



HEALTH
KwaZulu-Natal

St. Apollinaris Hospital

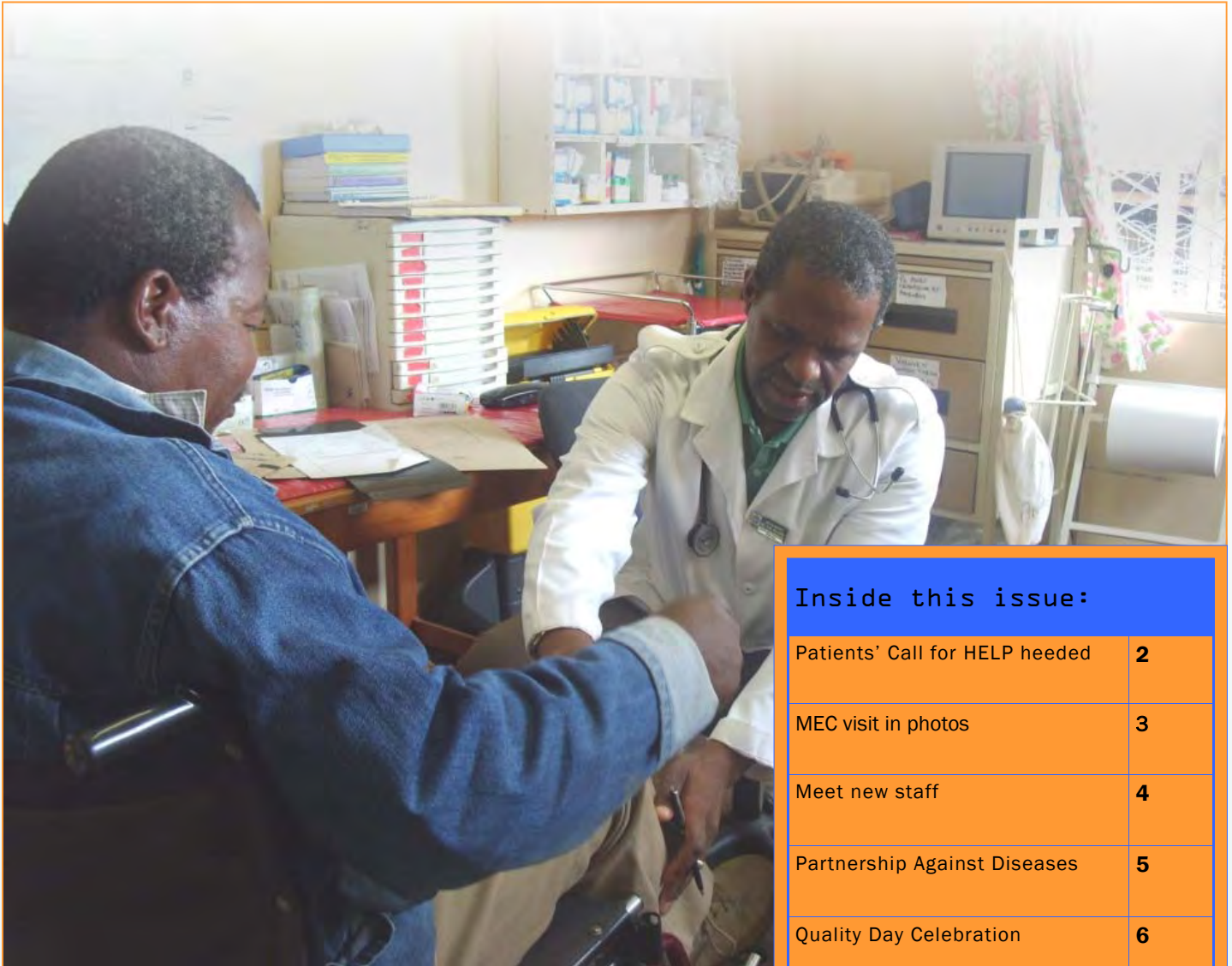
SINGABENU NEWSLETTER



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KZN MEC FOR HEALTH SEES PATIENTS



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Above: Dr Sibongiseni Dhlomo - KZN MEC for Health examining a patient at St. Apollinaris Hospital's Out-patient Department - full story on page 2...



MEC for Health, Dr. Sibongiseni Dhlomo and his delegation heeded a call by patients through the hospital board, to visit the hospital and witness the plight of patients for health services in the hospital. He arrived with his delegation on 19 March 2010 where he witnessed first hand concerns of staff, patients and community such as poor road infrastructure, accommodation, social services to name but a few.

Dressed in Bafana Bafana soccer team jersey, MEC Dhlomo did the hospital rounds to the critical areas where concerns arose such as the Outpatient Department, the Nurses Home, Maternity Ward and other areas of the hospital, noting the concerns. He gave immediate feedback where he could and some of the concerns will be attended at a later stage. Management and the Hospital Board presented to the MEC a report containing current staff establishment versus required establishment. A critical shortage is evident. In essence the entire hospital has three Doctors of which one is the Medical Manager, a Principal Medical Officer and a Community Service Doctor. This is in comparison to 21 Doctors that the hospital is meant to have. The shortage extends to Pharmacists and Professional Nurses. The MEC was stunned by this shortage and committed himself to visit the hospital during the Easter weekend to ease of the workload of the three medical officers currently in the employ of the hospital.

True to his word on April 2010 6 & 7, Dr Dhlomo worked at the Outpatient Department seeing patients as a Doctor. He saw a total of 17 patients on April 6 and admitted three. He and other six Doctors made a remarkable and memorable difference to patients who were accustomed to long waiting hours. The MEC help could have never come at the better time - during holidays when a large influx of patients is always expected due to accidents and natural disasters. A certificate of appreciation from the hospital management was awarded to the MEC on completion of day two of his voluntary work.



Standing L - R: Ms L.V Khumalo (acting CEO); Cllr. E.R.S Sikhakhane (Board Chairperson); Mr. Z. Zwibe (Local political leader) and Mrs N.S. Radebe (Sisonke Health District Manager).

Sitting L -R: Mrs C. Dlungwane (Hospital Board); Inkosi V. Zondi (Hospital Board); Dr. S Dhlomo (MEC for Health) and Mr Ngcobo (District Political Leader).



Above: MEC - Dr. Sibongiseni Dhlomo and the delegation of senior government officials greeting patients who were seated outside the OPD on 19 March 2010.



Left: Dr S. Dhlomo viewing a patient's X-ray during his two days of volunteering at the hospital.



Right: Dr. S. Tshabalala (CEO of Ngwelezane hospital) examining a patient during his ward rounds at the hospital.



Above: On the 7th of April 2010, Dr. S. Dhlomo - MEC for Health receiving a certificate of appreciation from Acting CEO Ms V. Khumalo with Dr Tshabalala is on the left and Dr Mjiyako on the right .



Above: Dr S. Tshabala from Ngwelezane Hospital posing with his certificate of appreciation from hospital Management for volunteering with the MEC on April 6 & 7, 2010.



Anna-Marie Bouwer
Dietician



Vumani Mlaba
Physio Therapist



Emma Gough
Occupational Therapist



Reenav Singh
Physio Therapist

We welcome all Community Service Officers and interns joining us from January 2010. We wish them all the best in their community service year and future endeavours.



Thobile Mthembu
Medical Officer



Bhekithemba Ngcobo
Professional Nurse



Sifiso Mosiea
Finance Intern



Kholiwe Hlongwa
Human Resources Intern



Khumbulani Mkize
Human Resources Intern



Bheka Dlamini
Site Mentor

We also welcome new staff members who transferred in - Bheka Dlamini from Pholela CHC and Fikile Shabalala from E.G & Usher Memorial Hospital.



Fikile Shabalala
Professional Nurse

Centocow Development Programme is a Non-Governmental Organisation based in Centocow located in the rural Creighton area of KwaZulu-Natal. The NGO is amongst many which assist the hospital in curbing the spread of HIV and AIDS in the area.

The NGO has since managed to recruit staff for the ARV (Anti retro virus) Clinic - Ethembeni, installed extractor fans in congested areas in the hospital, sheltered patient waiting areas, installed air-conditioners, installed waiting area blinds to name but a few.

Some of the newly recruited staff members employed by the organisation are pictured here. Others employed by the organisation include a Dr. A. Dube, two Professional Nurses, three Enrolled Nurses, three Data Capturers and eight Community Outreach Monitors.

Dr K Wimble (in the photo above) co-ordinates the functioning of the organisation and serves as a link between the hospital and the NGO. He has since co-ordinated the recruitment of staff process and other developments in the ARV clinic. Keith has served as a Director in many NGOs in the sub district and has expertise in the running of non governmental organisations.

The hospital management would like to welcome the new staff members recruited by the NGO. "You are one of us at St. Apollinaris Hospital and we would like to tell you that you must be at home and not just feel at home" said Ms Vamsile Khumalo - Acting CEO to NGO employed staff. Khumalo expressed gratitude to the NGO in sustaining development in the hospital. She said that their endeavours would not go unnoticed.

For more developments made in the hospital by the NGO - Centocow Development Programme please turn to page seven.



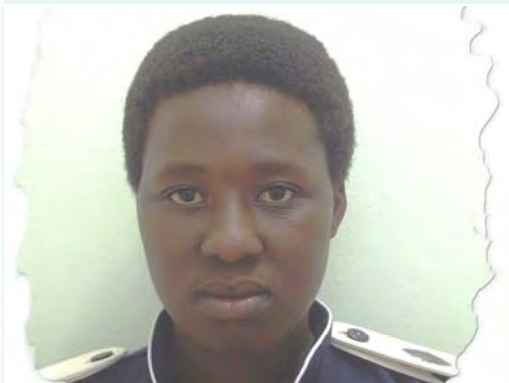
Dr Keith Wimble
Co-ordinator



Sindisiwe Dlamini
Staff Nurse



Thobile Gambu
Staff Nurse



Vuyisile Dlamini
Staff Nurse



On the 24th March 2010, St. Apollinaris hospital hosted a Quality Day event. The event was hosted a week after Batho Pele workshops which aimed to:-

- Orientate officials to the Batho Pele Change Management Engagement Programme.
- Deepen the understanding of Batho Pele as a service delivery policy.
- Change the culture or behaviour and attitudes of the hospital staff.
- Overcome resistance to change.
- Embrace the Batho Pele Belief Set & Principles and
- Motivate officials to go beyond the call of duty

On the day, Departments and Wards were issued with certificates of recognition for the noticeable work done by the teams to improve the lives of people in the area. One deserving employee was voted by staff as the best employee for the financial year 2009/10 and walked away with a certificate and a trophy. Sibusiso Simelane - Assistant Manager: Radiography was the deserving employee and his awards were collected by his colleague Nosipho Benede in his absentia.



Above: Ms Vamsile Khumalo and Nosipho Benede receiving an “employee of the month” award on behalf of Sibusiso Simelane.

Far right: Mr Dlamini celebrating for receiving the certificate of recognition for his team.

Opposite: Ms Vamsile Khumalo - Acting CEO addressing staff at a Quality Day event and Mr S.S Thwala - Human Resources Manager.



The Hospital Board of St. Apollinaris Hospital said it is impressed and proud of the improvements at the St. Apollinaris Hospital. They toured the hospital on Friday, 19 March 2010 with the MEC for Health - Dr. Sibongiseni Dhlomo and other local leaders.

The improvements include the successful placement of a park home by the National Health Laboratory Services (NHLS). The laboratory unit will now move from the Out-patient department where it is now located into the newly acquired park home. This will benefit the hospital in terms of space that would be available after the Laboratory vacate the OPD. Part of the space will be used as a Casualty department - which the hospital did not have previously . Other necessary services will be concerned as well.

“The noticeable changes bring hope to the communities” said Inkosi Zondi - one of the board members who toured the hospital with the MEC delegation. He said that management should be commended for initiating and facilitating the improvements for the betterment of the lives of our communities. The acquired park home has a reception and a data capturing area, a main laboratory, microbiology department, TB room, staff rest rooms, store room, an office, a bathroom and a toilet .

The Laboratory unit will vacate the OPD once the installation of water and lights in the newly acquired pre-fab has been completed.



Above: the seven room park home that will be occupied by the Laboratory Unit later this month.

The Centocow Department Programme (CDP) has volunteered to help the hospital by installing patient waiting area with blinds. The blinds will protect our patients from the strong winds, extreme sunlight, wet weather and other unfavourable conditions. The CDP has assisted the hospital in various hospital projects included but not limited to the ones depicted below.

They have also installed extractor fans in highly congested areas like the OPD, TB and ARV clinics as part of the TB infection control programme of the hospital. More projects are underway.



Above: Mr Nxumalo controlling the Waiting area blinds that have been installed at the waiting areas within the hospital.



Adjacent: Extractor fans installed in the congested areas such as the OPD, TB and ARV Clinics within the hospital premises. The fans help to exchange the air in areas used by high volumes of patients where insufficient ventilation is a health hazard.

In August 2009 the medical journal, Lancet, published a review of the health challenges of South Africa. The article described four different pandemics:

- HIV and AIDS and TB - South Africa with 0.7% of the world's population has 17% of the HIV burden. One in every 100 South Africans has TB,
- Maternal, infant and under 5 mortality,
- Violence and injury,
- Non-communicable diseases - High blood pressure, heart disease, diabetes mellitus and cancer.

President Zuma announced a new approach to the HIV and AIDS pandemic breaking with the denial attitude which existed previously. On World AIDS Day 2009 he released a massive prevention and HIV testing promotion strategy and new treating protocols.

The Cabinet unveiled the HIV Counselling and Testing (HCT) on 11 March 2010. This groundbreaking campaign is a call to all South Africans to play their part in the fight against HIV. The official national launch of the campaign will take place in Gauteng on 15 April 2010 with provincial launches occurring on 19 April 2010. The slogan **"I am responsible, We are responsible AND South Africa is taking responsibility"**. **The campaign is targeting all people over the age of 12 and the objective is to test 15 million people for HIV by June 2011. Each hospital CEO is required to establish a 'nerve centre' in every facility to manage the campaign.**

St. Apollinaris Hospital has established that centre and have already began to reach out to the communities. The human resources of the Department of Health are being strengthened by the NGO sector pledging a number of lay counsellors with the possibility of retired medical personnel responding to a special appeal by the National Minister of Health, Dr Aaron Motaledi to return to work for this campaign. The activities of the campaign will include:

- **Mass mobilization through a call to test as a responsible act,**
- **Detection and management of sexually transmitted infections,**
- **Widespread condom distribution,**
- **TB screening,**
- **Access to male circumcision - a decision endorsed by King Goodwill,**
- **Blood pressure and hypertension screening,**
- **Diabetes screening,**
- **Anaemia screening and**
- **Prevention of mother-to-child transmission of HIV.**

The success of this campaign is dependent upon the dedicated commitment of every South African. Each of us is responsible for our own health and quality of life. Let us support St. Apollinaris Hospital and surrounding clinics reach their targets for HIV tests and all the associated activities of the HCT campaign.

April 2010 events Calendar

St. Apollinaris Hospital

Centocow Mission
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CREIGHTON
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Fax: 039 - 833 1062
thobani.ngcobo@kznhealth.gov.za
www.kznhealth.gov.za/stapollinarishospital.htm

Your views and contributions are welcome!

Fighting Disease, Fighting Poverty, Giving Hope

Silwa Nezifo, Silwa Nobubha, Sinika Ithemba

The Department of Health will conduct a national immunization campaign as part of the WHO initiative to eradicate polio and eliminate measles. Deworming and Vitamin A drops will be included

FIRST ROUND


12 - 23 April 2010 as marked in the calendar below.

Polio Vaccine

Will be given to children under 5 years

Measles vaccine

Will be given to children from 9 month to under 15 years

 <div style="text-align: center; border: 1px solid black; padding: 5px; margin: 5px auto; width: fit-content;">April 2010 dates to note</div>						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

April is Health Awareness Month

IMPORTANT:

Immunisations given during the national campaign do not replace the routine immunizations. Each time you take your child to a Clinic or a doctor, take the road to health card with you to ensure that all the immunizations are up to date.

CONSENT FORMS:

Parents and caregivers are urged to sign a consent forms for their children to receive their immunization at their respective schools/crèches/early learning centres.