



IMPORTANT

PLEASE BRING THE FOLLOWING ITEMS

NIGHT DRESS OR GOWNS

TOILETRIES

ID BOOK

PENSION CARD

MEDICAL AID CARD

CONTACT NUMBERS OF NEXT KIN

VISITING HOURS

Sunday - Saturdays

10H00 11H30

14H00 16H00

• 19H30 20H30

M.E.C. AT KILMUN CLINIC

“I am pleased to see the Minister kanti asibancinyane ngempela here at Kilmun said Mr. Shisa Khuboni. This shows that we are not left behind soon we will see the development in our area.

People were really thrilled to see Minister for Health Ms. Peggy Nkonyeni visiting their area though roads are so bad & their area is situated in deep rural. This alone really brought light and hope to many families as shows that they are not sidelined.

M.E.C. Ms. Peggy Nkonyeni commemorated World T.B. Day on the 20th March 2005 at Kilmun with an aim of making more people aware of that T.B. disease is curable and she further encouraged people to stick on taking treatment correctly for the period of 6 months and live healthy life.

Ms Peggy Nkonyeni en-



M.E.C. Ms. Peggy Nkonyeni delivering her speech at Kilmun

couraged the community to do gardening for vegetables “ Siphelile isikhathi sokuvilapha kufanele niqale izingadi”because it does not cost any cent to harvest from your garden. Elders were very happy when Mister surprised them by giving walking sticks. Minor ailments were also treated as mobile team from St. Apollinaris Hospital was available and stats show that more than 150 people benefited

from that service. Orphans and widows were not left out they were also given food parcel. Home Affairs was also available for people to make applications for Identity documents plus birth certificates Amakhuze Tribal Authority Inkosi Dlamini he was very pleased to see the Minister steps in his area and he had a chance to request clinics at Bazini.

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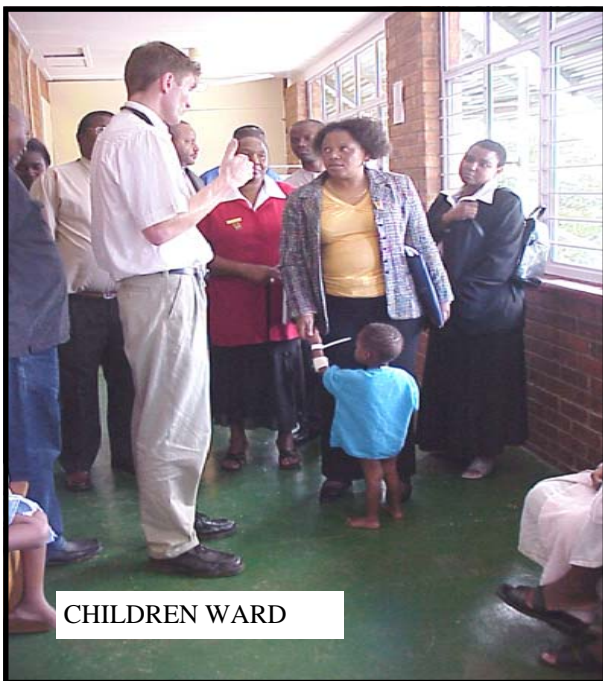
Department of Health Senior Management at St. Apollinaris



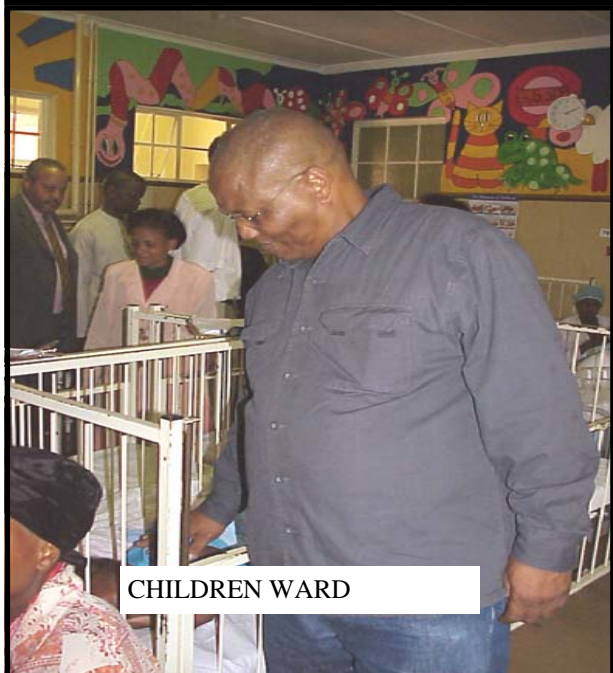
Ward 1 & 2



Male ward 10



CHILDREN WARD



CHILDREN WARD

Department of Health Senior Management at St. Apollinaris

Department of Health Senior management team MEC of Health Ms. Peggy Nkonyeni, Professor Green Thompson, Dr. S.M Zungu, Mr. G.E. Mkize, Dr. SSS. Buthelezi, Dr. Z. Gumede visited St. Apollinaris Hospital on 28th March 2005.

Hospital Manager Mrs. N.C. Thekiso warm welcomed Dept of health Man-

agement team and tour them to all the corners of the institution so that they have an idea of how St. Apollinaris hospital is. The senior management team of health visited all departments of the institution to see how various services are rendered to community. Hospital manager Mrs. N.C. Thekiso told the minister the difficulties encountered

by staff members in our institution, which make-work at some times difficult.

The team was quite impressed to see staff members performing duties under difficulties. After departmental visit Hospital Manager Mrs. N.C. Thekiso presented annual report at lecture hall while Senior Management team enjoying delicious meal.

Pregnancy, Breastfeeding ,Immunization awareness day.

St. Apollinaris Hospital Commemorated Pregnancy, Immunization & Breastfeeding on the 11 March 2005. with an aim of educating Clients about the 3 important factors which are Pregnancy, Breast feeding & Immunization. In spite of a bad weather condition the attendance was very good introduction of the day was done by Mr. T. Chizama Pro-



gramme director . Speech on importance of antenatal clinic attendance was delivered by sister N Sejosengoe and Sister Sabisa delivered speech on breast feeding stressing its importance including contra

indication .

P.H.C. Staff members performed a drama, which emphasized about difficulties that a person encounter if you don't follow these procedures. Theme for the day was Ukuze Umtwana Ahlale Ephilile , XUKUZA, NCELISA, UGOME Ngesikhati.



Ms. Zandile Mpanza from Newcastle "I'm very happy to join this family"



To all newly appointed staff members

The Management is welcoming all staff members who have commenced duties on 01st April 2005 & congratulating them for taking up these promotional positions, Thank you very much for choosing our institution

Admin Officer Stores - Ms Z. J. Mpofo.

Chief Medical Officer - Dr. T.R. Latouf.

Deputy Nursing Manager Ms. G.L. Nteyi

Security Officer Mr. W.S. Sibiyi

Senior Medical Officer - Dr. M.M. de Bryn

Lab Technologist - Ms Zandile Mpanza

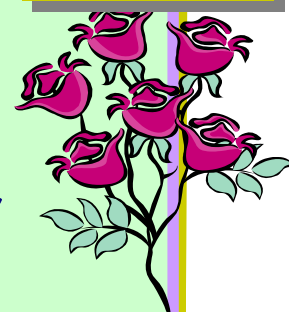
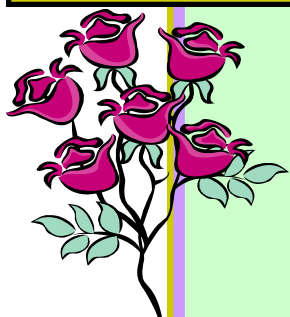
Staff members can congratulate them when they meet with them or visit them at working station.

By Hospital Management-

Mrs. N.C. Thekiso



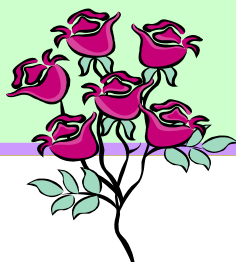
Deputy nursing manager Mrs. G.L. Nteyi I received Warm welcome and I'm feel good to be here. I promised to give my level best to provide excellent customer service



Ms. Zanele Mpofo ADMINI OFFICE Stores
"NEVER STOP DREAMING BECAUSE DREAMS DO COME TREUS AND STRIVE TO PROSPER"



Dr. Thomas Latouf, I feel prestigious to be here



Ethembeni Clinic- Place of Hope

It was official opened in October 2004 as a Anti Retro Viral treatment roll out Centre. This clinic was established in partnership with bishop foundation, which has a Roman Catholic background. The bishop foundation is working with a N.G.O. Izandla zothando, which received funds from Bishop foundation. In this funding A.R.V. rollout initiative by the department of health – St. Apollinaris hospital bought a park home and the department through global funding bought all the equipments for the clinic. Staffing it consists of, Chief medical officer, Chief Professional Nurse, A.R.V. co-coordinator. All the above staff members were employed by Izandla zothando through bishop foundation. The other staff members 1 Senior Professional nurse, Professional Nurse, enrolled nurse, Enrolled nursing assistant and one data capture and 3 H.I.V.AND AIDS Counselors. Added by the department of health 3 programs are offered in this Centre i.e. V.C.T. PMTCT, ARV. Voluntary Counseling and testing (V.C.T) being the entry point to Anti Retroviral. Enrollment

This clinic has 137 patients enrolled, Female 96, Male 38, Children 3, and Defaulters 2.

Criteria for enrollment

- CD 4 counts less than 200
- Clinical appearing of the client
 - World Health Organization (W.H.O) staging – stage 4

Willingness of the patient to take treatment Preparation classes take 3 weeks. On the 1st week, it is about basic information about HIV/AIDS, Value of nutrition and General assement for opportunistic Infection. Second week patient is taught about, Positive leaving, Stigma bursting, disclosure to relatives,



LEFT TO RIGHT Dr. S. Base , Kethiwe Dladla , Fikile Ngubo, Nonkululeko Mchunu Sister Ngwane EThembeni Staff

Take base time period,
Third week, introducing the names of drugs and side effects

- Review blood results
- Treat opportunistic infection • Linking to treatment buddies for support.

Fourth week - Treatment initiation
Project linked to A.R.V. Clinic
Gardening demonstration are attached to this clinic .all clients have to attend a demonstration grading once a month depending in the general condition of the clients.

In this garden vegetables that have a nutritious value are planted and this well be linked to the soup kitchen and food parcel are offered to all clients.

Disability grant for the very poor patients are arranged,

Challenges that are encountered
Patients who have started their treatment with the general practitioners and mostly it is mono or dual therapy. Unwillingness of male to be on the Programme

General poverty of the population.
Un empowerment rate, which is

high. States of women in the society, which prevents disclosure to their male counter parts.

Tuberculosis which is 21 % the highest
Late presentation of the clients for treatment results poor progress
Increase pediatric cases. Cross border influx

Pipeline projects

Roll out to clinics and mobile

Establishment of soup kitchen

Extending the support to local areas
Employing dietician and social workers.

How do we get our clients?

Referrals from OPD, VCT, PMTCT, Edendale, Northdale, Embalenhle private doctors, Pholela and other Clinics. The are 13 clients on waiting list.

How clients view the Programme

The 1st group of 17 clients started in 4th October 2004 said that, Enthusiasm is very high, Level of motivation is high, and gain weight from 5 to 10% increase and morbidity is nil no one has ever been admitted after starting the treatment.

What's on

Abashonile

Abaphathi besibhedlela bathanda ukududuza abomndeni nezihlobo zikadawethu U Sizo Memela O sishiye ngomhlaka 16 April 2005 ubesebenza e Children ward .engumabhalane wase-wodini Makalale Ngoxolo.

Newly appointed Staff
Mr. N.A. MHLOPHE
ZIKHUPHUKILE
IZIMENDLA USEYI ADMIN
CLERK. ESUKA ESIK-
HUNDLENI SOKUBA NGU
Security. OFFICER
Mr. W.S. Sibiya , se-
sikhuphukile isikhundla from
Driver to Security Office



Ave sekubukeka kahle emakhazeni alapha esibhedlela emva kokuba sekupendiwe



Meet our hospital Chaplain Pastor Stuurman, who was officially appointed by the Ministers office to serve District 43.. He visits the hospital every Wednesday to render spiritual healing staff and patient. To ensure that intervention and religious programs are implemented.

Spiritual healing

Every Tuesday at 7 pm at lecture hall

Human Resource Office has moved to new park home extension number is no longer 225

Mr. M.T. Dlamini— 270

Ms. Z.R. Mbambo—277

Mr. C..S. Kheswa — 274



waze wabuya umshini wethu sesizosebenza kamnandi, kusho omama elaundry emvakokuba umshini woku ayina ubungasebenzi

HOSPITAL CHOIR PARTICS EVERYDAY AT 1PM AT LECTURE HALL , IF YOU LIKE CHORAL MUSIC YOU ARE WELCOME TO JOIN

Phelophepa Health Care train

ISITIMELA ESILETHA USIZO EZINDAWENI ZASEMAKHAYA ESIBIZWA NGOKUTHI I PHELOPHEPA TRAIN SIZOVAKASHELA E DONNYBROOK NGOMHLAKA 20 – 24 JUNE 2005.
LESITIMELA SIZA NOHLA LWEZEMPILO OLU-LANDELAYO.

1. IKLINIKI YAMEHLO / EYE CLINIC

UKUHLOLWA AMEHLO MAHHALA
UKUHLOLWA KWAMEHLO OKUJULILE R10
IZIBUKO EZAKHELWE WENA R30
IZIBUKO ZOKUFUNDA R 30
IZIBUKO NOKUHLOLWA R40
AKUKHO UKUHLINZWA KWAMEHLO ESITIMELENI.

2. IKLINIKI YAMAZINYO / DENTAL CLINIC

UKUHLOLWA MAHHALA
UKUKHISHWA NOKUGCWALISA AMAZINYO R 10

3. USIZO LOKWELULEKWA / CONSELLING CLINIC

UQEQESHO – UKWAZI UKUBHEKANA NOBUNZIMA BEMPILO OBUFANA NOKUKHATHAZEKA EMOYENI, UKUHLUKUMEZEKA, UKUNGEZWANI, UBUZALI NOKUZIPHATHA NGENDLEALA EFANELE. KUMAHHALA.

4. ISIFO SIKASHUKELA/ DIABETIC CLINIC

UMA UZIZWA WOMA KAKHULU
UMAUCHAMA NJA NGOKUNGAJWAYELEKILE.
UMA UZIZWA UKHATHELE NJALO.
UMA UNGABONI EMEHLWENI.
UMA WEHLA EMZIMBENI NOMA UDLA NGOKUFANELEKILE

UMA KUKHONA OKWENZAKALAYO KUWE WOZA ESITIMELENI SEMPILU UZOTHOLA ULWAZI MAHHALA.

5.ISIFO SOMDLAVUZA/ CANCER CLINIC

KUNGABE UNEDLANYAZI NOMA IZINDLANYAZI EBELANI?
KUNGABE UNESIFO ZOCANSI
KUNGABE UNENKINGA UMA UCHAMA
KUNGABE UNESILONDA ESINGAPHOLI

UMA KONKELOKHU OKUNGAPEZULU KWENZAKA KUWE WOZA ESITIMELENI.

6. HEALTH CLINIC/ UMTHOLAMPILO

Tenza: Sibisi,
Bheka phezulu, ubonani.
sibisi: Ngibona iz-
inkanyezi.
Tenza: Zisho
ukuthini?
Sibisi: Ngokwe As-
tronomy kusho ukuthi
kunamillions and mil-
lions
of galaxy
okusho ukuthi maningi
amanye amaplanet esinga-
kawazi

Ngokwe Astrology
ngibona sengathi iSaturn
ikwiLeo this month.

Ngokwe Horology
ngingathi kusho ukuthi
isikhathi u 3:30 am

Kanti ngokwe The-
ology kusho ukuthi uM-
dali mkhulu uyesabeka.

Ngokwe Meteorology
it means we gonna have a
lovely day tomorrow

(Phela le ewuSibisi
ifunde sterek. manje
inokumbukela phansi
umngani
wayo lo
onguTenza. Inakho nje
ukumchithekela esk-
haleni)

Yaphendula ewuTenza
yathi:
Niyahlupha Sibisi ngo-
kufundiswa kakhulu. Si-
phukuphuku ndini,
awuboni
ukuthi
ukubona izinkanyezi ku-
sho ukuthi kuno'Clever'
owebe itende lethu
silele!!

Anofunda nibuye nganeno
madoda!

HLEKA NO SISTER MJOLI



Kids Today!!! They don't
know isiZulu anymore...
How child failed isiZulu
test.

Complete the following:

Q1. Ingane engakhali ??

A1 Seyi clever!!

Q2. Iso liwela??

A2 Phansi!!

Q3. Alwehlanga??

A4 Lunga nyukanga!!

Q4. Isalakutshelwa?..

A5 Sizozizwa!!!

Q6 Induku enhle?..

A6 Ishaya kabuhlungu

Section 2 Animal association

Q1 Ingane yengulube
ibizwa??

A1 Is'dudla es'ncane es'n-
gaz'thandi

Q2. Ingane yenkomo
ibizwa?..

A2 Inkonjane

Q3 Ingane yenja ibizwa?..

A3 U bobby!!

Q4 Ingane yenyoka
ibizwa?..

A4 Inyokie!!

These are just too good

here are a few excerpts from actual interviews
with some of our most celebrated footballing
sons.

1) Bashin Mahlangu

Interviewer: Bashin how do you feel about
scoring such a beautiful goal?

Mahlangu: I feel immediately!!!

2) Lesley Manyathela.

This was an interview to get to know more
about the player after an extended period of rich
form:

Interviewer: So Lesley tell us about your fam-
ily

Manyathela: I have one KIDS. I also have two
brothers: There is one in front of me and one
behind me.

3) Bhele Nomvete:

This interview took place after a game that took
place on Bhele's birthday.

Interviewer: Firstly, Bhele we would just
like to wish you a happy birthday.

Nomvete: Thank you; thank you, same
to you. (Who knows maybe it was the guy's
birthday too)

4) Steve Lekeolea

(a whole book can be written using amusing
quotes from this player alone)

Interviewer: Steve you seem to have hit such a
rich vein of form you also seem a lot fitter.
What is your secret?

Lekoelea: In the morning I get up and I
run away.

5) Steve Lekeolea

Interviewer: Steve you have just played an
amazing game to help Pirates win, where to
from here.

Lekoelea: I am going home.

6) Jabu Pule

Interviewer: Jabu, who do you think will host
the 2010 soccer bid?

Jabu: Marks Maponyane

7) Peter Ndlovu

Interviewer: Peter those were three beautiful
babies you put away behind the net. How do
you feel?

Peter: -- Aah I am so ashamed; I just don't
like it when these woman tell the whole world.

STORIES FROM THE FOREST

by S&T

I thought I should share this with all the readers of this column I thought this was just one of the e-mail jokes but a visitor we had recently in the forest tells us this story better than the e-mail. This is what she says:

"I've decided, I'm going to keep my "theleweni" no matter what. He might be far behind with everything and surely he won't ever catch up, but it's fine, ngimncanywa just the way he is.

Like whenever we go out, he buys me 'streetwise-two' and nothing else, He insists he is full but it's only a few seconds before his fingers are all over my plate. Yep! that's my man, my true Zulu man. I swear he's totally different, unique in his own way. When everyone was buying "All-Star" takkies, he bought himself a pair of "One-Stars" and insisted there wasn't much difference. The other day he came to 'check' me wearing brand new jeans with some weird label. He said it was "Diesel" only it was written in Chinese. How thoughtful, but the last straw was when he finally decided he was going to pay lobola but wasn't prepared to make it cash. If I hadn't stopped him, I swear he was going to herd all eleven cows across the streets of Kwa-Mashu and straight into my mothers backyard. So I decided, enough with this farm boy, I'm keeping my options open.



So 1 Tuesday morning I really got to appreciate my man.

It all started when I was standing at the bus stop. When suddenly a BMW 7 series pulled up in front of me. "Hello mamma, howzit sweetness, you goin' to town hhe? jump in.

"Agh, why not, I said before getting myself comfortable on the leather front seat and said hello to my new potential, he didn't even hear me, he was already busy on his cell phone, expensive, I observed. I could swear he owned a gold mine somewhere, he was bling-bling, rings and chains all over. Brand names from head to toe, so I thought, this is "ufish omkhulu" and I'm not letting him out of the net. It was only when he turned to look at me that I realised he must be forty-something.

'Hello muntuza' he said with a gold teeth plus rotten teeth smile, "I'll buy you chicken dust and a can of groovy, hhe? That was before his phone rang

again and he started telling who ever was on the other side about me." Hey, m'target, I've got a special one this time, intofontofo, I'm telling you, umapakisha seven times." that, he said while giving me a naughty smile.

When we finally made some conversation, he asked me where I was going, I told him to see a doctor before going to work. "Awu muntuza, are you sick?"

"No I just have to get some antibiotics that's all" And then the lights went off, I could see it in his eyes, the man had no idea what I was talking about.

So where do you work?" he asked. "I'm a reporter" I said. "Good, so how about organising a standard eight report for my son, that boy has failed the class three times already." Confused as I was, I couldn't help laughing.

The next minute he was on the phone again, telling his friend how three of the mothers of his nine children had stabbed each other the day before.

The moment he dropped me off, I gave him the wrong phone number, wrong surname and wrong address. I couldn't wait to get to work and call my "theleweni". He might not be all buckled up but he doesn't carry all that drama. Despite the "sprite shoes" and "chicco haircut", he is still my man and ngiyamncanywa joe."