

"SIZOPHUMELELA" RICHMOND HOSPITAL NEWSLETTER



INSIDE THIS ISSUE

Page 1	From the Acting C.E.O's Desk
Page 2	Introduction of the P.R.O.
Page 3	Isexwayiso nge- Sifo Sofuba– i-TB
Page 4	Abstinence Walk at Richmond
Page 5	"Meet our Team"
Page 6	Introducing the newly appointed Medical Manger
Page 7	From the F.I.O's Corner
Page 8	Vision and Mission Statement
Page 9	General

FROM THE ACTING CHIEF EXECUTIVE OFFICER'S DESK MS. NOMAKHOSAZANA JOJO

The previous year as been very challenging to all of us at Richmond Hospital as we are facing the challenge of the post structure particularly the support structure. We are operating with the minimum structure where by we end up having one employer being responsible for many tasks.

On behalf of Richmond Hospital management, I would like to thank all the employees who have displayed astonishing dedication in their duties irrespective of the shortage and tight budget. This to me proves that we are really committed to render the service that our clients and public deserve.



Ms. N. Jojo Nursing Manager & Acting C.E.O

We welcome all the new officials that recently joined us this year; particularly the Medical Manager Dr. Linda Chiposi, Public Relations Officer Ms. Sloh Hadebe and the Facility Information Officer Mr. Sudeshan Pillay.

Our hospital was accredited to roll out ARV's and I would like to thank all of those involved because it was your commitment that lead us to where we are in terms of the success of the ARV roll out.

To the Edendale Hospital C.E.O Ms. H. Findlay, I thank you for the continuous support we are getting from you and your staff in terms of HR, Finance and Supply Chain Management. It is not easy for us to operate and meet deadlines without the appropriate structure, but with the hope that one day we will have our own; we will be able to **Better Our Best!**

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Success isn't a result
Of spontaneous combustion. You must set yourself
on fire:- Arnold H. Glasow



INTRODUCTION OF THE PUBLIC RELATIONS OFFICER

Before I introduce myself, I would like to state that it is with greatest pleasure to announce the first publication of "Sizophumelela" and I hope that the staff, patients and the community will use this publication as a tool to express their views, share their ideas as well as transmit developing messages and information.

My name is Silondiwe "Sloh" Hadebe and I joined Richmond Hospital as a Public Relations Officer on the 1st of April 2008. I must really indicate that Richmond Hospital is highly surrounded by nature with its large extra ordinary trees and its well nurtured beautiful flowers but what really shocked me is the cold weather; it is extra freezing especially in the morning and that has actually taught me to put on some warm clothes in order to survive throughout this winter. I am grateful for the warm welcome that I received from the senior management and staff and I hope that we will continue to have an effective working relationship.



IIIIOO: OEOTI TIIABEBE

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I'm looking forward to the challenges of working in this institution most specifically because I am the first Public Relations Officer and I also happen to be the first Public Relations Officer of my previous institution; Sundumbili CHC. Probably staff have been wondering themselves with excitement about my role in this institution but definitely you have noticed quite a few changes within the previous three months of my existence. I must indicate that the tremendous experience that I attained from the Head Office Corporate Communications and Sundumbili CHC will enable me to take Richmond Hospital into higher heights.

I have learnt that Richmond Hospital was a privately owned organization and the Department recently taking over of the hospital as a government health institution in 2006. This institution is in its developing stage and I am impressed with the staff's dedication in their duties. Batho Pele and Patient's Rights Charters are placed in all the departments and wards. Judging from the positive attitudes of the Richmond Hospital team, I strongly believe that we are all in a mission to create and maintain the "Batho Pele Team Spirit" along the way.

"One important key to success is self confidence. An important key to self- confidence is preparation"- Arthur Ashe

PARTIAL ROLE OF THE PUBLIC RELA-TIONS OFFICER

- To promote and enhance the positive image of the hospital
- To promote good relations with the media
- To manage and handle patients or clients complaints
- To coordinate and manage hospital events, functions and campaigns
- To manage visits and delegations from Health Department and outside agencies
- To maintain the hospital website and implement proper dissemination of information to all relevant stakeholders
- To produce internal publications i.e.quartely newsletters, information brochures e.t.c
- To facilitate patient/ client satisfaction surveys
- To monitor the implementation of Batho Pele Principles, Service Commitment Charter, Complaints Mechanism, Vision and Mission Posters and access to care by all members of staff.







I– TB INGAQEDWA FUTHI IVIKELWE



INGABE WENA NOMA OMAZIYO NINEZIMPAWU EZILANDELAYO NA? UMA KUNJALO, KUNGABA I-TB

- Ukukhwehlela okwedlula amaviki amabili nangaphezulu
- Ukujuluka kakhulu lapho ulele
- Ukungathandi ukudla
- Ukuzizwa ukhathele futhi ucobekile
- Ukukhwehlela igazi
- Ihlaba esifubeni
- Ukwehla komzimba

I- TB IYINI?

I TB yisifo esibulalayo ngokuvamile sihlasela amaphaphu. I– TB iyisifo esingavinjelwa. Izinkomba zakulesi sifundazwe zibonisa ukuthi baningi abantu besilisa abanesifo sofuba.

NGUBANI OSENGOZINI?

Noma ngubani angangenwa yi-TB. I-TB isemoyeni futhi ayidluliswa ngokuya ocansini.

OKUMELE UKWENZE:

- Iya ekliniki eseduze nawe uhlolwe mahala. ukuhlolwa i-TB ngamahala
- Ukuhlolwa I– TB kumahala ukuthi ukhwehlelele ebhodleleni, akukona ukuhlolwa kwegazi
- Uma utholakala une

 TB, uzolashwa mahala
- Imithi ye- TB ithatha izinyanga eziyisithupha (6 months)
- Qeda imithi (treatment) njengoba uyalelwe ukuze ulapheke
- Uma ungayigedanga imithi kungenzeka ube ne MDR TB/ XDR TB

NGINGAKUVIKELA KANJANI UKUSABALALA KWE- TB? NGINGAKUVIMBELA NGOKU:

- Ukuvala umlomo wami njalo ngendwangu noma I– Tissue uma ngikhwehlela.
- Ukuvala amakhala ami njalo uma ngithimula.
- Ukungathimiseli phansi, kodwa ngisebenzise i- tissue ebese ngilahla endlini yangasese.
- Ngiziiwayeze ukuyula amafasitela asekhaya lami nialo.
- Uma ngitholakala ukuthi sengingenwe isifo se TB, ngiqale amaphilisi ami ngokushesha.
- Ngithembeke ekuthatheni amaphilisi e –TB isikhathi esingengaphansi kwezinyanga eziyisithupha nagendlela engiyalelwe ngayo emtholampilo.
- Ngigqugquzele nabantu engihlala nabo ekhaya ukuthi nabo bathole ukuhlolelwa i– TB mahhala.





ABSTINENCE WALK AT RICHMOND

here is no question that South Africa has a severe HIV epidemic and It is estimated that there are 40 million people living with HIV globally, of which 4,3-6, 6 million are living in South Africa. The KwaZulu Natal Province is one of the provinces with the large number of HIV and AIDS cases and the real challenge is that this pandemic is mostly destroying young people. Factors driving the epidemic in South Africa include: stigma and discrimination, gender and violence against women and children and poverty.

Dealing with HIV requires a partnership between all South Africans and to succeed that, we need a caring society. In this context, Pastor Vusi Dube plays a diverse role through his initiative of promoting abstinence and HIV & AIDS prevention to the youth in all areas of the KZN province. The abstinence walk event is hosted annually with the with the aim of visiting all the KZ N youth to preach the word of Abstinence. It is also based on creating mass mobilization, promoting healthy lifestyles and eradicate HIV and AIDS infection.

On 12 June 2008, Pastor Vusi Dube and his team hosted an Abstinence Walk event at the Richmond Community. This event served as a basis of celebrating youth month and it was highly supported by Richmond Municipality, KZN Health Department and other government departments. The Walk started at the Richmond Municipality and it ended at Ndaleni Sports Grounds. It was lead by Pastor Vusi Dube, Centre of Hope youth members, Rev. Phungula of Richmond as well as other prominent government officials. School children and the Richmond community also participated in this walk spreading the word of abstinence.

The main event for this walk took place at Ndaleni Sports Grounds. Pastor Vusi Dube and other honorable guest speakers educated and motivated Richmond youth to abstain from sex, focus on their academics and their individual career goals. This prestigious event was also attended by Richmond Mayor Mr. Ngcongo and he encouraged the youth of Richmond to commit themselves to abstinence in order to build a healthy nation and develop themselves as effective future leaders. "Celebrate Youth Month and take consideration on the 1976 Soweto uprisings as the youth of 1976 fought for you in order to be free today, therefore celebrate your existence in this world and grab opportunities with both hands". remarked Mr. Ngcongo.

This event was a huge success as it was attended by more than 10 000 young people from all Richmond areas and judging by their participation in the whole programme proved that they did get the message of saying "no to sex" and concentrate on their studies.



Rev. Phungula (in the front middle) opened the event with prayer



Mr. Ngcongo- Richmond Mayor delivering words of welcome



School children from Richmond surrounding schools fully participating in the Abstinence Walk



Pastor Dube educating the youth on the importance of abstinence



Pastor Vusi Dube, Members of the Centre of Hope and other prominent community leaders leading the walk



Mr. Ngcongo- Richmond Mayor and members of Centre of Hope lighting the light of hope and youth commitment to abstinence



The youth of Richmond showed up in large numbers to this event



VOLUME 1, ISSUE 1

"MEET THE RICHMOND HOSPITAL SENIOR MANAGEMENT & EXTENDED MANAGEMENT TEAM"



Ms. N. Jojo Nursing Manager & Acting C.E.O



Dr. L. Chiposi Medical Manager



Ms. S. Hadebe Public Relations Officer



Ms. L. Mphikwa ARV Programme Coordinator



Mrs. M. Van Der Beyl Infection Control Nurse



Mrs. N. Ntolosi Occupational Health Nurse



Ms. T. Naidoo Head of Pharmacy



Ms. N. Rampersad Assistant Social Work Manager



Mr. S. Pillay Facility Information Officer



Ms. V. V. Mbele Chief Professional Nurse



Mr. D. M. Ngcobo Administrative Officer



Ms. W. Mokarib Laundry Supervisor



Ms. N. Mseleku Chief Professional Nurse



Mr. L. Ndleleni Chief Professional Nurse



Mr. T. Nzimande Kitchen Manager



Mr. Z. Qwabe Head of Microscopy

"Don't live down to expectations.
Go out there and do something remarkable": Wendy Wasserstein



INTRODUCING THE NEW MEDICAL MANAGER DR. LINDA CHIPOSI

In the first of its kind, Richmond hospital has been very fortunate to have a Medical Manager Dr. Linda Chiposi who joined the hospital on 06 May 2008. In order to get to know this striking "persona" better, I managed to have an interview with her and she was willing to squeeze me in her demanding schedule.

Dr. Linda Chiposi was born and raised in Harare Zimbabwe. She attended her secondary education at St John's high school and completed at the Dominican Girls Convent in Harare. In 1983 she studied at the University Of Zimbabwe Medical School for a Medical Degree (MBChB) and Completed in 1987. Thereafter she did her internship from 1988 to 1989 and rotated in four departments for 6 months; Departments of Medicine, Surgery, Pediatrics& Obstetrics and Gynecology. Dr. Chiposi then worked as a



Dr. Linda Chiposi Medical Manager

Government Medical Officer at a district hospital in Zimbabwe from January 1990 to December 1991. From December 1991 to April 1994 she moved to Botswana in order to be with her family where she worked as a Sessional Doctor at De Beers. In mid 1994 to 2001 she worked in a General Practice Group and as a part-time Medical Officer in emergency rooms and visited different municipality clinics.

From 2001 to 2008 she was in a private practice at the Well Women Clinic in Harare as a Medical Officer. She is currently studying for a Masters in Leadership and Management with the Africa Leadership and Management Academy (ALMA). She also intends to study for a Diploma in HIV Management. Dr. Chiposi joined Richmond hospital with the purpose of wanting to contribute in the management of HIV & TB and make an impact to Richmond since HIV & AIDS and TB are one of the major challenges in Southern Africa.

Dr. L. Chiposi did a lot of research about Richmond before she came so her expectations according to her research were met in terms of being able to work in a hospital that manages TB and HIV& AIDS. She felt warmly received by management and staff. Since working at a TB specializing hospital, Dr. Chiposi has developed close relationships with patients and some of the issues she discovered are that patients are living in poverty and they require financial support. When asked about her thoughts on the ever ending HIV & AIDS epidemic; Dr. Chiposi indicated that we are involved in a battle of fighting the HIV & AIDS burden and at the same time we are winning and loosing (due to the opportunistic infections related to HIV & AIDS) but ultimately we will win. Dr. Chiposi is currently enjoying being part of the Richmond hospital team and she believes that Clinicians and Managers success lies in working together as a team towards fulfilling common goals and having a shared division and drive. She has two sons; the elder one is 24 years old and he is completing his Degree on the Bachelor of Business Systems at Monash University, Johannesburg. The youngest son is 16 years old and he is doing grade 10 at Durban High School.

Dr. Chiposi is highly attracted to the Philippians Chapter 4 verse 13 in the holy bible which says that " *I can do all things through Christ who strengthens me*". This verse basically drives and inspires to her everyday life and it makes her believe that everything she does is possible and successful through God's power.

E-mail: linda.chiposi@kznhealth.gov.za







FROM THE FACILITY INFORMATION OFFICER'S CORNER MR. SUDESHAN PILLAY

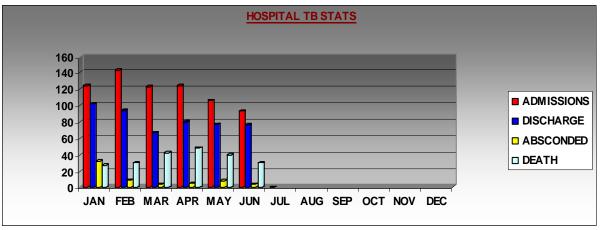
Richmond Hospital has been very privileged on the appointment of its first Facility Information Officer Mr. Sudeshan Pillay who joined the hospital on the 1st of April 2008. This dynamic individual believes that Information Technology plays a very diverse role in terms of the collection of data in various institutions and the fact remains that our health facilities will not be able to effectively operate as well as improve services to the public without information.

Following are the hospital statistics for the first quarter:

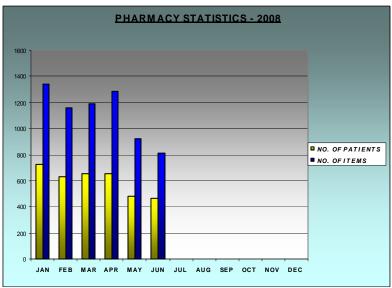
ELEMENT	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	ост	NOV	DEC
ADMISSIONS	124	143	123	124	106	93						
DISCHARGE	102	94	67	80	77	76						
ABSCONDED	32	9	4	5	8	4						

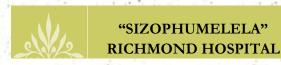


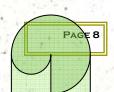
Mr. Sudeshan Pillay Facility Information Officer



PHARMACY STATISTICS						
	NO. OF PA- TIENTS	NO. OF ITEMS				
JAN	722	1341				
FEB	630	1161				
MAR	656	1193				
APR	654	1284				
MAY	483	923				
JUN	466	814				
TOTAL	3611	6716				









RICHMOND HOSPITAL VISION AND MISSION STATEMENT

VISION STATEMENT

Our vision is to strive for optimum TB and Health Management in the entire KZN Province.

MISSION STATEMENT

Our mission is to deliver high quality, fully integrated patient care within our TB Hospital.

To maintain relationships with all stakeholders and partners in the TB programme, ensure sustainable comprehensive, coordinated and integrated service delivery.

CORE VALUES

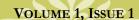
Commitment to performance
Trustworthy
Innovation
Integrity and Reconciliation
Transparency and Consultation
Teamwork
Respect
Holistic Approach

KZN Department of Health, Departement van Gesondheid Fighting Disease, Fighting Poverty, Giving Hope





"Nothing in life is so hard that you cant make it easier by the way you take it": Ellen Glasgow



AMAZWI OKUBONGA KUMQAMBI WEGAMA LALELIPHEPHANDABA "SIZOPHUMELELA"

Njengomshicileli waleliphephandaba ngithanda ukudlulisa amazwi okubonga kuNonhlanhla Zondi ongumabhalane womphathi wesibhedlela ngokusinika igama laleliphephandaba elithi "Sizophumelela". leligama aliqambile linohlonze futhi liyakha kanti lisho izinto eziningi ngesibhedlela sethu kanye nabasebenzi bethu ikakhulukazi ngoba I Richmond isasesigabeni sokukhula futhi iyandlondlobala njengoba isandakuthathwa uhulumeni enyakeni ka 2006 kuMandulo. Ngokusho kwakhe ke u Nonhlanhla ukubeke kwacaca ukuthi ziningi izinselelo lesisibhedlela esisabhekene nazo nesisazophumelela kuzo okuchaza ukuthi leligama elithi "Sizophumelela"

lisho ukuthi njengesibhedlela esibhekene nokwelapha isifo sofuba phecelezi I TB, sesiphumelele futhi sizazophumelela ekwenyuseni izinga lezempilo.



Nksz. Nonhlanhla Zondi

Ngokubambisana singabasebenzi bomnyango wezempilo esifundazweni sakwaZulu Natali sizophumelela ekungobeni isifo esihlabahlosile neselaphekayo I TB nasekusizeni umphakathi wethu ngokulandela imigomo yokusebenza ngokubeka "Abantu Phambili"- "Batho Pele" ngaphandle kokunanaza.

NGALOKHO KE SITHI UNWELE OLUDE KUWE NONHLANHLA; ZONDI, NONDABA UQHUBEKE NJALO NJE!!!!

FOR INPUTS, COMMENTS, SUGGESTIONS AND ENQUIRIES. KINDLY CONTACT THE PUBLIC RELATIONS OFFICER AT 033 212 2170 EXT 210

COMPILED BY MS. SLOH HADEBE (PRO)

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WE ARE ON THE WEB!!!

http://www.kznhealth.gov.za/ richmondhospital.htm