



# ILEMBE HEALTH DISTRICT NEWS

## UPDATES FROM THE DISTRICT MANAGER

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Ilembe Health District takes its pleasure in releasing its first issue of the newsletter since its inception in June 2003, when I joined the district. During that time only two officials were appointed on the new District Office structure. We have however grown rapidly in our structure. Our compliance with procurement prescripts has also improved due to the appointment of the Supply Chain Management team. The development of the District Health System in this district has not been without challenges, most of which emanated from the efforts to create a united team that shares similar goals especially with regards to the management of Health programmes. Since then we have grown up to a large group of 52.

### ACHIEVEMENTS

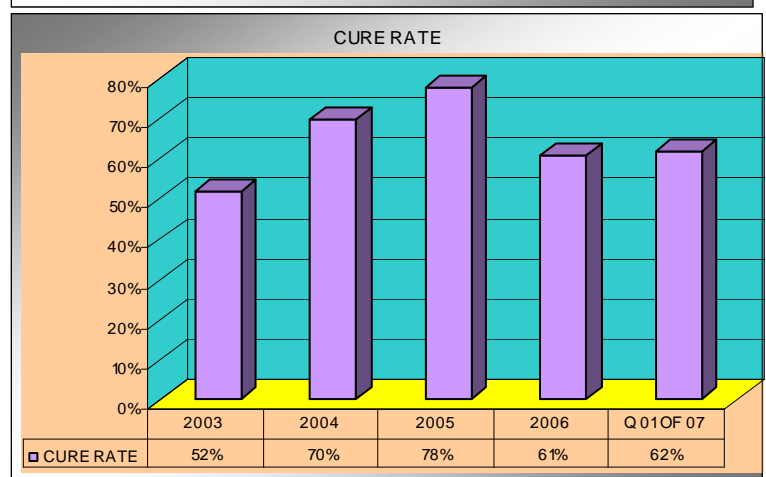
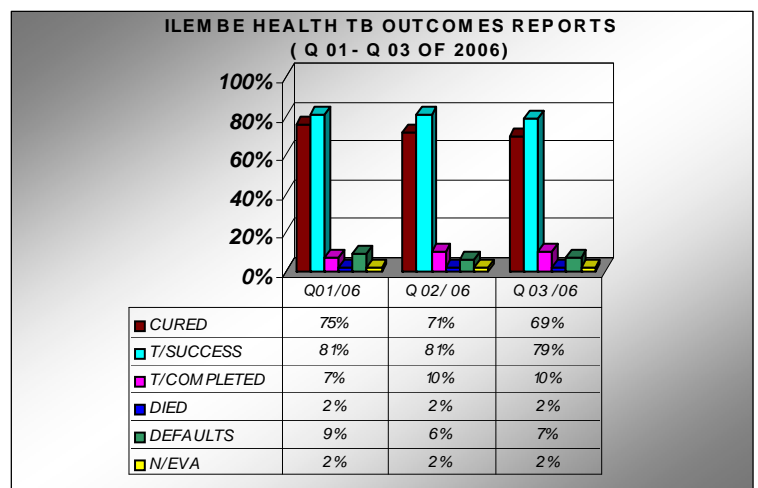
We pride ourselves on the following:

1. Prevention of outbreaks of waterborne diseases at the annual Shembe pilgrimages to the Holy mountain. The last cholera outbreak at this event was in 2003. (See page 2 for details).
2. TB cure rates were at 39% in 2003 and have moved to 62% in 2007. ( See next column for TB cure rates improvements)



MS S.D. DUBE-ILEMBE HEALTH DISTRICT MANAGER

3. Provision at the izimbizos/ open days, of large amounts of information on how our facilities including EMRS are supposed to operate and the different services offered by the Department in the District.



This included the key performance indicators on health programmes in order for them to make informed decisions toward adherence. 4. Conducting an annual Ethics seminar to "return ethics to the workplace" has contributed a lot towards improving staff attitudes in the institutions.



## SENIOR MANAGEMENT TEAM



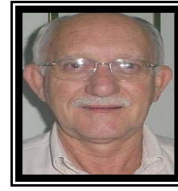
Ms S. Dube-District Manager



Ms R. Strydom-DM: Planning, Monitoring & Evaluation



Mrs. N.N Khumalo-DM IPHS Development Services



Mr. E. Von Maltitz-Pharmacy Manager



Mr C.M Ndaba-Corporate Services -Office Manager

## SHIFTING THE PARADIGM IN PREVENTION OF DISEASES

*“Shifting the paradigm in prevention of diseases.”*

In the past the Nazareth Baptist-Church worshippers have experienced conditions such as diarrhea and injuries e.g. blisters, cuts and fractures due to the long walk to the mountain, overcrowd-

ing, lack of safe and portable water and inadequate sanitation. Ilembe District has prevented these diseases and provided treatment for the injuries, by sending teams consisting of nurses, paramedics, environ-

mental health practitioners and Home Base Carers for the duration of the two weeks spent by the worshippers on the mountain. Other services include Emergency care, treatment of minor ailments, provision of portable water and proper toilet facilities.

*“Health Providers doing Screenings at the Holy Mountain”.*



Mobile Services in the Holy Mountain



EMRS providing services at the Holy Mountain

## DISTRICT EMBARKS ON STI'S/CONDOM WEEK



Mrs S. Nene, the District trainer, conducting Health Education

with the health calendar and successfully achieved their targets. Different high schools within the district were visited by the teams of

School Health Nurses and Lay counsellors with the aim of providing Health Education on Sexual Transmitted Infections and combat teenage

pregnancies, which is a big challenge. The theme for these campaigns was "Your Sexual Health is Your Responsibility". Amongst the topics that were covered were: definition, signs & symptoms of STI's, abstinence, early detection and treatment including buddy referral, and proper use of male and female condoms. Tokens and pamphlets with messages

were distributed to all learners and teachers. Posters were pasted on the walls in order to communicate the messages effectively.

*"Your Health is your Responsibility"*

The District embarked on an STI (Sexually Transmitted Infections) awareness campaigns on 10 - 16 February 2008 in line



Posters with different messages



Principal with Learners listening to the presentation



Miss L. Maphalala demonstrating female condom

## THE SUCCESS OF VITAMIN A CAMPAIGN IN THE DISTRICT

The District conducted a Vitamin A campaign from 3-14 March 2008, highlighted on the health calendar as a National Vitamin A period. The purpose of the campaign was to improve the National coverage rate for age groups 12-59 months. The National coverage rate for 12-59 months was 25% and the Provincial target for 12-59 months was 60%. The current District performance was at 33% prior to the campaign.

### DISTRICT

The campaign was conducted at Crèches, Pre-schools, supermarkets, churches, community halls, clinics and hospitals. Performance in administering the vitamin A at the different sites was as follows: Maphumulo Sub=6872, Ndwedwe Sub=12453 Mandeni Sub=10344, Kwadukuza Sub=7713 The total number was 28082.



Miss N. Ngubane (Nutritionist) at Isithundu Clinic during the Vitamin A

Ilembe Health District managed to reach 64% coverage rate for children aged between 12-59 months. The District Team would like to thank all stakeholders for making this campaign a huge success.

## ACHIEVING POLIO AND MEASLES CAMPAIGN TARGETS FOR THE FIRST TIME IN UNREACHABLE COMMUNITIES

The struggle to reach Polio and Measles campaign targets was overcome for the first time in 2007/2008 financial year, through the identification of unreachable areas and the offering of weekend immunisation campaign services.

The District Coverage in a similar campaign in 2006 = 83.3%

During the 2007 campaign Ndwedwe Sub District alone achieved 126.2% this therefore resulted in the 2007 District coverage of 91.26%

### ACTIVITIES

Helicopter air trips assisted with:

- ◆ Social mobilization and
- ◆ The identification of underserved areas like Ohoqweni in the Ndwedwe Sub-District, where community members accessed the only mobile service point, by negotiating their way through a dangerous ravine. This led to the establishment of 8 new campaign points which were later converted to mobile points thus increasing access to PHC in the area.
- ◆ The immunisation campaign took place on Sunday in the Ohoqweni area.



*Metro rescue staff member and district management team*



*Helicopter doing mobilisation*



*Happy community members who benefited from the campaign*

## NEW MANAGER FOR NDWEDWE COMMUNITY HEALTH CENTRE

**M**r. J.N. Shabane, who is the longest serving employee at Ilembe Health District Office, has been officially appointed as the new Manager for Ndwedwe CHC with effect from 1 April 2008.

He joined the District Office on 1 May 2002 as a CDC Coordinator. He was holding the post of Senior Technical Advisor: TB Programme. When he was asked about his stay in the District Office he said, "it was enjoyable with many challenges".



Mr J.N. Shabane-

Ndwedwe CHC Manager

Moreover, he thanked the Senior Management Teams and all staff of Ilembe Health District Office, institutions, clinics, EMRS, forensics, NGO's, laboratory staff, pharmacy, municipalities and other government departments for their support, which gave him confidence to perform his duties with vigor and passion.

## FAREWELL

### MARLENE'S LAST DAY AT WORK



Ms Marlene Wells

**M**rs. Marlene Wells had done her community service as a Clinical Psychologist with effect from 1 March 2007 until 31 March 2008. Commenting about her stay in the District Mrs. Wells said, "It was an interesting year; the staff and other stakeholders were friendly and keen to accommodate me". Mrs. Wells has been working as a Clinical Psychologist (Community Service). Over the past year she managed to see more than 100 individual patients, some of them more than twice, and referred approximately half of them to professionals, like psychiatrists, social workers, PGSES (School assessment), medical officers etc. She has also been involved in training, workshops, group therapy and debriefings, this brought the above number up to 350. She participated in four workshops during the year and these ranged from training in mental health issues, substance abuse, suicide, child behavioral problems, violent patients, forensic issues etc. She thanked all the staff of the District Office, trainers at all institutions within Ilembe, for enabling her to perform her duties, in particular she thanked Ms Dube (District Manager) and Mrs. N.N Khumalo for their "interesting ideas".



Ilembe District Staff Team saying "farewell" to Marlene

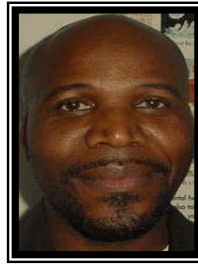
# NEW MEMBERS OF ILEMBE DISTRICT TEAM



Mrs. Sinette van Rooy Booyesen—Community Service Clinical Psychologist



Mr C.M Ndaba—Office Manager



Mr V.K Mthunzi—STA/Chronics, Geriatries and Eye Care



Mr S.B Blose—STA/Rehab and



Ms T.B Mpanza—CDC Technical Advisor



Ms G.D Ngwenya- Technical Advisor- Training



Mrs V.A Vadi-valu-Secretary



Ms N.Y Mthembu - HR Intern

## ALL DISTRICT STAFF WELCOMES YOU! BIRTHDAY'S CORNER-MAY



Ms S. Ncube-TB/CDC Surveillance Officer



Ms N. Ngubane- Nutritionist



Mrs. N.N Khumalo-DM IPHS Development Services



Mrs S. Nene-HIV & Aids Trainer



Mrs B. Sishi- Senior Comm. Practitioner

- ◆ Strong-willed and highly motivated
- ◆ Sharp thoughts
- ◆ Attracts others and loves attention, Deep Feelings, Beautifully physically and mentally, Firm standpoint, Needs no motivation, Loves to dream, Strong clairvoyance, Loves to dream.
- ◆ Not having many children.

**HAPPY BIRTHDAY GIRLS!**



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**VISION STATEMENT**

To be better than the best in achieving optimal health status and a functional district health system for the community in Ilembe District

**MISSION STATEMENT**

With compassion, deliver comprehensive, integrated, coordinated, sustainable and responsive quality health care at all levels based on the primary health care approach through the district health system.

**CORE VALUES**

Committed to performance, courage to change/transform with honest, trust, integrity and mutual respect in an innovative, open and transparent manner.

**DISTRICT NETBALL AND SOCCER UPDATES**

SOCCER: LOG TABLE

NETBALL: LOG TABLE

TEAM	P	W	D	L	G F	G A	P T S
1. STANGER HOSPITAL	2	2	0	0	7	2	6
2. UNTUNJAMBILI HOSPITAL	2	1	1	0	6	3	4
3. EMRS	2	1	1	0	3	2	4
4. UMPHUMULO HOSPITAL	2	1	0	1	3	2	3
5. DISTRICT OFFICE	2	1	0	1	2	2	3
6. MONTEBELLO HOSPITAL	2	0	1	1	4	6	1
7. NDWEDWE CHC	2	0	1	1	1	3	1
8.SUNDUMBILI CHC	2	0	0	2	1	7	0

TEAM	P	W	D	L	G F	G A	PT S
1. NDWDWE	2	2	0	0	4	11	6
2. UMPHUMULO HOSPITAL	2	2	0	0	3	8	6
3. SUNDUMBILI HOSPITAL	2	2	0	0	2	11	6
4. STANGER HOSPITAL	2	1	0	1	1	24	3
5. UNTUNJAMBILI HOSPITAL	2	1	0	1	1	21	3
6. MONTEBELLO HOSPITAL	2	0	0	2	1	18	0
7. DISTRICT OFFICE	2	0	0	2	1	28	0
8. EMRS	2	0	0	2	8	48	0

**Sohlangana e Richard's Bay**