



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

Sundumbili Community Health Centre

SUNDUMBILI NEWS

October to December 2019



It was a day of HIV/AIDS Awareness day combined with Mandeni Sub-District Community Health Workers recognition. More on Page 4 & 5

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ISIBAYA SAMADODA



Prince.Nhlanguiso Zulu



The audience listening attentively



The sheep as a token of appreciation to the Prince

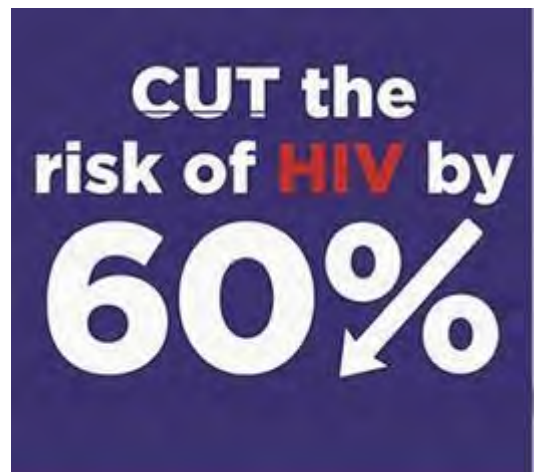


On the 16 November 2019 Hlomendlini hosted us for isibaya samadoda event, where the DOH amabasador for TB the Prince Nhlanguiso Zulu met the males from Hlomendlini area.

The attendace was good, entertainment as well and everyone was happy to be and meet Prince N. Zulu. Inkosi Ngcobo was also part of the event.

Everyone listened attentively when the Prince delivered his speech based on HIV testing, TB screening and partaking on Male Medical Circumcision. He even delivered a testimony about his journey with TB and how he survived and encouraged males to go to the clinics for check-ups and not be afraid because there is treatment and TB is curable.

The event was a success and had 67 males who performed MMC on that day.



HIV AWARENESS



Mr. Derik Khumalo who works as HIV counselor for Mandeni Mobile clinic conducting health talk



On the 02 December 2019 Mobile clinic visited Aranda Textiles to provide services and also to create awareness about HIV.

Services that were available on site were the vital (BP, AGT, BMI), TB screening, HIV testing and PAP smear.

Mr D Khumalo told the employees about the importance of knowing their status before it's too late. He mentioned that when having HIV does not mean you are dying but you can live a normal life, marry and have children when the virus is suppressed. He also encouraged males to partake on Male Medical Circumcision camps or to go to Sundumbili CHC where MMC is done daily and also explained the importance of doing MMC and its advantages.

Their manager Mr Green also encouraged the employees to utilize the services brought to them. "I also want to know my current HIV status and going to be the first one to test today" he said.

The choir gave an amazing entertainment and after that there was a question and answer session for employees to ask whatever they wish to know from the mobile team.

The event was a huge success and much appreciation to Aranda Textiles for hosting us.



ARANDA CHOIR



Mr GREEN— THE MANAGER

HIV AWARENESS



On the 06 December 2019 Sundumbili CHC together with Mandeni municipality hosted an HIV awareness day for the CHW's and other nearby community members. The purpose was to encourage the community and employees to regularly check their HIV status and also screen for TB.

Community Health Workers are taking care of communities out there but they are also human beings and they need to take care of themselves and their families, they also need encouragement and education.

Amongst the invitees there was Mrs Buthelezi from SASSA-Mandeni, Angel from DSD-Mandeni, Fikile Buthelezi from community safety, Mr Dion Malevu from the Premiers Office and the Mandeni Mayor Hon. Cllr. Mdlalose

Ms DE Ntuli ANM at Sundumbili CHC said that there's no need for people to be afraid of checking their status because everyone by now knows that HIV does not kill and there is treatment available to suppress the virus.



From Left: Fikile Buthelezi; Cllr. Nomvelo Nomvete; DE Ntuli & Mrs Buthelezi

She also spoke about the new treatment that has lesser side effects and elaborated on it a bit.

Encouraged everyone on ART to adhere to their collection dates and take their treatment correctly so that they can lead a normal life.

There were also a couple of volunteers who commemorated the memories of their fellow family members who passed due to HIV and how difficult it was to watch family members suffering since treatment was not freely available like these days.

Mr Malevu mentioned that this year marks 31years in fighting HIV/AIDS.

He also explained the 909090 to the audience what it means and how far are we as Ilembe District.

He did not leave the NHI behind and it bringing equality to people of South Africa.

There was also Mrs Qhamkile Ngubane an ambassador for HIV in Mandeni Sub-District.

She told the audience of the importance of always following procedure of taking care of the HIV positive family members and also knowing their status.

She also share a testimony and her journey with HIV until now, which also served as an inspiration to everyone.

CONTNUES.....

The Mayor Hon. Cllr. Mdlalose firstly encouraged adherence to treatment and acknowledged the fact that there's a lot that the government has done when it comes to the fight against HIV/AIDS and prolonging the lives of the people.

He further thanked the tracing teams who are tracing the defaulters and complimented DOH-Mandeni for taking care of Mandeni citizens.

He then emphasized the work of the Community Health Workers and acknowledged them "your work is very important and noticeable" he said.

He further mentioned that the CHC and other PHC's cannot reach the families in their homes like the CHW's do, he encouraged them to continue working hard as they do.

Certificates of appreciation were handed to the CHW's as encouragement and for them to know that they are valued and appreciated which will boost their morale.

Entertainment was amazing and made the day even more enjoyable.

Truly working together we can do more, appreciation to Mandeni LTT for partaking, CHW's for attending and the community at large for making it a huge success.



The CHW's after receiving their certificates of appreciation



Left: Hon. Mayor Cllr. Mdlalose



Right: Mrs Ngubane



Left: Ms DE Ntuli



Right: Mr D Malevu



Entertainment: M'Atheri ft. eli da QUEEN



UKWELULA ISANDLA BY OUT REACH TEAM



Outreach team together with the Community Health Workers distributed food parcels to needy families that were identified by the CHW's from the 13 December 2019.

1. At Vutha area —Ward 4
2. Mgizimba area—Ward 5
3. Bhidla section —Ward 15
4. Mangete area—ward 3
5. Matsheketsheeni area-ward 5
6. Mangete area—ward 3
7. Ohwebede area—ward3



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We wish you a MERRY Christmas and a SAFE and HAPPY cross over to the new year.

May the Lord grant you all your hearts' desires for the new year.

ENJOY!!



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