Pietermaritzburg Department of Internal Medicine
Treating Adult Patients with Medical Conditions

CARDIAC UNIT
Criteria for admission to Cardiac Beds

Ward D1

1. FROM CCU:

Ideally all primary cardiac patients should be transferred from CCU to a cardiac ward.

NB. This excluded patients whose primary problem is not cardiac eg. DIC with septic shock; ARDS; post partum pulmonary problems etc.

2. FROM ANOTHER WARD:

(Appplies to other medical/surgical/gynae etc.)
Should be via cardiology registrar at his discretion.

3. FROM OUTPATIENTS/CASUALTY:

i) Patients with cardiac “emergency” e.g. ACS who cannot be accommodated in CCU for lack of beds.
ii) Patients with angina/unstable angina.
iii) Valvular heart disease with cardiac failure GR IV.
iv) Patients with arrhythmias for control.
v) Intractable heart failure due to e.g. CMO, who has needed > 1 admission/month for control.
vi) Patients ex. Cardiac Clinic.