



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

BILHARZIA

What is Bilharzia?

Bilharzia is a disease caused by parasitic worms that are found in some rivers and dams in South Africa

How does one get Bilharzia?

Through inadequate hygiene and contact with infected water by:

- Swimming
- Bathing
- Washing clothes
- Water sport
- Fishing

How does one know that you have Bilharzia?

- Blood in urine
- Tiredness
- Abdominal pain
- Bloody diarrhoea
- Painful urination

How to prevent and control Bilharzia?

- Large –scale treatment of at risk populations with Praziquantel
- Access to safe water
- Improved sanitation
- Hygiene education
- Snail control

How to stop Bilharzia?

- Use a toilet
- Teach others about Bilharzia
- Go to the nearest clinic for treatment