



Facility Name:		Year:				
Doctor assessed:		Rank:	EN		PN Gen	PN Spec
Non-Compliant:	<80% compliance		CSO		MO Gr1	MO Gr 2
Compliant:	80 - 100% Compliance		Specialist			

Equipment required:		
1 Real baby	2 KMC wrap/tie	3 Cap

Scenario

State: "You are caring for a 3 month old HIV negative baby admitted with severe acute malnutrition. The mother discontinued breast feeding as she didn't have enough milk. The management plan is to re-establish breast feeding. The mother is now producing breast milk. Assist her to breastfeed her baby."

N ^o	Indicator	NC	C	Comment
Communicates with mother				
1	Introduces herself			
2	Asks how mother is and if she has any concerns			
3	Explains that she will assist her with breast feeding			
Supports mother in breastfeeding baby				
4	Washes hands			
5	Ensures mother is comfortable and supported in any position mother chooses			
6	Assists/advises mother on how to position baby (baby's body & head straight - supported by mothers whole arm & facing mother with nose opposite nipple)			
7	Mother cups breast in her palm with thumb above the nipple			
8	Advises mother to touch her nipple to baby's lips to elicit rooting reflex (baby opens mouth and turns towards nipple)			
<i>Ask: "Please assess for/describe effective attachment (latching) and sucking"</i>				
Assesses attachment				
9	Baby's mouth is wide open and tongue is down			
10	Baby takes nipple and areola into the mouth – with more areola visible above the mouth than below			
11	Baby's bottom lip is curled out and chin touching breast with nose free			
12	Clear jaw movement with slow deep sucks & pauses to breath			
13	Mother is comfortable/pain free			
<i>Ask: "Please support mother in ending breast feeding session."</i>				
Supports mother and baby post breast feeding				
14	Breaks sucking seal by sliding finger into baby's mouth			
15	Winds baby in between and after feed particularly if baby is sleepy and tongue at top of the mouth with bluish tinge to lips			
16	Gives feedback to mother regarding the breast feed			
17	Secures baby in skin to skin position			
18	Washes hands			
<i>Ask: "How long and how often should baby breast feed"</i>				
19	Baby empties the breast before moving to the other breast.			
20	Baby should feed on demand. This may be as frequently as every half hour - no longer than 3 - 4hrs.			
Totals				
Compliant total /20				
Final Percentage X 100 =				%

In Discussion with the Individual:	
Gaps Identified:	
Action Plan:	

Assessed by:			
Sign:		Print:	
		Desig:	