KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

HARRY GWALA REGIONAL HOSPITAL

HGRH NEWS!

JAN–MAR 2026

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TB Awareness day

HGRH Social Workers day

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CEO OFFICE

As the CEO of Harry Gwala Regional Hospital, I am pleased to share remarkable initiatives and programmes that our hospital conducted this quarter. These activities demonstrate our ongoing dedication to excellent patient care, staff development, and community empowerment. Through various awareness campaigns, training programmes, and community engagements, we continue to strengthen our commitment to promoting health, safety, and service excellent for all.

Mrs. NT Nxaba

Chief Executive Officer

Over the past quarter, we have made significant strides in raising awareness, strengthening community partnerships, and promoting holistic healthcare services through the following initiatives:

Healthy Lifestyle Awareness empowered staff and community members with knowledge on nutrition, exercise, and disease prevention to encourage healthier living habits.

TB Awareness Campaigns provided education on tuberculosis prevention, early detection, treatment adherence, and reducing stigma within communities.

Passover Service created a moment of spiritual reflection and support for staff, promoting unity, hope, and compassion within the hospital environment.

Disaster Drill Preparedness activities tested and strengthened our emergency response systems, ensuring staff readiness and patient safety during emergencies

Constitution, Patients Rights Charter & Batho Pele Training reinforced the principles of service excellence, professionalism, accountability, and putting people first in all healthcare services rendered.

These initiatives continue to strengthen our hospital's mission of delivering compassionate, accessible, and quality healthcare services.

We remain grateful to our staff , stakeholders, and community members for their continued support and dedication to improving healthcare outcomes.

Healthy lifestyle

On the 25th of February 2026; HGRH Physiotherapy Department and Employee Assistant Practitioner (EAP) hosted a vibrant and informative Healthy Lifestyle Day aimed at promoting overall wellness and encouraging healthier living among staff members. The event kicked off with an energizing jog around the hospital, setting a positive tone for the day. HGRH staff members actively participated in a range of activities designed to promote physical fitness and teamwork. One of the highlights of the day was the inclusion of interactive games such as tug of war, which brought excitement and strengthen team spirit among colleagues. These activities not only encouraged physical activity but also boosted morale and fostered a sense of unity within the workplace. In addition to the recreational activities, staff were guided through practical demonstrations on simple exercise routines, stretching techniques, and posture corrections. The Programme also included educational talks on the importance of eating healthy, nutritious food. Overall, the Healthy Lifestyle Day was a great success, leaving staff motivated, energized, and more aware of the importance of their health and well-being.

Staff members in action promoting a healthy lifestyle.

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DISASTER DRILL

On the 26th of March 2026; the Eye Ward conducted a comprehensive disaster preparedness drill focused on flood response, it began with an in-service training session led by the Safety Officer, Mr. M. Khanyeza. This initiative aimed to equip staff with the knowledge, skills, and confidence required to respond effectively flood-related emergencies within a hospital setting. The in-service training served as the foundation of the exercise. During this session, the Safety Officer highlighted the potential risks associated with flooding in healthcare facilities. Staff members were guided through the hospital emergency preparedness plan emphasis on: Flood response protocols, Evacuation procedures and Communication systems. The flood preparedness drill was a valuable exercise in reinforcing disaster readiness in the Eye Ward. It highlighted the importance of continuous training, teamwork and vigilance. Together, these efforts ensure the safety and well-being of both patients and healthcare workers during unexpected emergencies.

Safety officer conducting an in-service training before the Drill.

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DISASTER DRILL

Disaster Drill Preparedness in action– promoting safety, teamwork, and readiness.

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SOCIAL WORKERS

On the 26th of March 2026; HGRH celebrated Social Workers Day at the front of MOPD open space. The main aim was to recognize the dedication, compassion, and resilience of social workers who play a vital role in supporting patients, families, and communities. Mr. S Gumede—Social Work Manager officially opened the celebration and further highlighted the purpose of the day and he emphasized that social workers are the backbone of psychosocial care within healthcare settings.

HGRH was honored to host Miss Lubambo as a guest speaker for the day. She shared valuable insights into the critical services provided to survivors of gender-based violence and trauma. Her message encouraged collaboration, empathy, and continued commitment to protecting the dignity and rights of patients. The celebration also featured inspiring contributions from Lifeline Social Workers Zinhle and Busisiwe, who spoke about the importance of mental health support, crisis intervention, and community empowerment. Their presentations reminded attendees of the strength found in unity and professional support networks. The day served as a reminder of the essential role social workers play in healthcare, offering care that goes beyond medical treatment to address emotional, social, and psychological needs.

HGRH extends heartfelt appreciation to all social workers for their unwavering commitment, compassion, and dedication to making a difference in the lives of others.

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SOCIAL WORKERS

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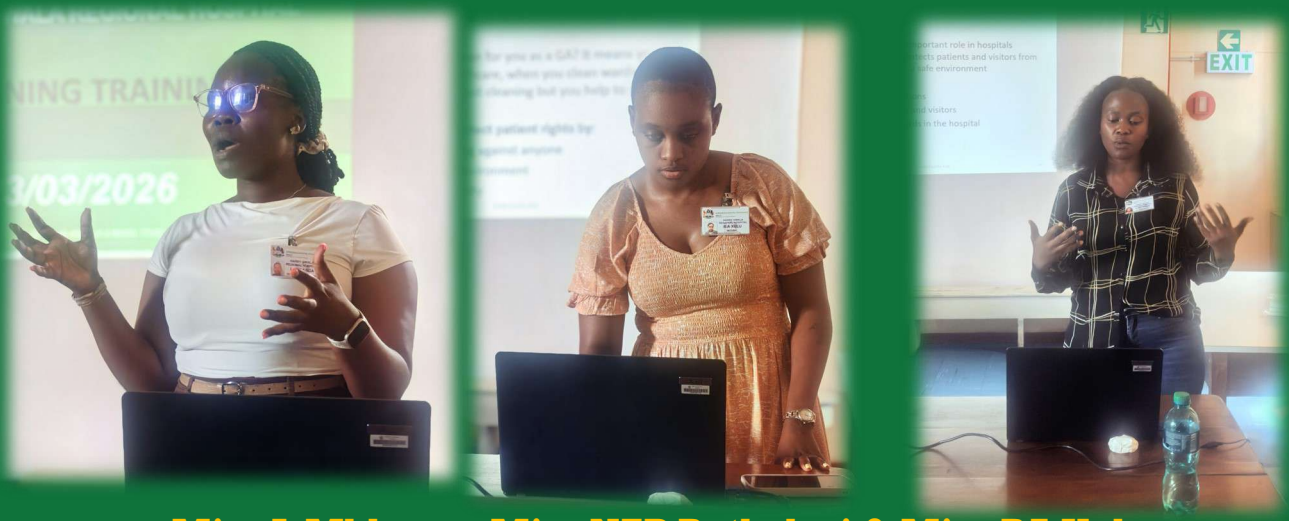
IN-SERVICE

On the 05th March 2026 ; PRO Team conducted a in-service training to General Assistants that are contracted to the hospital at Charlotte Searle Hall. The following topics were covered on the day were the South African Constitution, patient right charter and customer care in a Batho Pele way. The training aimed to strengthen service delivery and ensure that all staff uphold the rights and dignity of patients all the times. The session highlighted key aspects of the Constitution, particularly the Bill of Rights, which guarantees equality, human dignity. Staff were reminded that these rights form the foundation of all services provided within healthcare facilities .



Miss L Mhlanga; Miss NZP Buthelezi & Miss BA Xulu

Staff members listening attentively to the presentations

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PASS OVER SERVICE

On the 19th of March 2026, HGRH Hosted a meaningful and spiritually uplifting Passover service at Njozela Hall, bringing together staff for a time of reflection, faith and unity. The atmosphere was filled with heartfelt praise and worship as voices lifted in song, creating a sense of peace and reverence throughout the hall. The service beautifully captured the true essence of Passover—a time of remembrance , renewal and hope. A central highlight of the service was the reflection of Seven Last Words of Jesus before his crucifixion. There were thoughtfully delivered by preachers of the day, each bringing meaningful insight and spiritual depth that resonated with attendees. The message encouraged forgiveness , faith, endurance, and compassion, reminding staff of the importance of maintaining strong spiritual values both in the workplace and in their personal lives. The service was truly full of worship, with moments of prayer, praise, and spiritual connection that allowed staff to draw closer to God and to one another. The Passover service was a powerful and memorable experience, leaving attendees spiritually refreshed , inspired, and filled with renewed faith.

Mrs. NT Nxaba
Chief Executive Officer

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TB AWARENESS

Throughout the month of March, staff at Harry Gwala Regional Hospital actively participated in **TB Awareness activities**. This aimed at educating communities and raise awareness about tuberculosis as well as its symptoms . Community members were encourage to look out for symptoms such as a persistent cough lasting more than two weeks and screening services were provided. HGRH remains committed to improving public health through continuous education, early detection and quality patient care. The HAST team visited Mthethomusha Primary School to provide educational talks during school assembly.

Learners and healthcare workers united in spreading awareness about TB & importance the of early detection and treatment

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NEW MANAGEMENT FACES

The Harry Gwala Regional hospital proudly welcomes new management faces committed to strengthening service delivery and patient care excellence. Their leadership, experience and dedication will contribute positively towards the growth and success of the institution. This marks an exciting step forward in promoting professionalism, team work and excellence in healthcare services for the community. We wish the new management team success as they begin this important journey of leadership and service.

Mr MM Shabangu

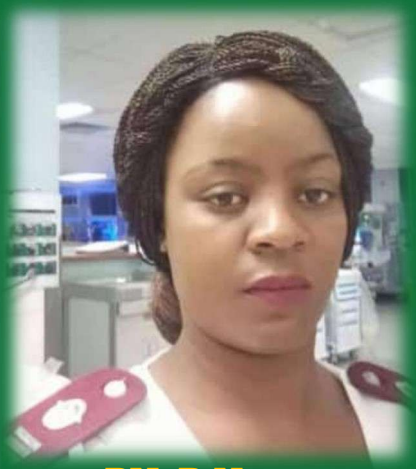
Assistant Manager Nursing

Dr Gasa

Medical Specialist—Psychiatry

MAY THEIR SOULS REST IN PEACE

PN N Nxasana



PN B Ngcamu

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HGRH COMPLIMENTS

I'd like to send my sincere gratitude to the GOPD department. Late last year I had a surgery done at Harry Gwala hospital The nurses that received me and those that were present before my surgery where warm and very helpful and I will forever be grateful for their care. The theatre nurses where most gentle and empathetic and I am so grateful for their care and advice, I wish they could stay as food as they are and I hope more people get to experience that high level of care from them. They are amazing. To Dr Magagula, thank you for not questioning my choice and trying to convince me not to do the surgery. To be seen, to be heard and to be allowed to follow my heart is something that I will forever be grateful for. Thank you for the amazing work and for ensuring that I don't have a visible scar and for doing what you do with so much passion. Thank you once more to the hospital, the doctors and the nurses.

ngfisa ukbonga bonke abasenzi base eye clinic impatho yenu oSister Lange, o Thenji bonke nje abanye angibazi ngamagama no Dr Jali no Dr Dlamini nabanye uthando eninalo ngathi syabonga kakhulu nomphathi wakho unomoya omuhle 🙏🙏🙏🙏🙏 niqhubeke nje

I'm truly grateful to the staff at the clinic for the amazing care they provided for my son.
I was not there but he was given optimal care because he had fainted
They did not transfer him to the hospital but gave him the care that he needed right there ie put a drip up bloods were taken and he was given medication
Kudos to these nurses

ward 6f staff even though ningaphelele.
I'd like to express my sincere gratitude for your excellent care I received while I was admitted in hospital (6f)...tjoooo guys your support and professionalism made a difficult time much easier..thank u once again I love u bo CHOMMIE

January 2026 Compliment reports.

Total number of compliments: 249

Most Complimented ward: 3F - 85

February 2026 Compliment reports.

Total number of compliments: 258

Most Complimented ward: 3F - 41

Most complimented : Sr Hadebe

March 2026 Compliment reports.

Total number of compliments: 279

Most Complimented ward: 3F - 50

Most complimented individual: A. Mkhungo

HGRH EDITORIAL TEAM

HGRH Team Communication

Mrs. S Mncube

Editor

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