King Cetshwayo District Newsletter July to November 2019

King Cetshwayo District Cabinet Operation Sukuma Sakhe was held under uMlalazi Local Municipality
Public participation are part of a democratic state, where citizens are given a platform to voice out concerns that affects them in their in their communities. KwaZulu Natal Cabinet took a cabinet resolution to host this public participation activity which is a constitutional mandate. This public participation in the form of a model called Operation Sukuma Sakhe is where communities are encouraged to stand and fight poverty and social ills where they live. This is done through ward based activities that are meant to empower communities to take charge of their development and sustain good practices.

Different MECs and Senior Managers of all government departments and entities are allocated in different wards of the targeted municipality to firstly attend and monitor ward projects that are in progress and attend to challenges in that specific ward. Ward four under uMlalazi Local Municipality was part of the wards that were visited during this Cabinet Operation Sukuma Sakhe which was held on the 30th of October 2019.

The MEC started her day by visiting the Department of Transport projects which are two road bridges that are in their final stages of completion, the second stop was a War Room meeting to engage with all stakeholders that are operating in the ward with different ward activities. The MEC then proceeded to Mbongolwane Hospital for facility functionality, where she visited different areas in the hospital. She was pleased with status she found the hospital in. She was pleased with the cleanliness status of the grounds and hospital generally. The MEC also engaged community members awaiting to be attended by Nurses and Doctors in Out Patient Department. Community Members were happy with the service they are receiving at Mbongolwane Hospital.

Speaking in response to the issues raised by ward four community the MEC firstly asked government department Senior Managers and other government entities to respond promptly on concerns raised by community of Mbongolwane. Other issues that were not resolved fully were to be compiled and be referred to different MECs for their further attention.

The MEC also shared with the community the progress made so far on National Health Insurance (NHI), she indicated this Health system that is meant to improve the lives of the South Africans without looking at their income statuses and ensuring universal coverage of all health services based on solidarity concept. The MEC highlighted the gains of the NHI during the pilot phase in Umgungundlovu, Amajuba and Umzinyathi Districts which were selected as KwaZulu Natal pilot Districts.

She also revealed dates and venues for NHI public hearings in KwaZulu Natal that will start from 22nd of November to the 25th of November 2019.

MEC proceeded to community engagement in Mavumengwane Sports Ground, where about 600 community members were receiving different government services from Department of Health, Department of Social Development and other services. Community members were granted an opportunity to engage the MEC, not about Health but with all community issues.
Today, as a free country, you can see, touch and feel the Government. Usuthi uhleli nje ubone ngosizo selufika ekhaya la uhlala khona. Niyabona kodwa ukuthi uHulumeni uyanithanda. These were the words by MEC for Health in KwaZulu Natal Ms Nomagugu Simelane-Zulu. Speaking with community of Dumsani Makhaye Village on the 19th of October 2019, the MEC alluded that she is very happy to see large number of women and children in the midst to receive health services.

Department of Health has spent lot of time creating awareness about cancer, a scourge that is silently creeping up on our loved ones and killing them when least expected.

Although the conversation about health should take place on every single day of the year, during the month of August, our focus is on Breast Cancer, a disease that kills millions of women each year – despite being easy to detect and cure.

The concept of #Isibhedenla Kubantu is a baby of the current MEC for Health in KwaZulu that is aimed at ensuring provision of health services to the communities at their door steps. Health services that are comprehensive in a form of a One Stop Shop kind of approach. This will ensure that citizens feel their government closer to them.
The recognition and rewarding of performance excellence is one of the greatest motivations for employees, especially in a highly challenging environment such as the public health sector. Being a complex Department which is involved in a wide variety of activities, the focus is mainly on the external client and the personnel are usually “forgotten”. With the high staff attrition, the burden of work load on professional health care workers and other work related pressure, all contributes to be demotivated and dejected personnel work force. There is need to bring back the passion into the work place, to rekindle the calling and re-affirm the reason to be part of the Department of Health. Hence the need to introduce some form of recognition and rewards for service excellence. King Cetshwayo District office is introducing its own excellence awards, in order to recognize and reward excellence in the District. These awards were based on 2018/2019 financial year performance.

Excellence rewarded through a chill pill at King Cetshwayo District Annual Service Excellence Awards

Supply Chain
1. Eshowe Hospital
2. Catherine Booth
3. Nkandla Hospital

HIV/AIDS Grant
1. Eshowe Hospital
2. Queen Nandi Regional Hospital
3. Nkandla Hospital

Human Resource
1. Queen Nandi Regional Hospital
2. Ekhombe Hospital
3. Catherine Booth Hospital

Entrepreneurship
1. Eshowe Hospital
2. Catherine Booth
3. Nkandla Hospital

National Core Standards
1. Queen Nandi Hospital
2. Eshowe Hospital
3. Mbongolwane Hospital

Category 2: NCS

Cleanest Facilities
Nseleli CHC

Category 3: EMS & FPS

EM Best Performing Obstetric Unit Team X4
Church Accident (12 Apostle Church)
FPS Church Disaster Management

Complaints Management
1. Eshowe Hospital
2. Kwamagwaza Hospital
3. Catherine Booth

Transport
1. Catherine Booth
2. Eshowe Hospital
3. Mbongolwane Hospital

Category 2: Support Services

Finance
1. Queen Nandi Regional Hospital
2. Mbongolwane Hospital
3. Eshowe Hospital

Sports
Soccer
1. Nkandla Hospital
2. Eshowe Hospital

Netball
1. Ngwelezane Nursing College
2. Nkandla Hospital

Category 1: Lifestyle Activities

Category 2: Support Services

Finance
1. Queen Nandi Regional Hospital
2. Mbongolwane Hospital
3. Eshowe Hospital

Sports
Soccer
1. Nkandla Hospital
2. Eshowe Hospital

Netball
1. Ngwelezane Nursing College
2. Nkandla Hospital

Category 1: Lifestyle Activities
### District Service Excellence Awards

#### HIGH IN VIRAL LOAD SUPPRESSION
1. KHANDISA CLINIC
2. THOKOZANI CLINIC
3. MPANGENI CLINIC

#### CATEGORY 4: BEST PERFORMANCE MMC
1. THOKOZANI CLINIC
2. KHANDISA CLINIC
3. NSELENI COMMUNITY HEALTH CENTRE

Medical Male Circumcision Coordinator Special Recognition for Their Contribution:
- DUBE AMOS, MKHOMBENI NTOMBELA
- WILSON MTHETHWA, THEMBA NDAWONDE, MONDLI SIBIYA, AND SIHLE NGIDI

#### HIGH RETENTION IN CARE
1. NDABANINGI CLINIC
2. MATHUNGE LA CLINIC
3. MANDABA CLINIC

#### TB TREATMENT SUCCESS RATE
1. KWAMAGWAZA GATEWAY CLINIC
2. DINUNTULI CLINIC
3. HALAMBU CLINIC

#### TB LOST TO FOLLOW
1. NTUZE CLINIC
2. NOMPONJWANA CLINIC
3. EWANGU CLINIC

#### CATEGORY 6: BEST ADOLESCENT AND YOUTH (AYFS)
1. NSELENI CHC AYFS
2. CHWEZI CLINIC
3. MANDLANZINI CLINIC

#### CATEGORY 6: REDUCTION SAM INCIDENTS
1. NGUDWINI CLINIC
2. NTAMBANANA CLINIC
3. DONDOTHIA CLINIC

### BEST PERFORMANCE IN CERVICAL SCREENING
1. OCILWANE CLINIC
2. MATHUNGE LA CLINIC
3. NONGAMLANA CLINIC

#### CATEGORY 5: OUTREACH BEST PRACTICES

**SCHOOL HEALTH - BEST HEALTH PROMOTING SCHOOLS**
1. NGWELEZANE SCHOOL HEALTH TEAM
2. ESOWE SCHOOL HEALTH TEAM
3. NKANDLA HOSPITAL SCHOOL HEALTH

**COMMUNITY HEALTH WORKER WITH CERTIFICATES OF APPRECIATION**
- NTOMBIFUTHI SHEZI (MBONGOLWANE HOA)
- THEMBA MANQELE (NSELENI CHC)
- BONGI SGANDU (NGWELEZANE HOSPITAL)
- BONENI GUMEDE (NSELENI CHC)

**OUTREACH TEAM LEADERS**
1. MBONGOLWANE OUTREACH TEAM
2. CHWEZI CLINIC
3. EKHOMBE HOSPITAL

**SPECIAL OUTREACH RECOGNITION**
- GUGU MLOTSHWA - ESOWE HOSPITAL
- BIYELA NOSIHELE - ESOWE HOSPITAL
- MAKHOSAZANE GUMEDE-MBONGOLWANE HOSPITAL

**SPECIAL RECOGNITION FOR MANAGEMENT OF SAM IN HOSPITALS**
1. QUEEN NANDI REGIONAL HOSPITAL
2. NKANDLA HOSPITAL
3. ESOWE HOSPITAL

#### CATEGORY 6: IDEAL CLINICS
1. ISIBONISO CLINIC
2. UMKHONTOKAYISE CLINIC
3. NOGAJUKA CLINIC
Special gratitude goes to all partners and Departmental officials that supported the District in making this day a success and enjoyable one. Partners that supported the was Sanlam Sky, Old Mutual, Broad Reach Health Care, Médecins Sans Frontières / Doctors Without Borders, KwaZulu Natal Project (MSF), aQuelle, Strategic Analytics & Management, AIDS Foundation SA, Beyond Zero.
As part of celebrating Women’s Day, King Cetshwayo District Women’s forum organize goodies to give to the needy children around the area. Niwe Primary School was chosen as the targeted school to benefit from this warmly gesture. Most of this school learners come from disadvantaged background, the women’s forum rendered support by giving hampers to needy children. Each hamper had a tooth brush, tooth paste, bath towel, a roll-on and shoe polish. These items will go a long way in bettering and improving the children’s self-esteem. This visit to the school further embarked on discovering other real problematic issues for the learners for further interventions. Educators and learners were also engaged in information sharing related to peer pressure and drug abuse.

On the other hand King Cetshwayo District Men’s forum organized mini Imbizo for all men in the district office. This was an information sharing session about issues affecting men and how to develop collective strategies to deal with problematic areas in their lives. The importance of Men’s Health talk seriously emphasized issues like HIV/AIDS, Prostate Cancer, Hypertension and other health conditions. After the event men had social session where they shared jokes while enjoying their braai and refreshments. Discourse on Gender based issues. Unpacking men challenges towards women and vice-versa. Points that were mentioned were very sensitive and challenging to both parties, staff members suggested that there be frequent gatherings for men and women alone and also gatherings where both genders would meet and discuss issues. With the scourge of gender based violence in the country, Men and Women Forums committees felt a need to organize such an event reacting to what is happening in South Africa these days hearing about men abusing and killing women and biological children.

Lady Pastor Mrs M.M Mchunu gave a talk and hospital chaplains had a word and then a panel of 5 women and 5 men were engaged in a dialogue to ascertain the critical issues that are sparks of these barbaric acts. Matters relating to domestic violence and child abuse were discussed and engaged at length.
Reminder of one’s roots is crucial in determining the direction one has to take on his or her path. This has been a routine activity for King Cetshwayo District Office staff during September annually. District employees were encouraged to show up at work dressed in different cultural attires. The heritage celebration was not only for individuals to embrace their own cultures, traditions and history but it also served as an opportunity to show case and teach to others about your cultures, traditions and history. As King Cetshwayo came together to celebrate each other’s differences by having different components within the district perform different activities show casing dances, music, poetry and plays. The day was full of fun, laugher and great lessons to take home.

Our heritage can come in different forms of habits, customs, signs and symbols which are either known or practiced. King Cetshwayo District choose to embrace diversity, recognizing the rich natural resources and our potential as people. This is also used as a tool for social cohesion amongst staff from different backgrounds and it creates a platform for staff to learn how to tolerate one another within the same working space. District staff and EMS staff took their time to prepare different great traditional performances that took place on the day, Bring and share were handed culturally buffet lunch was served and enjoyed by all staff members.

#The beauty of the world, lies in the diversity of its people.
King Cetshwayo District is continuously committed in ensuring that Health Promoting Schools Programmes (HPSP) initiative, based on actions called for in both the Ottawa Charter for Health Promotion and Jakarta Declaration for promoting health, is sustained.

HPSP strives to increase the international, national and local capacity for the development of Health Promoting Schools (HPS) whose aim is to improve the health of school personnel, learners, families and community members. The main goal of this programme is to increase the number of schools which are assessed as being Health Promoting Schools.

The schools have to master certain standards/principles before being declared and accredited as Health Promoting Schools; these Standards are as follows: Skills development (The school is to have peer education programmes; educators are also encouraged to ensure proper Life Orientation)

Policy Development (The school community is to develop health policies which will ascertain that their school lives within safe practices framework)

Environment (HPS school must be conducive, safe and healthy for teaching, learning, working and playing)

Community involvement and participation (The school needs to engage parents and local key figures in all school activities)

Support Services (Other governments and NGOs are to be involved to assist the schools in becoming HPS sites)

Ongoye Primary School under UMhlathuze Sub-district, conducted HPS launch event on the 21st of August 2019 where Ms G Rasi (AD: Health Promotion in Head Office), was a Guest Speaker. The event was attended by parents, learners, local Ward Councillor, SGB Members, Ngwelezana School Health Nurses and District DoH and DoE Officials. Ms Rasi’s speech was based on Healthy Eating in which she was conscientising the attendants about dangers of obesity. Wood and Raw at UMhlathuze; launch event on the 17th of September 2019 and the guest speaker was Mrs SP Radebe.

There was a great applause when Ms Rasi handed over HPS certificates that was signed by KwaZulu Natal MEC for Health, Ms Nomagugu Simelane-Zulu. Ms BO Shange (District HPS Coordinator) also handed over the certificates signed by the King Cetshwayo District Director for Health, Mrs NE Hlophe to both schools. The School Principal, Ms T Mthethwa, responded by saying this is a gesture that she will never forget in her life of teaching and assured DoH that the school will sustain HPS Programme.

Ongoye School is the 59th school that King Cetshwayo District has launched.
2019 Mandela Day took a new turn

The 18th of July yearly Internationally has been dedicated to the life of our legendary Icon Nelson Rolihlahla Mandela for his selflessness towards human life and his dedication towards doing good to others irrespective of race and ethnicity. The 18th of July is his birthday so International communities are urged to dedicate 67 minutes of their time to do anything good towards those in need in order to change the others lives.

Mandela legacy of Nelson Mandela, South Africa's former President, and his values, through volunteering and community service. Mandela Day is a global call to action that celebrates the idea that each individual has the power to transform the world, the ability to make an impact “We would be honoured if such a day can serve to bring together people to fight poverty and promote peace, reconciliation and cultural diversity.”

King Cetshwayo District office staff responded to this International call again this year by collecting contributions from District office staff and bought set of full school uniforms that were handed over to needy children at Ngwelezana Place of Safety and also as part of the contribution to the 67 minutes District office staff, district officials bought vegetable seeds and made the garden for the Place of Safety and planted vegetables for children that are staying there. This is a facility which offers a place of safety for children who have no home or family who can take of.

Special gratitude to all who contributed financially and otherwise towards the success of the Mandela Day activities for the District office, this is manifestation of the team work that prevails. The interventions on the day might be minor but they will really go a long way towards improvement of the needy in that facility.
2019-District Sports Day was full of glitter and raw power

Managers with the intention that District managers will sign it with the CEOs and this to happen down the ladder. The Department vision is to reach a stage where every person in KZN adapts to health living. The main objectives of the programme are to promote health living for all the

It was that time of the year where all King Cetshwayo health workers put their pride and mindset on at stake to battle in representing their individual facilities to claim the ultimate price and pride for their hospitals and other health facilities. This has been a custom over the years after the signing of the commitment towards healthy lifestyle for health. The health lifestyle programme is one of the employee health and wellness programmes mandated by legislation and various policies. Health lifestyle is the legacy project of the MEC: KZN Department of Health that was launched in February 2012 at Greys Hospital where the MEC signed the pledge with Districts people of KZN starting with the employees and extending to the members of the community. Employees have to set an example.

The Sports day for 2019 was held in uMhlathuze Sports Complex where all King Cetshwayo health facilities participated and competed in board games, athletics, volleyball, netball, soccer and aerobics. The day was a success with the support by SANLAM SKY supporting with tokens for winners of the day.

The tables were turned when Queen Nandi Regional Hospital ran away with netball crown after beating of Nkandla District hospital and Eshowe District hospital beating Nkandla District hospital in soccer finals.

Congratulations to all the winners on the day and special thanks to the managers for supporting the wellness programme as it is one off the staff retention programmes which also assist in boosting work productivity.
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