



# UGU

# NEWS

JANUARY - MARCH 2023

## UGU DISTRICT OSS CABINET



Community and Government Officials during OSS Cabinet at Gcilima Information Centre

KZN Government led by the Premier Ms Nomusa Dube-Ncube hosted Operation Sukuma Sakhe Cabinet in Ugu District Municipality. On this day service delivery and programmes were accessed as all MECs were in Ugu targeting Ray Nkonyeni Municipality. Various Wards were visited and communities were given the opportunity to share their views and ask questions from the

MECs regarding services and programmes in communities. War Rooms were also visited for MECs to make sure that OSS is working and different departments and structures are able to work together.

MEC for Health Ms Nomagugu Simelane visited Ward 15 at KwaMadlala area and she was able to engage with communities.

On this day health services were rendered in all wards that were visited. Other departments also provided services to communities

KZN Premier Ms Nomusa Dube-Ncube visited Gamalakhe area. Gamalakhe CHC was also visited on this day and the focus was on infrastructure and also to engage with clients who normally use the Community Health Centre

**“OPERATION SUKUMA SAKHE”**



# PHOTO GALLERY-OSS CABINET



MEC Ms Nomagugu Simelane during OSS Cabinet in Ugu



MEC Mr Sboniso Duma and the leadership at Murchison Hosp



MEC Mr S Duma and Ugu Speaker Cllr Ngcobo taking rounds



Ugu District Community attending OSS Cabinet



MEC Dr Ntuthuko Mahlaba in action during OSS Cabinet



MEC Mr Super Zuma during OSS Cabinet





# UGU HEALTH DISTRICT DIRECTOR

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Mrs Linda Dlamini-Ugu Health District Director

The fourth quarter is such a rushed quarter with multiple activities that are thrilling. We started by receiving babies who were born on the 1st of January. Fortunately we did not have deliveries by young teenagers below 15 years like it happened during Christmas, this was quite a relief. Soon after getting into a new year Matric was receiving their final results. This came with a lot of psychological services demand as the department needed to assist children cope with the result they get. Some get excited as they passed their matric and had to prepare to go universities while others were disappointed. Fortunately no deaths/suicide were reported in the district related to this.

As if that much is not enough, the schools then open and never ready for this. Department of Health participated in school functionality week to conduct oversight to schools which went very well. Before we seat down the month of love was upon us. February activities that talks to Reproductive Health, Gender Based Violence, HIV, STI services while others were sharing love, others got rejected or cheated on and brew

to fights and sometimes murder, As the Department of Health, we need to be visible and available at all times to provide support, give services and conduct awarenesses which includes condom distribution drives, teenage pregnancy prevention drives called 'baby not now'. Concurrently the measles and HPV Campaign was being rolled out to run until the end of March.

In March we were closing out administrative books, making sure that supplies are paid, outstanding work is finalized or cancelled. This period always gets us in conflict with Business Forum as some projects get delayed and can not be rolled over to the next financial year.

We also conduct performance mop up to ensure that annual targets are being met and also planning and preparing for the financial year for Ugu Health District to be able to start implementation on 01 April and not be like fools on April fools day.

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**KWAZULU-NATAL PROVINCE**  
HEALTH  
REPUBLIC OF SOUTH AFRICA



KwaZulu-Natal Department of Health



KZN Department of Health



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# UGU HEALTH DISTRICT JOINED FORCES FOR NATIONAL MEASLES CAMPAIGN



Mr T Buthelezi, Mrs E Maseti nd Mr B Ndlovu



Ms N Mabaso mobilizing at Port Shepstone Rank



Mrs T Mathenjwa mobilizing at Port Shepstone Rank



Mr K Seyisi Mobilizing at Port Shepstone Rank

Ugu Health District embarked on a National Measles Campaign which started on 06 February 2023. All sub-districts took part in the campaign, facilities and teams went all out to vaccinate children from 6 months to 15 years.

Measles is a highly contagious disease caused by measles virus. Patients with measles present with fever and a rash. Cases can be found in communities or in institutions like crèches or day care centres. Adult travellers who have not been vaccinated in childhood are also at risk of measles. Measles is spread by contact with saliva or mucus droplets from the mouth or nose of an infected person when they breathe, cough, or sneeze. There is no specific treatment for measles, so treatment is directed at improving symptoms and preventing complications.

During this campaign National Department of Health, Provincial Office and World Health Organisation visited some Ugu Health Facilities that were identified in support of the campaign. Health Care Workers and Community Health Workers were commended of the good work and dedication that they have shown in all sub-districts even though they were encouraged to continue with the campaign until the set target is met.

The National Department of Health is committed to the protection of South Africa's children from vaccine preventable diseases through an uninterrupted supply of safe and potent vaccines.

**Protect yourself and many others by making sure you and your family members are vaccinated**





# YOU ARE NEVER TOO YOUNG TO HAVE DIABETES



School children during awareness



District Office Programme Managers



Health talk during awareness



Health talk during awareness

“Prevention is better than cure”. This message was delivered at Louisiana Primary School on the 30th of March 2023, as Ugu Health District visited this school for diabetes and obesity awareness. More than 200 school children were engaged. School teachers were very accommodative and welcoming to District Office Programme Managers and School HealthTeam.

On this day children were educated on types of diabetes and also type of food they must eat to prevent disease and obesity. Different topics were covered on this day. Move for your health and healthy life style issues were also included.

Giving her health education Mrs Nonduduzo Ndlovu, Non-Communicable Diseases Manager told children and teachers that, diabetes can affect the major organs in your body. Keeping your blood sugar level close to normal most of the time can dramatically

reduce the risk of many complications. A parent can prevent diabetes complications for children by working with the clinicians to maintain good blood sugar control as much as possible. Teaching your child the importance of a healthy diet and participating in regular physical activity. Scheduling regular visits with your child's diabetes health care professional.

If a parent suspect a child is having diabetes, he or she must be taken to the clinic so that you will be assisted by health care workers. PROMED also supported the awareness. They offered their services and brought fruit for children.





# KUBALULEKILE UKUZIGCINA UPHEPHILE FUTHI UZIQHELELANISE NOCANSI UMA USENGUMFUNDI



“Kubalulekile ukuziqhelelanisa nezinto ezin-gaphazamisa impilo yakho ukuze uqhubeke ngendlela nemfundo yakho”. Lesi isexwayiso esakhishwa abasebenzi beZempilo kwisiFunda Ugu kanjalo nesibhedlela iGJ Crookes njengoba bekunomkhankaso wokwexwayisa abafundi ngokungaziphathi kahle.

Lomkhankaso ubanjelwe esikoleni iMalangen High School eMdoni ku Ward 8, lapho kubonwe khona abafundi bamantomzane abangaphezu kuka 300. Phakathi kwezingxoxo ababenazo nabafundi abasebenzi bezempilo, ukuxwayisa ngokuzibandakanya nocansi okungaba nomthelela wokukhulelwa kwabantwana besikole bengahlelile. Ukuzibandakanya nophuzo oludakayo kanye nezidakamizwa okungaba nomthelela omubi empilweni. Ukuzibandakanya nobugebengu okungaholela ekulimazeni ikusasa lomfundi, kanye nokunye okuningi. Othisha nabafundi bakhombise ukuluthakasela lolusuku njengoba bebakhiphe ngobuningi babo abafundi ukuba bazolalela izinkulumo zabazempilo. Okugcizelwe kakhulu kulomkhankaso uku-gquguzela abantwana besikole ukuba bafunde ngokuzinikela ukuze ikusasa labo liqhakaze, bakhohlwe ukuzibandakanya nezinto zabantu abadala, bahloniphe balalele abazali kanjalo nothisha ukuze baphumelele empilweni.



Lolusuku lube impumelelo njengoba beluhanjelwe izikhulu zoMnyango weZempilo kwisiFundazwe nazo ezithole ithuba lokuxoxisana nezingane zesikole. Baphinde banxenxa ukuba babike kusanekhathi uma besola noma bebona ukuhlukumeza kwezingane kanye nabasifazane njengoba uhulumeni engeke azibekezelele izimo ezifuze lezo.



Iminyango eyahlukahlukene kanye naz-bezempilo banikezele ngosizo kubafundi. Umgomo we Covid-19, owe HPV kanye nowesimungumungwane ubuyingxenywe yosizo olunikezelwe njengoba kuqhubeka umkhankaso wokugoma. Abafundi baphinde baba nethuba lokuzibuzela bona ngokwabo mayelana naloko okubahluphayo nabafisa ukukwazi ngempilo yabo. Nabebefuna ukwazi ngokuhlela umndeni abavalelwanga ngaphandle njengoba imibuzo yabo iphendulekile.





## CONGRATULATIONS ON YOUR NEW POSTION MRS NONDUDUZO NDLOVU



Ugu Health District Office congratulated Mrs Nonduduzo Ndlovu who was working as a Non-Communicable and Eye Coordinator as she exited her position on 31 March 2023. Mrs Ndlovu is now an Operational Manager for Umtentweni Clinic. Thank you for being a great colleague and being dedicated to your work, this office appreciated working with you. Good luck on your future endeavours, continue to be the good person you are.

## CONGRATULATIONS ON YOUR RETIREMENT MRS ANTONETTE PRINSLOO



Farewell Mrs Antonette Prinsloo, Ugu Health District wishes you all the best as you are starting a new life. Mrs Prinsloo has been working in Human Resources Department for a very long time assisting in HRD. District Office staff came together to organise a beautiful send off for her. She will definitely be missed as she is enjoying her new life. Retirement is a new chapter of life. Enjoy it with good health, relaxation and fun. **HAPPY RETIREMENT, YOU WILL BE**

## UGU HEALTH DISTRICT PERMANENT VACCINATION SITES

Sub-District	Vaccination Sites/Facility	Operating Hrs
Ray Nkonyeni	KwaMbunde Clinic	08h30–15h00
Ray Nkonyeni	Thembalesizwe Clinic	08h30–15h00
Ray Nkonyeni	Izingolweni Clinic	08h30–15h00
Ray Nkonyeni	Bhobhoyi Clinic	08h30 - 15h00
Ray Nkonyeni	Mthimude Clinic	08h30 - 15h00
Ray Nkonyeni	Murchison hospital	08h30 - 15h00
Ray Nkonyeni	Gamalakhe CHC	08h30 - 15h00
Ray Nkonyeni	Gcilima Clinic	08h30 - 15h00
Ray Nkonyeni	Mvutshini Clinic	08h30 - 15h00
Ray Nkonyeni	Ludimala Clinic	08h30 - 15h00
Ray Nkonyeni	Ntabeni Clinic	08h30 - 15h00
Ray Nkonyeni	Bhomela Clinic	08h30 - 15h00
Ray Nkonyeni	Braemer Clinic	08h30 - 15h00

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**KWAZULU-NATAL PROVINCE**  
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KwaZulu-Natal Department of Health



KZN Department of Health



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**GROWING  
KWAZULU-NATAL  
TOGETHER**

# UGU DISTRICT VACCINE PERMANENT SITES

Sub-District	Vaccination Sites/Facility	Operating Hrs
Ray Nkonyeni	Margate Clinic	08h30 - 15h00
Ray Nkonyeni	Port Edward Clinic	08h30 - 15h00
Ray Nkonyeni	Marburg Clinic	08h30–15h00
Ray Nkonyeni	Port Shepstone Clinic	08h30–15h00
Ray Nkonyeni	Umtentweni Clinic	08h30–15h00
Ray Nkonyeni	Madlala Clinic	08h30–15h00
Ray Nkonyeni	Southport Clinic	08h30 - 15h00
Ray Nkonyeni	Port Shepstone hospital	08h30 - 15h00
Umzumbe	Assisi Clinic	08h30 - 15h00
Umzumbe	Nhlalwane Clinic	08h30 - 15h00
Umzumbe	Phungashe Clinic	08h30 - 15h00
Umzumbe	Ntimbankulu Clinic	08h30 - 15h00
Umzumbe	Khayelihle clinic	08h30 - 15h00
Umzumbe	Mfundo Arnold Lushaba CHC	
Umuziwabantu	Santombe Clinic	08h30–15h00
Umuziwabantu	Mbotho Clinic	08h30–15h00
Umuziwabantu	Meadow sweet Clinic	08h30–15h00
Umuziwabantu	Gateway Clinic	08h30–15h00
Umuziwabantu	Harding Clinic	08h30–15h00
Umuziwabantu	Pisgah Clinic	08h30–15h00
Umuziwabantu	Elim Clinic	08h30–15h00
Umuziwabantu	Weza Clinic	08h30–15h00
Umuziwabantu	Mbonwa Clinic	08h30–15h00
Umuziwabantu	Kwajali Clinic	08h30–15h00
Umuziwabantu	Xhamini Clinic	08h30–15h00
Umuziwabantu	St Andrew's Hospital	08h30–15h00
Umdoni	Dududu Clinic	08h30–15h00
Umdoni	GJ Crookes hospital	08h30–15h00
Umdoni	GJ Crookes Gateway clinic	08h30–15h00
Umdoni	Umzinto clinic	08h30–15h00
Umdoni	Mgangeni clinic	08h30–15h00
Umdoni	Dlangezwa clinic	08h30–15h00
Umdoni	Philani clinic	08h30–15h00
Umdoni	Scottburgh clinic	08h30–15h00

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# AUTISM SPECTRUM DISORDER (ASD):



Autism is a neurodevelopment disorder that affects the brain's ability to process information.



There isn't a cure, but early recognition and therapy can reduce symptoms and support development and learning.

# HUMAN RIGHTS DAY 2023

Consolidating and Sustaining Human Rights Culture into The Future



We must continue to break down the barriers, which divide us -  
Leaving No One Behind

[#HumanRightsDay2023](#) [#HumanRightsCulture4All](#) | [www.gov.za](http://www.gov.za)



## ACKNOWLEDGEMENTS

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