



HEALTH
KwaZulu-Natal

St. Apollinaris Hospital

SINGABENU NEWSLETTER



Volume 2, Issue 7

January - March 2009

HOPE RESTORED AS KHANYA AFRICA ROLL OUT TO COMMUNITIES...



In pictures: Patients queuing for Health Services during Khanya Africa event at Mvuleni Primary School near Underberg.



Khanya Africa Sisonke District, a non-profit organisation made up of volunteering health professionals from around the Sisonke District, visited KwaShoba location in Kilmun to roll-out health services on Saturday, 21 February 2009.

Over 1100 patients were seen at Mvuleni Primary School in KwaShoba Location. With over ten home visits made to patients who were bed ridden and could not make it to the school to seek help. The team of health professionals comprising of different categories of Doctors, Nurses, Therapists, VCT counsellors, Office workers, Emergency Service personnel, Social Workers and other health care professionals estimated at 120, devoted their

services to help better the lives of people of KwaShoba location in Kilmun.

This came as a result of a situation analysis made by the Khanya Africa Sisonke District co-ordinating committee which responded to the call the made by these secluded Communities. The District team is set to rotate to cover the entire District bringing to the people health services eagerly waited for.

The February event came shortly before the official launch of Provincial Khanya Africa held on Saturday, 28 February 2009. This brings excitement to destitute communities in the rural KwaZulu Natal as Khanya Africa grows to cover all areas in the province.

Inside this issue:

Meet New Community Service Officers	2
New Senior Medical Staff Joining..	3
Health Promoting team reaches out to local school	3
CHIVA Project at St. Apollinaris Hospital.	4
Complaints mechanism report 2008/9	5
The Easter Story - from the bible	5
Notices and Announcements	6

MEET NEW COMMUNITY SERVICE OFFICERS

Therapists



Angie Steyn

Occupational Thera-



Dhereshe Naidoo

Physiotherapist



Sam Sunduzwayo

Physiotherapist



Joanne Phipson

Dietician

Professional Nurses



Sr. B. Nzimande

Professional Nurse



Sr. P.K. Kunene

Professional Nurse



Sr. Thandeka Khathi

Professional Nurse



Dr K. Moodley

Medical Officer

Medical Officers



Dr U.E. Bhusa

Medical Officer



Dr J.J. Vos

Medical Officer



Dr N. Hariparsad

Medical Officer



Dr D.P Waddington

Medical Officer



Dr E. Singh

Medical Officer



Dr B Van den Berg

Medical Officer



Dr S. Basanth

Dentist

New Senior Medical Staff joining...

Volume 2, Issue 7

A number of Senior Medical and Para-Medical staff has joined our hospital since January 2009. This has brought a positive change in the structures to function even better.

The Therapy Department has in the past years been ran by Community Service Therapists with little or no sustainability. Philile Ngubo, in a picture below have been appointed to run the Department and he bring with himself experience from other hospitals.

Dr Reichel and Dr Msimang are new

senior personnel in the Medical Department. They are also seen as useful tools to nurture their department. Msimang will be stationed full-time at Ethembeni ARV Clinic whilst Reichel will be rotating wards in the hospital.

These could never have come in a better time where the hospital had desperately needed Clinicians and we hope to have them for a longer period than they actually wish to stay. We would like to welcome all new.



Dr A.C. Reichel
Principal Medical
Officer



Mr Philile Ngubo
Senior Physiotherapist



Dr N. Msimang
Senior Medical Officer

Health Promoting team reaches out local schools

The beginning of school calendar marks the start of School Health Services which includes health promotion. A team comprising of a professional nurse, social worker, HIV/AIDS Consultant and oral hygienist rotates to all local schools to deliver on health related topics. They also encourage pupil to participate in health promoting activities. Teachers also learn as they are encouraged to allow recreational time and to participate as well

On Tuesday, 2 March 2009, the team visited Sonyongwane High school and delivered awareness

on children's right charter and responsibilities. March marks an important day on human right thus the topic on children's rights.

Schools have since this year hosted athletics and soccer in support of health promotion.



Above: HIV/AIDS Consultant with a health talk at a local school.



Above: Schools participating in health activities.



CHIVA PROJECT AT ST. APOLLINARIS HOSPITAL



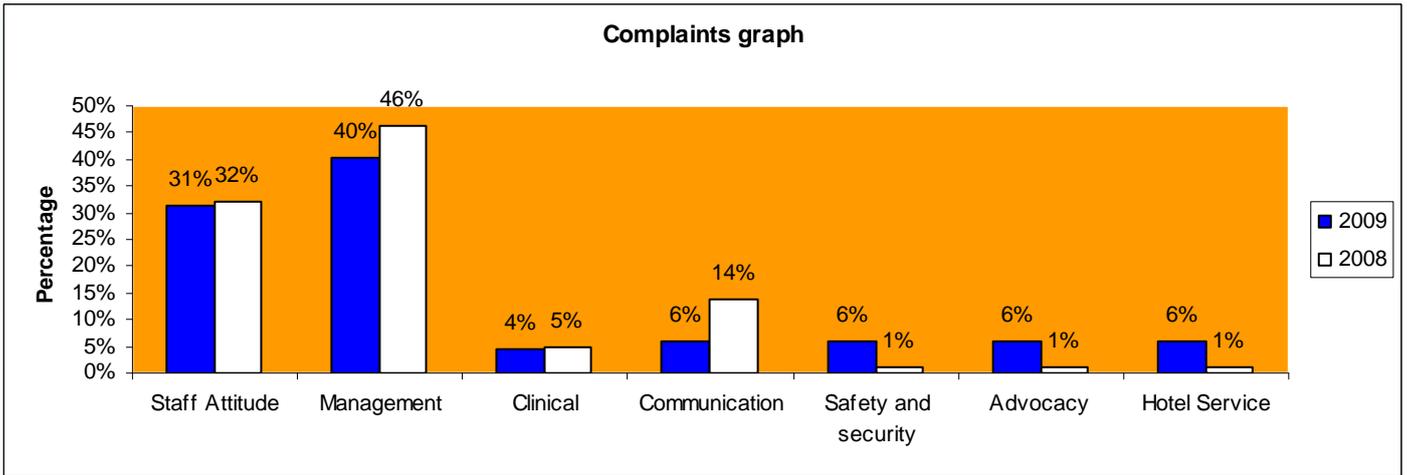
Children's HIV Association (CHIVA), is an Association of professionals who are committed to providing excellence in the care of children infected or affected by HIV and their families. There are currently more than 100 CHIVA members, embracing many different disciplines including nursing, GU Medicine, paediatrics, community child health, child development, psychology, social work, dietitians, pharmacists and support services. They are base in the United Kingdom (UK) and the Ireland.

On Monday, 02 March 2009, CHIVA representatives were at St. Apollinaris Hospital in an attempt to entice and extend their services to South Africa and in particular the province of KwaZulu-Natal. When interviewed about CHIVA's visit to the hospital Dr Paddy McMaster, the team leader of CHIVA said "CHIVA is a UK and Ireland based organisation of Health Professionals looking after children with Human Immune Deficiency (HIV) and we are looking at extending our services by assisting the Community of KwaZulu-Natal." He added that the project has been going on for more that 20 years and that they want to share experience to help promote the roll-out of antiretroviral drugs (ARV's) to children.

Since 2003, teams of health professionals from CHIVA have been visiting different hospitals in KwaZulu-Natal for one week at a time, two or three times a year. Dr McMaster's team, which consisted of a Midwife - Judith Sunderland and Pharmacist - Ama Apiah were impressed with the enormous advances that have been carried out in KwaZulu-Natal hospitals, McMaster said. Their emphasis is on Parent-Mother-to-Child-Transmission (PMTCT) this time around following the changes in the 2008 Department of Health's guidelines, he added. "We first came to St. Apollinaris Hospital in March 2008 and PMTCT guidelines were written in February of that year and we were able to discuss the changes, Dr McMaster explained. "We came back in October 2008 and it was great to see the implementation of these guidelines in place" said McMaster before a planned presentation to anchor multidisciplinary teams to find solutions to improve the Primary Health Care (PHC) services in our Lecture Hall on Tuesday, 03 March 2009. He said the future of the programme both PMTCT and ARV therapy depends on the continued support of the ARV Clinic.

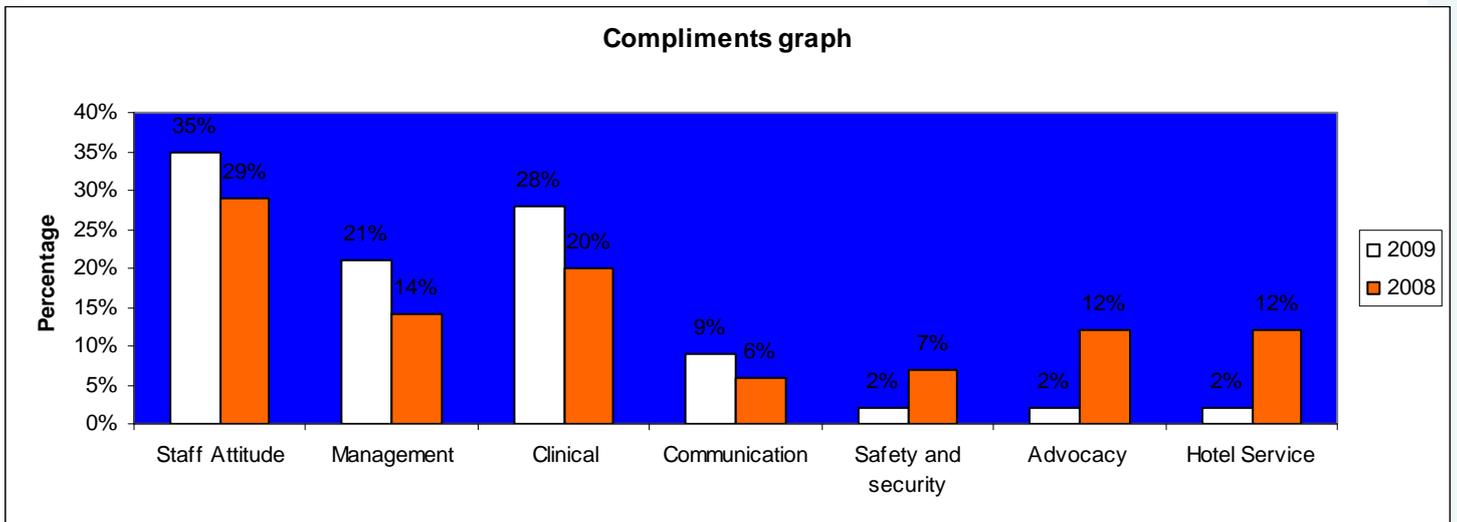


From L-R: Ama Apiah (Pharmacist); Judith Sunderland (Midwife) and Paddy McMaster (Paediatrician)



The graph above is in fulfillment of St. Apollinaris Hospital Complaints and Compliments mechanism clause, ' Each year the Public Relations Officer will produce an annual report detailing the number and type of complaints, and giving practical examples of improvements that were made. The report will also provide details of other comments and compliments received.

This report will cover the period January to December inclusive. It will be presented to the Hospital Management Committee in March and made publicly available in April each year'. The graph above highlights some achievements and escalating challenges faced in this financial year. However, action plan to tackle challenges will be drawn by responsible people and would form part of this year's operational plan. Compliments alike are displayed below.



Thought for the Month

"The best leader brings out the best in those he has stewardship over." - Richard Clarke

The Easter Story - from the Bible

Taken from the New Living Translation of the Bible

"For God so loved the world that He gave His only Son, so that everyone who believes in Him will not perish but have eternal life. God did not send His Son into the world to condemn it, but to save it" (John 3:16-17).

Notices and Announcements

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From 14 - 24 April 2009, Healthcare workers from St. Apollinaris Hospital will administer Vitamin A drops to all children who are 5 years of age and under. For a planned visit in your area please see posters displayed in your area. Alternatively visit the hospital or your nearest clinic.



Fighting Disease, Fighting Poverty, Giving Hope
Silwa Nezifo, Silwa Nobubha, Sinika Ithemba



April 2009 important dates

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10 Good Friday	11
12	13 Family day	14	15	16	17	18
19	20	21	22 Election Day	23	24	25
26	27 Freedom Day	28	29	30		

April is Health Awareness Month

- 6-12: National Polio Eradication Awareness Week
- 7 : World Health Day
- 17 : World Haemophilia Day
- 25: Africa Malaria Day