



**HEALTH**  
KwaZulu-Natal



## ILEMBE DISTRICT HOST AN ETHICS SEMINAR



Guests doing Khanya Africa & doing Nurses pledge



On 4 September 2009, Ilembe Health District conducted the Ethics Seminar for all professionals in the district at Amatigulu Centre. The main focus was on “How to handle conflict between the concepts of duty to serve and the realities of resource constraints and the theme was “Save Lives, Make Health Facilities Serve the People”.

Amongst the speakers of day was Ms Manqele from DENOSA, Mr Mthimkhulu from HOSPERSA, Dr Nxumalo who is the Khanya Africa Provincial Chairperson, Mrs R. Khoza and the key note address was done by Rev T. Magwaza. All speakers were speaking in one voice of ensuring quality service delivery, despite the resource constraints.



Professionals during the Seminar

Professionals like Doctors, Nurses and Therapists signed their pledges/Oaths as a symbol of re committing themselves towards saving lives of our people.

In the past 4 years Ilembe Health District has conducted the above mentioned Seminar to promote the return of Ethics to the workplace. Participants have been invited from other Districts in Area 1. The focus has always been on examining, the issue of patients rights vs those of workers’ with a particular reference to the denial of Termination Of Pregnancy rights to patients who need the service.

The main activity used to address this was a debate by groups of UKZN students of nursing from the Ongoye Campus. It has been interesting to note that the Pro life values always received more support – this pointing to a serious imbalance between the professionals’ willingness to provide the service and the growing number of persons who need it and leave our service outlets without it, ending with illicit backstreet services. There has been however positive outcomes from the Seminars at professional Nurses at Stanger, Mphumulo and Untunjambili Hospital did take up Training, Stanger Hospital being the first to provide it, followed by Mphumulo Hospital.

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## HEALTHY LIFESTYLE PROJECT BABY



Learners carrying baby dolls

The project baby was initiated at Qoqulwazi Secondary School last year to 66 grade 8 learners. Health education on teenage pregnancy and its consequences as well as life skills on healthy lifestyle was conducted.

Their parents and other grades were also included in the health education talks. Project was implemented on the 18<sup>th</sup> of May 2009. Sixty five grade 9 learners were each given a baby doll to keep for at least 2 weeks.



Mrs N Nkwanyana & Mrs R Sahadeo with a learner returning a doll

On 25 to 29 May 2009 a mock clinic was set up by school health team. Learners visited the clinic with their babies. Health education on breast feeding, care of the baby, immunization, use of Road To Health Card (RTHC), Vitamin A, minor ailments, personal hygiene, child development, abandoned babies, nutrition, family planning and family support system was provided.

The department of justice and social development visited the school on 27 May 2009 to give support and talked about services offered by their departments. Representative from the department of education was also present to give support to the project.

## FUN WALK—MOVE FOR YOUR HEALTH



Above :“You strike the women you strike the rock”. In front is Lihle Maphalala and Lizzy Biyela

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about 28 district offices, forensic mortuary and Stanger PHC staff members participated in a fun walk that took place on 02<sup>nd</sup> July 2009 fun walk that took place on 02<sup>nd</sup> July 2009

The main purpose of the fun walk was to promote healthy lifestyle and also to promote team building amongst the staff. The walk started from Kearsney clinic to Ilembe District office which was about 8 km's.



Above pic: They walk like they have motor engines. “Keep walking guys”, It is good for your health”

The date of the next fun walk will be scheduled soon and the route will start in Ilembe District office to Blythedale Beach where all district office staff, forensic and EMRS staff will participate in a team building activities. This distance is about 10 km's. The organising committee would like to encourage everyone to participate in these important activities. The theme for the walk is **“Exercise is fun-move for health”**.

## MESSAGE FROM THE DISTRICT KHANYA AFRICA CHAMPION



Miss T.B Mpanza–  
District KA Champion

All institutions at Ilembe have managed to nominate the K.A champions who will closely liaise with the District champion for coordination of all the K.A Activities within the District and report to the District Manager who is passionate about K.A and K.A Management Team.

The first K.A activity following the launch in February was held on 23/05/09 at Vutha in Mandeni sub-district and the follow up visits were conducted on 20/06/09 with the support of the Ilembe Health District Management and K.A Management .

The team from all sub districts worked very hard and with a commitment to volunteerism and it was a success

The post activity evaluation meeting was held whereby the team was addressing the challenges identified and sharing the best practices since the activities are rotating in all subdistricts. The teamwork that is being displayed by all the subdistricts towards K.A activities is amazing and this propels the K.A spirit and ownership further through initiatives and the courage presented.

The District KA team is assisting the institutional champions to continuously market KA to all staff , to promote the spirit of volunteerism and to give more information about the organization. Ilembe Health District KA Team participated in Mandela Day Celebration held at Eastern Cape which was coordinated by Provincial Khanya Africa team.

The next activity will be held on 01 August 2009 at Hoqweni area at Ndwedwe Subdistrict.



### **District Khanya Africa Team**

Far right, Miss T Maphalala, Miss N Ngubane,  
Mr M Mbali, Mr B. Blose, Mrs B Sishi & Miss T  
Mpanza

### **Achievements**

- The volunteers from all subdistricts supports Khanya Africa and task allocation are done in every station as per category and skills needed .
- The clients that showed up in the venues are all attended by the dedicated volunteers.

## ENVIRONMENTAL HEALTH FOOD CATERERS TRAINING



Environmental Health Staff during food safety training, standing was Miss Thobile Mkhize-EHP



Environmental Health Staff during the training



Environmental Health Staff during the training

**APPRECIATION LETTER FOR STANGER HOSPITAL**

**KEEP UP THE GOOD WORK!**

Good Day Dr Mansvelder

My father, J.T. Pather, is currently a patient at your hospital ( High-Care / Male Medical Ward ).

We are very happy with the treatment he is receiving and would like to thank you and your staff for all the effort put in to make my father's stay as comfortable as possible.

Unfortunately, my father is very ill with a cardiac problem and is scheduled for surgery at Inkosi Albert Luthuli Hospital on the 4th of August 2009.

He battles to breathe and has to receive oxygen because of his failing heart. The attending doctors say that he has to remain at Stanger Hospital until his transfer to Luthuli.

My heartfelt thanks and appreciation to you and your wonderful, caring and dedicated staff. I must also mention how very pleased I am with the level of cleanliness at your establishment.

Thank you very, very much Doctor. May God Bless You, your staff and your Family. From Kugan Pather

## ILEMBE HEALTH DISTRICT JOINED 2009 ABSTINENCE WALK



Ilembe District Mayor and Pastor Dube from Ethekwini Community Church leading the walk

The Ilembe Health District on 8 June 2009 embarked on abstinence walk together with Ethekwini Community Church and Ilembe Municipality.

The purpose of the walk was to encourage youth to stay away from drugs and abstain from unprotected sex.

This initiative started by Ethekwini Community Church and the Department of Health was the sponsor of the event. This walk started from Ilembe District Municipality to Stanger South Secondary where the learners were discouraged on drugs and unprotected sex. The team then continued to Mapumulo Sabuyaze Sports Ground, the awareness was also done to about 300 learners of Sabuyaze High School.



Ilembe Health District Staff saying thumbs up after completing the walk

The walk was a great success despite the rainy weather conditions. The team managed to walk to Mapumulo and the messages were spread to school learners and taxi ranks.

On the 9th of June 2009, the team continued to Mzinyathi District where Ilembe District handed them over to Mzinyathi District.

## MORE ABOUT ABSTINENCE WALK



Nonoti Buddyz during abstinence walk



District team and Pastor V. Dube leading the walk

# INFRASTRUCTURE DEVELOPMENTS



Mbhekaphansi Clinic before



Mbhekaphansi Clinic after



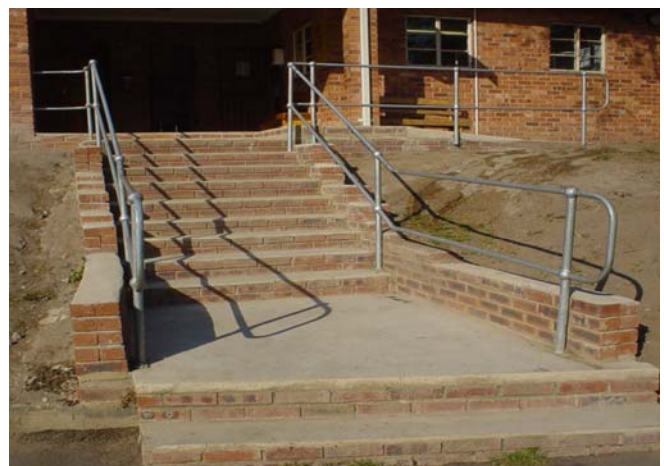
Isithundu Clinic after renovations



New Water tank for Isithundu Clinic



Paving and retaining wall at Groutville Clinic



New stair ways at Groutville Clinic

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**VISION STATEMENT**

To be better than the best in achieving optimal health status and a functional district health system for the community in Ilembe District

**MISSION STATEMENT**

With compassion, deliver comprehensive, integrated, coordinated, sustainable and responsive quality health care at all levels based on the primary health care approach through the district health system.

**CORE VALUES**

Committed to performance, courage to change/transform with honest, trust, integrity and mutual respect in an innovative, open and transparent manner.



We are on the web:  
[www.kznhealth.gov.za/Ilembe District](http://www.kznhealth.gov.za/IlembeDistrict)

**HAPPY BIRTHDAY'S**

**MAY**

1. Khumalo NN-DDM Clinical & Programmes
2. Miss N. Ngubane-Nutritionist
3. Ncube SM- Surveillance Officer
4. Nene RS- HIV & AIDS trainer
5. Sishi RB- Snr Communication Practitioner
5. Shange NI- Data Capturer

**JUNE**

1. Mabaso SG- SCM Assistant
2. Simamane NP- General orderly

**JULY**

1. Moodley S- MCWH & PMTCT Coordinator
2. Strydom R- DDM PM&E
3. Ngcobo HV- Principal Accountant
4. Mabika SB- Snr HRM Practitioner
5. Xulu M- Receptionist
6. Manzi SG- Motivator

**AUGUST**

1. Mrs R. Sahadeo-STA Infection Control
2. Mr E. Von Maltitz-Pharmacy M
3. Mr B. Dlamini-General Orderly
4. Mr C.M Ndaba-Office Manager

**“MAY GOD BE WITH YOU ON YOUR BIRTHDAY'S”**