

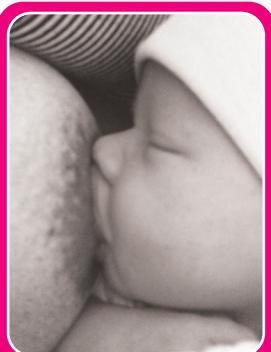
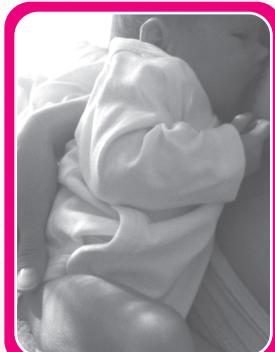


Ibhange Lobisi Lwebele

Yini ibhange lobisi lwebele?

Ibhange lobisi lwebele indawo eqoqa, ihlole bese inikezela ngobisi. Lolubisi lwebele iutholwa, abantwana abasheshe ababelethwe kungakafiki isikhathi, nabagulayo kanye nomama ababhekene nezimo ezithize ezenza ukuthi bangakwazi ukunikeza ubisi lwebele olwanele kubantwana babo. Lolubisi lusuke lunikelwe amavolontiya omama abancelisa ubisi lwebele noma bengahlobene nalabo abamukela lolubisi.

Omama abafisa ukunikela ngobisi lwebele baqale balandele uhlelo lokuba bahlolwe. Loluhlelo luba nemibuzo kanye nokubheka isimo sempilo salowo ozonikela ngobisi lwebele. Lonke ubisi olunikeliwe luyahlolwa, lubiliswe lukhishwe wonke amagiwane bese ligcina liyiqhwa. Ngemuva kwalokho lusuke selilungele ukuba lisetshenziswe uma seludingeka.



Ubani organikela ngobisi lwebele?

Bonke abesifazane abaphile kahle abancelisa ubisi lwebele banganikela. Nakhu okunye okubhekwayo:

- Umama ongabhemi
- Umama ongasebenzisi izidakamizwa nophuzzo oludakayo.
- Abaphile ngokwanele nabazinakekelayo.
- Abangenakinga ukuhlolelwizifiso, kubalwa nokuhlolela igciwane lesandulela nculazi, isfoesithathelanayo socansi isyphillis, TB kanye hepatitis B.



Ubani okumele athole ubisi lwebele olunikeliwe?

Ubisi lwebele olufudenyeziwe kwabulawa onke amagiwane lunikezwa abantwana abangenabo abazobanakekela. Lapho kubalwa nababelethwe kungakafiki isikhathi, abanesisindo esincane kakhulu kanye nezintandane.



Libaluleke ngani ibhange lobisi lwebele?

Ubisi lwebele lugayeka kalula esiswini somntwana omncane. Lunika izakhamzimba ezivikela umntwana ezifweni kanye nakumagiwane. Ubisi lwebele lunikeza yonke imisoco edingwa imizimba yabantwana ukuze bakhule kahle ezinyangeni eziyisithupha zokuqala empilweni.

Amabhangane obisi lwebele ayindlela ephophile ukunikeza ubisi lwebele olunempilo kubantwana abaludinga kakhulu. Inhlango yomhlaba yezempilo (WHO) icele wonke amazwe ukuthi athuthukise ngokuphophile ukusetshenziswa kobisi olunikeliwe amabhangane obisi lwebele kubantwana abaludingayo.



Indlela yokusebenza kwebhange lobisi lwebele

- Ubisi luyafudunyeza ngokwesilinganiso esifanele ukubulala wonke amagiwane kodwalugcine izakhamzimba ezifanele zitholakale.
- Okulandela ukufudunyeza kobisi ukuliphola ngendlela evikelekile ngaphambi kokuba luphiwe umtwana.
- Kunendlela esetshenziswayo ukubilisa ubisi ukuze lungabi namagiwane.
- Amasampula obisi olunikeliwe aba nophawu olunezinamba zabantu abanikelile, kube neminingwane yosuku okunikelwe ngalo kanye nosuku olubiliswe ngalo ubisi.
- Ubisi oselubiliswe lwakhishwa amagiwane lungagcinwa endaweni enezing eliphansi lokubanda okuyishumi nesishiyagalombile (-18°C), izinyanga eziyisithupha. Kubantwana ababelethwengaphambikwesikhathiolwabo lungagcinwaizinyangaezintathu. Ubisioluncibilikisiwe oluzosetshenziswa lona lungagcinwa amahora angamashumi amabili nane esiqandisini.

