Annexure 1

(REGULATION 3 )
[As amended by G.N.R.2245 dd. 7 August 1992]

MINIMUM CONTENTS OF A FIRST AID BOX

In the case of shops and offices, the quantities stated under items 1, 8, 9 10, 14, 15, 17 and 18 may be reduced by half.

Item 1: Wound cleaner/antiseptic (100 ml).
Item 2: swabs for cleaning wounds.
Item 3: wool for padding (100 g).
Item 4: sterile gauze (minimum quantity 10).
Item 5: 1 pair forceps (for splinters).
Item 6: 1 pair scissors (minimum size 100 mm);
Item 7: 1 set safety pins.
Item 8: 4 triangular bandages.
Item 9: 4 roller bandages (75 mm x 5 m).
Item 10: 4 roller bandages (100 mm x 5 m).
Item 11: 1 roll elastic adhesive (25 mm x 3 m).
Item 12: 1 Non-allergic adhesive strip (25mm x 3m).
Item 13: 1 packet adhesive dressing strips (minimum quantity, 10 assorted sizes).
Item 14: 4 First aid dressings (75 mm x 100 mm).
Item 15: 4 First aid dressings (150 mm x 200 mm).
Item 16: 2 straight splints.
Item 17: 2 Pairs large and 2 Prs medium disposable latex gloves.
Item 18: 2 CPR mouth pieces or similar devices.
PRACTICE
GOOD
HOUSEKEEPING
A PLACE FOR EVERYTHING AND EVERYTHING IN PLACE