GLOBAL HAND WASHING DAY CAMPAIGN: 5TH & 6TH MAY 2014

PRESENTED BY: UMGUNGUNDLOVU INFECTION PREVENTION & CONTROL TEAM
CO-ORDINATED BY: K.RUTHANUM & K.KHUMALO

IT TAKES JUST 5 MOMENTS TO CHANGE THE WORLD. CLEAN YOUR HANDS, STOP THE SPREAD OF DRUG RESISTANT GERMS!

THEME 2014: NO ACTION TODAY, NO CURE TOMMORROW
World/Global Hand Hygiene Day takes place on May 05th 2014 which is declared by the World Health Organization (WHO) and encourages patients and their family members to join health workers in their efforts to practice good hand hygiene. According to WHO, every year, hundreds of millions of patients around the world are affected by health care-associated infections. More than half of these infections could be prevented by health care workers properly cleaning their hands at key moments in patient care.

Hand washing with soap and water has been proven to be one of the most effective and inexpensive measures to prevent the transmissions of infections. Throughout the world we are now seeing an increase in antimicrobial resistance. Effective hand washing practices has been identified as one of the key measures to reduce antimicrobial resistance.

The theme for the 2014 Global hand washing campaign is: IT TAKES JUST 5 MOMENTS TO CHANGE THE WORLD. CLEAN YOUR HANDS, STOP THE SPREAD OF DRUG RESISTANT GERMS. NO ACTION TODAY NO CURE TOMMORROW.

The campaign will be highlighting the role of hand hygiene in combating antimicrobial resistance by making sure that the WHO 5 moments of hand washing are core to protecting patients, staff and visitors from resistance pathogens.

The UMgungundlovu Infection Prevention and Control Team, recognizes the need to actively promote hand washing in the district and hence will be taking part in the campaign. The team will register with the WHO to participate in this annual event. All activities will be promoted on the intranet under the Infection control site and all reports will also be placed there. The team will look into starting up a social media link i.e. twitter to promote Infection control activities. An article related to the theme will be written and submitted to the newspapers and the campaign will be promoted on the local radio stations.
UMGUNGUNDLOVU HEALTH DISTRICT

INFECTION PREVENTION AND CONTROL PROGRAMME

Objectives

Health care workers (hospitals, clinics, care centers)
- To promote hand washing practices in all facilities
- To educate all health care workers on the WHO 5 moments of hand washing
- To highlight the impact of antimicrobial resistance
- To highlight the role of hand washing in reducing antimicrobial resistance.
- To foster and support a global and local culture of hand washing
- To educate all health care workers on how to perform hand washing and on how to use alcohol based hand rubs,
- To ascertain the current status of hand washing in all facilities and hence to develop strategies to overcome obstacles to effective hand washing.
- To comply with the vital measure in the national core standards.

The Community
- To create and raise awareness about the benefits of hand washing.
- To educate communities on the correct hand washing technique.
- To educate communities when to wash their hands.

Minimum expected outcome

Health care facilities
- Transformed and improved hand washing practices in all health care facilities
- Adherence to the WHO 5 moments of hand washing
- Compliance with all hand washing techniques and requirements.
- A reduction in infection rates.
- Prevention and reduction of antimicrobial resistance.
- The developments of strategies to overcome all obstacles that impact on hand washing practices.

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INFECTION PREVENTION AND CONTROL PROGRAMME

For the community

- Improved hand washing practices and behavior in communities.
- Reduction of infections in the communities.
- Improved knowledge on when to wash hands.
- Hand washing with soap and water could make a significant contribution to the meeting the millennium development goal of reducing deaths under the age of five by two-thirds by 2015.

Activities/Program for the campaign

The campaign will be conducted in 2 PHASES:

Phase 1: A Hand washing seminar/Awareness Initiative

<table>
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<tr>
<th>DATE</th>
<th>05TH MAY 2014</th>
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<tr>
<td>TIME</td>
<td>09H00-16H00</td>
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<tr>
<td>VENUE</td>
<td>GREYS HOSPITAL HALL (BY THE NURSES HOME)</td>
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<tr>
<td>TARGET AUDIENCE</td>
<td>ALL HEALTH CARE WORKERS</td>
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<td>NURSING STUDENTS</td>
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<td>Compulsory for: IPC Managers, QA Managers, WMO, IPC Representatives as they are part of the IPC Team.</td>
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The program includes the following:

- Talks on: The evolution of hand washing, antimicrobial resistance, the role of hand washing in antimicrobial resistance. There will be hand washing demonstrations, role play and entertainment,
- All facilities are expected to deliver a power-point presentation on the status of hand washing in their facilities. PHC supervisors must give an overall report of all the clinics under their supervision. May all facilities kindly send their presentation to: K.Ruthaanum (keithruthanum@kznhealth.gov.za) by the 29th of April 2014! Presentations must not be more than 10 minutes long.
UMGUNGUNDLOVU HEALTH DISTRICT

INFECTION PREVENTION AND CONTROL PROGRAMME

- There will be a panel (consisting of members from various components) present to try to address any hand washing related questions that the audience may have. Attempts will be made to involve the private institutions as well.
- Representatives from companies will be invited to showcase their hand wash related products and services.
- **Challenge:** all facilities are challenged to dress up in attire to promote hand washing and to develop a hand washing slogan. A prize will be given to the best dressed facility and to the facility with the best slogan.
- **Challenge:** A hand washing commitment pledge must be signed by all health care workers. (Annexure A) The facility with the most number of pledges signed will be awarded a prize.

Facilities that would like to perform any item at the seminar/event are welcome to do so however details must be emailed to keithruthanum@kznhealth.gov.za by the Friday the 25th of April 2014.

- Posters and pamphlets will be distributed to all facilities at the end. Special pamphlets will be developed. The posters and pamphlets will be printed by the district office.

**CLEAN HANDS SAVES LIVES**

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Phase 2: A hand washing audit and education/out-reach session will be held at the following facilities.

**DATE: 06/05/2014**  **STARTING TIME: 09H00**

<table>
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<tr>
<th>Facility to be visited</th>
<th>Facilities conducting the audit and session</th>
<th>Team leaders</th>
<th>PRO appointed/delegated</th>
<th>CLINICS</th>
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| APPLESBOSCH            | • Greys Hospital  
                         |              | • J.Green  
                         |          | • T.Dlamini  
                         |          | Applesbosch Hospital  
                         |          | ALL Clinics that fall under Applesbosch Hospital, or are closer to Applesbosch are to send at least one representative to the audit and learning session. |
| Northdale Hospital     | • Townhill Hospital  
                         |              | • K.Ruthanum  
                         |          | • N.Fihla  
                         |          | Townhill Hospital  
                         |          | ALL Clinics that fall under Northdale Hospital, or are closer to Northdale Hospital are to send at least one representative to the audit and learning session. |
| Caluza Clinic          | • Edendale Hospital  
                         |              | • D.N.Mbambo  
                         |          | • L. Hadebe  
                         |          | Imbalenhle Doris Goodwin  
                         |          | ALL Clinics that fall under Edendale Hospital or are closer to Caluza Clinic are to send at least one representative to the audit and learning session. |
| East boom CHC          | • District IPC  
                         |              | • K.Khumalo  
                         |          | East boom CHC  
                         |          | ALL Clinics that fall under EAST BOOM, or are closer to EAST BOOM CHC are to send at least one representative to the audit and learning session. |

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UMGUNGUNDLOVU HEALTH DISTRICT

INFECTION PREVENTION AND CONTROL PROGRAMME

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ALL Clinics that fall under Richmond, or are closer to Richmond clinic are to send at least one representative to the audit and learning session.

Activities to be conducted at the facilities

- A hand washing audit using the district hand washing tool is to be conducted. (A minimum of 5 audits. Different categories of staff must be audited)
- A feed–back session must follow after the audit.
- Education must be given to staff and the health care worker pamphlet must be distributed.
- Education must be given to members of the public and pamphlets will be distributed to the public.
- The visiting team must also give information and education to the public outside the facility such as street vendors, pedestrians etc.

Key points

- All teams visiting the facilities to be audited must arrange their own transport as discussed and agreed upon in the planning meeting. The team should include; IPC, QA, WMO and others that are interested.
- PHC supervisors are too coordinated where each clinic will attend and should arrange the necessary transport.
- Facilities that will be audited/ supported are to welcome all visiting teams and must ensure that a meeting place is available.
- All appointed team leaders are to coordinate the process. The team leaders are expected to write a report that includes the photos taken that will be used in our final report.
- The audits will be used to ascertain the status of hand washing in the district. An analysis of the audit will be done and will be presented.

A Complete report on all the activities will be generated and placed on the intranet and will be sent to all facilities. A report will also be submitted to the World Health Organization.

Your co-operation in making these events a success will be highly appreciated.

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If you have any enquires kindly contact:

K. Ruthanum (Clinical Program Coordinator: Infection Prevention & Control)

Townhill Hospital 033 3415535 or 0798821000

Keith.ruthanum@kznhealth.gov.za

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HAND WASHING PLEDGE

I pledge my commitment to applying effective hand washing practices to protect all my patients, my colleagues and myself. I pledge my commitment to always following the WHO 5 MOMENTS OF HAND WASHING.

This is me, playing my part in reducing and preventing antimicrobial resistance.

NAME OF FACILITY:
______________________________________________________

UMgungundlovu IPC Team

“SAVING LIVES CAMPAIGN”

NO ACTION TODAY, NO CURE TOMMORROW

‘IKUSASA ELIHLE’

THEME 2014: NO ACTION TODAY, NO CURE TOMMORROW
# Umgungundlovu Health District

**Infection Prevention and Control Programme**

**Theme 2014:** No action today, no cure tomorrow

**Cleans Hands Save Lives**

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