



DISCHARGE/DOWN-REFERRAL FORM

Make four copies of this form: 1 for mother (to be inserted in paediatric outpatient file), 1 stapled to road to health book with Preterm Follow up form, 1 in inpatient file and 1 in ward discharge file.

Details	Referring/Discharge Hospital	Receiving Hospital
Hospital:		
Unit:		
Contact number:		
Doctor:		
Sign:		
Nurse:		
Date:		
Reason for transfer:		

Maternal Details:				Tel. no:	
Name:		IP No:		Age:	
Fathers name:		Primary care giver:			
Clinic attended:		No of visits:		Rh:	
Obstetric history:	Grav/Para:				
Syphilis Rapid:		RPR:		Titre:	
TB Positive:	Y / N	Date of diagnosis:		Treatment started:	
HIV test result:		Viral load:		ARVs commenced:	Y / N
Treatment:	PMTCT only?		Lifelong?		Feeding choice:
Other risk factors:					
Current condition:			Bed booked at receiving hosp?:	Lodger	Post Natal
Social History: Employment, grants, electricity, water etc)					

Baby Details:					
Name:		IP Number		Day of life:	
Date of Birth:		Composite gest. age:	wks.	Current gestation:	wks.
Place of Birth:		Mode:		Liquor:	
Birth weight:	g	Birth Length:	cm	Birth COH:	cm
Risk factors, Problems and Resuscitation required:	Apgar <7 at 5mins? Cord pH:				

HIV Management:			
HIV PCR results: (Write barcodes)	Birth:		Barcode:
	10 weeks:		Bar code:
	14 weeks:		Barcode:
Treatment:			Co-trimoxazole (at 6 weeks)

Name: _____

Date: _____

Miscellaneous Investigations			
Date	Time	Name	Result

Cultures				
Date	Time	Type	Laboratory Number	Result and Sensitivities

Radiology/Ultrasound		
Date	Type	Findings

Management History (If not mentioned above):									
Nutrition:									
Central lines:	UVC	days	UAC	days	PICC	days	CVC	days	
Respiratory support:	Nasal Prongs	days	CPAP	days	Max. MAP		Ventilated	days	
	Max. PIP		Max PEEP		Surfactant:	doses			
Jaundice:	Coombs:	Pos	Neg	Unknown	Exchange transfusion:	Y	N	Max. TSB:	
Body cooling:	Y	N	Any complications:						
Antimicrobials with duration:									
Other medication:									

Current Condition and ongoing management required on Transfer/Discharge:										
General Condition & current observations: (If transferred)	Temp:	°C	Pulse:	bpm	BP		Colour:			
	Gluc:	mmol/l	Resp:	bpm	SPO ₂	%	FIO ₂		%	
	Respiratory Support:	Nil	NP	Vent.	Vent. settings	PIP		PEEP		
	Weight	gm	Length:		cm	COH:			cm	
Intake and Output: (If transferred)	Urine:		Last stool: (date & time)				Description:			
	Req. volume:	ml/kg/day	Daily volume:		mls/day					
	IV Fluid:		Total volume:		mls	Site:				
	Feed:		Total volume:		mls	Route:				
Immunizations given:	Birth:					6 weeks:				
Medications:	Medication:			Dose:		Frequency:		Plan:		
Further management: (including social- if relevant)										

Name: _____

Date: _____

Documentation:						
Road to health book:	Pg 27 & 38 completed?	Y	N	Preterm follow up attached?	Y	N
	Disch. summary attached?	Y	N	Given to mother?	Y	N
Birth Registration	Registered?	Y	N	Advice given if no?	Y	N
Blood results?	Y	N	NA	X-rays?	Y	N

Follow up bookings: As required				
CCG/Clinic Name:	Frequency (Guide)	Contact No.	Place	Mother signs received:
Clinic	Frequency (Guide)	Date	Place	Mother signs received:
Preterm follow up	Day 3, 7 and 1-2 weekly			
PHC	3 days, 6 weeks, 10 weeks			
ARV	3-6 days, 10/14 weeks, monthly			
POPD	1-4 weeks			
Neonatal /High risk	1 month			
ROP				
Audiology				
Rehabilitation				
Surgery				
Sign:		Print:		MP No.

Final Discharge details from base hospital (if different from above):				
Further Problems and Management:				C=Current R=Resolved
Problems	C / R	Investigations and management	ICD 10 Code	
Weight:		Length:		COH:
Feeding:				
Medications: (Additional/ amended from above)	Medication:	Dose:	Frequency:	Plan:
Other comments/ Management:				
Discharged from:		Date:		Time:
Sign:		Print:		MP No.

Abbreviations: A/L/SGA=Appropriate/Small/Large for gestational age; ANCS= Antenatal corticosteroids; ARV=Anti-retroviral; BP=Blood pressure; bpm=beats/ breaths per minute; CCG= community care giver; cm=centimeter; COH= Circumference of head; CPAP= Continuous positive airways pressure; Curr=current; CVC=Central venous catheter; Disch= Discharge; FIO₂=Fraction of inspired oxygen; FU= Follow up; g=gram; Gest= Gestation; Gluc=Glucose reading; HIV=Human immunodeficiency virus; Hosp= Hospital; IP= In patient; kg=kilograms; KMC= Kangaroo mother care; L=Length; Max= Maximum; ml= milliliters; N= No; PCR=Polymerase chain reaction; pH= concentration of hydrogen ions; PHC= Primary health care; PICC= Peripherally inserted central; POPD= Paediatric outpatient department; PMTCT=Prevention of mother to child transmission; Resp= Respiration; ROP= Retinopathy of prematurity; RPR=Rapid plasma regain; Rh=Rh factor; R_x=Treatment; SPO₂=Oxygen saturation; TB=Tuberculosis; Temp=temperature; Trans=transfusion; TSB= Total serum bilirubin; U/AVC= Umbilical venous/arterial catheter; wks = weeks; Y= Yes

Name: _____

Date: _____