



TOWNHILL TALKS

Issue 3

**Newsletter Date
June/December 2008**



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MEET THE NEW PHARMACY MANAGER

Mrs. Munthree is not new on the Townhill hospital environment as she has worked for this institution before. Mrs. Munthree has vast experience in the pharmacy environment as she has worked for various institutions before coming back to Townhill hospital. Amongst the institutions she has previously served we can count Fort Napier, Greys, Northdale, Edendale hospital. She has been beyond the boundaries of this province where she worked in one of the Cape Town community Health Centres. She commended the good relationship between her and pharmacy staff which makes her duty so easy. Mrs. Munthree is very fond of her family particularly her two lovely daughters. She has served the departments of Health for nineteen years and is proud of that. During her leisure time she enjoys watching tennis and rugby and her most favourable food is chicken. Mrs. Munthree revealed that she hates staying away from her family as she cannot survive without her daughters around. She emphasized that she is determined to make the pharmacy department to be conducive and lovely place to work in it as she is aware that the essence of service delivery is all about courtesy



Mrs. Yagashree Munthree

COLLABORATION BETWEEN HEALTH DEPARTMENT AND SANDF.

On 21 August 2008 the former Honorable Minister of Health Dr Manto Tshabalala-Msimang, KZN MEC for Health Ms NP Nkonyeni together with the former Minister of Defence Mr Mousia Lekota endorsed the collaboration between the two departments. This collaboration means that the SANDF opens the doors of its hospitals to the civilians and the departments of health will also accept the military personnel to make use of its health facilities. Unlike before whereby the military officials would exclusively be treated by the military hospitals while the members of the society cannot be seen at the military hospitals. This is a turn around strategy by both departments to ensure that their health facilities are accessible to all citizens of this country. People who will benefit most from this collaboration are the officials from the Defence department as it has only three military hospital throughout the country. One is in Pretoria, the second one is in Cape Town and the third one in Bloemfontein. Mr Lekota urged the young people to pursue their career in Defence Force as it is short of doctors, engineers etc. Dr Tshabalala-Msimang also commended the military personnel for their valuable assistance during the public servants strike last year.



MEC for Health Ms NP Nkonyeni, former Minister of Health Dr Mantonto Tshabalala-Msimang and former Minister of Defence Mr. Mosiua Lekota addressing the media during media briefing.



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1. Acting Head of Department Dr Y Mbhele welcoming the Minister of Health Dr Manto Tshabalala-Msimang.
2. Internal Communication Manager Ms K Ndlovu chatting with Chief Operating Officer Mr. N Nkosi
3. Dr Manto Tshabalala-Msimang signing the memorandum, next to her is the then Minister of De-

SHE HAS BEEN AROUND FOR MORE THAN FOUR DECADES



MRS. S. ANTHOO

Townhill Talks, interviewed one of the senior staff members in the department Mrs. Anthoo. Sr Anthoo was employed on the 13 March 1967. When Sr. Anthoo tells you the work condition of their days you can imagine that some of the nowadays generation would have not coped with that situation. She emphasized that the nursing profession by that time was call from Almighty God. According to Sr. Anthoo there is a huge difference between the nursing of their time and nowadays. Sr. Anthoo is still active like a twenty one years old. Asked how does she keep herself so fit and healthy she told Townhill Talks that she does a lot of walking. She also revealed that she

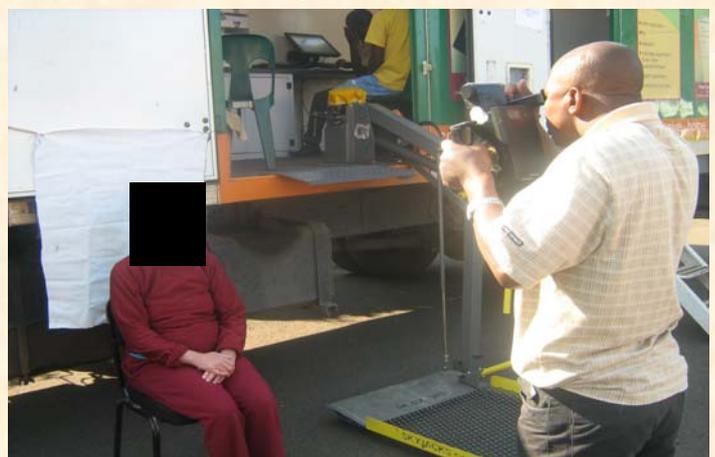
intends to retire in 2010 so that she can have enough time to watch soccer world cup. Sr Anthoo has got two daughters and one son. During her leisure time she watches TV and reading. She is also so passionate about dance. Her advice to young generation of nowadays is to respect elders.

VISIT FROM THE DEPARTMENT OF HOME AFFAIRS

If our government is talking about taking the service to the people that is exactly what the department of Home Affairs exercised. On the 15 August 2008 the said department responded to the call made by Townhill Social work department to come and assist our MHCUs with the IDs. About fourteen MHCUs managed to get their IDs taken. The staff members also grabbed that chance of avoiding those long queues in Home Affairs. Gone are those days where you were even scared to ask anything from the Home Affairs officials because of their resentful and attitude. They were so patient with our MHCUs as they understood their problem and conditions. Thanks to our social services unit led by Zanele Mthembu for their efforts to ensure that our brothers and sisters can be able to access some government grants since some of them were struggling to get grants due to IDs problems. Guys you indeed practice and live BATHO PELE. Keep up the good work.



Home affairs dept. mobile unit.



One of our MHCUs posing for the ID photo

KZN ANTI-CORRUPTION SUMMIT

The government of the Province of KZN has often acknowledged the detrimental effect caused by the fraud and corruption in this province. That is why on the 13th and 14th of October 2008 it has convened the KZN Anti-Corruption Summit which was held in ICC and comprised of all government departments, NGOs, Civil Society and Law enforcement agencies. The Premier told the audience that there are various forms of frauds and corruption that can manifest itself in government departments, i.e. He made a distinction between fraud and corruption. Corruption is an unlawful misrepresentation with one party deceiving the other, whereas corruption is whereby both parties

parties are KNOWINGLY involved And both parties benefit in some way. Other forms of fraud and corruption are bribery, theft, favour, abuse of power, conflict of Interest, nepotism etc.

Why people commit fraud and Corruption?

Greed: Greedy people are always easily tempted.

Opportunity: If there are some loop holes in the system

Need: The perpetrator has some financial problems and,

Ethics: The perpetrator has no morals. It was also revealed that most of the fraud perpetuated against government is either on personal or business.

Who is the fraudster?

- The most capable, reliable, most trusted employee
- More than 80% of all frauds involves employees with more than 5 years service
- Trust replaces the control.
- The employee always complains of being underpaid
- He/she does not want to take leave
- He/she does not want to be promoted
- He/she has a close relationship with the service providers

The fraudster will let everyone know that he is a big gambler who wins regularly so that nobody questions his luxury life. South Africa is internationally ranked the second corrupt country in Africa and is second to Botswana

Other dignitaries who were present in this summit were Director-General for KZN province Dr Kwazi Mbanjwa who was also the Programme Director, MEC for Local government and Housing Mr, Mabuyakhulu, MEC for Public Works Ms. Lydia Johnson, Chief Whip Mr. C Xaba, Head of Department of Traditional and Local government Affairs Ms. CG Gumbi Masilela. The Premier emphasized the point of revisiting the programme of whistle blowers in terms of whether to compensate those people who reported fraud and corruption in their respective work places.

The national anti-corruption hotline is:



The Honorable Premier of KZN Province Dr JS Ndebele who opened the gathering of the summit by urging all the public servants to work together in order to fight this scourge of fraud and corruption in the public sector.

0800 701 701

TOWNHILL HOSPITAL CANCER AWARENESS

As part of awareness campaign Townhill hospital invited Ms. N Gasa from Cancer Association of South Africa to educate and empower Townhill hospital staff about cancer and its effect. Ms. Gasa emphasized the importance of healthy life style and good nutrients. The importance of pep smear was also emphasized in order to ensure that the cancer is discovered in an early stage. The pep smear can be done in public health hospitals and CANSA. "Breast cancer is the most common cancer that attacks women"., Says Ms Gasa. Many people in South Africa die of cancer due to the late detection of cancer which could have been curable if it was discovered at an early stage. Ms Gasa disagreed with those who have a misconception that cancer goes hand in hand with HIV and AIDS. She dismissed these

allegations as fallacy which are spread by those people who are less informed about cancer and urged all people to take care of their lives She also made an appeal to all present to check say at least twice a year their cancer status as it is checked free by public hospitals. In a nutshell life is about choice. If you decide to live a healthy lifestyle or play around with your life it is up to the individual



Ms. N Gasa from CANSA

HIV/AIDS WORKSHOP

HIV/AIDS workshops was held from 12 to 27 August and 3 September 2008 by the Occupational Health Practitioner Mrs. Bekkie Palm. The main focal point of this workshop was to equip and empower employees about this pandemic and how to manage it. "Some of the ways in which HIV virus can be transmitted are: Unprotected sex and bloody/body fluid transfer from an infected person and each of us needs to be an ambassador of prevention" Says Mrs. Palm. She also pointed out that

African continent has the biggest challenge since stats shows that our strategies seem to be not effective enough to fight this scourge. The intake of

proteins such as selenium, zinc, vitamin E, B1, B2, B3, B6, B12 vitamin3 are of utmost importance to be increased when one is already ill. We sincerely hope that this informative workshop will assist us and our beloved ones to face this epidemic



Mrs. Bekkie Palm educating the employees during the HIV/AIDS workshop

TOWNHILL HOSPITAL JUMBLE SALE

On 20 August 2008 the Occupational Therapy Department held a jumble sale from 12:00pm to 14:00pm. Items that were for sale included second hand clothing and household goods, as well as a tuck shop which sold items ranging from cheese muffins and chocolate cake to rotis etc. All items sold were donated to the departments from generous community members as well as medical and clinical staff. This day turned out to be a good success with a large turn out of customers. The department was able to raise the sum of approximately R2000-00. "Thanks to those who supported the Occupational Department in planning the sale as well as all the staff who bought items from us"



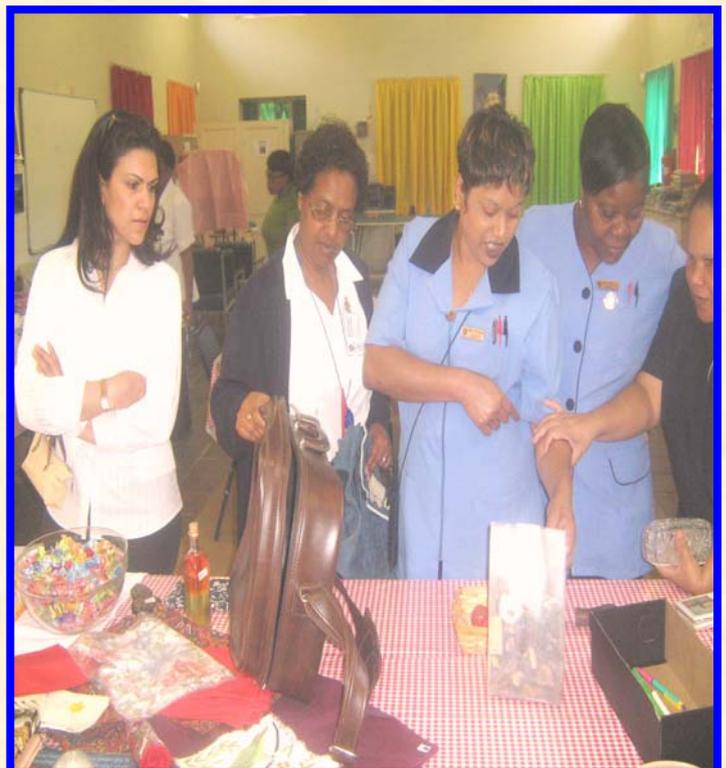
The Chief Occupational Therapist Ms G Woosey and Community Service Therapist Mrs. J Wirnwright with some employees during the sale



These gorgeous ladies were part of the OT Department as student who were doing some practical training in OT.

On the Right: Some of the staff members during the jumble sale trying to choose amongst the items that were being sold during the day

Says Gennette. All funds generated are used towards the Annual Spring Dance as well as baking and video programmes run by the Occupational Therapy Department



ENCOURAGING INNOVATION AND REWARDING EXCELLENCE



One of the BA-THO PELE principles states that those employees who go extra mile and come up with innovative ideas and programmes should be acknowledged and rewarded. That was what the Operational Manager for Hillside C in collaboration with her supervisor Assistant Nursing Manager T Mkize did when

ANM Mkhize (third from your Left and OM V Govender (second from your left) with the recipients of the certificates who came up with some innovative ideas and programmes for the ward.

rewarded all their staff members who were instrumental in improving the service that is rendered by the ward. In addition a team building and the lunch was organized on 13/08/2008 in order to sustain that prevailing spirit in the ward. By so doing all the recipients of certificates felt appreciated and that improved the teamwork. Picture below tells the entire story.



RECIPIENTS OF INFECTION CONTROL FLOATING TROPHY

The Infection Control Trophy was awarded to Hillside C following the infection control ward audit in August 2008. Hillside C staff improved by 24% which indicates a lot of commitments. This floating trophy is awarded to the ward that has excelled in practicing infection control principles. Sr. Barichievy, the Infection Control Practitioner commended the efforts



WINNERS OF INFECTION CONTROL FLOATING TROPHY FOR THE MONTH OF AUGUST 2008

done by Hillside C ward staff. "Well done to all staff and keep up the quality standard and team work, Says the Infection control Practitioner Mrs. Barichievy



Recipients for infection Control floating trophy for the month of September. Hillside D Operational Manager Mrs. Gibixego receiving the trophy from Infection Control Practitioner Mrs. C Barichievy

WELL DONE TO UITSIG A AND LIBERTAS WARDS



The Infection Control ward unit reflected improvement in November 2008. The wards namely Uitsig A and Libertas obtained 93 percent and will share the infection control trophy. The infection control committee has also compiled their own prevention and control of tuberculosis poster which will be displayed throughout the hospital. Keep up the good work. We must also point out that the (infection control practitioner Sr. Barichievy who is shaking hands with the operational manager of Uitsig A Mr. D Chetty) is planning to have the infection control winners of the year. But that is still on the plan. Below is the Libertas ward.



The Infection Control Practitioner Mrs. Barichievy handing over the Infection Control Trophy to the Operational Manager for Libertas ward Mr. Titi. Mhleka with your team we hope that you will sustain that standard. Indeed sky is the limit.

TOWNHILL HOSPITAL BLOOD DONATION



The Operational Manager Mr. D Chetty donating blood during the blood donation programme

On the Left: The Operational Manager Mr. Denzel Chetty (Bottom Right) Mrs. Ann Loutan donating blood during the blood donation programme held at Townhill hospital



Officials made an appeal to all Townhill hospital staff as well as members of the society to ensure that they donate blood. By so doing they would be saving lives of many people as well as their relatives who might be in need of blood. Who knows? Tomorrow it might be you or me who is running short of blood and I am in life and death, how should we feel if other people refuse to donate blood. Indeed our lives depend on each other



On the 5th of September 2008 the staff at Townhill hospital came together and celebrated "CASUAL DAY". The purpose of the day was to help people in need. Thanks to Mrs. Salzwedel who contributed towards making this day a great success. Forty tickets were received where thirty four tickets were sold. To all those who contributed we salute you. (On the left, the hospital CEO Ms Mfeka with some of the staff members who bought the tickets)

(BELOW) FAREWELL FUNCTION FOR MS NOSIPHO DLAMINI



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1. Ms. Nozipho Dlamini receiving the gift from Mrs. Salzwedel.
2. Mrs. Salzwedel looks on whilst other friends of Nozipho are wishing her all the best
3. Mr Zulu giving that farewell speech during the last day of Nozipho

Indeed it is that time to move on in life. Most probably things will not be the same in Human Resource Dept. without you. But your legacy will always be felt

EDITORIAL COMMENT AND MESSAGE

We are about to approach the festive season again which brings about lots of fascination and jubilation in our lives. These jubilations can sometimes be associated with some life risks if we are not vigilant enough before we take part in those joyous events. Even though we are at liberty to celebrate the festive season we also have an obligation to look after ourselves and be able to enter the new year and continue to pursue our dreams and visions. Back to business, Townhill hospital is not immune to challenges faced by other public hospitals as we sometimes deal with hostile clients. We have gone through some rough patch which I personally regard them as challenges as contrary to problems. I sincerely believe that through perseverance and commitment we can rise above occasion and be on top of our challenges. Indeed let us turn our problems into challenges.

As the service providers we are duty-bound to treat our clients with courtesy and respect as it is stipulated by the BATHO PELE. In any institution challenges are somehow inevitable but we are compelled to ensure that we are equal to the task which has been assigned to us to execute. I am convinced that this is an achievable mission to those who are prepared to achieve it. As public servants we are entrusted with taking care of our clients and treat them as we would like us to be treated. Let the spirit of togetherness and commitment prevail and flourish. We cannot turn a blind eye to those whom we know they went extra miles and beyond their normal duties in assisting our patients in their needs
Public Relations Officer
Mr. T Hlongwane

COMPLIMENTS/IZINCOMO

Sr. Mhlongo was a master at her job and real mother to me during my stay. She helped me by pacifying me and giving us knowledge according to the new mental health act. Food was good and nurses were caring

I would like to thank Peace haven and Impala H professional nurses for the moral support. I would also like to thank Dr Gangat and Singh and the psychologist Kathy . Special thanks also goes to Sr. Ammy Reddy, Shelembe, Mazibuko and Thembi Ndlovu for their kindness and support

The staff and the nursing sisters were always polite and friendly. The waiting area is always clean especially the toilets. I am impressed with all the pamphlets available and the information charts on display. It is also great having TV to watch and magazines to read while waiting to see my doctor. Thank you for making my visit to Townhill hospital pleasant experience. I am grateful to you all for the wonderful service you provided me on my journey to be mentally healthy. Keep up the great work.

Thanks

Note: The names of the people cannot be published due to privacy.

TOWNHILL HOSPITAL TOP ACHIEVERS

The vision of this college is to achieve excellence and be a leading provider of specialized nursing education training and development to meet the health needs of communities in KZN. "It is therefore with a sense of pride and achievement that we witnessed sixty four of our learners graduating on the 12 September 2008 at the Durban Exhibition Centre" Says the Principal of the college Ms Nkabinde. The performance of the following nurses from Townhill hospital deserves special mention, emphasizes Ms Nkabinde.

- EN Nancy Pitout
- EN Collette
- EN Gladys Fry
- Cynthia Ogle

All of the above attained distinctions in the courses leading to Enrolment as a nurse with Psychiatric options. We salute their achievements and trust they will be an asset to the nursing profession. EN Fry has left Townhill hospital and we wish her all the best in her career.



Ms. Nancy Pitout



Mrs. Cynthia Ogle

TOWNHILL HOSPITAL ABET LEARNERS



Some of Townhill hospital ABET learners with Principal Human Resource Officer Ms V Madondo and Bulelwa Mani (the last two on your right)



Mrs. Gladys Fry

On the 19 September 2008 Townhill hospital ABET learners participated in the gathering in Bergville grounds called by the department

with the aim of encouraging the citizens of this country to learn. This ABET programme was initiated by the government in order to reduce the level of illiteracy amongst our community. It is appreciated that our people responded positively to this call so that they can be well equipped and empowered for the future. It's true education is the key for success.

TOWN HILL HOSPITAL WORLD AIDS DAY

“The fight against HIV/Aids begins with you”



Sr JG Masikane, during the candle lightening ceremony

Sr JG Masikane during candle lightening ceremony and praying for all people who died, and those who are hardly suffering from HIV/AIDS. A total number of 248 people were educated about all aspect of HIV/AIDS including Mental Healthy Care Users, Mental Healthy Care Providers and UCT. Lot of training took place within the staff as build up to World AIDS Day.

TOWNHILL HOSPITAL NEW STAFF AND IN-TURNS



Vuyi Madondo



Ndumiso Kheswa



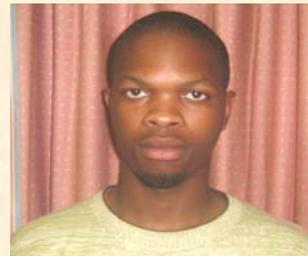
Siyabonga Dlamini



Ntobeko Ngubo



Mandla Lamula



Ntuthuko Mthembu



Ngwane Zikode



Ntokozo Maphanga



Nonhlanhla Khumalo

SPORTS ACTION



TOWNHILL HOSPITAL SOCCER TEAM



**ABAFANA BEZIVOCAVOCA NGAPHAMBI
KOMDLALO**



If the likes of Kaizer Chiefs, Pirates, Sundowns you name them have got their own no. ones supporters why can't we have ours. We can proudly say UMhlekezi can be rated as Townhill hospital sports teams no. one supporter. Wherever the team is playing UMhlekezi is always there. Mhlekezi I have to test your technical skills before I put you on the technical team. Your constant support to our sports teams is highly appreciated. Indeed you are our no. one supporter.

LADIES SPORTS ACTION



TOWNHILL HOSPITAL NETBALL TEAM

