# Mega news

## Inside this issue:

<table>
<thead>
<tr>
<th>Topic</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Introducing new CEO</td>
<td>02</td>
</tr>
<tr>
<td>Editors corner PRO</td>
<td>03</td>
</tr>
<tr>
<td>New Appointments</td>
<td>04</td>
</tr>
<tr>
<td>Farewells</td>
<td>05</td>
</tr>
<tr>
<td>Dr Naidoo’s farewell party</td>
<td>05</td>
</tr>
<tr>
<td>New nursing school students</td>
<td>06</td>
</tr>
<tr>
<td>Mobile handover</td>
<td>07</td>
</tr>
<tr>
<td>STI/Condom week</td>
<td>08</td>
</tr>
<tr>
<td>Health awareness week</td>
<td>09</td>
</tr>
<tr>
<td>Re-orientation</td>
<td>10</td>
</tr>
<tr>
<td>2015 ENA Induction</td>
<td>11</td>
</tr>
<tr>
<td>TB Awareness day</td>
<td>12</td>
</tr>
<tr>
<td>Theatre drill</td>
<td>13</td>
</tr>
<tr>
<td>Medical Male Circumcision</td>
<td>14</td>
</tr>
<tr>
<td>Dual Protection</td>
<td>15</td>
</tr>
<tr>
<td>Salt and kidney awareness day</td>
<td>16</td>
</tr>
<tr>
<td>TB door to door</td>
<td>17</td>
</tr>
<tr>
<td>Nursing College Sport Day</td>
<td>18</td>
</tr>
<tr>
<td>Nursing College Sport Award Day</td>
<td>19</td>
</tr>
<tr>
<td>World TB Awareness</td>
<td>20</td>
</tr>
</tbody>
</table>

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If you have any questions, complaints, suggestions or compliments regarding Madadeni Hospital and its clinics, please contact the Public Relations Officer: Mr G.N.P Dube.

Tel: (034) 328 8043  
Cell: (081) 032 2277  
Fax: (034) 329 1595  
Email: gcina.dube@kznhealth.gov.za


Tel: (034) 328 8043  
Cell: (081) 032 2277  
Fax: (034) 329 1595  
Email: gcina.dube@kznhealth.gov.za
Introducing our CEO

Madadeni Provincial Hospital
Chief Executive Officer
Dr J.J.N. Duze

I was born at Lusikisiki and grew up in Madadeni. I am a Medical Doctor by profession. I have worked as a private practitioner since 2001 and have done sessional work at Madadeni Hospital. I am humbled and honoured to be given the opportunity of being CEO of this Institution. I am privileged to be joining a team of highly skilled, experienced and dedicated managers who have been working with the acting CEO. It is my belief that together we shall achieve our goal of being the best hospital, rendering high quality care in the most efficient and effective manner. It is our aim to be a PATIENT FIRST INSTITUTION adhering to Batho Pele Principles and working in line with the district and provincial plans.

Every employee plays a critical role in the smooth running of the institution and as such I would like to encourage employees to continue working hard and to take ownership of programs in their individual component. Siyabonga kakhulu ukuzinikela kwabasebenzi. Sigquqquzela ukusebenzisana nokubambisana kahle nabo bonke abasebenzi, siqinise amaxhama ezokuxhumana kuzo zonke izinhlaka zokusebenza zangaphakathi. SIBEKA ISIGULI PHAMBILI.

You are embraced Dr Duze, we trust that your presence will encourage our staff to work even harder than before. We look forward to working with you hand in hand and take this hospital to higher levels.

SIYAKWAMUKELA SEYAMA!
WE ARE A PATIENT FIRST INSTITUTION

Editors corner: Public Relations Officer

Please feel free to give us feedback at Tel: 034-328 8043 or email us at: gcina.dube@kznhealth.gov.za

Negative or positive comments are welcomed to help us improve healthier reading experience.

The Department of Public Relations and Communications would like to introduce a new face to you

Madadeni Provincial Hospital
Public Relations Officer
Mr G.N.P Dube

Miss B.T Mthanti, studies Public Relations at Durban University Of Technology, will be with us for 6 months in order for her to complete her studies.
New Appointments

Dr JN Duze - CEO

Dr S Mbatha - Medical Officer

Mr S.C Zwane – Assistant Manager SCM

Dr N.J Nkosi - Head of Clinical Unit Urology.

Dr N.S.P Hadebe - Medical Officer

Dr Z Mtengwane – Medical Officer.

Dr S Chiliza - Medical Officer

Dr S.S Sibanyoni - Medical Officer

Dr M.T Sondezi - Medical Officer
Farewells

Ms G.T Caluza - OMN
Mr N.F Sokhela - AMN
Ms N.W Ndaba - AMN
Mr A.M Naidoo - Head Clinical Unit Manager
Ms S.N Langa - OMN
Dr N.N Ndlovu - Medical Officer
Mr T.D Shabangu - FIO

Dr Naidoo’s farewell party
New Nursing School students

Mrs Zwane who is a Lecturer HOD in Fundamental Nursing Science and the new group 1/15 4year course students from Madadeni Nursing Campus

New 2015 Enrolled Nurse Assistants.
Mobile Vehicle hand over

With the objective to improve health care services for key population, the District Office Management team on the 6th of February 2015 had a HTA Mobile vehicle hand over to Madadeni Hospital. The vehicle was procured by the Provincial HAST office.

The mobile clinic will be operational in various areas in order to prioritize expansion of the HTA Mobile services. The proposed days of the week for the Mobile clinic to operate are as follows:

- Amajuba FET ITB Campus Berry Hertzog Park on Mondays
- Amajuba FET CPD Campus Madadeni section 2 on Tuesdays
- Amajuba FET New Tech Campus Berry Hertzog Park on Wednesdays from 12h00 to 16h00
- Transnet Bus Depot also on Wednesdays from 08h00 to 11h00
- Arcellor Mittal on Thursdays
- Amajuba FET MTC Campus on Fridays
STI/Condom week 10 February - 16 February

Madadeni Hospital had various departments within it such as VCT, TB OPD help with promoting the STI/Condom week which took place on the Hospital premises from 10 February 2015 to 16 February 2015. The Madadeni employees had tables set up and had pamphlets and condoms to distribute to them. Amongst the things that were discussed the VCT staff talked about the sexual and reproductive health rights such as the right to dual protection, the right to safe abortion, the right to ARV PEP antiretroviral prophylaxis to name a few. The TB OPD staff demonstrated how to correctly imbed the condoms for both males and females.
As part of the build up for the Medical Male Circumcision Drive, Professional Nurse Surrendra went out to local schools in Newcastle from the 16 of February 2015 to 20 February 2015, educating students about Sexually Transmitted Diseases and the importance of circumcising.

His journey started from schools such as Phendukani High School all the way to St Oswald even Amajuba Campuses. Some of the STD's that were discussed are: Gonorrhea, Syphilis, Warts.

He talked about the symptoms, how these diseases are treated but most importantly how abstaining plays a big role in avoiding to contract them. The process of circumcision was thoroughly explained to the boys in order to have knowledge and be well informed.
Madadeni Hospital had a re-orientation programme which took place from the 2\textsuperscript{nd} of March 2015 till the 13\textsuperscript{th} of March 2015. The aim of the programme was to re-enforce employee training, it was also done to induct those who could not make it to the previous induction.

Amongst the topics that were discussed at the re-orientation are: the hospital vision and mission, core values of nursing services, policies and procedures, resuscitation and management of acute cases, care of dying and recently deceased, mortuary procedures and care of the deceased and family debriefing.

PRO Mr GNP Dube ensuring that all employees are aware and well informed about Batho Pele Rights, Services offered in the hospital, handling outside calls and handling a complaint to name a few.
Madadeni Hospital held an Induction workshop, on 04 March 2015 at the seminar room. As the policy states that from the time our employees are appointed we are to teach them about Patient Rights and Batho Pele Principles. This is done to sharpen and arm them with working ethics, how one should behave and conduct him/herself in a working environment and also how one can help maintain a healthy working environment with colleagues.
As part of the T.B awareness month on the 06 March 2015 T.B OPD conducted a T.B awareness as part of giving knowledge about Tuberculosis

Amongst the topic that the nurses explained more on was what is T.B? How can T.B infection be prevented? And how it can be cured.

The most important information was the discussion on how to prevent the spread of TB, taking it step by step on hygienic lifestyle. There was also a discussion on how TB and HIV relate, stating that people with HIV are more at risk of getting TB infection. The discussion went on to treatment taking, the importance of knowing TB medicine and how long does one have to be on treatment to be cured.
Theatre fire drill

As part of the safety precaution the Theatre department had a fire drill that was implemented on the 10th of March 2015. The drill was done in order to assist the employees how to react incase there is a fire emergency.

The staff from theatre were shown how to get to a safe place without getting burnt. The sister in charge notified the authorities that needed to be notified in the case on an emergency. The Public Relations Officer was also part of those that were notified. The staff was taken to a safe place and were directed by Health and Safety Officer Miss Siphokazi. After the drill the theatre management and the theatre staff had a de-briefing session, where they discussed what they learnt from the drill, what was executed properly and what was not executed properly as so to improve the drill execution.
On the 10\textsuperscript{th} March 2015 the Medical Male Circumcision team had a circumcision drive where they went to various local schools and circumcised boys. The boys were informed in depth on the importance of circumcision such as reducing the chances of getting sexually transmitted diseases, it also ensures cleanliness on the private part, they were taught the do's and don'ts after circumcising such as not drinking any alcohol substances as this could increase the risk of bleeding, washing the circumcised area with water and salt 3 times a day.

They were also checked for blood pressure then they were individually helped to fill in agreement forms and they were assisted to the place where they were circumcised. The MMC team went back after 3 days to check how the boys are healing and if there are any complications that had occurred after they circumcised the boys.
Department of Health held a dual protection campaign on the 13th March 2015 at Majuba College Stadium where MEC for Health Dr S.M Dhlomo attended. The day started off where Dr Dhlomo visited the Medical Male Circumcision Universal Mobile Hospital that was there. He met some boys that were waiting to be circumcised, he also had a word with them and encouraged them to take good care of their health. He then went to the actual dual protection event where community members came out in numbers. The community was encouraged to double up when it comes to having sexual intercourse, women were motivated to use both contraceptives and condoms. The department also promoted new flavored condoms.
Salt and kidney awareness

On 17 March 2015 there was a salt and kidney awareness that was held at the front gate of Madadeni Hospital. People were informed in depth about dietary management for the heart such as what is heart disease and cholesterol, the types of cholesterol and where they are found which are: High density lipoproteins (HDL) this is found in olive oil and canola oil, nuts, avocados and pears, Low density lipoproteins (LDL) found in fried foods and brick margarine, triglycerides which is found in biscuits, cakes, sweets and sugary foods.

The community members were given the opportunity to test for any risk factors that could lead up to health problems. They were also taught about factors that may cause high blood pressure of which they are: family history, being overweight, drinking alcohol, consuming excessive salt and physical activity. They were also informed about fat and cholesterol facts and the 3 main types of fats of which they are:

- **Saturated fats** these mainly come from animal sources such as milk, cheese and pork to name a few.
- **Monounsaturated fats** which mainly come from plants such as olives, olive oil, sesame seed and more.
- **Polyunsaturated fats** which are mainly found in plants such as sunflower, corn oil this fat also consists of different omega sources.
On 17 March 2015 there was a TB door to door campaign that was executed at Section 3 by various teams under the TB Department such as khethimpilo, Hospital Staff, Luthando Hospice and Zanethemba to name a few. The community members were approached at their homes and informed about TB, they were also given condoms. After the door to door drive the event moved to Phelindaba Stadium where attendants were tested for blood pressure, sugar levels and cholesterol then they were further informed about TB in depth where various spokespeople from the health department took turns in informing those who attended about TB. Dr Madonsela, OMN Nkonyane and OMN Simelane were one of those who spoke to the community. The community members were also given the opportunity to pose some questions they had.
Nursing College Sport day

19th March 2015 the Nursing college hosted a sport day at the Nursing Campus in Madadeni, in regard of getting the students active and engage in a fun activities. The sport day was a huge success, there were numerous games that took part on that day including wheel barrow, Sack race, Tag of war, Eating competition, Apple in a bucket, Hoola hoop, Egg race, Netball and Soccer.

Sack race game
Hoola hoop challenge
Netball challenge
Eating game
Soccer team
Egg race
Wheel barrow challenge
Student participants
Nursing College sport award day

On the 20 March 2015, Pertaining the sport day that was held on the 19 March 2015, Nursing college held the sport award day, at Madadeni Nursing campus. All the students who participated and won the challenges were awarded with awards and medals.

Mrs. J.S Hadebe vice president with all the student that participated and received their awards and medals.

Soccer team (ones) won with a score of 3-0 against (sevens).

Soccer team (SEVENS) second place, Mrs. J.S Hadebe Vise principal.

Netball (ones) winners won by a score of 14-3 (sevens).

Netball (sevens) second place.

Tag of war winners

Wheel barrow race winners with Nursing college vise Principal Mrs. J.S Hadebe

Hoola hoop winner 1st place (Sibongile).

LCR MEMBER AND Old Mutual consultants
Statistics show that there is a high rate of Tuberculosis (TB) infection in South Africa and remains the killing disease. On the 24th March 2015 Madadeni Provincial Hospital TB department held a World TB awareness day at the hospital hall. The purpose of this event was to educate the community about TB. Dr Madonsela (TB Specialist) thoroughly explained what is TB, he mentioned that TB is spread through the air from a person infected in the lungs and coughs or sneezes. People nearby may breathe in these bacteria and become infected.

He also mentioned symptoms that include: A bad cough that lasts for 2 weeks, Weight loss, Sweating at night, Weakness, Loss of appetite. Mrs Makhathini (TB OMN) emphasized that people should go do regular check ups to their nearest clinics and hospital, she also advised those who are on TB treatment to take their medication until it’s finished even if they already feel better because if not treated properly TB can be fatal.