To significantly reduce your risk, take precautionary measures against mosquito bites throughout the year in ALL RISK areas.

Antimalarial drugs* are recommended from October to May for all travellers. Particularly high risk areas include Ndumu & Tembe game reserves.

Medication:
- Chloroquine PLUS Proguanil
- Mefloquine OR Doxycycline (OR Chloroquine PLUS Proguant)

** High risk persons** are advised to take antimalarial drugs from October through May, particularly high risk people**

* Mefloquine OR Doxycycline (OR Chloroquine PLUS Proguant)

** High risk persons are children < 5 years, pregnant women & immunocompromised people (e.g. HIV, a person who has had a splenectomy, or who is on immunosuppressant medication)

Game Reserves:
1. Tshiope
2. Marx Memorial (Ellen) 14. Tembe
3. Great Kei
4. Rukwa
5. Sharianni
6. Timbavati
7. Thohoyandou
8. Blyderivierpoort
9. Mutywa
10. Sable-Sand
11. Kruger National Park
12. Pilanesburg
13. Nkumu
15. Kosi Bay
16. Ilala
17. Mkuze
18. Soutpansburg
19. False Bay
20. Farnes Island
21. Hluhluwe
22. Umbuluzi