



Epidermolysis Bullosa

Name: _____

Date: _____

Date of Birth: _____

Diagnosis: _____

NURSING INSTRUCTION	NURSING ACTION
1. PREVENT INFECTION	<ul style="list-style-type: none"> ▪ Keep affected areas clean by washing with mild soap ▪ Change dressings regularly ▪ Observe for signs of infection-fever, redness, pus/crusting on wounds
2. FACILITATE EXFOLIATION/SHEDDING OF HYPERKERATOTIC SKIN AND PROMOTE WOUND HEALING	<ul style="list-style-type: none"> ▪ Apply burnshield or intrasite gel in a plastic bag and foam dressings to skin ▪ Change every 24hrs ▪ Accutane(isotretinoin) -if available -1mg/kg/day can be prescribed to promote exfoliation ▪ Apply vaseline to the lips and keep tongue and mouth moist ▪ Apply teargel or teramycin to eyes due to severe ectropian (pulling back of eye lids) ▪ Use a humidified environment
3. PREVENT PAIN	<ul style="list-style-type: none"> ▪ Administer oral morphine 4hrly and prior to dressing changes as ordered ▪ Use developmentally supportive positioning ▪ Handle minimally ▪ Shield from light
4. PROVIDE ADEQUATE NUTRITION	<ul style="list-style-type: none"> ▪ Monitor for fluid, protein and electrolyte imbalances ▪ Oral feeding may not be possible due to inability of lips to form a seal ▪ Insert NGT to facilitate feeding ▪ Erect umbilical venous line to ensure IV access for blood tests and antibiotic therapy if required ▪ Increase protein and calories to aid with wound healing
5. SUPPORT PARENTS	<ul style="list-style-type: none"> ▪ Prepare parents for a an extremely abnormal looking baby ▪ Prepare parents for a poor prognosis however some babies do survive to lead a relatively normal life. ▪ Obtain ethical consultation for decision making regarding resuscitation and care decisions ▪ Focus on the best interests of the baby