

## **RH INDABA**

GROWING KZN TOGETHER



### **CEO'S NOTE**



Greetings to all Richmond hospital employees, contracted companies and all stakeholders, it is that time of the year where we are reflecting and we see all the good work done in the past Financial year 2021-2022 and indeed we have achieved a lot. The facility had many successes in infrastructure and administration, the level of care is applauded and appreciated by healthcare users.

Richmond Hospital being the COVID-19 site of UMgungundlovu health district brought lot of anxiety to our staff and contracted employees, but the zeal and enthusiasm displayed by employees was overwhelming and we salute you for that. Our facilities clinical team has been deployed to other facilities to freshen-up their skills as we are preparing for the next planned services that will be rendered, and also to be fully utilised as the COVID-19 numbers have dropped and we have not admitted any patients in the last 2 months. Lastly we are proud to announce that the 2021-2022 financial year budget which was allocated for Richmond hospital is well accounted for.

I always love to close with this statement "my door is open for anyone who wishes to have access to the Office of the CEO and I expect all managers to do the same"

# **Richmond Quality day**

On the 09th of December 2021, Richmond hospital hosted its first quality and long service day. The Theme of 2021 was "sustainability: improving our product, people and planet" and that is what Richmond hospital does. The day was filled with joy and happiness as employees felt important and acknowledged. The CEO appreciated the work done by the employees saying "despites the challenges that we are facing at the facility (i.e. infrastructure, network and unwelcoming working environment as the facility undergoes major contraction)" we continue to soldier on and continue to be productive across all fields of expertise. The Hospital management team also applauded the Quality Assurance manager Mrs. TP Nzama and the SHERQ team for organising such a wonderful event. Employees were encouraged to continue doing an excellent job so that at the next Quality day we will be able to host individual employee awards of excellence.



From right Mrs Nzama QA, Mrs Ranjoomia Systems manage and staff from grounds cleaning and maintenance staff receiving their awards.

## **QUALITY DAY PICS**



#### **Healthy Life-style Awareness**

Employee Healthy lifestyle is a very important topic or area of focus for any organisation as it has a vital impact on employee productivity. Hence Richmond Hospital hosted their annual healthy life-style awareness to promote healthy living, on the 18 February 2022 at Richmond sports complex. The day was full of joy as the event was done in an edutainment style: various wellness talks and different aerobic styles were included. There were over 50 staff members who participated on this day.



Photos of staff during aerobics



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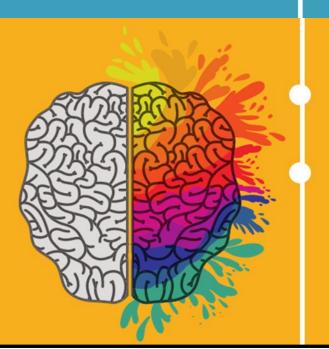
### **AUTISM AWARENESS**

Richmond hospital hosted Autism awareness day on the 20th of April 2022, the purpose of this event was to educated our employees on Autism holistically. The event was attended by all categories of staff, even Medical officers and that showed how important was this talk. The facilitator of the day was Mrs. R Shezi from Autism SA, the NGO that is doing awareness and advocacy for people with Autism in South Africa. This life changing awareness was much appreciated by our staff, almost 95% of attendees said this was new info to them. The control office boardroom was packed and we wish to thank all those who made this awareness a success

### MORE SPECIFICALLY, WHAT IS AUTISM?

We generally start to see the signs of autism from around 18 months to 2 years of age.

Autistic children and adults might socialise, play, communicate, think, and relate to others differently to the way neurotypical (people who are not autistic) people do.



#### **NEURODEVELOPMENTAL**

Autism is a complex group of neurodevelopmental disabilities. It is considered a spectrum as each person has different strengths, abilities and requires different types and levels of support.

Neurodevelopmental means that the brain, and nervous systems are affected. In autism, this can be in both positive and negative features.

Autistic people experience the world differently.

What we know about ASD

If a person has a developmental disorder such as ASD, it's very unlikely that anything you or anyone else, or any specific event, caused the condition. ASD is a complex and not very well understood condition. Researchers are working on finding answers, but the questions themselves are still not very clear. As a result, the research is fragmented, and many theories about ASD are still in the testing stage. Researchers are rapidly gathering data. Debates are ongoing in the medical community about the causes of ASD and how to treat it.





### ACKNOWLEDGEMENTS

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