



APPELSBOSCH

NEWS

GROWING KWAZULU-NATAL TOGETHER

APRIL-JUNE 2025

APPELSBOSCH HOSPITAL NURSES DAY CELEBRATION 2025



Mr. S. M. Ntuli (ANM) and Mr. Mr. S Zuma addressing the audience during the session

Appelsbosch Hospital hosted a small scale International Nurses day where nurses were reminded of their mission. International Nurses' Day is celebrated annually on 12 May, the anniversary of the founder of modern day nursing, Florence Nightingale's birthday.

As the largest health care profession in the world, there is no doubt that nurses are key to

the achievement of the Millennium Development Goals. Nurses are often the only health professionals accessible to many people in their lifetime. So nurses are particularly well placed and often the most innovative in reaching underserved and disadvantaged populations.

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NURSES DAY PHOTOS



Nurses are educated to understand the complex nature of maintaining health and wellness, and the impact of psychosocial and socio-economic factors such as poverty, unemployment and ethnicity. They see the context for wellbeing and accordingly act in way to reach beyond the immediate presenting problems.

Nurses have done much towards the achievement of the MDGs and to help shape and deliver sustainable goals and outcomes beyond 2015. And we can be

proud of our achievements. Yet there is still more that we can – and must – do.

Nurses must engage in advocacy and lobbying. We must be involved in the development of any programme introduced to improve health services as it is nurses who have the practical knowledge of how health service delivery can be designed, coordinated and effectively implemented.



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KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA



KwaZulu-Natal Department of Health



KZN Department of Health



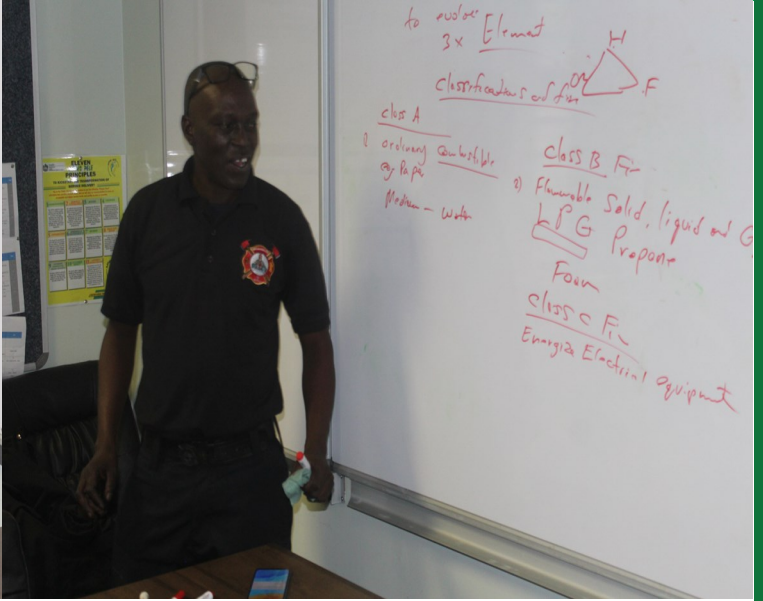
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HEALTH AND SAFETY TRAINING



Mr. A. MAZIBUKO FROM UMGUNGUNDLOVU DISTRICT MUNICIPALITY WAS DOING FIRE EVACUATION WORKSHOP AT APPELSBOSCH HOSPITAL.

Mrs. N. Phewa (Appelsbosch Hospital Health and Safety Officer) organised Fire Evacuation training for staff members. Facility managers are responsible for ensuring the safety of occupants and visitors in their facility for all emergency types. One of the most common emergencies that can happen to facilities is a fire emergency, where being prepared for fire evacuation can be the difference between occupant safety or disaster. Fires can happen in any type of building, so it's important to have fire evacuation training and an evacuation plan in place even if you may not think it is necessary to your facility right now – that's where fire evacuation training comes in.

Fire evacuation training prepares occupants and visitors for what to do if there is a fire in your facility; where to assemble, how to safely remove themselves from the situation and how to respond if things go wrong. This kind of training is also necessary for your Emergency Control Organisation (ECO) so that they are prepared to fulfill their necessary duties and ensure occupant safety. Mr. A. Mazibuko's training included the these following points:

- **Your fire evacuation plan must include both primary & secondary escape routes. Clearly lay out where occupants should go depending on where they are, making sure all exits, and fire escapes have clear signage for easy recognition during the chaos of an emergen-**

- **cy. Also make sure that all floors of the facility are included in the plan and any new additions to your facility are accounted for.**
- **Ensure your occupants have access to all the necessary safety equipment. Make sure any safety and health materials you need are in working order and easy to access. You can discover our range of high-quality equipment here.**
- **Assign an assembly area for everyone to gather once they have been evacuated.**
- **Establish a process to account for all visitors and occupants after an evacuation. This may include visitor logs, personnel records, or attendance records.**

The best way to instil confidence in your ECO to properly carry out these duties if an emergency strikes, is to practice your emergency evacuation plan using drills and keep all relevant records and plans up to date. By performing evacuations when stress levels are lower, ECO members will have greater confidence they can lead occupants to safety when stress levels are much higher in real



EKUPHOLENI HIGH SCHOOL YOUTH DAY EVENT 2026



OPD department gave it all to make the competition tough for other competitors. (Top)
 Sr. H. Pillay (IPPC) with the departmental winning team (HAST) doing the demonstration (below)



Gcumisa Clinic located at Swayimane under uMshwathi Sub-District hosted the Youth Day on the 17 of June 2025 at Ekupholeni High School. The aim of the event was to educate the youth on teenage pregnancy drug and substance abuse, crime and gender base violence, family planning methods available at the health facility, MMC and HIV /AIDS. The event was a success due to sponsorships provided by the local business people who supported the idea. The event was also a success due to the operational manager's (T C Shange) resilience in making sure that contributions were collected among the staff members.

The event was graced by the various departments of which were, Social Development, South African Police Services, Educations,

Department of Health and various NGOs. Miss. S. Phakathi from Appelsbosch Hospital gave talks on issues relating to peer pressure and social ills among the youth and elaborated on services that are provided especially in the clinic level and the hospital for the youth. SAPS provided deep knowledge on issues of drugs and substance abuse, crime and gender base violence. Ways of reporting crime were shared in this platform and the audience was allowed to pose questions where clarity was needed. Its was both educational and fun day for the students who received the gift hampers for the Department of Health partners. Students also had an opportunity to meet a designated sister who is responsible for the youth.



YOUTH DAY EVENT PHOTOS



COMMUNITY OUTREACH INITIATIVE



MEMBERS OF ALLIED DERPARTMENT AND VARIOUS STAKEHOLDERS WHO PARTICIPATED IN THE WORKSHOP OF CHILDREN WITH LEARNING DIFFICULTIES

Appelsbosch Hospital participated in the workshop which was organised by the department of education held at Georgenau Combined School in Wartburg (uMshwathi Sub District). The objective of the work shop was to create an awareness on children with learning difficulties. There are many different types of learning difficulty, some of the more well known are dyslexia, dyspraxia and dyscalculia. A person can have one, or a combination. As with learning disability, learning difficulties can also exist on a scale.

The major phase in human development, childhood, extends from one or two years of age until the onset of adolescence at age 12 or 13. The early years of childhood are marked by enormous strides in the understanding and use of language. Children begin to comprehend words some months before they themselves actually speak. Infants on average speak their first words by 12–14 months, and by the 18th month they have a speaking vocabulary of about 50 words. Children

begin to use two- and then three-word combinations and progress from simple noun-verb combinations to more grammatically complex sequences, using conjunctions, prepositions, articles, and tenses with growing fluency and accuracy. By their fourth year most children can speak in adult-like sentences and have begun to master the more complex rules of grammar and meaning.

UKZN gave talks on learning difficulties and symptoms while on the other had DSD gave insight on child protection and on children in conflict with the law. The Rehab team also introduced their services to the audience of which were the school teachers and parents. This workshop created an awareness in both the teachers and parents. The evaluation discovered was the limited time with so much information to be shared.

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ACKNOWLEDGEMENTS

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