

# How well can you see?

Do you struggle to read the blackboard

Do you struggle to read unless you push the book far away in order to focus

Are you struggling to sew

Do you see a clear picture or a blurry one

Do you suffer from headaches

Do you have double vision



If you, your children or anyone in your community is experiencing these problems, they may be caused by **REFRACTIVE ERROR**

**REFRACTIVE ERROR** is common. Children can be born with it and it affects most people, who are over 40. The good news is that it can be corrected by wearing glasses or contact lenses, or sometimes with surgery.

**REFRACTIVE ERROR** can affect anyone in your community.

**Have your eyes tested regularly.  
Visit your nearest clinic or doctor.**

**FOR MORE INFO CONTACT:** Tel: 033 846 7000 / 7518



**KWAZULU-NATAL PROVINCE**  
HEALTH  
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KwaZulu-Natal Department of Health



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