is to play and sleep, our organization is not turning a blind eye on the orphans" those were Mr. Mabaso from Enforce Security Company when donating soccer kit to the young future players.

Ntshongweni Clinic Management has over the past months become more aware of the situation facing orphans in its catchment area. Poverty and HIV/AIDS



Front Row: Children who are orphans' wearing their gifts for winter
Back Row: Operational Manager Ms. Dlamini (Ntshongweni Clinic) Ms Mbeje, Ms Fiko, educators and community health worker.

have escalated dramatically leaving hundreds of orphans and extended families overwhelmed.

This initiation of orphan project is aimed at offering a comprehensive package of support for the orphans in Hammarsdale area. Among organization that collaborated in landing a hand for orphans is Department of Health and Golvenor Textile who donated more than three hundred track suit to the orphans around the area, since winter its approaching these children will feel warmth not only in their bodies also in their hearts.

Ms. Mbeje from Tshongweni clinic had appeal to the community to lend a hand and support to the orphans. This event could not be complete with school choir and traditional dance groups. ***"Intandane enhle umakhothwa unina"*** This, in English simple means ***"it is better to only have a mother than to be left alone"***



Front Row: Charles Memorial soccer team accepting their kit.

Back Row: Enforce Security Company staff.

Infection Control Update



Mrs. V.Z Ndaba
Infection and Quality Manager

Quality Improvement Update

The active and dedicated Quality Improvement committee has taken quality and patient care at Hlengisizwe CHC to the high level

Presently we are currently working on Quality project for this year. Our focus are on patient care and we will focus on programmes like Open day and Quality days this year.

More improvement has been made to ensure that our clients access comprehensive health services. Our focus will be on provisions required by our Philakahle clients so that they do not travel long distance to enable essential care.

Also provision of hazard free environment to ensure health and safe environment.

Our future plan for this year is to strive for excellence and dedicate ourselves to measure, monitor and evaluate our standards of care in order to improve service delivery and to ensure that all our PHC clinics are well equipped in infection control

Infection Prevention and Control Programme with Quality Improvement since these programmes cannot be divorced as they both are, integral parts of health care systems.

One need perseverance, dedication and enthusiasm to cope under stressful situations due to inadequate and restricted resources, but never the less we health care providers should endeavour for quality care.

Presently most committees at Hlengisizwe Community Health Centre are in place members are nominated officially.

Our aim is to make staff and our clients aware of Infection Prevention measures, and negative impacts which might endanger the client, community and staff on failure to comply with these measures, good cooperation achieved.

Compliance with Standard Precaution to ensure that preventable infections and communicable diseases are addressed accordingly to protect clients and community.

Patient Satisfactory Survey was recently conducted at Hlengisizwe Community Health Centre.

The aim of the survey was to find out views from our patients on how they feel about the service and patient care they are receiving and to assist us in identifying the gaps.

LEARNERS HAVE A REASON TO SMILE

On the 15th May 2008 Uthingo Lwenkosazana Youth Development from Mpumalanga township has gone extra to give support to more than one hundred school children around Mpumalanga Township. The event was held at Mpumalanga Community Hall.

The aim of the event was to clothe more than hundred learners from different schools around Hammarsdale. Mr. L.N Mngwengwe ward 6 Councilor supported the project and was very proud for the work they are doing for the community.

The project is also supported by Government and Private sector. " Why we are doing this, is because we have identify the gaps in our community, we saw the number of orphans increases and decided to join hands in order to make difference in their lives" those were words by Mr. M. Gumede.

Mrs. P. Nkomo from KZN Department of Social Development explained to the parents that it is important to assist and give them all relevant information when they are applying for child grants, because most of the time grandparents and mothers don't tell the correct information to them and that delay the whole process of application. Most stakeholders had encourage the group to continue doing good work for the community.

Among the speakers was Mrs. Thango from Parliamentary Constituency Office who told the community to feel free to come to their offices for complains.

Each school was represented by one educator accompanying the identified children. Companies such as Bata had donated school shoes to more than seventy children. The event could not be complete without entertainment from Ukhozini Primary School and Sunrise Group.



Learners from different schools together with their educators receiving their uniforms

HEALTH CORNER

- The food you eat has a big impact on how energized or groggy you feel, so if you feel in need of a boost here's what to eat– and what to avoid.
- Foods that give energy: brown and wild rice, nuts and seeds, olive oil, herbs such as basil, cumin, rosemary and ginger (these all aid digestion), oily fish such as pilchards, mackerel and salmon, all fruit and veggies, natural sweeteners such as honey.
- Foods that zap energy: fatty meat, white sugar, white flour products, processed food, junk food, ready-meals meals and alcohol

UPDATE FROM SUPPLY CHAIN



Mr. R. Mohamed
Supply Chain Management

Greetings to all Hlengimpilo news readers. It is with great pleasure to get this opportunity to update our readers about our department.

Our main goal is to promote the emerging suppliers youth and co-operatives, and promote service providers from within catchments area. We are also looking at developing a procurement plan and keeping with the budget limitations.

Our department is responsible for the acquisition of goods and services in compliance with the SCM legislation and policy framework.

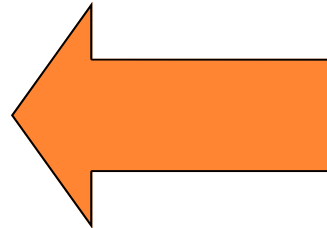
All the supply services for Hlengisizwe CHC was done at kwaDabeka CHC, since October 2007 component of supply chain has de-linked from KwaDabeka CHC and it is now done at our institution.

Our department is doing the best to deliver the good service with limited resources available, but we gradually overcome some of the challenges.

Presently supply chain operates from a container and our big challenge is a small bulk storeroom, and this component also procure goods and service for five PHC clinics in our catchment area.

Our focus and future plans for 2008/2009 is budget permitting and have full compliment of

staff to perform the supply chain management services. To obtain more equipment, proper as



set control and have expansion of storage and office facilities.

With dedicated staff I believe procurement services this year will be more efficient, and with the challenges and goals faced I'm confident that our component will play an integral part at Hlengisizwe CHC, in acquiring quality goods and services to meet the needs of patients and community. I feel proud to be associated with a team of very eager role players. **"KEEP THE SPIRIT HIGH COMRADES FOR 2008/2009**



Supply Chain Team: From Right is Mr. N.Chonco, Ms. B. Shoba, Mr. R. Mohamed and Mr. T.Gasa

NEW APPOINTMENTS

- Dube Philisiwe Mbali--Data Capturer-Mpumalanga Clinic
- Ndlovu Ntombingqi Mavis--Data Capturer--Hlengisizwe CHC
- Mkhize Simo Sizwe—Data Capturer--Fredville Clinic
- Gasa Thembinkosi Justice—Intern--Hlengisizwe CHC

FAREWELL

- Dlamini– CPN– Fredville Clinic

Management of Hlengisizwe Community Health Centre and Fredville clinic staff wish you prosperity and good luck in endeavors. We hope you had good stay at Fredville Clinic.

TRANSFER– OUT

- Mrs. K.A Cele– Pharmacist Assistant

We would like to wish you prosperity and good luck in your endeavors. We hope you had a good stay at Hlengisizwe CHC.

NOTICES

A staff member are hereby

- The soccer team is hereby reminded that training will begin soon. More information can be obtained from Mr. M. Duma.
- Staff members who wish to write stories and taking pictures for our newsletter, must contact PRO.

Hlengimpilo News will be testing your familiarity with your colleagues on dress codes, style, physical appearance ect. In this issue we have put this gentleman on the sports.

GUESS WHO IS THIS?

Hlengisizwe CHC staff are not allowed to take part in this competition, for answers contact communication department after the competition's closing date 16 June2008.

"Wisdom is supreme, therefore get wisdom"



Learners from: Phezulu High School receiving their certificates after participating in community work at Hlengisizwe CHC.

Thobile Nduli and Promise Hlengwa from Phezulu High School and Snenhlanhla Gwala participated in the project.

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 3700



(Proverbs 4:7)

Dear Colleagues

Thank You to all staff and departments that contributed in Hlengimpilo News Issue 5 its success depends on you. If you want to contribute anything then feel free to drop it off at my office it will be on the next issue.

Thank You ,

On the 24th May 2008 the Community Health Centre's netball and soccer teams participated in the tournament that was held at KK Sports grounds.

Soccer Team

First soccer game was between KDC and Don Mckenzie

Second soccer game was between Don McKenzie and Hlengisizwe CHC.

Semi final was between KDC and Hlengisizwe CHC where the score was 6-4

Final round was between Hlengisizwe CHC and Don McKenzie the score was 2-4

Netball Team

Hlengisizwe CHC played with KDC first round

Semi final- Hlengisizwe CHC- Don McKenzie

SPORTS CORNER

KwaDabeka hosted Don Mckenzie and Hlengisizwe CHC



Final round -Hlengisizwe CHC- KwaDabeka CHC

TICKLING LAUGHS

The Lord's Army

As John is leaving church after the Annual Christmas service the vicar grabs his hand and pulls him aside.

"You need to join the army of the Lord John." he says.

" But I'm already in the army of the Lord." John replies.

" Then how come I don't see you except at Christmas and Easter?" the vicar asks.

John leans closer and whispers.

"I'm in the secret service."

SHE DEVIL

A man goes out drinking all the time and comes home very late every night his wife decides to teach him a lesson, so she dresses up like Satan and decides to hide in the dark and scare him when he gets home.

The man comes home and his wife jumps out and screams. He just looks at her and says,

"You don't scare me- I've been married to your sister for 20 years!"

RECEIP

CURRIED PORK CHOPS

- 4 pork chops
- Salt and pepper to taste
- 1 tablespoon (15 ml) oil
- 1 onion chopped
- 1 teaspoon (5ml) hot curry powder
- 2 table spoons (30 ml) flour
- 1/4 beef stock cube
- 1/2 cup (125ml) warm milk
- 3 tablespoons (45ml) water

Method: Season the pork chops with salt and pepper and set aside. Heat the oil in a pan and fry the pork chops until golden brown. Remove from the pan and set aside. Add the onions to the pan and fry until soft. Add the curry powder and fry until fragrant. Add the flour and fry the mixture starts to bubble. Add the milk and water and bring to the boil, while stirring. Simmer until slightly thickened. Return to the pan and heat through. Serve with rice, pap or couscous and vegetables

PUBLIC COMPLIMENTS/COMMENTS FOR HLENGISIZWE COMMUNITY HEALTH CENTRE

Nginyancoma

Impatho yase VCT I-staff sakhona sisebenza ngokuzikhandla.

Ngibabaza ukuzinikela, umusa, uzwelo nothando kanye nokunakekela kuka sister mlambo owatshengisa ubizo lwakhe kulomsebenzi wobuhlelengikazi. Nabanye osister-Sr. Shezi, Sr. Gugu Mbanjwa, Sr.T.J. Mkhize

Nginethulela isigqoko sengathi sengathi nabanye bangafunda ngani

Babongile Mkhize

Kuno Sr. ababili engithanda ukubancoma bayazimisela ngokomsebenzi wabo ngithi abaqhubekela phambili uShange no Ngcongwane uNkulunkulu abagcine

From ,

Thandeka Mncwabe

Ngibonga unesi Majola unesi SD Shange, ngibonga ukuthi bangibhekela ikhadi lami elibuhlaza ngililahlile sengathi bangakwenza nakwabanye bengitholela ifayela lami elidala sengize ngenza Elisha.

Miss. Fezile Khoza

- Sicela i- mobile Ec.g Holding kwa Webber Hammarsdale eduze kwase D.S.W, thina asivakashelwa ikliniki sicela usizo oluphuthumayo

Nginyanibingelela igama lami ngingu Thembi Mabel Hlatshwayo. Ngibhalela khona ukubonga, ngafika ngigula lapha eHlengisizwe CHC.

Kwakumhlaka 29.10.2007, ngathola uthando kulomnyango, wozanele indlela angiphatha ngayo, ngathola imfudumalo waba naso isineke sami. Qhubeka zanele nothando.

Ngangena ku sister Shezi ngathola enkulu imfudumalo, indlela akunika ngayo ithuba, uyakulalela, bese ekunika usizo ngenkulu intobeko.

Ngaphuma ngangena kwa TB, ngathola olukhulu uthando ku sister Nkosi nabambisenenaye, ungathi babekwa ngokwaziwa ngothando lwabo bayakulalela bayabekezela phambili mantombazane.

Ngeke ngimkhohlwe ongene endaweni kaShezi naye unothando nesineke.

Zanele, Sandile bonke bakwa blood test, TB, abe HIV lapho uthola usizo. Ningadikibali vele abantu abafani abakwazi ukubonga ngiyabonga nonke engethemba nabanye bazofunda kunina.

From Thembi Mabel Hlatshwayo

Bantabami ngithanda ukubonga onesi basebusuku ave besinakekela ngithi mntaka Shange ngiyabonga

From. Z.Zulu

- Mina Thandiwe Mthembu ngiyabonga ku H.B Nduli ongisizile wangibhekela i-card lami ngililahlile ngingasazi nokuthi ngangicine nini ekliniki

Ngiyabonga kakhulu