



EZASEMKHUMBANE

NEWS

MAY 2025

NURSES DAY CELEBRATION



On the 14th May 2025 Cato Manor Community Health Centre commemorated Nurse's day by honoring its nurses acknowledging their tireless efforts and recognizing their unwavering commitment to delivering exceptional care to patients. This special day allowed us to show our deepest appreciation for the important

role our Nurses play at our community. The day began at 11h00 with a warm welcome from Mrs.M.M. Mkhize the CEO, who expressed her gratitude to all staff members and special guests. In her opening remarks, she underscored the massive challenges faced by nurses, highlighting their diverse

background and the selfless nature of their work Mrs. M.M Mkhize noted that many nurses serve without seeking recognition, emphasizing the flexibility and generosity that characterize our nursing team. Mr. S Nkosi articulated the day as significance by explaining that May 12th marks the birth anniversary

01

Cont...

of Florence Nightingale a key figure in the evolution of modern nursing that was born in 1820, Florence Nightingale transformed healthcare through her dedication to patient welfare and her meticulous approach to nursing care. He further thanked our nurses who continue to demonstrate resilience, tireless effort and their commitment to the wellbeing of every patient they serve. He mentioned that their work goes beyond duty and they also bring comfort in times of uncertainty, hope in moments of despair, and healing where it is needed most.

Mr. Mabaso from DENOSA addressed the crucial topic of nurses rights. He highlighted the importance of respecting the rights of nurses while acknowledging the critical responsibilities they hold at the workplace. Some of the employees rights that he mentioned includes that Nurses has the right to medical support when things are urgent, the right to work in an environment that is free from stress and fear and the right to fair talks with their employers about their working conditions.

MOU department demonstrated a stage play According to the book of Matthew (2:16-18) where King Herod heard that a new king of Jews (Jesus) had been born felt threatened, In an attempt to eliminate this perceived threat to his throne, king Herold ordered the killing of all male infants who were two years and under in the surrounding region. Yet our MOU team demonstrated going against king Herold's instructions that against all odds and the

instructions given their main purpose as healthcare workers was not to kill but to save lives.

Dr Siyabonga Nzimande a professional Psychologist whose insight would prove both profound and profoundly motivating. He emphasized that the journey towards mental well-being begins with open and honest conversation. He mentioned that our collective well-being depend on the Foundation principle of how nurses and everyone treat one another in the workplace. He was followed by Sr S Malinga Nurses collectively recited their nurses pledge a powerful statement of their commitment to companionate care.



DR SIYABONGA NZIMANDE (PSYCHOLOGIST)



PASTOR KWANELE NGCOBO



MR S NKOSI DNM

Cont...

The word of God was delivered by Pastor Kwanele Ngcobo, a chairperson of Westville churches fraternal with over 20 churches represented and a Board member and director of Durban Bible college. He was offering the guidance and comfort to all present



Our pastors for the day



Mrs B Mbhele: Programme Director

Amongst the entertainment for the day, Zidlangamabala cultural group gave us their calming and uplifting culturally pieces of their music.

Special tokens of gratitude were extended to ALL nurses and management acknowledging their tireless efforts and commitment.

The day was packed with a lot of fun, entertainment and the delicious food



The Cake



Welcome board for the Nurses

HAND HYGIENE DAY

The 2025 hand hygiene program, themed "It might be gloves, it always hand hygiene," draw attention to the vital importance of proper hand hygiene in healthcare. The day was split into two key parts: an insightful presentation on hand hygiene from B. Braun, followed by an awards ceremony honoring departments that truly excelled in Infection Prevention and Control (IPC) during 2024 and 2025 presented by Mr B. Mbele (IPCC).

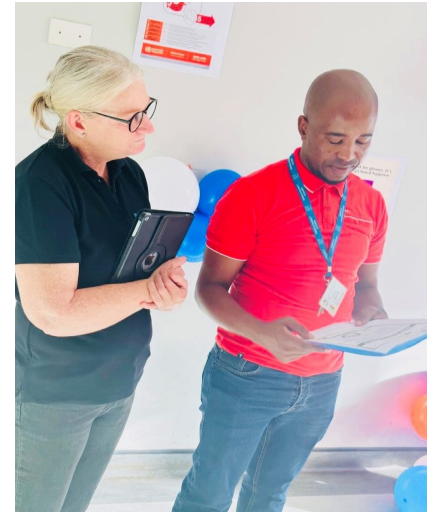
Mr T Hlazo, M & E Manager got the program started with a thoughtful prayer, setting a calm tone for the event. Then, Sonia Samuels from B. Braun stepped up to deliver a full presentation on hand hygiene. She introduced the concept of Hand Hygiene Opportunity (HHO), explaining it as those specific moments when healthcare workers must perform hand hygiene to stop infections from spreading.

Sonia stressed that alcohol-based hand rub is often the best choice and made it absolutely clear that gloves do not replace hand hygiene. In fact, she emphasized using hand hygiene both before and after putting on gloves, and disposing of them properly. She outlined the five critical HHO moments: before touching a patient, before an aseptic task, after body fluid exposure risk, after touching a patient, and after touching the patient's surroundings (even if you don't touch the patient during that care episode).

Sonia wrapped up by demonstrating the practical steps for effective hand hygiene. After her presentation, Sr. Khumalo led everyone in a Hand Hygiene Pledge, solidifying their commitment to diligent hand hygiene for patient safety.



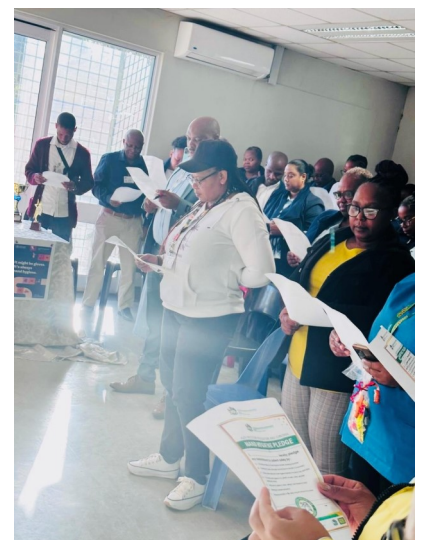
pictures



Sonia Samuel from B Braun & IPC Mr BMbele



Sonia Samuel presenting the hand hygiene kit



Staff reciting hand hygiene pledge

Cont....

The second part of the program was all about celebrating the incredible hard work of various departments in upholding IPC standards. Nominations for these well-deserved awards were based on performance across four core IPC components: Education and Training, Healthcare-Associated Infections and Surveillance, Staffing and Workload, and Environmental Materials.

Award Receivers by IPC Component:

1. Education and Training:

Acute Department

Chronic Department

2. Healthcare-Associated Infections and Surveillance:

MOU Department

Chronic Department

Acute Department

3. Staffing and Workload:

- Dental Department - Rehab Department

4. Environmental Materials:

System Manager (under WASH)

MOU Department

SSD

The success of the 2025 hand hygiene program, alongside the clear dedication shown by all the award-winning departments, represents a significant step forward in ensuring a safer healthcare environment for everyone.



Awards table



Cato Manor CHC staff



Acute Department receiving an Award from Mr Nkosi



Chronic Department receiving an award from IPC



NURSES DAY PHOTO GALLERY



Mr S.M Nksoi receiving a gift from Sr M Nzimande



The main table



Zidlangamabala dancers with Sr M Nzimande (Acute Operational Manager)



The Hirsch/Samsung Team

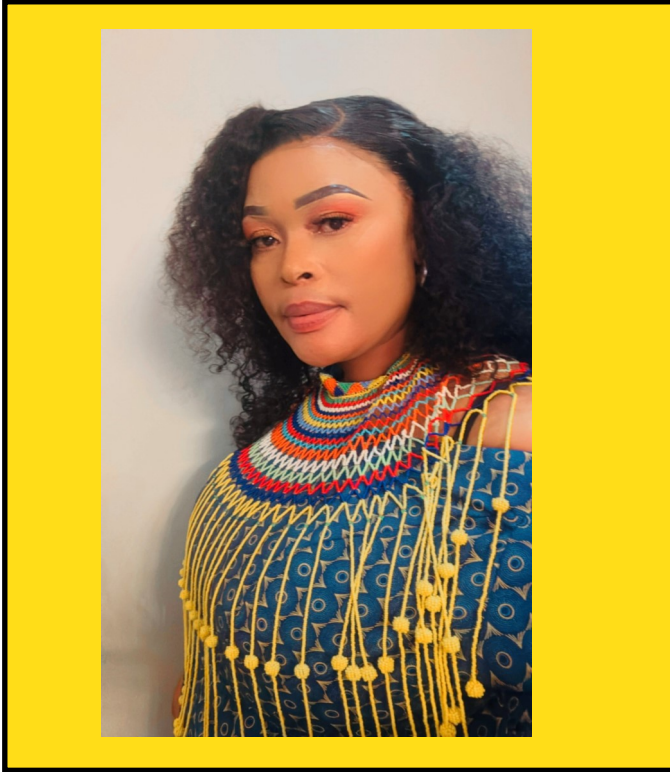


Mr Mabaso from DENOSA

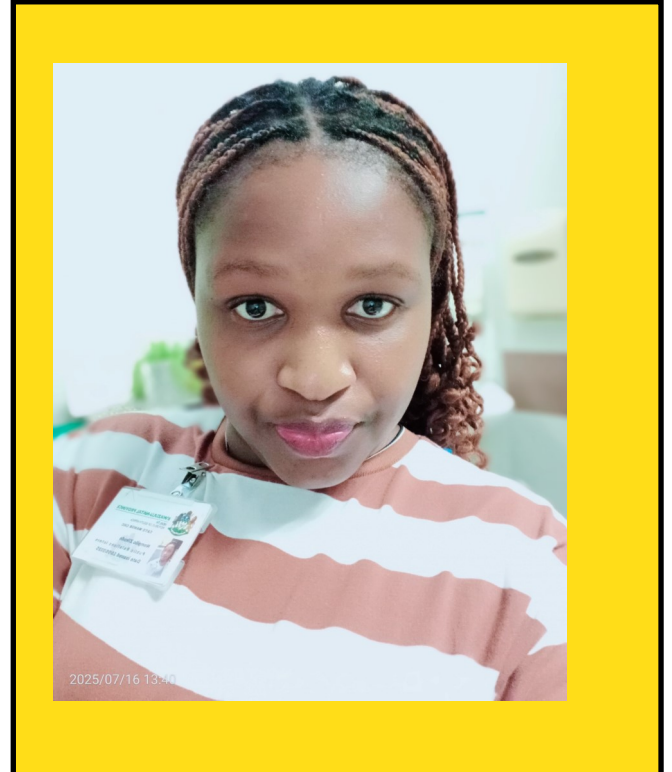


ACKNOWLEDGEMENTS

EDITORIAL TEAM / DETAILS



Mrs L Mayoyo—Public Relations Officer



Ms Nompilo Zikode: PR student

