



PRETERM FOLLOW UP

Name:			
Date of Birth:		Date of Discharge:	
Birth weight:		Weight on Discharge:	
Birth Gestational age:		Gestational age on Disch.	

Preterm follow up requirements:

1. Follow up on Day 3 & 7 post discharge at **KMC clinic/POPD** and then 1-2 weekly at PHC until 40 weeks/2500g.
2. Plot weekly weight on attached Preterm Growth Chart.
3. Copy this chart if more space is required for assessments.

Refer for Readmission if:

1. Baby's temperature is less than 36⁵°C or more than 37⁵°C despite effective skin to skin position
2. Baby is not gaining at least 15-20grams/day
3. Baby is not sucking or feeding well. (At least 8 feeds in 24hrs)
4. Baby is lethargic or pale or blue
5. Excessive vomiting or loose stools
6. Baby has fast/noisy breathing, rib/chest in drawing or nasal flaring.

Re-counsel & monitor closely if: Baby did not arrive in KMC position / received less than 20hrs skin to skin position in 24hrs

Assessments Day 3 and 7 Post Discharge KMC clinic /POPD (Hospital)

	Day 3	Day 7
Date:		
Weight: (Gain at least 15-20 grams/day)		
No. of breastfeeds in last 24 hrs:		
Did baby come in skin-to-skin position?		
Duration of skin-to-skin in last 24 hrs:		
Is baby warm? Temperature:		
Is baby pink, active & responsive?		
Fast, noisy breathing, chest indrawing, flaring?		
Skin rash, eye discharge, umbilical cord dry?		
Education given:		
Other Comments/findings/actions:		
Next review date:		
Print & sign name:		

Assessments 1-2 weekly -PHC. Complete below if FU in POPD. Use IMCI- 0-2months assessment form if FU in PHC

Date:			
Weight: (Gain at least 15-20 grams/day)			
No. of breastfeeds in last 24 hrs:			
Head circumference & Length			
Did baby come in skin-to-skin position?			
Duration of skin-to-skin in last 24 hrs?			
Is baby warm? Temperature:			
Is baby pink, active & responsive?			
Fast, noisy breathing, chest indrawing, flaring?			
Skin rash, eye discharge and cord dry?			
Other Comments/findings/actions:			
Next review date:			
Print & sign name:			

If baby needs readmission:

Date:	Reasons:

Graduated from KMC:	Date:	Gestation:	Weight:

Abbreviations: KMC=Kangaroo mother care; POPD=Paediatric outpatients department; PHC= Primary healthcare clinic; hrs=hours; FU=Follow up