

Observe the healthcare worker preparing the mother (parents) and baby for discharge  
Record Yes or No for each indicator below.

Date:		Name of Observer:	
NO.	INDICATOR	YES	NO
1.	Used Neonatal record to guide and record the pre-discharge assessment and counselling		
2.	Checked ID bands-confirmed identity of baby		
3.	Evaluated mother's psychological condition (anxious or depressed), interaction with baby and confidence in caring for baby at home		
4.	Assessed the baby's condition and confirmed that baby had passed urine and stool		
5.	Confirmed that baby was breast feeding well and mother was confident to continue breast feeding at home		
6.	Confirmed that baby had received immunizations and any medication		
7.	Evaluated whether baby's growth was plotted and normal		
8.	Counseled mother on responsive nurturing care and why it is important:		
	Encouraged mother to continue using the Family monitoring tool, Side by Side and RtHB booklets		
	Reviewed maternal danger signs that need medical advice		
	Reviewed newborn danger signs and urgently seeking medical advice		
	Reviewed common problems (including jaundice) and how to respond to them		
	Stressed the importance of washing hands and of a clean, smoke-free environment		
	Confirmed that mother knew how to bath her baby at home		
	Educated on cord and buttock care and preventing infection		
	Encouraged exclusive breastfeeding and explained when and where to seek help in case of difficulties		
	Discussed how to keep a baby warm (KMC & cover head) safe sleeping (supine)		
9.	Scheduled postnatal visits and any specific follow-up		
10.	Linked with CCG		
11.	Confirmed if the birth had been registered at the DHA office (or would be)		
12.	Made sure parents understood the information given		
13.	Answered questions patiently and thoroughly		
14.	Completed all documentation and ensured mother had RtHB and Family Monitoring booklet		
15.	Ensured baby was in the skin to skin position as mother was leaving. Encouraged mother to continue at home until baby no longer tolerated it.		
<b>Totals:</b>			
<b>Percentage: Total number of Yes divided by 15 x 100 =</b>			<b>%</b>

Comments:


Sign: \_\_\_\_\_

Date: \_\_\_\_\_