



**health**

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

**UMKHANYAKUDE HEALTH DISTRICT**

# SIKHANYAKUDE

# NEWS

**STAY INFORMED**

**Oct-Dec 2018**

## MEC DHLOMO RESPONDED TO COMMUNITY CONCERNS



District Director Ms. M.P. Themba briefing the honorable MEC, Inkosi, local leadership and other stakeholders about the impact that the new mobile clinic buses would have on healthcare service delivery in the district.



**Universal Health Coverage Day**  
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**World Aids Day celebration in Umkhanyakude**  
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**Festive Season Safety Tips**  
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## MEC Dhlomo used the gathering to launch Cancer Awareness Campaign

**M**EC for Health in KwaZulu-Natal Dr. Sibongiseni Dhlomo on 10th December 2018 visited Mfekayi and Shikishela areas in Mtubatuba Local Municipality under Umkhanyakude District to give feedback on concerns raised by the community. Among concerns raised during protest action which took place in June this year (2018) was a request for a clinic to be built in Mfekayi area.

However, MEC announced that whilst a residential clinic is in the departmental future plans, new mobile clinic points and increased frequency of visits to the existing points will be the alternative response to community concerns. He therefore handed over new fully equipped mobile clinic buses that will be used by nurses to deliver healthcare services on the announced points. Nevertheless, these areas do have residential clinics namely Nkundusi and Madwaleni clinics within 10km radius should patients need to be referred to the next level of care.

Umkhanyakude District Municipality Mayor Cllr T.S. Mkhombo appreciated department of health's interventions and urged community members to scrutinize leaders that they put into government positions; he further enlightened community members to choose hard-working persons who will always put their community needs first.

Inkosi MM Mkhwananzi praised the entire Provincial Government of KwaZulu-Natal for listening to the people's concerns and eventually delivering on their promises. On a lighter note, Inkosi sang a birthday song for MEC Dhlomo and wished him well for his birthday.

Dr Dhlomo also used the gathering to raise health awareness urging community members to visit health facilities and do tests for cervical, prostate, testicular, skin and breast cancers. MEC encouraged women to get into the habit of regularly inspecting their breasts in order to detect any irregularities such as lumps or sores, which can be a sign for breast cancer. The MEC says that men also have a role to play in this regard, as they can also assist in the inspection of their partners' breasts – with their permission of course.



MEC Dhlomo addressing the community



Umtubatuba ward 3 Cllr Khumalo with community members



Healthcare service in progress at Mfekayi



Honorable MEC Dr. S.M. Dhlomo, District Director Ms. M.P. Themba & Deputy District Director P, M & E Mrs. S.F. Mthimkhulu



MEC arriving at ward 8 Mfekayi to check functionality of a mobile clinic



FROM RIGHT: Inkosi YeSizwe M.M. Mkhwananzi, MEC for Health in KZN Dr. S.M. Dhlomo and Umkhanyakude District Mayor Cllr T.S. Mkhombo

## Universal Health Coverage Day Celebrated in Mseleni

**M**seleni Hospital in partnership with Lulisandla KuMntwana, Vuka Mabasa Community Development cooperative (non-governmental organizations) and Christoph Meyer Foundation (Maths & Science Centre) based in Mseleni under Umhlabuyalingana celebrated Universal Health Coverage Day on the 12<sup>th</sup> December 2018. This first of its kind celebration in the area focused mainly on health ownership by community members and breaking barriers that hinders them access to care.

Universal Health Coverage Day is celebrated annually on December 12 and is promoted by World Health Organization. December 12<sup>th</sup> is the anniversary of the first unanimous United Nations resolutions calling for all nations to provide for their citizens affordable, quality healthcare. Hence the department of Health in KwaZulu Natal has a vision of achieving optimal health status for all persons.

The celebration afforded community members a chance to express themselves through artistic methods on how they view healthcare in the society. There was usage of poetry, songs, drawings, drama, speech, et cetera, through all these mechanisms there were various expressions of challenges and solution of healthcare system in the community. Most prominent topics included healthy eating (reduction of sugar intake), teenage pregnancy, and substance abuse, suicide, HIV & AIDS and many more.

Induna S.E. Mbonambi for local Mabasa Tribal Administration appreciated the initiative and described it as informative and crucial to the community. He further promised that such activities in the community must be as frequent as possible.



Mseleni Hospital CEO Mrs P.S. Khumalo giving prizes to a pupil for a best artistic drawing



Dr Fredlund educating the community about social factors that impact on their health

## Onembeza bavuselelwe emcimbini we Quality Day eBethesda



uNkk S.F. Mthimkhulu owayeyisikhulumi sosu-ku

**U**hulumeni waKwaZulu-Natali eMnyangweni WeZempilo kwezinye zezinto azibeke eqhulwini kubalwa: Inhlazeko, ukuphathwa kahle kweziguli, ukuba khona kwemithi, ezokuphepha, ukunqandwa kokudlulela kwezifo ezitholakala ezikhungweni kanye nokunciphisa izikhathi zokulinda ngaphambi kokuthola usizo. Emcimbini wokubonga abasebenzi abasebenza ngokuzikhandla kanye nokuqinisekisa amazinga aphezulu okusebenza phecelezi I Quality Day owawubanjelwe esibhedlela sasebonjeni I Bethesda Hospital mhla ziyi 14 November 2018, oyisekela lomphathi weSifunda saseMkhanyakude KweZempilo uNkk S.F. Mthimkhulu wageqa amagula edonsa abasebenzi ngendlebe ukuba bazikhumbuze lemigomo ebalulwe ngenhla ebekwe ngu Hulumeni eqhulwini.

Phela iziguli zinendathani yamalungelo okumele abasebenzi bezempilo baqinisekise ukuthi bayawahlonipha; phezu kwalokho lawo malungelo ashicilelwe ngisho ku mthethosisekelo wezwe imbala.

Emva kweziyalo kodwa-ke abasebenzi baye babongwa kakhulu ngokusebenza njengoba phela babegixabezwa ngezindondo bethweswa imiqhele kukuhle kudlele. Phela lokho kuyabagququzela impela ukuba baqhubeka nokwenza kahle nangokuzayo kanti futshi kulotshiwe emigomeni kaHulumeni yokubeka abantu phambili I Batho Pele. Kukhona umgomo othi abasebenzi bakahlulemi abazikhandlayo mababongwe ngemisebenzi yabo phecelezi "Encouraging & Rewarding Excellence".

## MEC Sihle Zikalala led World Aids Day commemoration in Umkhanyakude

**K**waZulu-Natal MEC for Economic Development, Tourism and Environmental Affairs, Mr Sihle Zikalala in his capacity as Operation Sukuma Sakhe Champion for Umkhanyakude District led a World Aids Day Commemoration event which was held at Madwaleni Sport Ground in Kwashikishela, Mtubatuba (ward 12).

The event marked 30 years since its first commemoration as a global event. The 2018 theme was “Checka Impilo-Know your status”. Through this theme, all South Africans are called upon to take responsibility for their health and wellness.

MEC Zikalala told thousands in Umkhanyakude that all sexually active people should get tested for HIV at least once a year; male circumcision at our health facilities is free and its reduces the risk of contracting HIV virus; those sexually active should protect themselves and partners through using condoms which are freely available at all health facilities.

### Did you know?

- South Africa has the largest ARV programme in the world with 4.2 million people on treatment.
- All HIV positive South Africans now have access to anti-retroviral drugs irrespective of their CD4 count.
- The treatment has led to decline in HIV/AIDS related deaths and increase in life expectancy and low levels of mother-to-child HIV transmission rates.



MEC Zikalala addressing the community during WAD

Dignitaries attending WAD commemoration



Lighting of the candle in memory of HIV/AIDS victims



Health services were rendered during WAD commemoration

## Umkhanyakude Team excelled in sports



Umkhanyakude Health District Team excelled in provincial work&play sport tournaments held on 16<sup>th</sup> November 2018 at Umhlathuze Sport Ground. The following prizes were achieved: Netball (position 2), Umlabalaba (Position 2 both female and male), Volley Ball (Position 2), and Snooker (Position 2).

Researchers indicate that health and wellness in the workplace can improve employee health behaviours and lower health risks can reduce the incidence of chronic diseases such as heart disease, cancer, stroke, and diabetes. Moreover, being happy at work really makes staff become more productive. A new study says it has concrete evidence that happier employees are more productive in the workplace.

Staff from Umkhanyakude celebrating victory

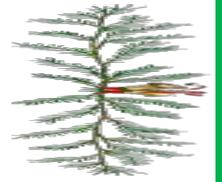




## District Director's message: Ms. M.P. Themba



On behalf of the District Management, we wish to express gratitude for your dedication, determination, sacrifice and hard work since beginning of 2018. We therefore wish you and your families a safe and happy festive season; a merry Christmas and prosperous New Year.  
God Bless You



## ACKNOWLEDGEMENTS



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