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EZASEMKHUMBANE NEWS

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JUNE 2026

Installation of X ray and dental chair

Access to quality healthcare is a fundamental right, and the recent installation of an X-ray unit and dental chair at the local government clinic marks a significant step towards making that right a reality for the community.

For many years patients requiring diagnostic X-rays or dental treatment had to travel to distant healthcare facilities. This often resulted in long waiting periods, delayed diagnoses and treatment and additional transport costs that placed a heavy financial burden on many families. For vulnerable and underserved members of the community, these challenges sometimes meant postponing or even forgoing essential healthcare services altogether.

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Cont...Dental chair installation

The introduction of these much needed services has transformed the way healthcare is delivered at the clinic. Patients can now access diagnostic imaging and dental care closer to home, ensuring quicker diagnoses, timely treatment and improved continuity of care. Reduced travel time and lower transportation costs also make healthcare more accessible and affordable for everyone.

This milestone reflects the Department of Health's ongoing commitment to strengthening primary healthcare services and ensuring equitable access to quality healthcare. By expanding the range of services available at the clinic, the Department continues to improve the patient experience while addressing the healthcare needs of underserved communities.

The installation of the X-ray unit and dental chair is more than just an infrastructure upgrade it is an investment in healthier communities. By bringing essential healthcare services closer to where people live. The clinic is empowering patients to seek care earlier, improving health outcomes and enhancing the overall quality of life for the population it serves

As the community begins to benefit from these new facilities, this achievement stands as a reminder that accessible healthcare changes lives. The clinic remains committed to providing compassionate, patient centered care and ensuring that quality healthcare is available to every person who walks through its doors.

Dental department staff and the Axim team

Dr N Sewlal - Dentist

Girls Speak out event

On the 21st May 2026 the halls of eThekwini FET College Cato Manor Campus were filled with hope as female students gathered for a special awareness event on Gender Based Violence (GBV) hosted in partnership with Cato Manor Community Health Centre.

The programme began with a warm welcome from Ms. Yasmeen Ismail, who stood in for the Campus Manager, while Ms S. Madida, the Student Support Officer, introduced the purpose of the day. She reminded everyone that GBV is not only about physical abuse but also about the emotional harm women can cause one another through gossip, jealousy, harsh words and unhealthy competition. Her message encouraged every woman to choose kindness, respect and encouragement instead.

The day's discussions continued with Ms Mpume Shiba from the Department of Social Development, who spoke about GBV and anti bullying. She inspired the students to celebrate each other's achievements, support one another and build confidence and self worth. She reminded them that a woman who knows her value is more likely to recognise unhealthy relationships and refuse to accept abuse

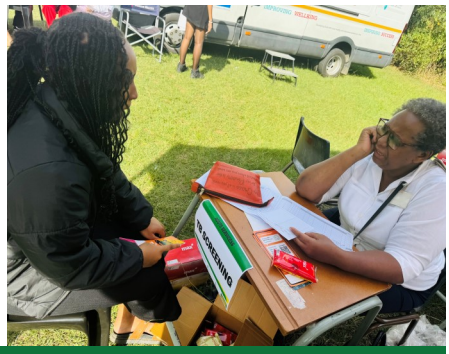
The event also addressed other important issues affecting young women. Ms T. Kubone a social worker from Cato Manor CHC highlighted the dangers of substance abuse. Sr M. Nzimande educated students about HIV prevention and the importance of using PrEP, while Sr Khumalo spoke about pregnancy prevention and treatment adherence. Ms S. Ngobese concluded the educational sessions with an inspiring talk on mental health and emotional well being.

As the event came to an end, there was a noticeable sense of unity and empowerment among the students. They left with more than just information they left with a renewed commitment to support one another, speak out against abuse and create a culture where every woman feels valued, respected and safe.

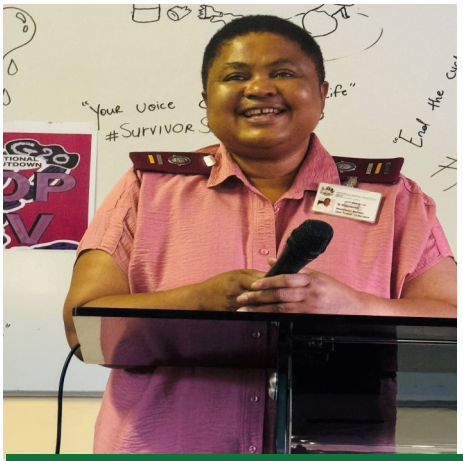
The day served as a powerful reminder that sometimes the greatest change begins with one woman choosing to lift another.

SR F.P Khumalo: OM - MOU

Ms Madida: Student support Officer



Screening Tables



Sr M Nzimande: OM - Acute

Nurses Day Celebration 2026

Nursing Staff

SR P.F Ngwenya

Ms Nokuzola Mzolo

Manor Community Health Centre commemorated Nurses' Day under the theme " Our Nurses. Our future. Empowered nurses saves lives" with a meaningful and uplifting programme that honoured the dedication, resilience and invaluable contribution of nurses to the healthcare system and the community.
The event commenced with an opening prayer led by Mr Hlazo, setting a respectful and reflective tone for the day's proceedings.

In his welcoming remarks, Mr Nkosi outlined the purpose of the celebration and acknowledged the outstanding work being carried out at Cato Manor. Addressing the nursing staff, he emphasised that the facility's achievements are a direct result of the commitment and hard work of its employees. He proudly noted that Cato Manor's case finding efforts and tuberculosis (TB) management outcomes speak for themselves. Mr Nkosi expressed his sincere gratitude to the nursing staff for their dedication, hard work and continued efforts in providing quality care to patients.

Words of encouragement were also shared by Ms Nokuzola Mzolo who reflected on the vital role nurses played during the COVID-19 pandemic. She highlighted the resilience demonstrated by nurses during one of the most challenging periods in healthcare and acknowledged that they were among the frontline workers upon whom communities relied. Ms Nokuzola Mzolo further emphasised the importance of directing more resources and support toward the nursing profession to strengthen their capacity to continue delivering essential healthcare services.

A significant moment of the celebration was the recitation of the Nurses' Pledge, which was led by Sr P.F Ngwenya. The pledge served as a reaffirmation of the nurses' commitment to professional ethics, compassionate care and the wellbeing of the patients and communities they serve.
The Nurses' Day celebration was a fitting tribute to the nursing staff of Cato Manor Community Health Centre. It provided an opportunity for colleagues and leadership to recognise and appreciate the tireless efforts of nurses, whose dedication continues to make a positive impact on the health and wellbeing of the community.

Handy Hygiene Awareness Day

Cato Manor Community Health Centre successfully commemorated World Hand Hygiene Day through an educational awareness programme led by the Infection Prevention and Control (IPC) Clinical Programme Coordinator, Mr Bheki Mbele. The initiative brought together staff members from various departments, including Acute, Chronic, MCWH, Allied Health (Dental, Rehabilitation, Pharmacy and Social Work), and Administration, reinforcing the importance of hand hygiene in preventing healthcare-associated infections.

Mr BN Mbele–IPC

The session aimed to strengthen staff knowledge and encourage consistent hand hygiene practices to protect both healthcare workers and patients from harmful microorganisms. Participants were reminded that proper hand hygiene is one of the most effective ways to prevent the spread of bacteria and infections within healthcare settings.

Staff were educated on the World Health Organization's Five Moments for Hand Hygiene, which include:

- Before touching a patient.
- Before performing a clean or aseptic procedure.
- After exposure to body fluids.
- After touching a patient.
- After touching a patient's surroundings

Staff Members

The event was held under the 2026/2027 theme, "Action Saves Lives," highlighting the vital role every healthcare worker plays in maintaining patient safety through proper hand hygiene. Staff pledged to continue practising effective hand washing and hand rubbing techniques while encouraging one another to uphold infection prevention and control standards.

The programme served as a valuable reminder that clean hands save lives. By promoting a culture of hand hygiene, Cato Manor Community Health Centre continues to demonstrate its commitment to delivering safe, high-quality healthcare and protecting the wellbeing of patients, staff, and the community.

Gifts Table

PHOTO GALLERY—NDOSI'S Farewell

The Main Table

Mr Ndosi

Ndosi's family and AYFS

The Cake

Mr Ndosi Delivering a speech

Cutting of the cake

ACKNOWLEDGEMENTS

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