



1. Feedback on knowledge gained and clinical observation:
 - a. Ask the participants whether they have each completed the clinical observation exercise? (They must have completed each clinical observation by the end of the Well baby component)
 - b. Ask the participants about anything new they have learnt?
 - c. How did the practice in your hospital compare with what was taught?
 - d. Average the scores from each participant in order to assess the general compliance of your hospital. (Can be completed once all observations have been submitted).
2. Comments on videos:
 - a. Ask the participants for their impressions on what they saw in the Early initiation video.
 - b. Did they feel inspired at the difference they can make in the lives of the babies and families for whom they care?
3. Link to KZN tools:
 - a. Review the KZN tools
 - i. MBFI SOP on Early Initiation of Breastfeeding
 - ii. MBFI SOP Breastfeeding Support in the postnatal period
 - iii. KZN SOP on the Prevention and Management of Malnutrition
 - iv. KZN KMC Protocol
 - v. Intergrowth charts
 - vi. Breast feeding health education booklets and posters
 - b. Are the participants familiar with these documents?
 - c. Does your facility implement the MBFI and malnutrition SOPs?
 - d. Do all babies have their birth length, COH and weight plotted on the Intergrowth and RtHB growth charts before discharge?
4. Questions:
 - a. How many participants know the breastfeeding initiation rates of the facility?
 - b. Are 80% or more of mothers who deliver in your facility (vaginal and caesarean deliveries) supported to remain for at minimum one hour skin-to-skin with their babies)? Is it increasing or decreasing?
 - c. From your Breast feeding observation and experience, do you feel that mothers, in your facility, are adequately supported to establish breastfeeding?
 - d. When measuring length, weight and COH do you do this next to the mother or in a separate area?
 - e. How are lengths measured in your hospital? If not using an infantometer how can you ensure that you obtain a straight length?
5. Take home messages: Ask participants what are their take home messages? Share the following if they have not been raised:
 - a. Understanding the anatomy of the breast and physiology of breastmilk production is important as it allows you to explain to mothers how they can increase their breastmilk production.
 - b. Poor positioning and attachment are the key underlying causes for poor milk production and other breastfeeding problems.
 - c. Breastfeeding is a learned skill for both mom and baby. Early initiation, continuous support and time are required to ensure the skill is learnt.

- d. Mature milk only comes in from day 3 onwards and each woman's body functions differently. Mothers need reassurance that the colostrum and transitional milk on day 1 and 2 is sufficient for their newborn.
6. Practical:
 - a. You will need to provide each participant with:
 - i. The Case study questions.
 - ii. The Intergrowth boys growth chart
 - b. Give the participants 15 mins to complete the case study questions.
 - c. Using the model answers and model growth chart provided, check that that each participant has plotted correctly. Discuss the answers as a group.
 7. Complete the knowledge check
 8. Ask each participant to exchange their answers with another and mark the knowledge checks together. Then gather the knowledge checks and capture each participant's score on the course register.