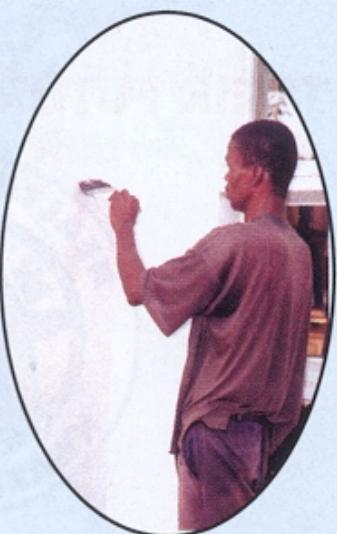


ABANTU ABAKHUBAZEKILE NGOKWENGQONDO
NANGOKOMZIMBA BANGAHOLELA EMPILWENI ENGCONO



Amathuba emisebenzi kwabakhubazeke ngengqondo

Uma kungafundiswa kuqeleshwe ngokugcwele nangokugculisayo kwabantu abakhubazeke ngengqondo nabakhubazeke ngokomzimba banganako ukuwathola amathuba emisebenzi kumikhakha efana nalena:

Ukupakisha impahla
Ukusebenza umsebenzi wezandla noma
owaluhlobo luni nodinga amandla
Owelondolo newashingi
Oweposi
Owokupenda
Owokubhala nokukopisha

Ubani osengcupheni yokuba nengane ekhubazeke ngengqondo noma ngokomzimba

Osekhlile wafinyelela eminyakeni engamashumi amathathu Oseke waphuphumelwa isisu kibili noma ngaphezulu futhi ngendlela engaqondakali Oseke wanomntwana amthola ekhubazeke ngokwengqondo ngaphambili noma wanezinkinga ahlangabezana nazo ngenkathi ebeletha Umlando wasemndenini ngezokukhubazeka komqondo

Okungakusiza uweme ukuthola abantwana abakhubazeke ngengqondo nasemzimbeni

Ukuma ekusebenziseni izivikela nzalo ezifana nemijovo namaphilisi izinyanga ezintathu zonke ngaphambi kokuba ukhulelw
Ukugomela izifo ukuvika zingahlaseli kabi umntwana Ukuxhumana nochwephesh beZempilo bakweluleke ngezindlela ezifanele nongazisebenzisa uma unezinsolo zokuthi ungase ubesengcupheni yokuphazamiseka emqondweni nasemzimbeni ugcine sewukhubazekile Cela udokotela akuhlole Hlukana notshwala, ukubhema, ukusebenzisaimithi engacacile noma izidakamizwazasemigwaqeni ngenkathi usakhulelw Ungayi kokwenza iX-Ray ngenkathi usakhulelw

A mat huba nezimfanelo nezinsizangqangi zokukuvikela ekukhulelweni

Uma ukukhulelwena kwakho noma komndeni wakho kusengcupheni enkulu, uvumelekile ukuba uye kohlolwa ngaphambi kokuba ubelethe

Uma loluhlaselo lokukhubazeka komqondo selunzima kakhulu futhi seluqonde nqo ekuhlaselani umntwana ozozalwa, unako ukuzikhethela ngokusemthethweni njengokukhipha isisu ngaphambi kokuba ubelethe

Eminye imijovo efana nowe German Measles uyithola ngesihle kumtholampilo wakho nosebenzela umphakathi

Ukuhlolwa umgogodla nomsipha emqaleni ngaphambi kokubeletha noma komntwana osanda kuzalwa nokuyinto eyenziwayo ezikhungweni eziningi zeZempilo

Ubani ongaya kuye nxashane udinga izeluleko

Uma unezinsolo zokuthi impilo yakho isengcupheni noma uma udinga iseluleko kulomkhakha okungaba ngaphambi kokuba ukhulelwena noma usukhulelwena, khululeka, xhumana nomtholampilo wesiGodi sangakini oseduzane nawe. Nakanjani bazokwenza konke okufanenele uthole ucwaningo nezeluleko ngesitho sakho sangasese esiwumngenela baphinde futhi bakuhlelele ukuba uthole ukuhlolwa okufanelekile uma kusenesidingo.

Uma kanti kakade usunaye umntwana okhubazekile ngokwengqondo kodwa osukudinga kakhulu usizo nezeluleko, xhumana nabomtholampilo oqondene nezifo zengqondo oseduzane nawe ukuze uthole ukusizakala.

**KHUMBULA IMPILO YABO
ISEZANDLENI ZAKHO**

