



Sisonke District appoints new acting CEO



Above: Mrs N.S Radebe (on the left) and Ms L.V Khumalo newly appointed Acting CEO

SISONKE Health District has appointed **Vamisile Khumalo** as acting chief executive officer of St. Apollinaris Hospital following the departure of Mrs Thekiso from the hospital.

Sisonke Health District Manager Mrs N.S Radebe said on Wednesday, 22 September 2009, Ms Khumalo's appointment would ensure the hospital had strong and effective leadership while the search was underway for a long term CEO.

Mrs Thekiso was seconded by the District to E.G and Usher Memorial Hospital following Mrs Mathe's untimely early retirement.

Mrs Mathe, ex-going Usher Memorial Hospital CEO will officially be retiring at the end of this year and has unfortunately been off-work due to ill health.

"St. Apollinaris Hospital will be in good hands under Ms Khumalo's leadership. The management team and hospital board looks forward to working with her as acting CEO," Mrs Radebe said.

Prior to joining the Sisonke District Health, Ms Khumalo has worked at Umzimkulu hospital as Administrator with vested knowledge and experience in financial management, human resources management, labour relations and supply chain management.

Originally from Hluhluwe, North of KwaZulu-Natal, Ms Khumalo has been working in Sisonke Health District as Office Manager.

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CHILD PROTECTION WEEK REVIEW

The weeks 7 - 18 September is Child Protection Week, a week in which those who work in the child protection field attempt once again to remind all South African citizens, government and civil society alike, that protecting children is “everyone’s business”.

What does child protection week achieve? Has the effort and resources put into this week long event paid off? Those of us who work in the field, especially in government drive the campaign with, in some instances the help of civil society.

The National Child Protection week is a campaign ran by government and lead by the National Department of Social Development with key partners, Child line and Unicef and it was held on the 25 - 31 May this year.

Government sector departments have different

roles to play. With Department of Health implementing various interventions to increase coverage of key child survival strategies. Looking closely at children’s health is one of the key strategies equally important with educating mothers and caregivers about the importance of their children’s health.

St. Apollinaris Hospital did a community outreach campaign to celebrate the week with two teams of health professionals consisting of professional nurses, staff nurses, community health workers and a dietician to cover the entire Ingwe sub district. The team administered vitamin A drops to children who were five years and below, deworming and doing growth monitoring to them.

Local crèches, community halls and satellite points were visited by the teams with an average of 513 children seen per day.



Above (from L-R): Joanne Phipson (Dietician), Philile Shezi (Professional Nurse) and Mrs Memela (Staff Nurse and Community Health Facilitator).

As part of health promotion, St. Apollinaris Hospital is taking part in the Health Promoting Hospital pilot project which is monitored by the Quality control, monitoring and evaluation unit at our head office in Pietermaritzburg. Health Promoting Hospitals (HPH) is a concept for hospital development that builds upon the health promotion concept of the WHO (World Health Organisation) Ottawa-Charter for Health Promotion where the reorientation of health care services is considered as one of five major action areas for an overall health promotion development.

In recent months, the hospital has achieved 98.2% in the assessments done by Quality Control, Monitoring and evaluation unit mid-year this year. The World Health Organisation (WHO) defines “health promoting interventions” as interventions that make a proven contribution to the development of health which is what the hospital is trying to achieve by educating communities to help themselves. A vegetable garden is part of the initiative to help people help themselves. The garden below is a demonstration to the communities and is maintained by Mr. Ngwadi who use the garden fresh produce to demonstrate meals which can be cooked from these vegetables.



In a picture: A vegetable demonstration garden with ready-to-be harvested cabbage used in our soup kitchen project aimed at helping people help themselves. Other vegetables that are grown in this garden are carrot, beetroot, sweet potatoes, lettuce, spinach, potatoes, onions and other similar products. This has benefited the communities and patients to establish their own small gardens at home and are served with soup whilst waiting for the services at the hospital.

Introducing new staff to compliment shortage at Ethembeni Clinic



Above: Dr A.M Dube who has just joined Ethembeni Clinic.



Above: Nosipho P. Benede - Senior Radiographer



Above: Mandla M. Khoza - Enrolled Nursing Assistant

Dr Allick Msebe Dube originally born in Zimbabwe moved at age 17 to the United States of America because of colonisation , apartheid and displacement.

His family originate east of Durban and in particular his grandparents. He has had most of his high school and tertiary education in the United States of America. He studied at Northern Michigan University, Temple University and Meharry Medical College graduating with Bachelor of Science (BSC) in pre-medicine, Master of Science (MSC) in infectious diseases in public health and Doctor of Philosophy (PHD) in infectious diseases in public health and to special-

ize in internal medicine in the respective institutions. He did part of his research at British West Indies Island. He has worked in Atlanta, Georgia as a President, CEO and Main Doctor at Complete Medical Clinic.

As part of forming his identity Dr Dube decided to go back to his roots to help in the fight against HIV/AIDS. He said that he was stricken by the news from 2004 where the HIV/AIDS figures in KwaZulu-Natal were said to be at 15% growing up to 37% in 2007/8. He draws his inspiration from President Barack Obama and like his famous speech he made in Kenya, "Africa is receiving enough money to help itself but because of corruption, it does not reach where it is supposed to reach". Dr Dube has spent 43 years in America and hope to do community service in his country of origin (South Africa) with the help and support of others who are willing to assist. He admits that he will not fight this alone but need support.



Kilmun Clinic project to extend the Clinic to accommodate a labour and Maternity ward is underway. The extension to include these wards would see the clinic operating 24 hours a day. This project is due to be completed shortly and would benefit the community surrounding the clinic greatly. In the pictures, above is the back part of the incomplete wards and below is the rear part of the project. Other Clinic projects have been suc-



Nutrition Week : 12 - 16 October 2009

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**Compiled and produced by
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Words of Wisdom



As we grow up, we learn that even the one person that wasn't supposed to ever let us down, probably will. You'll have your heart broken and you'll break others' hearts. You'll fight with your best friend or maybe even fall in love with them, and you'll cry because time is flying by. So take too many pictures, laugh too much, forgive freely, and love like you've never been hurt. Life comes with no guarantees, no time outs, no second chances. you just have to live life to the fullest, tell someone what they mean to you and tell someone off, speak out, dance in the pouring rain, hold someone's hand, comfort a friend, fall asleep watching the sun come up, stay up late, be a flirt, and smile until your face hurts. Don't be afraid to take chances or fall in love and most of all, live in the moment because every second you spend angry or upset is a second of happiness you can never get back.

- Unknown

The National Department of Health celebrates the Nutrition Week during the week of 1 - 8 October yearly. Activities are aimed at promoting Healthy Eating among communities. This years celebration will be in collaboration with Department of Education and will be promoting "Healthy Eating for Children" campaigns during the week of 12 - 16 October 2009. The target group will be learners in grade 3 - 6 (Primary school learners). This will be in line with the activities that will be carried out by the school Health Nurses. Activities will involve planting of fruit trees and vegetable seedlings, promotion of healthy eating - spin wheel, collection of empty food containers for the nutrition corner. Department of Education donated fruit trees and vegetable seedlings.