



# UGU

# NEWS

OCTOBER-DECEMBER 2022

## “THANK YOU MRS BUHLE MAVUNDLA FOR SERVING THE DEPARTMENT WELL”



Mrs B Mavundla and her husband during her retirement function which was held at The Estuary Hotel in Port Edward

Ugu Health District organized a beautiful retirement function for Mrs Buhle Mavundla to show appreciation as she exited the department at end December 2022.

This event saw District, Hospital and PHC management joined together to honour Mrs Mavundla as she has been with Ugu Health District since 2014. She was working as a PHC District Specialist Team—DCST. She spent 35 years of her precious life serving KZN people. She showed knowledge and interest on

her work ever since she joined the district. She joined the Department of Health in 1987 as a Professional Nurse and she never broke her service as she spent 35 years on the field and also leading different departments. She has been working in different districts within KZN. Management and staff members attended the event agreed that Mrs Mavundla was loyal to her job and dedicated, she was always striving to improve lives of communities as she liked her community work.



# PHOTO GALLERY-MRS BUHLE MAVUNDLA RETIREMENT





**IT WAS INDEED A BEAUTIFUL SEND OFF.  
THANK YOU UGU HEALTH DISTRICT  
MANAGEMENT AND STAFF**

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# UGU HEALTH DISTRICT DIRECTOR



Mrs Linda Dlamini-Ugu Health District Director

The Department under the leadership of MEC for Health Ms Nomagugu Simelane and headed by HoD for Health Dr Sandile Tshabalala worked tirelessly to protect the citizens of KwaZulu Natal against the spread of COVID-19 and to restore faith of our communities in the department. All these efforts have been escalated to the people of Ugu District so that they also benefit from all that the department is doing. As much as we can see that COVID -19 cases have drastically dropped we are still not out of the woods. Clients that are coming into health facilities are still requested to put on masks to protect everyone around them. It must always be borne in mind that facilities are not similar to any other gathering place, it is where people who do not feel well come to seek help. In cognisance of this it is possible that there might be people who are coming in because they are infected with COVID-19 and have not yet tested or they have not yet received their results. There might also be people who have low immunity due to the infection that they are having at that moment.

Even a runny tummy can lower ones immune system and make them vulnerable to other infections. Please play your part and wear a mask.

December period is very pleasant and uplifting. Babies born on Christmas day and new year received gifts from the MEC for Health Ms Nomagugu Simelane. A special session was held through virtual connection where mothers connected with the MEC who congratulated them. Mothers appreciated this gesture and had very positive feedback about their experience.

During these engagements it was also discovered that Ugu is still contributing to teenage deliveries where there was even a 15 year old who delivered in one of the facilities in Ugu. We are therefore tasked with a huge responsibility of reaching out to our communities with other government departments to curb the surge of teenage pregnancy. As the department we need parents/guardians to work with us in addressing these issues of social ills.

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# WORLD AIDS DAY 2022 WAS BEING MARKED UNDER THE THEME EQUALIZE



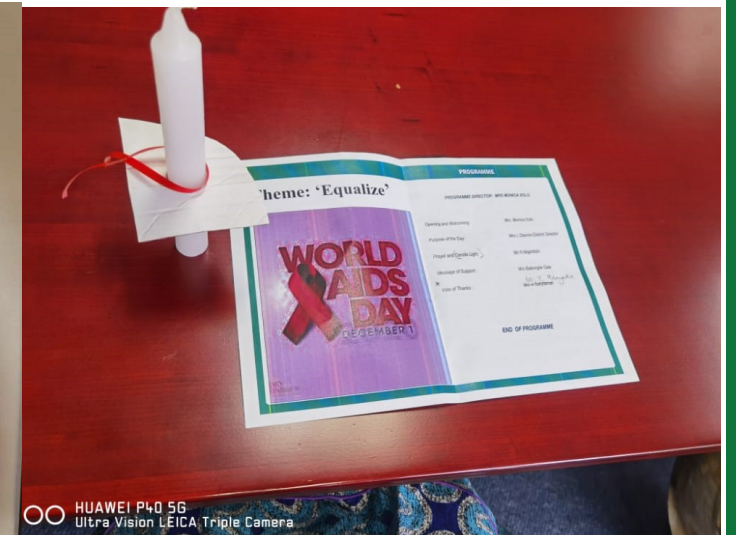
UGu Health District Office staff during WAD commemoration



District Director Mrs L Dlamini



Organizing team



Candle lighting by all staff members

Ugu Health District Office commemorated World AIDS Day at the District Office Boardroom on the 1st of December 2023. It was very interesting to see all staff members joining together remembering those infected and affected by HIV/AIDS.

World AIDS Day 2022 was being marked under the theme Equalize. The “Equalize” slogan is a call to action. It is a prompt for all of South Africans to work for the proven practical actions needed to address inequalities and help end AIDS. Addressing staff members, District Director Mrs L Dlamini reminded all attended that the country has done very well in managing HIV/AIDS. Many people were dying, but because of the support and treatment that has become history. She also mentioned that COVID-19 has affected mostly health care workers, and it is very unfortunate that they have to deal directly with the disease which makes them mostly affected

the pandemic. “I just want to remind you that you are important and we cant run away from the fact that you are also human beings who are being affected like any other person, which is why it is important that you take care of yourselves.” concluded Mrs Dlamini.

The office also invited Mrs Babongile Cele who was working as HAST Manager at the District Office to give a health talk to staff members. Giving vote of thanks Mr Xolani Mbangata who is currently responsible for HAST at the District, appreciated all those who are working tirelessly including NGOs in trying to put HIV/AIDS into an end



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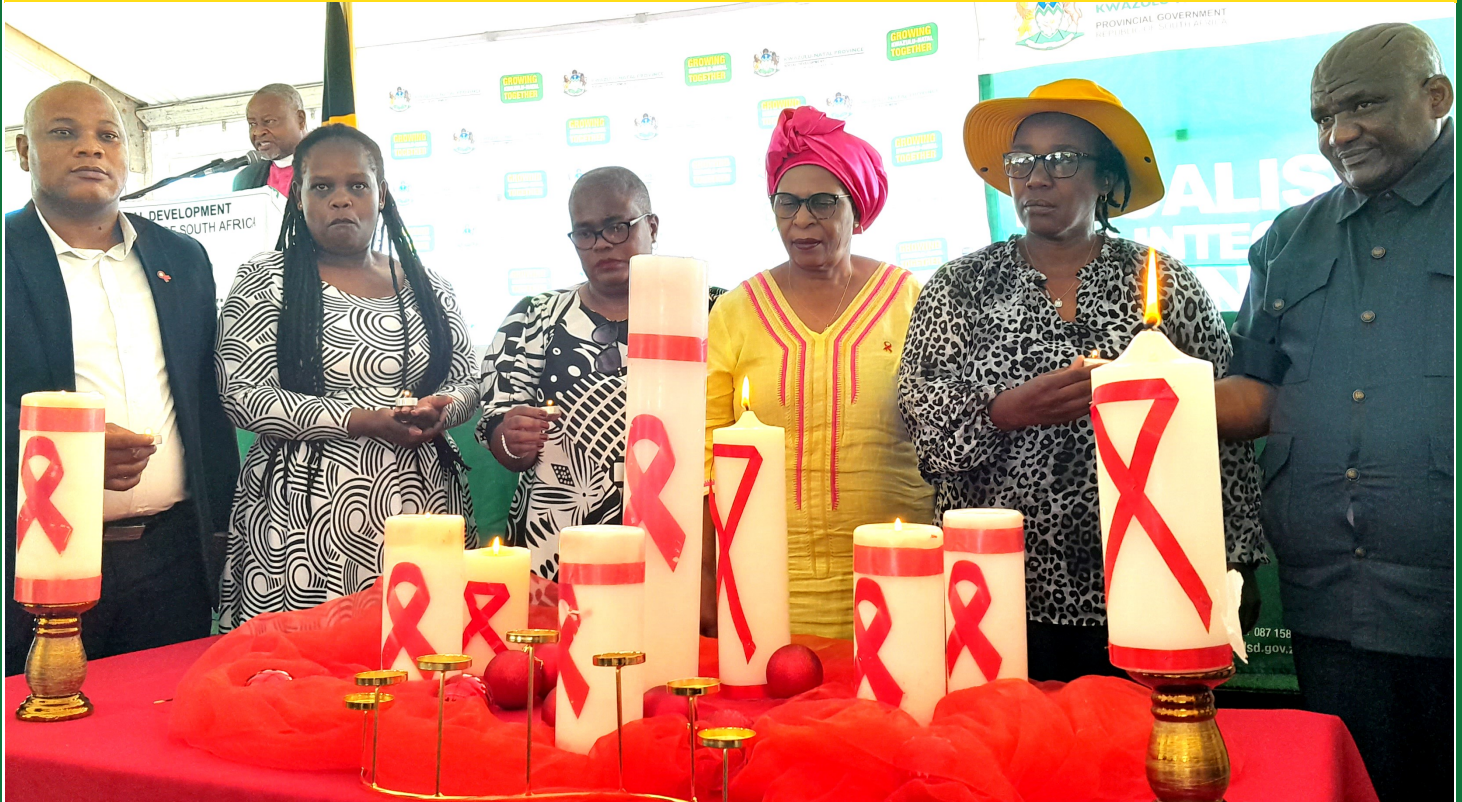
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# INEQUALITIES WHICH ARE HOLDING BACK PROGRESS IN ENDING HIV/AIDS SHOULD BE ADDRESSED



MEC for Social Development Mrs Nonhlanhla Khoza and Inkosi Mbuso Ngcobo with Ugu District leadership during World AIDS Day

The province of KwaZulu Natal is always committed in fighting HIV/AIDS, this has been shown several times as all MECs and the Premier always go out in to different districts to host World AIDS Day events. Ugu District being led Department of Social Development MEC, Mrs Nonhlanhla Khoza on 06 December 2023, hosted the event.

Every 1st day of December people around the world unite to show support for people living with HIV and to remember those who have died from AIDS-related illnesses. Each World AIDS Day focuses on a specific theme. The day is an opportunity for public and private partners to spread awareness about the status of the pandemic and encourage progress in HIV/AIDS prevention, treatment and care around the world. 2022 theme "Equalize". Each and every person is being urged to address issues of inequalities which are holding back progress in ending AIDS. During events and awarenesses every one gets involved in sharing the message that will benefit tackling inequalities. This event which was at Ray Nkonyeni Municipality, Nyandezulu saw all departments working together in giving services and health talks. Department of Health was giving health screening services in different categories. HIV and TB testing was amongst the top priority.

Health Care Workers worked very hard in trying to reach number of people attending the event.

MEC Khoza also touched on the issues of 16 Days of Activism which was launched on 25 November ending on 10 December. Theme for 2022 was "UNITE! Activism to end violence against women and girls". Its invites everyone to play their role in ending violence against women and girls, show support and solidarity to women's rights activists and to resist the rollback on women's rights.

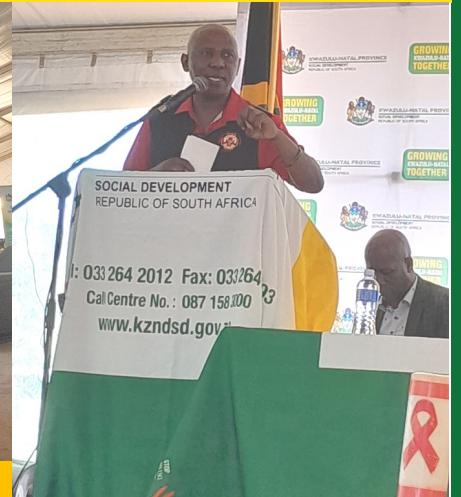
During her speech the MEC appreciated all that are joining together in fighting HIV/AIDS. She mentioned that the country is coming very far in fighting the pandemic. She also mentioned that the importance of GBV awareness is to provide young people with the tools and expertise to understand the root causes of violence in their communities, to educate and involve peers and others in the community to work to prevent such violence, and helps them to learn where they can access support, if they experience violence.

Ugu Health District Hast Manager Mr Xolani Mbangata shared the statistics with the community attended the event. He also encouraged them to visit health facilities in making sure that they check their status and initiated as soon as possible if needs arise.

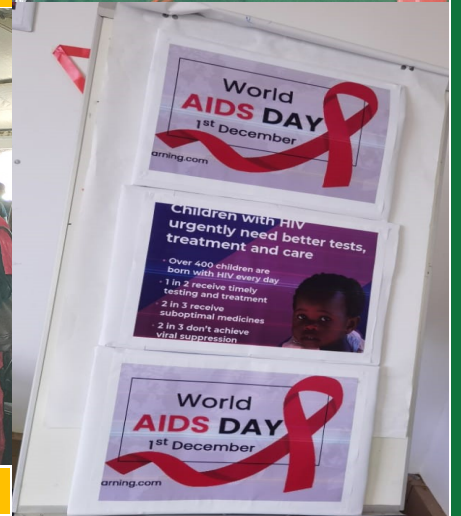
# INEQUALITIES WHICH ARE HOLDING BACK PROGRESS IN ENDING HIV/AIDS SHOULD BE ADDRESSED



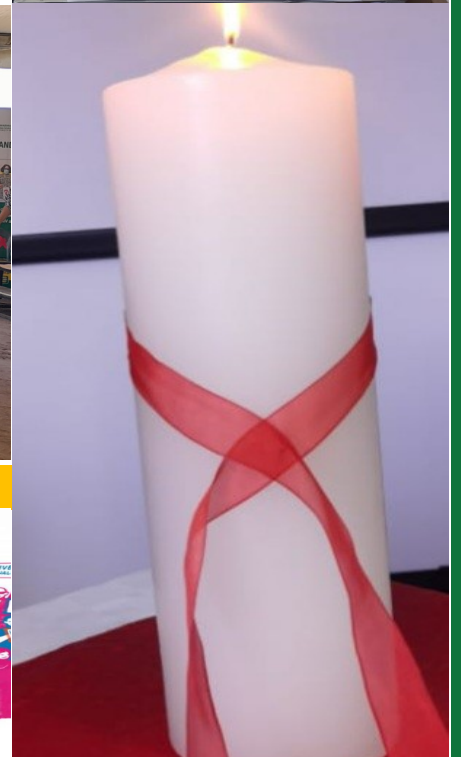
Mr Xolani Mbangata addressing the community at Nyandezulu



Community during candle lighting



Leadership attended World AIDS Days



UMNYANGO WEZEMPILO KWISIFUNDA UGU UGQGUG-  
QUZELA ABAZALI UKUBA BAHAMBISE ABANTWANA  
UKUYOGOMELA ISIFO SESIMUNGUMUNGWANE NJEN-  
GOBA UZWE LONKE UPHUME UMKHANKASO.

— UMKHANKASO KA-2023 —

# WOKUGOMELA ISIMUNGUMUNGWANE



**THOLA UMGOMO WESI-  
MUNGUMUNGWANE**



**THOLA AMACONSI  
KA-VITHAMIN A**



**THOLA UMUTHI  
WEZIKELEMU**

**Kusukela kumhlaka: 6 February kuya ku 31 March 2023**

**Izingane : kusukela ezinyangeni ezingu-6 kuya eminyakeni engu-15**

**XHUMANA NESIKHUNGO SEZEMPILO ESISEDUZE NAWE  
NGOLWAZI OLUTHE XAXA NGALOMKHANKASO**



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# KUQWASHISWE NGESIFO SIKASHUKELA KANYE NOKUZINAKEKELA UKUZE UPHILE IMPILO ENDE



Abenkampani I Promed besiza ekuhloleni umphakathi

Kumhlaka 14 November kumhlaba wonke kusuke kuqwashiswa ngesifo sikashukela. Ngalolusuku bonke abasebenzi beZempilo bayabambisana ukwenza isiqinisekiso sokuthi bayayidlala indima yabo ukuqinisekisa ukuthi wonke umphakathi ovakashela emtholampilo uya-sihlolelwa lesisifo. Kuphinde kwenziwe nezindlela zokuphumela emphakathini ukusondezela ezempilo. Isiqubulo sakulonyaka sithi “MASIFUNDISANE UKUVIKELA IKUSASA” nokugcizelela ukubaluleka kokufundisana mayelana nokuziphatha nokuzinakekela ukuqinisekisa ekuzivikeleni kulesisifo.

Nakulonyaka imitholampilo ibambe iqhaza elikhulu kakhulu ukwenza imikhankaso yokufundisa nesifo sikashukela. Lokhu ikwenze ngokubambisana nalowo ongamele izifo eziyimbelesela kwisiFunda uGu uNkk Nonduduzo Ndlovu. Phakathi kwemitholampilo ezinikelile ukwenza lokhu kubalwa iDududu, Meadowseat, Thembalesizwe kanye namanye amaningi.

Eqwashisa umphakathi waseDududu uNkk Ndlovu ufundise umphakathi mayelana nokuziphatha ukuze lesisifo sivikeleke. Uthe kubalulekile ukuthi sitshintshe indlela esidla ngayo, ukuzivocavoca kanjalo nokuqaphela umzimba ukuthi ungakhuluphali kuze kweqe. Ufundise nangezinhlobo zesifo sikashukela nathe kuyenzeka ukuthi uthi noma usuqalile ukubona izimpawu kodwa uvikeleke ikakhulu uma uzokwazi ukuzinakekela ngokufanele. Laba asebevele benawo kubalulekile ukuba bathathe imishanguzo yabo ngokwemiyalelo yabazempilo.

Umphakathi uthole ukuhlolwa ngalolusuku kanti umkhankaso uqhubekile njengoaba namanje kusahlowa ukuze kusheshe kutholakale uma kukhona okunyonnyobayo. Kuphinde kwahlolwa nezinye izifo ezifana nokuhlololwa umfutho wegazi, isifo sofuba, isifo sengculaza, isifo sengqondo. Kuphinde kwagcizelwa kakhulu ngokuhlolola isifo somdlavuzwa kwaphinde kwanxenxwa abesilisa ukuba bakukhuthalele ukuvakashela emitholampilo njengoba izibalo ziveza ukuthi bancane kakhulu abantu besilisa abavakashela imitholampilo ukuyozihlola. Isikhathi esiningi batholakala sebegula kakhulu sekumele belashwe ngokwezinga eliphezulu nokuba inkinga kakhulu ekuvikelekeni.

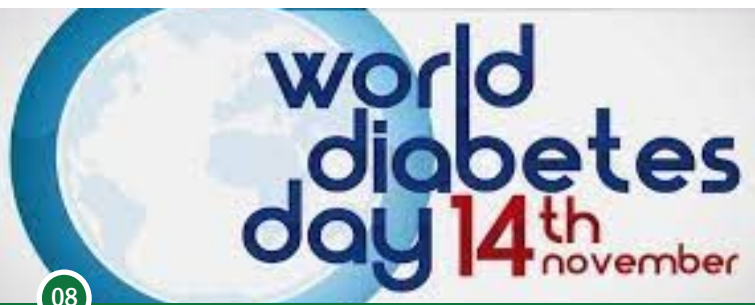
## HLOLA MANJE KUFANELE



Umphathi womtholampilo iDududu Clinic uMnu Beki Ndlovu



Abasebenzi base Meadowseat abasebenze ngokuzikhandla



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# KUGQUGQUELWE UKUZIHLOLA KWEMPILO OKUPHELELE



Kuqwashiswe ngezifo ezihlukahlukene endaweni yakwaMngayi ku Ward 8 endaweni yakwa Nogoduka ehholo lomphakathi. Ngalolusuku kuphinde kwagqugquzelwa umphakathi ukuba ujwayele ukuva-kashela abazempilo ukuze usheshe uthole ukusizkaala uma kukhona izifo ezihlaselayo.

Ngalolusuku abasebenzi bomthalamphilo I Mfundo Arnold Lushaba kanye noMngayi ngobuningi babo njengoba kunikezelwe nangosizo lwezempilo kulendawo. Umphakathi wakulendawo uyingxenywe yalabo abathola usizo lwezempilo kumtholampilo uMngayi kodwa ngenxa yokuba buqamama kwendawo bagcina behanjelwa umahamba nendlwana. Umahamba nendlwana awukwazi ukuya

emphakathini nsuku zonke njengoba zizingi izindawo okumele uzihambele.

Phakathi kwezinsiza ezabe zihamba phambili kulolusuku, ukuhlelela umdlavuzwa womlomo wesibeetho kanti abesifazane bakujabulela kakhulu lokhu njengoba bephume ngobuningi babo. Kuphinde kwagonywa nezingane njengoba izibalo zakuleya ndawo zikhomba ukuthi izingane eziningi aziyiqedeli imigomo ngenxa yezizathu ezihlukahlukene. Abebetholakala bedinga usizo olungaphezulu njengoba kuhlalelwe zonke izifo badluliselwe emtholampilo ukuze bathole ukulapheka ngokushesha, kanti baphinde bafundiswa ukubaluleka kokuvakashela emtholampilo.

## UGU HEALTH DISTRICT PERMANENT VACCINATION SITES

Sub-District	Vaccination Sites/Facility	Operating Hrs
Ray Nkonyeni	KwaMbunde Clinic	08h30–15h00
Ray Nkonyeni	Thembalesizwe Clinic	08h30–15h00
Ray Nkonyeni	Izingolweni Clinic	08h30–15h00
Ray Nkonyeni	Bhobhoyi Clinic	08h30 - 15h00
Ray Nkonyeni	Mthimude Clinic	08h30 - 15h00
Ray Nkonyeni	Murchison hospital	08h30 - 15h00
Ray Nkonyeni	Gamalakhe CHC	08h30 - 15h00
Ray Nkonyeni	Gcilima Clinic	08h30 - 15h00
Ray Nkonyeni	Mvutshini Clinic	08h30 - 15h00
Ray Nkonyeni	Ludimala Clinic	08h30 - 15h00
Ray Nkonyeni	Ntabeni Clinic	08h30 - 15h00
Ray Nkonyeni	Bhomela Clinic	08h30 - 15h00
Ray Nkonyeni	Braemer Clinic	08h30 - 15h00



# UGU DISTRICT VACCINE PERMANENT SITES

Sub-District	Vaccination Sites/Facility	Operating Hrs
Ray Nkonyeni	Margate Clinic	08h30 - 15h00
Ray Nkonyeni	Port Edward Clinic	08h30 - 15h00
Ray Nkonyeni	Marburg Clinic	08h30–15h00
Ray Nkonyeni	Port Shepstone Clinic	08h30–15h00
Ray Nkonyeni	Umtentweni Clinic	08h30–15h00
Ray Nkonyeni	Madlala Clinic	08h30–15h00
Ray Nkonyeni	Southport Clinic	08h30 - 15h00
Ray Nkonyeni	Port Shepstone hospital	08h30 - 15h00
Umzumbe	Assisi Clinic	08h30 - 15h00
Umzumbe	Nhlalwane Clinic	08h30 - 15h00
Umzumbe	Phungashe Clinic	08h30 - 15h00
Umzumbe	Ntbankulu Clinic	08h30 - 15h00
Umzumbe	Khayelihle clinic	08h30 - 15h00
Umzumbe	Mfundo Arnold Lushaba CHC	
Umuziwabantu	Santombe Clinic	08h30–15h00
Umuziwabantu	Mbotho Clinic	08h30–15h00
Umuziwabantu	Meadow sweet Clinic	08h30–15h00
Umuziwabantu	Gateway Clinic	08h30–15h00
Umuziwabantu	Harding Clinic	08h30–15h00
Umuziwabantu	Pisgah Clinic	08h30–15h00
Umuziwabantu	Elim Clinic	08h30–15h00
Umuziwabantu	Weza Clinic	08h30–15h00
Umuziwabantu	Mbonwa Clinic	08h30–15h00
Umuziwabantu	Kwajali Clinic	08h30–15h00
Umuziwabantu	Xhamini Clinic	08h30–15h00
Umuziwabantu	St Andrew's Hospital	08h30–15h00
Umdoni	Dududu Clinic	08h30–15h00
Umdoni	GJ Crookes hospital	08h30–15h00
Umdoni	GJ Crookes Gateway clinic	08h30–15h00
Umdoni	Umzinto clinic	08h30–15h00
Umdoni	Mgangeni clinic	08h30–15h00
Umdoni	Dlangezwa clinic	08h30–15h00
Umdoni	Philani clinic	08h30–15h00
Umdoni	Scottburgh clinic	08h30–15h00

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# UNQONGQOSHE WEZEMPILO KWAZULU NATAL UKHATHAZEKILE NGAMANTOMBAZANE ATHOLA ABANTWANA ESEMANCANE



Abaphathi besibhedlela I Port Shepstone belinde ukwamukela abantwana ngoKhisimusi

UNqongqoshe weZempilo uNkk Nomagugu Simelane ukhathazekile ngokukhulelwa kwamantombazane asemancane ngenxa yokuthi kunobungozi ngoba asuke engakakulungeli lokhu ngokomzimba nangokomqondo. Lokhu ukusho ngomhlaka 25 December 2022, ngenkathi amukela izingane ezizalwe ngokhisimusi. Ngalolusuku kube nemicimbi ezibhedlela ezahlukene okubalwa kuzo ne Port Shepstone lapho izingane ezizalwe ngalolusuku beziphiwa izipho.

UNqongqoshe wemukele bonke abantwana abazalwe ngalolusuku waphinda wahalalisela nabazali babo. Uphinde wamukela labo abazalwe ngonyaka omusha ngomhlaka 01 January 2023, kanti nabo baphinde bamukeliswa izipho.

## ACKNOWLEDGE-

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