

WORLD HEPATITIS DAY:
28 JULY

THINK YOU'RE **NOT AT RISK OF HEPATITIS?**

THINK AGAIN.

Hepatitis virus types A, B, C, D and E cause infection and inflammation of the liver that can lead to severe disease and death.

HEPATITIS B, C & D

Spread by blood, semen and other body fluids

5 WAYS TO PROTECT YOURSELF



Talk to your healthcare provider about the hepatitis B vaccine



NEVER share needles, razors or toothbrushes



If you are pregnant, talk to your doctor about how to prevent transmission to your baby



Use only sterilized tattoo and piercing instruments

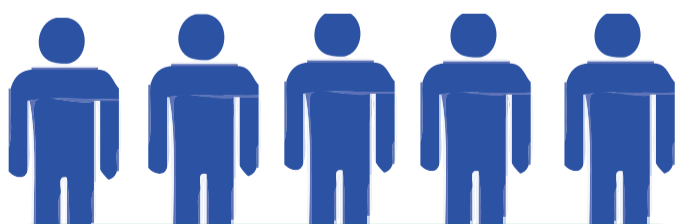


Use condoms correctly and consistently

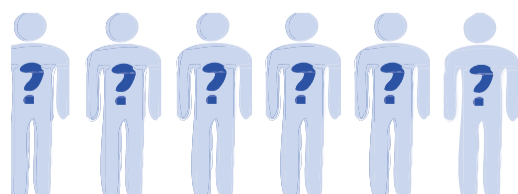


Where possible, choose oral medications instead of injections

GET TESTED!



More than 1 MILLION PEOPLE DIE each year from disease caused by **hepatitis B & C**



YOU ARE AT RISK IF:



You've ever had medical or dental treatment with unsterile instruments



You've received a blood transfusion in a country that does not test for hepatitis



Your mother was infected with hepatitis when you were born



You have ever injected drugs



You are living with HIV

Most of those infected don't know they have it, **INCREASING THE RISK** of developing severe liver disease and transmitting the virus to others.



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA



KwaZulu-Natal Department of Health



KZN Department of Health



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