



Ezakwa Dinuzulu

NEWS

May 2022

Nurses Day Commemoration



**Guest speaker Mr F.S. Mathibela CEO
KwaMashu CHC.**

King Dinuzulu Hospital Commemorated nurses day in style and rewarded excellence. The day is celebrated on Florence Nightingale's birth anniversary on May 12 every year. The special day was chosen by the International Council of Nurses and has been observed officially since 1974.

The past two years has been a challenging time in the field of nurses since the outbreak of COVID 19,looting/Unrest in the province, floods but all those challenges didn't detour the nurses to deliver the quality of nursing care. Our Guest speaker Mr Makhathini CEO KwaMashu CHC, emphasized on principle of caring, willing to learn, to go an extra mile and positive caring attitude in the nursing practice. Nurses are overstretched because of shortage of staff, but that doesn't mean that we have to compromise the quality of care. Nurses Day is a special day to honor and celebrate the contributions of nurses all over the world.



ANM leading the march to moth hall

Nurses Day Commemoration



Opening prayer lead by our hospital chaplain Pastor Chita at the foyer before the March to Moth Hall for formal program



Light of Candle and Nurses pledge



Presentation of service excellent awards and acknowledgments certificates



Hand washing day

On the 05 May 2022 King Dinuzulu Hospital Complex embarked on a hand washing campaign. The purpose was to promote institutional safety climate/culture change as a priority for hand hygiene improvement by adopting the slogan "UNITE FOR SAFETY-CLEAN YOUR HANDS". Hand hygiene improvement is a critical part of effective infection prevention and control IPC and therefore constitutes a priority for patient and health workers safety. (IPC) including hand hygiene is critical to achieve UHC as its is a practical and evidence based approach with demonstrated with demonstrated impact on quality of care and patients safety across all levels of the health care system. Practicing 5 moments of hand hygiene will minimize the risk of infection. Infection can be caused by viruses of bacteria.



Dr Z Dlamini (CEO), Assisted by MS N Mphumulo (ANM), Awarding the winner of 2022 hand hygiene poster award 1st position X- RAY Department earn themselves a certificate of achievement and an IPC hand hygiene poster grand trophy .



OPERATIONAL MANAGERS (LINK NURSES) FROM DEFFERENT DEPARTMENTS /WARDS.

UNITED TO ENCOURAGE PEOPLE TO WORK TOGETHER ON HAND HYGIENE FOR HIGH QUALITY SAFER CARE EVERYWHERE, BY SHOW CASING THE HAND HYGIENE POSTES



This is an IPC hand hygiene frame ,with hands of different colors symbolizing/representing unity of different structures, stakeholders ,departments ,categories in the facility

KDHC WE COMMIT OUR SELVES TO PROMOTE PATIENTS SAFETY THROUGH PRACTICING HAND HYGIENE FOR HEALTH CARE WORKERS AT ALL TIMES.
WE WILL ALWAYS ADHERE TO PRESCRIBED DEPARTMENT OF HEALTH AND WHO INFECTION PREVENTION AND CONTROL POLICIES AND GUIDELINES.
IT IS IN OUR HAND TO PREVENT HEALTH CARE ASSOCIATED INFECTIONS AND SEPSIS IN OUR FACILITY.

DR Z DLAMINI (CEO)



Social workers day



former boarder moms motivated mothers and encouraged them to continue KMC and loving their babies.

World Social Work Day is held globally every third Tuesday of March each year; KDHC Social Work Department's Event was held by on Tuesday the 15th March 2022 at the foyer of Professor Fatima Meer Building.

The target audience was the public and the hospital staff – hence selecting the front main entrance as the Venue for the information display and response to queries.

Content: Information on services rendered by the social workers and the relevant stakeholders Social Workers collaborate with in their helping profession to ensure that the clients / patients identified needs are adequately met.

In the health setting Social Workers are an integral part of the MDT working towards the main objective of meeting the bio-psychosocial needs of patients.

For inclusion in the Hospital publication here's what The World Social Work day was about:

Theme: Co-building a New Eco-Social World: Leaving No One Behind.

In building a new Eco-Social world social workers input is vital amidst economic and social barriers that drive the unequal distribution of power and exploitation over marginalized groups. There is a critical role for social workers towards achieving a new eco-social world

In the history of South Africa social workers have been advocates and pioneers of social change through the experiences of colonialism, apartheid and the progressive democracy, being active agents of change in driving transformation in our communities to tackle social ills and challenge unjust systems.

Social Workers are encouraged to assume their role as visionaries and stewards of their communities – this they achieve through the methods of social work: individual case work, group work, community work and research.

World Social Work Day is a salute to the Social Workers who continue to drive transformative developmental agenda of ensuring Human Rights are a reality for millions of people who otherwise would be powerless and hopeless in attempts to meet their needs or survive the social ills - hence "Leaving No One Behind"

15 March is Social Work Day, March is Social Work Month.

04



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KwaZulu-Natal Department of Health



KZN Department of Health



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Rewarding Excellence 2022



Certificate Ceremony

The Department of Health Online Covid 19 Vaccination Training was facilitated by Dr N. Misra and Mrs. P.Vandayar. A total of 74 Nurses completed the Vaccination training of which 33 completed a face to face training and 41 Completed the Online training. The training incorporated 7 modules that detailed information on vaccines and a quiz on each module were completed. The implementation was effective. The vaccinators played a vital role in the fight against Covid 19 , Vaccinating both the staff and the community. A certificate ceremony was held on the 22th February 2022 at the vaccination site. Nurses were garbed in white uniform, they were appreciated, motivated and a song played to thank God for his grace upon us all, during this period. Each Nurse was handed a certificate by Dr. ZF Dlamini and the ceremony closed reciting the Nurse's Pledge by Mrs. H.Mchunu. The day was successful and we are grateful to the management of KDHC and the sponsors received.



HEALTH PORT FOLLOW COMMITTEE FROM KWAZULU NATAL LEGISLATURE CONDUCT OVERSITE VISIT AT KDHC

Health Port follow committee visited King Dinuzulu Hospital Complex to do an oversight, In keeping with its mandate of involving the public in the work of the committee, the Health Portfolio Committee has been holding a series of public meetings in various municipalities to consult with the people to seek solutions and strategies of dealing with health challenges facing the province especially mental health, a newly revitalized Psychiatric unit has been completed and ready for commissioning which will house about 60 mental health care users at eThekweni District.



A walk about was conducted to check the equipment's, wards, furnisher, infrastructure inspections and snags.



World Tuberculosis (TB) Day on March 25

Each year, we commemorate World Tuberculosis (TB) Day on March 24 to raise public awareness about the devastating health, social and economic consequences of TB, and to step up efforts to end the global TB epidemic.

2022 TB Day was conducted at MOPD waiting area because that's where the high traffic flow of patients and ideal target market for a campaign.

How TB is caused?

Tuberculosis (TB) is caused by a type of bacterium called *Mycobacterium tuberculosis*. It's spread when a person with active TB disease in their lungs coughs or sneezes and someone else inhales the expelled droplets, which contain TB bacteria



THEME: HEALTHY HEARTS “BEAT THE PRESSURE GET TESTED”



The MOPD staff organized and prepared posters and displays in the foyer.



Talks given to client on High Blood Pressure, Vital parameters done on clients in MOPD and the Foyer, Health education given to patients in MOPD.

Hypertension Awareness Campaigns is identified on the 2022 health calendar to create awareness health education and enhance compliance to regular check and medication. The objectives, was to check the vitals parameters of the clients, to recorded and document the findings, to understand the factors that impact hypertension and compliance to medication, to regular check blood pressure and maintain clinic visits, and advice clients on diet control.

Health education given to clients:

How do you feel when you have high blood pressure?

Most people who have high blood pressure do not have symptoms. In some cases, people with high blood pressure may have a pounding feeling in their head or chest, a feeling of

Symptoms of High Blood Pressure

Blurry or double vision.

Lightheadedness/Fainting.

Fatigue.

Headache.

Heart palpitations.

Nosebleeds.

Shortness of breath.

Nausea and/or vomiting.

Can hypertension be cured?

There is no cure for high blood pressure. But treatment can lower blood pressure that is too high. If it is mild, high blood pressure may sometimes be brought under control by making changes to a healthier lifestyle.

07



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NO SEXUAL HARRASSMENT AT WORK PLACE



Departments that participated A&E, Oral and Dental Unit, Physio and Occupational Therapy, Pharmacy, MDR TB Unit, X-Rays, Waste Management, Health and Safety, Tower City, Psych Unit, SODEXO, O&G, /Vaccinating Clinic



King Dinuzulu Hospital Complex vow to support and to continue to promote No sexual Harassment at work place



For further information kindly contact our office



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07



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