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# SINGABENU-For The People NEWSLETTER



**ON page 3  
read about  
kilmun's  
HIV/AIDS  
Day held**



**ON PAGE 3 READ ABOUT  
WOMEN'S SOCCER AT  
SAH**



**ON PAGE 2 READ ABOUT  
HIV / AIDS & TEENAGE  
PREGNANCY  
AWARENESS DAY HELD**

**Issue No. : 03  
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# Welcome

( Pictures are telling the whole story pictures)

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*Hospital*  
*Management*  
**LayOut &**  
**Design**  
*B.B. Dlamini*

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All newly appointed staff members are warmly welcomed . Thank you very much for joining us, and for taking the decision of serving the rural people that really need you.

### HIV / AIDS & TEENAGE PREGNANCY AWARENESS DAY HELD AT ST. APOLLINARIS HOSPITAL

Due to problems that are faced by the youth nowadays, Gate Way PHC Staff at St. Apollinaris decided to participate in the elimination of teenage pregnancy & also in HIV / AIDS awareness campaign by holding this event, which was on 19<sup>th</sup> June 2003. Their target group was teenagers, so all the high & secondary schools around Centocow were invited to come and take part in this awareness campaign.

The campaign itself aimed at making teenagers aware of the dangers of falling pregnant at an early stage and also making them aware of HIV / AIDS as a devastating disease which we are all faced with. HIV / AIDS & Teenage Pregnancy were combined together because they both caused by sexual intercourse.

The Medical Manager, Dr. Bull, Sr. Sabisa – PHC Sister In-Charge, VCT, PMTCT, HIV /AIDS Counselors, they all delivered different informative speeches that young people had to learn from them and were given lots of advises. Community Health Workers played a very good and informative drama.

Leshman’s High School pupils displayed their various talents at the event.



**Leshman High School's Gospel Choir Performing on the event**



**Masibathande Sibanakekele! People were surprised & impressed to hear Hlengiwe Poswa a pupil from Khukhulela Primary School – saying a poem regarding HIV/AIDS on the event**



**PHC Staff singing a song with a message regarding signs & symptoms of a person with HIV**



**Community Health Workers doing drama presentation**



## HIV / AIDS AWARENESS EVENT HELD AT KILMUN CLINIC

The event was held on 24<sup>th</sup> March 2003. It was organized by Sisonke District Municipality as part of its programs.

24<sup>th</sup> March is regarded as the World TB Day, but Sisonke District decided to hold the HIV / AIDS Awareness event because HIV / AIDS has something common with TB. We all know that though there is this devastating disease but opportunistic diseases like TB are there to take opportunities to cause deaths while the immune system is weak. Too many people are suffering from TB, which is associated with HIV / AIDS.

It was successful because lot of people attended that ceremony i.e. different local school children, teachers, community people plus key figures, so the attendance was really excellent. District / Aerial Mayors, Amakhosi people from department of health delivered educative, encouraging, motivational speeches. People were advised to love & pray for those who are infected with the HIV virus, already sick with this disease. The lighting of the candle was also done to commemorate those who passed away because of this disease, to pray for those who are living with AIDS.

Amongst people that attended the event there were ( PAWs) People Living with AIDS. We appreciate the courage that these young people have to break the silence when disclosing their HIV status. Kilmun youth were lucky to get advises from people that are talking from experience. They advised youth to do these following:

- A – to Abstain
- B – to Be faithfull to their partners but only if a person failed to abstain
- C- to practice safer sex which is to Condomise besides doing A, B or C there will be no nation.

The District Mayor (Mr. Khoza) encouraged to plant vegetables. He even told them that they will be supported by the district if they form groups of gardening and look for assistance.



**Sr. Dlamini introducing the PAW's at the event**

## St. Apollinaris Hospital Women's Soccer Team Versus Bulwer Women's Soccer Team

Soccer match between these two teams was held at Makholweni village's sports ground on May 01 – Workers' Day.

Aim of this match was to encourage the youth to involve themselves in sports activities rather than in sexual activities.

All nearest school pupils were invited. Amongst the players, there were educators from schools around Centocow.

What was noticed, is that community members especially parents were very much interested in what was going on. Among supporters, there were Mayors, Amakhosi's and Izinduna from around the area. Since this was on Workers Day, all the workers from around the area spent the holiday on that match. So it was successful.

Second match was at Bulwer – Mandlezizwe High School's sports ground.

It was on 31<sup>st</sup> May 2003. This was in conjunction with Children Protection Week.

Children of under 14 years of age taken to the sports ground using transport which was provided by Local Mucipality who also donated with food, and players also donated some money to fund the event.

The aim was to promote abstinence as also teenagers were involved. They also played vs other teams from around Bulwer.

Players would like to extend their sincere thanks to St. Apollinaris Hospital Management and staff at the hospital for their support. If it was not for your support they would not have been achieved what they have already, so please go on with your spirit of togetherness, because we want to see this team growing & doing wonders since it is making a good image of the hospital.



**Women's Soccer Team at SAH**

## YOUR VOICE IS HEARD & POINTS TAKEN

Examples of compliments, complaints & suggestions received from suggestion box & discussed by top management members in their meetings which are held every Tuesday.

### Compliment: To Ward 7 – Nurses

Dear hospital staff, how are you? I'm fine.

Nurse, I write to you, just to thank you for courtesy that you are giving Nonhle. I wish that you do the same also to other people & that God always gives you strength to be tolerant & bless you, I need million mouths to thank you.

Nurse, I forgot the blue card – clinic appointments card at ward 7, could you please give it to Nonhle when she is discharged – put it in her bag please. Could you please take her to Underberg's public transport when she is discharged so that it will be easier for her to come back.

Thank you – Nonhle's Mother

**Management's Response:** We appreciate such letters to boost the morale of our staff members. These comments have been forwarded to the Sectional Head – Nurse Manager to convey to the concerned staff.

### COMPLAINTS: TO OPD DOCTORS CONSULTATION

1. On 28<sup>th</sup> April 2003, Mr. Brighten Xaba from Nomgidi C.P. School, Box 104, Donnybrook, 3237 complained saying that :

Community is disappointed to find that such a big hospital has only got one Doctor. I've never seen such a thing. Where are Doctors? Patients are dying on benches at the waiting area though arrived at 08:00 till 19:00 there is no help. There was only one Doctor working & was assisted by one nurse, we saw their help & appreciate it a lot, there was nothing that they could do.

REQUEST : We request that more doctors be added, what will you say if a person dies on benches.

**Management's Response:** We are experiencing shortage of Doctors. The problem is getting Doctors to interested to come to St. Apollinaris and retained them. Part of the problem is agravated by poor roads, poor accommodation, poor communicating system. Lack of schools, lack of recreation facilities but this problem is beyond our control.

2. We are not attended to, we sit here until late. Instead of attending to us people are just going up & down & talking which means that we will wait on benches until death.

**Management's Response:** Staff members will be asked to reassure clients while still waiting in queues.

## ANSWERS ON QUIZ No. 1

1. LETTER – N
2. YOU GET WET
3. THE CHILDREN WERE TOO BRIGHT FOR HIM
4. MONDAY

# SUGGESTIONS ARE INVITED

PLEASE SUGGEST THAT HOW CAN WE IMPROVE OUR SERVICE.

Please put your suggestions in the suggestion box behind the door at the hospital's main entrance. Your opinion is valued.

## That man is mad

Three men, Everybody, Mad & Nobody were having a drink at the local pub when disagreement arose and soon got out of hand. In the process, Nobody stabbed Everybody to death. Not knowing what to do, Mad decides to report the incident to the police.

Mad reporting "I am hereby reporting an incident where Nobody has just killed Everybody" ending his conversation by saying stammered Mad to the police officer.

"Hang on..." said the officer taken back by the claim, "are you mad?"

"Yes, sir!", Mad replied.



### LALANI NGENXEBA

Abaphathi besibhedlela kanye nabasebenzi bathanda ukududuza abomndeni nezihlobo zika dadewethu

**uNksz. Ntombikayise**

**Goodness Nzimande**

osishiye ngomhlaka 05 July

2003 obengumhlengikazi.

Sengathi inkosi inganisiza

nithole amazwi azoniduduza

ezwini layo ngalesisikhathi

sobuhlungu bokwehlukaniswa.

**Umshumayeli 3 uthi**

**konke kunesikhathi sako,**

**kukhona isikhathi**

**sokujabula, kube**

**nesikhathi sokukhala,**

**lalani ngenxeba mndeni**

**wakwa Nzimande**

**akwehlanga lungehli.**

**Makalale ngoxolo**

**Aphumule umphumulela**

**wafuthi**



**ENJOY READING MAY/JUNE ISSUE**

**TILL NEXT ISSUE**