



Date:		Unit:	
Nurse/Doctor assessed:			
Non-Compliant:	<80% Compliance		
Compliant:	80-100% Compliance		

Equipment required:		
1. Live baby	2. Trolley & general purpose pack	3. Sterile gloves
4. 5/6Fg umbilical/Foley's catheter	5. Closed drainage system	6. KY jelly
7. Saline Ampoules	8. Chlorhexidine 0.5% in 70% isopropyl alcohol	9. Oral sucrose

Scenario

Select a baby requiring an indwelling urinary catheter and give the history & patient demographics to the health care worker.

NO.	INDICATOR	NC	C	Comment
Prepares mother:				
1.	Communicates with mother and obtains informed consent			
Prepares baby:				
2.	Performs hand hygiene			
3.	Identifies baby-checks ID band information			
4.	Provides pain relief (sucrose, swaddled and dummy)			
5.	Ensures baby is correctly positioned-legs flexed & hips abducted			
6.	Performs hand hygiene			
Prepares trolley and equipment:				
7.	Cleans trolley and covers with sterile drape			
8.	Opens pack and adds sterile items without contaminating it			
9.	Ensures good light source available			
Prepares for aseptic technique				
10.	Performs sterile procedure hand wash			
11.	Dons sterile gloves			
Catheterises urinary meatus				
12.	Applies sterile fenestrated drape over legs and abdomen			
13.	Using non dominant hand separates the labia to expose urethral meatus or holds penis vertically. Retract foreskin if possible. (Does not use this hand as sterile, for rest of procedure)			
14.	Cleanses urethral meatus/penis using Chlorhexidine 0.5% in 70% isopropyl alcohol/ saline (based on unit protocol).			
15.	Cleans from top to bottom using 3 different swabs held in forceps. In girls each labia minora cleansed first then the meatus. In boys a circular motion from meatus down shaft.			
16.	Allows to dry for 2 minutes			
17.	Lubricates catheter tip			
18.	Locates the meatus and using light gentle pressure, advances catheter until urine flows			
19.	If catheter enters vagina: leaves catheter in place and inserts another sterile catheter anterior to the first			
20.	If continued resistance or bleeding occurs, stops procedure. If nurse inserting - hands over to doctor to continue procedure.			
Secures catheter and records procedure				
21.	Cleans skin (including under foreskin) with saline			
22.	Secures catheter to abdomen (male) or leg (female) using hydrocolloid base and transparent dressing			
23.	Attaches catheter to closed drainage system			
24.	Removes sterile drape removed			
25.	Secures drainage bag below the bladder and prevents kinking			
26.	Doffs gloves			
27.	Repositions baby			
28.	Performs hand hygiene			
29.	Records procedure in clinical notes			

Knowledge check		NC	C	Comment
<i>State: "Please tell me at least 2 indications for urinary catheter placement?"</i>				
30.	<ul style="list-style-type: none"> To accurately measure the urine output For investigations To relieve retention of urine To drain the bladder prior to, during, or after surgery 			
<i>State: "What are at least 3 possible complications?"</i>				
31.	Bleeding/ Infection / false tract/urethral injury due to trauma from incorrect balloon inflation, strictures, paraphimosis			
<i>State: "Please list at least 3 interventions to limit the risk of infection from having an indwelling catheter."</i>				
32.	<ul style="list-style-type: none"> Use of a closed drainage system, Bag always below the level of the bladder, Catheter secured to abdomen/leg, Drainage system kept away from IV lines, No kinks in the drainage system. 			
Totals				
Compliant total /32				
Final Percentage X100 =				%

In Discussion with the Individual:	
Gaps Identified:	
Action Plan:	

Assessed by:			
Sign:		Print:	
		Desig:	