



Participant Name: \_\_\_\_\_

Date: \_\_\_\_\_

- 1. When looking at Global policies what does SDGs stand for?**
  - a. Systematic development guidelines
  - b. Sustainable development goals
  - c. Supportive deliverable goals
  - d. Selective data driven guidelines
  
- 2. What is the expected low birth weight rate in a developing country?**
  - a. Less than 5%
  - b. Less than 10%
  - c. More than 10%
  - d. More than 50%
  
- 3. What is the early neonatal mortality rate in most developing countries?**
  - a. About 1/1000
  - b. About 5/1000
  - c. More than 10/1000
  - d. At least 50/1000
  
- 4. Why is it important to know the low birth weight rate and mortality rate in the area where you work?**
  - a. Many low birth weight infants indicates that the antenatal care is poor.
  - b. Few low birth weight infants suggests that health services are adequate.
  - c. A similar number of stillbirths and early neonatal deaths suggest that the community is poor and undeveloped.
  - d. Few low birth weight infants but a high early neonatal mortality rate suggests that the perinatal health services are inadequate.
  
- 5. What is a common cause of early neonatal death in a developing country?**
  - a. Intrapartum hypoxia
  - b. Acquired immunodeficiency syndrome (AIDS)
  - c. Postterm pregnancy
  - d. Cot death.
  
- 6. What is the 2030 South African DoH target for neonatal mortality in babies born  $\geq 1000\text{gm}$ ?**
  - a.  $\leq 6/1000$
  - b.  $\leq 8/1000$
  - c.  $\leq 10/1000$
  - d.  $\leq 12/1000$
  
- 7. Which of the following is less likely to reduce the incidence of preterm deaths?**
  - a. Antenatal steroids
  - b. Kangaroo Mother Care
  - c. Total Body cooling
  - d. Screening and treatment of maternal syphilis
  
- 8. In the National neonatal HHAPINeSS plan what does the A stand for?**
  - a. Accelerate progress in employing staff
  - b. Achieve mortality reduction
  - c. Anticipate problems before they happen
  - d. Asphyxia related deaths reduced

- 9. Which of the following is not a component of clinical governance?**
- Financial auditing
  - Monitoring and evaluation
  - Infrastructure and equipment
  - Clinical care
- 10. Who is responsible for the implementation of the Essential Package of Care (EPOC)?**
- All health care workers
  - The operational manager
  - The quality manager
  - The CEO
- 11. Which of the following is not a goal of EPOC?**
- Empowering staff with knowledge
  - Ensuring all facilities achieve an 80% average
  - Strengthening health systems
  - Improving neonatal outcomes
- 12. Which of the following is not a modifiable factor when assessing perinatal deaths?**
- The mother did not detect decreased foetal movement
  - There was a 3hr delay in obtaining an ambulance to transfer the mother from the clinic to the hospital
  - The baby had the cord around the neck during delivery
  - There was no available neonatal ICU bed
- 13. What is the definition of a perinatal death?**
- The number of babies that die during before, during and after labour
  - The number of early neonatal deaths plus stillbirths
  - The number of fresh plus macerated stillbirths
  - The number of neonatal deaths 500gm or more up to 4 weeks post delivery
- 14. In KZN which is the most common cause of neonatal deaths?**
- Perinatal hypoxia
  - Asphyxia
  - Infection
  - Prematurity
- 15. Which of the following interventions is the most impactful in reducing neonatal deaths?**
- Improving quality of care during labour and delivery
  - Kangaroo mother care
  - Antenatal steroids
  - Neonatal resuscitation
- 16. Which of the following is a component of a PDSA cycle?**
- Act
  - Purpose
  - Develop
  - Search
- 17. When planning a quality improvement project which of the following is not a component?**
- Identify a team
  - Identify the causes
  - Develop an action plan
  - Monitor the data trends

**18. According to John Maxwell how can a leader add value?**

- a. Value hard work
- b. Value sacrifice
- c. Value people
- d. Value good outcomes

**19. Which of the following is not a virtue of a team player?**

- a. Humility
- b. Hunger
- c. People smart
- d. Obedience

**20. According to Jossy Chacko which of the following will assist a visionary leader to expand their leadership reach?**

- a. Embrace risk
- b. Communicate your vision
- c. Define your goals
- d. Reward good performance

**Result: \_\_\_\_\_%**