

MEET OUR M&E ASSISTANT NURSE MANAGER



Mrs.D.L.Naidoo– Assistant Nurse Manager- Monitoring & Evaluation

I started nursing at R.K.Khan Hospital in 1976 .Upon choosing this profession ,I pledged my services of dedication & commitment to my fellowmen . I also worked at Northdale Hospital in Pietermaritzburg for a period of 26 years. Thereafter I got married and I am a proud mother of two. I gradually moved up the nursing rank gaining much knowledge skills and expertise. Due to career path , I came to Montebello Hospital in 2006. I have lots of precious and happy memories of my last place of employment.

I was appointed as a Deputy Nurse Manager, and this was my first rural exposure but one never to regret. I settled in easily due to the support and warmth that I received from all whom I came in contact with.

In 2007 I was appointed as an Assistant Nurse Manager-Monitoring & Evaluation. My

duties include monitoring and evaluating services within the institution, as well as to oversee that improvement plans are implemented. My vision is Striving towards Excellence in Service delivery . It is a challenging but a fulfilling task. It requires a lot of innovation , recognition for achievement and reinforcing that change is good. Progress has been noted owing to the cooperation and team spirit of all stakeholders.

As we all know that, August was a hectic month for all of us in the public sector due to strike, I salute all those who persevered to offer their services during that time of crisis and of great risk . It indicates that as much as you supported the strike passively you still put PEOPLE FIRST. Thank you very much .

August is also a Women’s month and I’m proud to be one .I am what I am through the Grace of God . I do not allow negative situations to hold me down .I believe that I can rise up because my faith is anchored in Jesus Christ who strengthens me,
To all women out there, **“walk tall with grace and poise reach for the sky and nothing less.”**

For more information you can contact : Ms T.F. Ngubane (Public Relations Officer) on ext 7100 or you can email me:thandeka.ngubane@kznhealth.gov.za.

Your suggestions/comments/inputs/stories are more than welcome.

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CHILD SURVIVAL EVENT

Nothing is more important than a bond between mother and child. To witness this, Edu Show (an NGO working together with the Department of Health) organized a community event to talk about



Audiences listening attentively

mothers and babies, which was held at Deda Hall, Bhamshela area on the 27th July 2010. Montebello health care workers were part of this event.

The main purpose of the event was to educate mothers about the importance of taking care of children as early as from pregnancy stage. They also emphasized that they need to make early bookings at maternity so as to identify problems that may occur at an early stage.

Sr. Mqadi also emphasized that pregnant mothers need to get tested for HIV in order to prevent the transmission of HIV from mother to baby. She also stated that mothers should take their medication regularly. They also encouraged pregnant women to inform their parents and partners about their HIV status as to get full support from them.

Women were also advised about the importance of family planning in order to avoid giving birth now and again.

Sr. Mahlaba spoke about the importance of breast feeding after the baby is born. Women were taught how to breastfeed as breast milk creates that special bond between the baby and the mother also the baby get all the nutrition needed by the baby. It was emphasized and encouraged that mothers should take their children for immunization as early as from birth so as to prevent diseases.

Amongst all of the above, other topics that were covered on the day were, health promotion in schools and hand wash steps.



Learners from Deda Primary School



Sr. Mqadi giving health education

KWANYUSWA WOMEN'S DAY PRAYER

Rain and cold weather did not stop the women's day prayer which was held at KwaNyuswa Clinic on the 11th August 2010.

This spiritual and motivational ceremony was organized by the chronic and clinic committee. The main aim of this prayer was to revive all the women around KwaNyuswa. Women were given tips on how to carry themselves in the community and in their households.

Mrs. Khanyile a clinic committee member emphasized that women should respect themselves and must set a good example in the eyes of the public. She further stated that a good woman is the one who builds her home with her own hands. She also encouraged all the women to be strong, more especially in hard times.

Clinic choir blessed the audience with an inspirational music.

Sr. Sokhela thanked all present and she also encouraged women to act all times.



Target Audience– Women around KwaNyuswa Area



KwaNyuswa Clinic Choir



Sr. Mthethwa giving a word of God

Motivational Words.

"You gain strength, courage and confidence by every experience in which you really stop to look fear in the face. You are able to say to yourself, "I lived through this horror. I can take the next thing that comes along." You must do the thing you think you cannot do." *Eleanor Roosevelt, activist [You Learn by Living](#).*

WOMEN'S DAY CELEBRATION



Women listening attentively

women were not given enough opportunities but now there are big opportunities for them. "Women need to work hard" he said.

Dr. Mancini, another speaker from Montebello hospital; who spoke about different kinds of cancer and encouraged women to test for Pap-Smear especially those who are sexually active. The forms of cancer that he emphasized on were the breast cancer and the cervical cancer and urged women to do regular check-ups on them.

Mrs. Mthembu our motivational speaker from the Department of Education left everyone speechless because of her encouraging words. "A woman is like a rib, because she can take control of everything. " A woman is a protector, a boss and a healer", she emphasized. She encouraged women to be faithful to God and be patient, she also said that we should not blame God about the obstacles and challenges we come across in the journey of life but ask for strength to overcome them.

Speakers from the Love Life team emphasized that women's day shouldn't be celebrated only in August but should be celebrated everyday because women are the very important people on planet earth without them we wouldn't be alive today.



Mrs. Mthembu together with the Love Life Team

On the 12th August 2010, Montebello hospital hosted a women's day celebration at 12H00 at nurse's home Hall and it was a great success. The response from the staff members was a positive one as well as visitors from different institutions that we invited. The colour of the day was **Pink** and we had a pink ribbon to show that we are in support of the people affected and infected with cancer.

We had representatives from the department of education and the Love Life team; we also had speakers from within the hospital. Our CEO Mr. S. G. G Khawula, while he was welcoming all present, he also stated that he was happy that we as the employees are celebrating the women's day event with all other South Africans. He also said that women are coming from struggle and are still struggling; he further stated that



Zulu dance by General Orderlies

SPRING DAY

On the 09th September 2010 Montebello Hospital hosted an event where all staff members gathered together in celebrating/welcoming the spring season. The idea behind the event was to raise funds for the heritage day event.



Montebello Class of 2010

This day was celebrated in style, as the dress-code for the day was school uniform, and who ever was not wearing a uniform was contributing a certain amount. It was indeed a fun-filled day due to the activities that were planned for the day. There were certificates issued to the winners of the best dressed scholars, all the females who were wearing school uniforms were modeling on stage, that's how they were chosen.

This event brought back the team spirit amongst all staff members.

ABET LITERACY DAY CELEBRATION

Abet Literacy Day is an event which is organised by the Office of the Premier, and is celebrated every year in honouring all those dedicated government employees, who never had a chance to go to school on their early child-hood stage. This year's celebration was held in KZN Provincial Public Service Training in Durban, on the 16th of September 2010. Montebello Hospital was part of this event as we also have Abet Learners.

Some of the learners gave testimonies, they stated that they started as general workers and now they are working in the office environment

Mr. Dumisani Xaba who is the Manager: DPISA HRD Management and Development, advised the learners and told them that they must make sure that they learn everything that is being taught to them, so as to gain knowledge. He further encouraged them to be patient as government is willing to support them. Learners were also encouraged to use their skills(gardening, sewing, beadwork etc.) while learning.

Abet educators who are teaching Abet level four (4) will be trained on a higher level, Absa Bank will offer financial assistance to the learners as they've already started assisting them.



Montebello Hospital ABET Learners together with their educators,HR Manager:Mr.Selepe and HRD Practitioner Mrs. Miya

ORAL MONTH

As from the 17th-24th of September 2010, Montebello Hospital conducted an oral awareness week. We felt so honoured to be visited by Mercy Ships which is an international charity that provides health care to developing countries. Community, school kids and staff came in numbers to do some oral tests. Dentists from the ship emphasized the most important oral hygiene instructions, amongst those are:

- **Brush your teeth at least twice a day or after every meal, with a fluoride toothpaste.**
- **Floss your teeth at least once a day.**
- **Watch your diet. Avoid sugar and limit snacks between meals.**

It was indeed a very informative week as people showed so much interest.

We would like to pass our heartfelt thanks to the dentists from Mercy Ships.



One of the boys from a Montebello Primary School

UMKHANKASO WOKUSOKWA KWABESILISA

Njengokomyalelo weSilo Samabandla Inkosi uGoodwill Zwelithini, usalokhu uqhubekile njalo umkhankaso wokusokwa kwabesilisa esifundazweni saKwaZulu Natali.

Kuzokhumbuleka ukuthi ngenyanga kaNtulikazi kuke kwaba nekhempu yezinsuku ezimbili esifundeni se-Lembe, eyabe ibanjelwe eVukile High School kwaMaphumulo.

Lomkhankaso uphinde wenzeka futhi mhla zingamashumi amabili nantathu(23) ku Mandulo 2010, lapho kwakusokwa khona abesilisa abaneminyaka esukela kweyishumi nane(14) kuya phezulu eMontebello esibhedlela. Ngalolusuku babesebenzisa uhlelo lokusokwa olwaziwa ngokuthi iTara-Klamp.

Abesilisa babefike ngobuningi babo, bekhombisa ukuthi abafuni ukusala ngaphandle, bafuna ukubalwa nabanye asebenzamadoda oqobo.

Umfundisi wethu ubaba u N.V Ngema wayekhona ukuzobaluleka ngokomoya. Ukusokwa kwabo ngalolosuku kwaba yimpumelelo, ngoba noma sebebuya ngomhlaka 29 kuye uMandulo ukuzokhipha iTara-Klamp kwahamba kahle kakhulu.



IQEMBU LABESILISA EMVA KOKUSOKWA

Sithanda ukubonga kakhulu bonke abazali ngokuvumela abantwana ukuba bazosokwa nabobonke abathe babamba iqhaza ekwenzeni lolusuku lube yimpumelelo, phakathi kwabo kwakukhona ababesuka eSundumbuli CHC, esibhedlela sase-Mphumulo kanye nethimba lalapha esibhedlela eMontebello.

EYECARE AWARENESS DAY



One of our staff trying on some spectacles

Eyesight is regarded as the most important thing in one's life. Day-by-day we use our eyes and some of us use computers for longer hours, and we do not know what effects does the computer cause. On the 30th of September 2010, this institution was visited by an Eye Clinic which is run by Dr R. Mahomed, in Durban.

The following services were offered to our staff members :

- Free eye screening
- Full eye test
- Choosing frames and lenses
- Special rates and discounts.

CULTURAL DAY CELEBRATION

Heritage day is celebrated on the 23rd September 2010 every year. This is where South Africans collaborate in celebrating their heritage.

Montebello Hospital hosted a cultural day celebration, where staff members joint forces in celebrating culture day and eat cultural food. Our cultural day celebration was a successful one; all the departments in the hospital attended the event.

We had a lot of entertainment from staff members; we even had a cultural dancing competition for females and males. There were about ten (10) women who competed and there had to be one winner from the ten, and on the males side only one male entered the competition who won by default.



Montebello Hospital Staff looking beautiful on the day



Siboniso, Sfiso & Mdumiseni on their stunning outfits

EDITOR'S CORNER



Ms. Thandeka Ngubane– Public Relations Officer

Being appointed as a new employee is not an easy thing, you always ask yourself questions, you always have thoughts about the kind of people you will meet in your new workplace.

Let me share a secret with you, the first day I came here at Montebello, I had no fear at all, I discovered that Montebello Hospital staff has a sense of Ubuntu. They all welcomed me in a pleasing and a friendly manner.

I would like to thank all of them, more especially hospital management for giving me an opportunity to be part of this family.

I want to assure you that I am prepared to give excellent service delivery in terms of satisfying the needs of the community that we serve. I believe that if we can all practise the Ba-

tho Pele Principles, this hospital won't have unhappy clients at all.

So let's all work together so as to improve the lives of our clients, as we all know that we are here because of them.

APPOINTMENTS,PROMOTIONS& TRANSFER INS

These are the appointments, promotions and transfers from 01 of July 2010– 30 September 2010.

| SURNAME | INITIALS | TYPE OF MOVEMENT | RANK |
|--------------|----------|------------------|--------------------------------------|
| 1. CELE | C.T | PROMOTION | PHARMACY ASSISTANT |
| 2. BHENGU | B.G | PROMOTION | PHARMACY ASSISTANT |
| 3. NGUBANE | T.F. | NEW APPOINTMENT | PUBLIC RELATIONS OFFICER |
| 4. CHAMANE | P.D. | PROMOTION | PHARMACY ASSISTANT |
| 5. MASUKU | Z.G. | PROMOTION | PHARMACY ASSISTANT |
| 6. ZONDI | H.R. | PROMOTION | NURSING ASSISTANT |
| 7. NGCOBO | B.Q | PROMOTION | PROFESSIONAL NURSE-GENERAL |
| 8. KHUMALO | S.D. | PROMOTION | PROFESSIONAL NURSE-GENERAL |
| 9. PENEV | P.G | TRANSFER-IN | MEDICAL OFFICER |
| 10. CINDI | S.E. | NEW APPOINTMENT | MEDICAL OFFICER |
| 11. NZIMANDE | Z.F. | TRANSFER– IN | COMMUNITY SERVICE PROFESSIONAL NURSE |
| 12. ZONDI | A.M. | TRANSFER-IN | COMMUNITY SERVICE PROFESSIONAL NURSE |

BON VOYAGE



This was an exciting moment. It was Dr. Zimu' s (Medical Manager) farewell party. He is gone to Belgium (4 months study leave)



This was Mrs. Thusi's last day at Montebello. She just joined Tongaat CHC



Mrs. Dube, Ms Cindi & Mrs. Miya. Miss Cindi got greener pastures.



Ms. Dlomo handing over a present to Sr. Gaya on his last day



Mrs. Mkhize receiving a gift from Ms Dlomo



Mrs. Sikhakhane and Mrs. Mkhize with their colleagues and families.